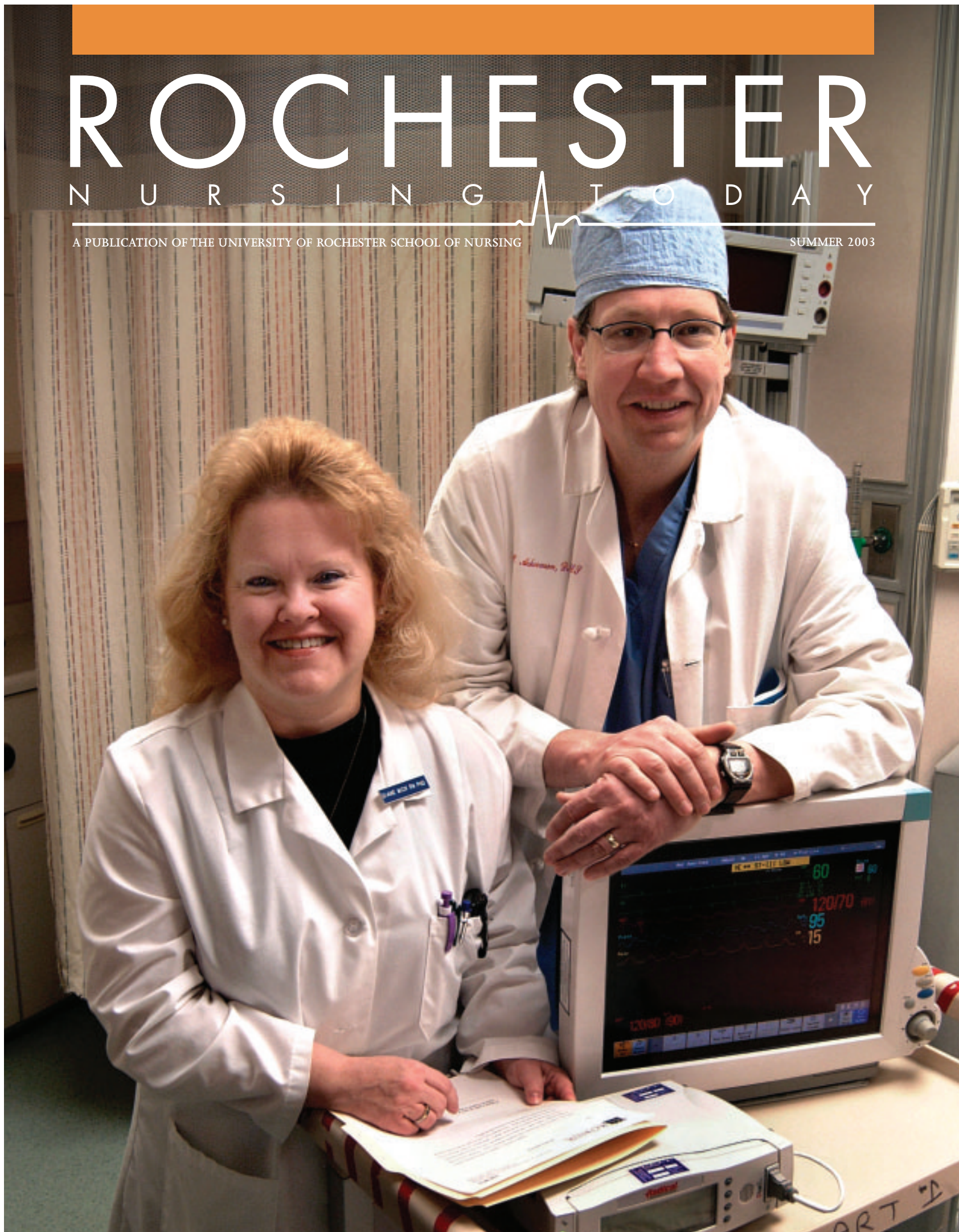


# ROCHESTER

N U R S I N G T O D A Y

A PUBLICATION OF THE UNIVERSITY OF ROCHESTER SCHOOL OF NURSING

SUMMER 2003



## A MESSAGE

# from the dean

WE WELCOME THE START OF A NEW SUMMER BY CELEBRATING NUMEROUS achievements, beginning with our newest graduates. Among this year's graduating class are 23 men and women who have completed our innovative accelerated bachelor's degree program for non-nurses. Building on their previous educational experiences, our program has helped transform some of the best and the brightest people – with strong academic backgrounds



and rich life experiences – into nursing professionals. They are qualified for licensure and prepared to embark on their new career at a time of great demand for nursing professionals. I am happy to report that seven of these graduates will progress to the master's curriculum, at least five will accept positions in the Rochester community, and several have already accepted out-of-town job offers. We congratulate all of our most recent graduates and extend our best wishes as they embark on a new, fulfilling chapter in their lives. You'll enjoy photos from our most recent commencement ceremonies on page 18 of this issue.

As a School, we celebrate achieving an impressive ranking among the finest nursing schools in the country. I am proud to share the news that our programs have again been acknowledged among the country's best in the *U.S. News and World Report* annual rankings. Our Pediatric Nurse Practitioner program has been rated 7th best in the nation, followed by the Adult Nurse Practitioner at 13th, and the Family Nurse Practitioner at 21st. We strive to offer innovative, high-quality programs, so it's wonderful to see our hard work validated on a national level. At a time when nursing is more important than ever in health care, we're proud to be educating nurses who are making a real difference in their profession.

Among those who truly make a difference are our faculty members, several of whom have recently earned national recognition for their work. Kudos to Hong Li, PhD, RN, who became the third member of our faculty to receive the Hartford Geriatric Nurse Researcher Award at the Eastern Nursing Research Society Scientific Sessions in March. Congratulations also to Lorrie

Yoos, PhD, RN, CPNP, who received the 2003 Distinguished Contributions to Nursing Research Award at the ENRS Annual Meeting in April. For two consecutive years our School has swept the ENRS research awards.

The National Association of Pediatric Nurse Practitioners recently honored several faculty members. We are proud of Lorrie Yoos, Ann McMullen, MS, RN, CPNP, and Harriet Kitman, PhD, RN, who earned the 2002 Ellen Rudy Clore Excellence in Writing Award for their article on "Peak Flow Meters in Childhood Asthma," published in the March/April 2002 issue of the *Journal of Pediatric Health*. Congratulations is also extended to Bernadette Melnyk, PhD, RN, CPNP, FAAN, who won the President's Award for Outstanding Leadership in Research and Practice Addressing the Psychosocial Needs of Children, for her research on improving the outcomes of hospitalized children and her leadership in founding the national Keep Your Children Safe and Secure (KySS) campaign. Our talented, accomplished faculty members continue to contribute generously to nursing education and practice.

Good things blossom at the School of Nursing because of a combination of talented individuals and exceptional opportunities. New degree programs keep our school relevant and responsive to the changing face of nursing. Innovative ideas evolve into dynamic programs that open opportunities for both students and faculty (such as our Center for Medical Device Evaluation and Clinical Trials, which you'll read about on page 4). We are at the forefront in helping to shape the nursing profession in a dynamic and challenging environment.

I am pleased to share with you some of the accomplishments of our students and faculty within these pages, knowing that your interest and support helps bring our goals to fruition.

Sincerely,



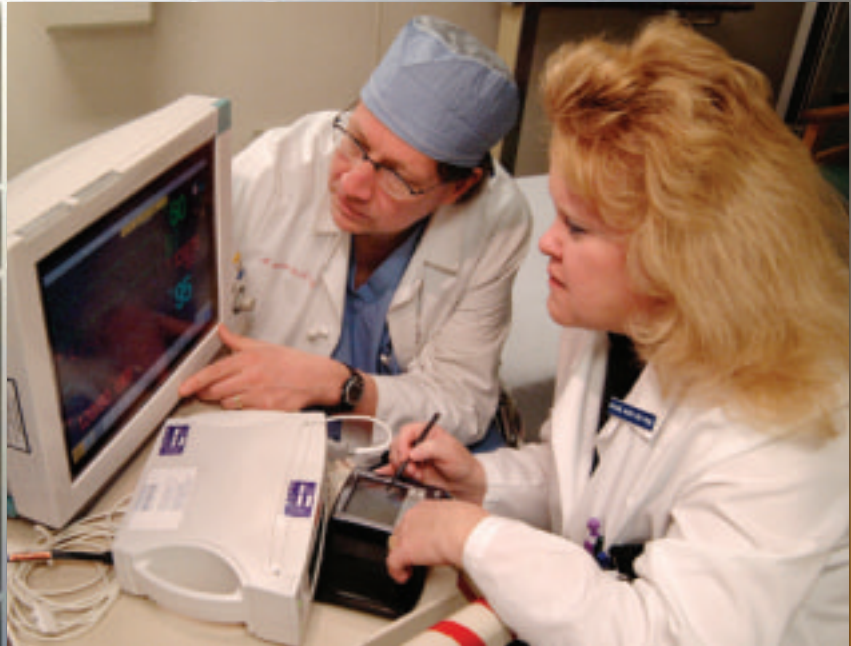
Patricia Chiverton, EdD, RN, FNAP

# Center for Clinical Trials and Medical Device Evaluation

**UNIQUE, SCHOOL-BASED CENTER  
TIES RESEARCH WITH PRACTICE TO IMPROVE  
PRODUCTS USED IN PATIENT CARE**

WHAT DO YOU GET  
when you combine  
advance practice  
nursing with a  
passion for high-tech  
gadgets and an  
entrepreneurial spirit?

Those qualities,  
coupled with the  
School of Nursing's  
enthusiasm for  
research initiatives,  
gave Mike Ackerman  
the momentum to  
develop the Center for  
Clinical Trials and  
Medical Device  
Evaluation, a rising  
star in the School's  
Center for Research  
and Evidence-Based  
Practice.



**"I'VE ALWAYS BEEN  
DRAWN TO  
HIGH-TECH THINGS,  
WHICH IS PROBABLY  
WHY I CHOSE CRITICAL  
CARE NURSING"**

"THIS CENTER IS AN EXAMPLE OF A VISION, BELIEF AND PERSISTENCE culminating in success," says Bernadette Melnyk, PhD, RN, CPNP, FAAN, professor and associate dean for research and director of the School's Center for Research and Evidence-Based Practice and its PNP Program.

"Shortly after I was appointed associate dean for research, I had a conversation with the director of the clinical research institute in the Medical Center. I was excited about the operations of that institute and, knowing that advanced practice nurses often assume the coordinator role for a lot of the clinical trials that are conducted in the Medical Center, I thought that it would be highly innovative for our Center for Research to birth a new center for clinical trials and medical device evaluation that would be the first of its kind in a school of nursing in the U.S. and spearheaded by a doctorally prepared clinical nurse researcher," Melnyk says. "I took a look at all of the faculty in the SON to find a good match to grow that type of center and the obvious person, who possessed the right qualifications, was Dr. Mike Ackerman. After talking with Mike, who was very excited about this proposed initiative, the Center was formally launched and Mike was appointed as director."

Michael H. Ackerman, DNS, RN, CS, FCCM, FNAP, associate professor of clinical nursing, came to Rochester in 1993 to direct the acute-care program at the School. Passionate about patient care, he continues to work as a nurse practitioner in Strong Memorial Hospital's cardio-vascular intensive care unit in addition to his responsibilities in teaching and research.

Ackerman's fascination with technology sparked interaction with companies that make equipment used in caring for patients in the hospital. Those connections led him to evaluating medical devices and providing feedback to manufacturers for improving them to meet the needs and expectations of nurses and other health care providers. At the same time, he served as faculty mentor for Diane J. Mick, PhD, RN, CCNS, GNP, who shared his interest. As Ackerman's research assistant during her doctoral study in critical care nursing, Mick became involved in medical device trials in the ICUs at Strong. Mick, an assistant professor, is now the Center's co-director, as well as director of the gerontological nurse practitioner program.

"I've always been drawn to high-tech things, which is probably why I chose critical care nursing," Ackerman says. "And, I've always been interested in running a business. Pat Chiverton challenged me to become an entrepreneur with this, to make it in to a business, both for the learning experience it creates and as a way to bring revenue to the school."

"Mike's appointment was an outstanding choice as he has grown the Center from its infancy to a thriving Center, which is sure to continue in its expansion," Melnyk adds.

What was once an informal effort has evolved in to a revenue-generating Center that collaborates with some of the nation's largest medical device manufacturers and pharmaceutical companies, to improve their products before they are made widely available for patient care.

**A NATURAL FIT**

“Our service has grown tremendously, especially in the last year two years,” Ackerman says. “We act as principal investigators for our clients. It’s a natural fit for a school of nursing because it ties research and practice together, and it allows those who are actively involved in using these products to have input into their development. Nurses who get involved in these trials see that their input can change things and they like that.”

The Center currently has seven trials with manufacturers of devices such as a bedside monitor, an intravenous pump, a wound management system, a feeding-tube locator and a pediatric thermometer. Most of the products tested through the Center are items used in inpatient hospital care.

“We conduct trials for a variety of manufacturers for products and devices, from pre-FDA approval to post-market evaluations,” says Ackerman. Current clients include Philips Medical Systems, ViaSys, Alaris Medical Systems and KCI.

In addition to medical device evaluation, the Center conducts pharmaceutical studies involving critically ill patients, and trials of nutritional support therapies, as well as product development and testing.

**ONE-OF-A-KIND CENTER**

Despite the “natural fit,” Ackerman says the Center is the only such program associated with a nursing school. “Our program truly exemplifies what the unification model is all about. We get students involved in research in a practice setting. It’s a good fit between research, academics and practice.”

Competitors are commercial-based companies that may have the industry tie but lack the clinical tie that makes the Center most suitable for this research. The Center team includes five research nurses, three nursing doctoral students and community nurses, and it operates under the infrastructure of the School’s Research Center.

“Everyone benefits in a model like ours,” Ackerman says. “The industry has their device or medication tested in the hands of people who will ultimately use it, the School gains research experience and financial rewards to reinvest in School programs and nursing practice, and patients at the hospital have access to cutting-edge technology while being cared for at Strong.”

“For nurses at both staff and advanced-practice levels, involvement in clinical trials research can be an exciting opportunity to improve health care by moving medical devices and pharmaceuticals from the laboratory to those patients who need them,” adds Mick.

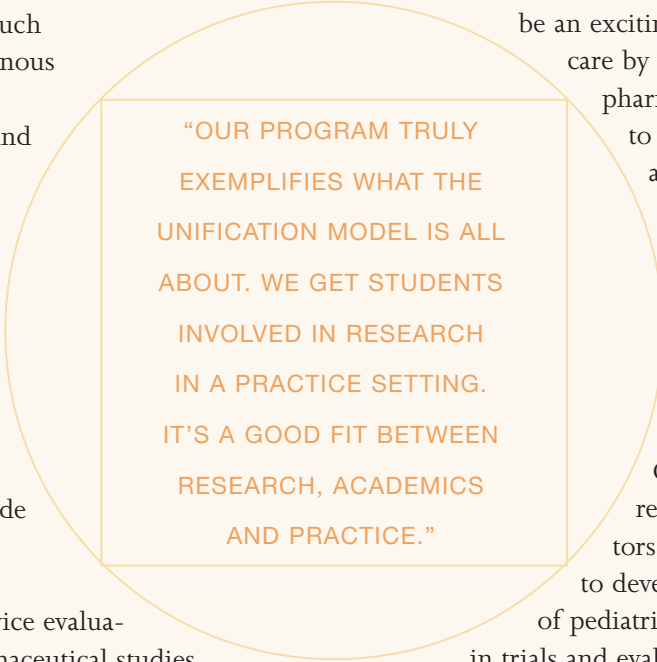
**GROWTH CONTINUES**

Ackerman and Mick are offering a for-credit course at the School this summer on clinical trials and are developing a business unit within the Center that would provide research nurses for other investigators’ clinical trials. Another goal is to develop a community-based network of pediatric practices that would participate in trials and evaluations.

The Center also has an innovative link with the University of Rochester’s biomedical engineering program. In collaboration with Amy Lerner, assistant professor of biomedical engineering, Ackerman and Mick are working with undergraduate students to expose them to product development opportunities.

“For biomedical engineering students, participation in medical device start-up design and improvement can be a professionally stimulating point-of-entry in to the world of patient clinical transactions,” notes Mick. They will present this innovative work, “Nursing and Biomedical Engineering Transdisciplinary Clinical Trials Collaboration,” at the Sigma Theta Tau International 37<sup>th</sup> Biennial Convention – Clinical Sessions in Toronto in November.

For more information, visit the Center’s web site at: [www.urmc.rochester.edu/SON/research/cctmde.html](http://www.urmc.rochester.edu/SON/research/cctmde.html).



## amy karch

AMY KARCH, RN, MS, HAS A GIFT FOR communicating with nurses. It's a gift that's been recognized with teaching awards and illustrated by letters from students. A gift that keeps current drug information at nurses' fingertips. A gift that's produced over 20 books aimed at improving and advancing nursing practice.

Hers is a name familiar beyond the walls of the University of Rochester, as it appears on the covers of numerous books referenced widely by nurses across the country and in Canada. Karch is a clinical assistant professor of nursing, in addition to being an accomplished author, lecturer and practitioner. To her credit are popular tomes such as "Lippincott's Nursing Drug Guide," "Guide to Preventing Medication Errors," and – in its second edition – "Focus on Nursing Pharmacology."

Other milestones in her 30-year career include serving as associate clinical chief for medical nursing at Strong Memorial Hospital in the late 1970s, as well as service at Strong as a Clinician II and an instructor. From the mid-1980s to 1996, she was an assistant professor of nursing and director of applied science and lecturer in nursing at Nazareth College.

Karch earned her bachelor's at the University of Rochester in 1971 and a master's in cardiovascular nursing from St. Louis University in 1974. She has received numerous awards during her career including the first American Nurses Foundation research grant at the University of Rochester (1975), the Graduate Student Organization Award for Excellence in Teaching (1985), and the Dean's Award for Excellence in Teaching (2001).



## BEYOND TRADITIONAL NURSING ROLE

Though she found bedside nursing fulfilling, the realities of juggling work and motherhood nudged Karch toward other opportunities to apply her nursing expertise.

"When I first came to the University of Rochester, the School was under the direction of Loretta Ford who was a proponent of the 'publish or perish' maxim. With that goal in mind, she would invite publishers in to speak with the faculty," Karch says. That interaction

CONTINUED NEXT PAGE

eventually enticed her to try her hand at writing how-to information on concurrent auditing on nursing floors.

In 1981, she was asked by Barbara Klug-Redman, the “hero of nurse-teaching,” to contribute a book on heart patients and cardiac care to Klug-Redman’s patient-teaching series.

Four years later, publisher Lippincott Williams & Wilkins approached Karch to co-author a nursing textbook. “That was my first huge undertaking and I’ve been under contract with Lippincott ever since,” she says.

With 22 books to her credit, Karch remains modest about her skill as a writer. “I write like I talk so I suppose I am easy to edit,” she jokes. In addition to her books, Karch’s column, “Practice Errors,” appears regularly in the *American Journal of Nursing*. She also writes and edits [www.nursingdrugguide.com](http://www.nursingdrugguide.com), an on-line medication resource.

Carol Root, an administrative assistant at the School of Nursing, recalls typing Karch’s early work. “I typed for her as she revised one of the most universally used nursing pharmacology texts,” says Root. “As I visited my parents in a local nursing home, it was Amy’s ‘Nursing Drug Guide’ I noticed in each floor’s nursing station...Her reputation precedes her and when students are planning to register, they ask if she is teaching the particular physiology or pharmacology course.”

#### PRAISED AS A SKILLED INSTRUCTOR

Her skill as an instructor is widely praised by colleagues and students alike.

“If I think about Amy’s teaching, I could sum it up in one phrase,” notes Rita F. D’Aoust, RN, MS, ACNP, director of the accelerated bachelor’s and master’s programs for non-nurses. “Faculty aspire to teach with expert knowledge, humor and compassion, engaging delivery, and have students who wouldn’t dream to miss class because it is so valued. While all faculty aspire to this standard, some faculty may even achieve components of this standard, and a few achieve the standard. Rare is the faculty who excels at that standard. That is Amy Karch!”

Judith Gedney Baggs, PhD, RN, FAAN, professor and associate dean for academics, concurs. “Amy was the faculty member in the first course I took at the University of Rochester when I began my MS program here. She set an impression that has kept me here for the



Nursing students Rebecca Charwat and Carrie Kime meet with Amy Karch.

MS, the PhD, and as a faculty member and associate dean. She is intelligent, knows about nursing practice, values research, and is an all-around lovely person.”

Karch teaches from May to December including two courses in the accelerated program – nursing science and pathophysiology/pharmacology, and two courses in the master’s program – advanced physiology and advanced pharmacology. She reserves the first four months of the year for writing.

#### AS ACTIVE PERSONALLY AS PROFESSIONALLY

Karch and her husband Fred Karch, M.D., a UR professor emeritus whom she met when she was a nursing student and he was a medical student, are proud parents of Kathryn, Cortney, Mark and Timothy, who range in age from 22 to 26. Always an active and supportive parent, Karch was honored with a New York State Distinguished Service Award in 1999 for her work with the PTA in the Brighton School District.

An avid reader, she chooses titles from Stephen King and Dean Koontz for her leisure time and claims she can only read when she’s not writing. She is fond of golf and is serving as the only female director for the 2003 PGA Championship, which will be held in Rochester this August.

“As a person, Amy has a wonderful sense of humor. Her laughter is contagious and her stories are legend,” Root says.

Will any of those stories find their way in to print? Maybe one day, though she has no firm plans to write about something other than nursing. “I have thought about writing something about surviving the life experience – which would be mostly funny, but I don’t really have any plans for that now.”

Perhaps one day the world beyond nursing will enjoy a taste of Karch’s gifts.



# brink and wells honored

FOR CONTRIBUTIONS TO IMPROVE QUALITY OF LIFE FOR OLDER PERSONS

CAROL BRINK, MPH, RN (BS '62), associate professor of clinical nursing, and Thelma Wells, PhD, RN, FAAN, FRCN, professor of nursing at the University of Wisconsin – Madison are co-reipients of the prestigious Doris Schwartz Award given by the Gerontological Society of America in collaboration with the John A. Hartford Foundation Institute of



Left to right are: Terry Fulmer, PhD, RN, FAAN, Co-Director, John A. Hartford Foundation Institute for Geriatric Nursing, Carol Brink, RN, NPH, Thelma Wells, RN, PhD, FAAN, FRCN, and Mathy Mezey, RN, EdD, FAAN, Director, John A. Hartford Foundation Institute for Geriatric Nursing

Geriatric Nursing “in recognition of outstanding and sustained contribution to geriatric nursing research.”

Brink and Wells have contributed immeasurably to improving the quality of life of older persons who experience urinary incontinence (UI). Their groundbreaking research first brought the problem of UI to the attention of clinicians, researchers and policy makers alike. As the first nurse researchers ever funded by the National Institutes of Health to study this problem, they founded the first Continence Clinic in the United States to treat and study UI and were the first to direct attention to and conduct research on behavioral approaches to incontinence management and treatment for older women living in community settings.

“Carol and Thelma’s work brought legitimacy to a stigmatized problem long ignored by the health care community and raised public awareness of UI long before incontinence products were advertised on television,” says Nancy M. Watson, PhD, RN, director of the School of Nursing’s Center for Clinical Research on Aging (CCRA). “By asserting that UI is not something to simply be accepted by older persons, they have heightened awareness and demonstrated that it is at least a manageable if not curable condition.”

Pioneers in UI research, they have shaped clinical policy, practice and research for two decades. Their influence led the Agency for Health Care Policy and Research Task Force to state in UI Clinical Practice Guidelines that behavioral interventions should be viewed as the first line of therapy. Through their efforts, the Brink’s Digital Scale became the first clinical

measurement tool used by clinicians and researchers to assess pelvic muscle strength in the treatment of stress UI. Brink and Wells defined the research strategy to be used to assess multiple outcomes in UI trials and taught and supported the development of many of today’s leading researchers in UI.

Brink’s clinical expertise, and Wells’ strength as a scientific researcher, have changed practice by: stimulating the development of non-invasive means of evaluating UI, refining the diagnosis and treatment standards for UI, proposing and systematically evaluating non-invasive approaches to the management and treatment of UI, helping to set national and international standards for practice pertaining to UI, and critically evaluating the theoretical bases for UI treatment and practice.

They have also changed service delivery based on their research by establishing continence clinics, making care for UI more accessible, delineating a new role for nurses in evaluating and treating UI, and demonstrating the feasibility and effectiveness of these services thereby enhancing the rights of elderly clients to obtain needed care for incontinence.

Their impact has been magnified by their willingness to share findings and help other researchers and practitioners over the years.

## school news

### Viggiani and Porter Join Nursing Alumni and Development Staff

Gina Viggiani and Julie Porter have joined the Department of Development for the School of Nursing.

Viggiani joined the nursing team last November as assistant director of development and alumni relations. She replaced Vicki (Dodds) Schultz who is continuing her work for the University as the associate director of development for the Golisano Children's Hospital at Strong.

A Rochester native, Viggiani grew up in Fairport. She comes to the School of Nursing with 12 years of sales and marketing experience in the information technology field. She most recently served as account manager for Tobin & Associates, Inc. where she was responsible for selling services into major accounts, including the University of Rochester Medical Center. She holds a bachelor's degree in management science from Nazareth College.

Julie Porter was named associate director of development and alumni relations at the School of Nursing.



**Julie Porter and Gina Viggiani** recently joined Development for the School of Nursing

She replaces Andrea Marshall who has returned to her hometown of Syracuse to accept a similar position at the Colleges of Nursing and Health Professionals at the SUNY Upstate Medical Foundation.

Porter comes to Rochester from Purdue University School of Nursing where she served as director of development and alumni relations. She has more than nine years of community relations and fundraising experience with organizations such as Anthem Blue Cross and Blue Shield, the American Red Cross, and various local, non-profit organizations in Indiana. She holds a bachelor's degree in political science from Indiana University.

### Nursing Programs Ranked Among Best in Nation

The Pediatric Nurse Practitioner program at the University of Rochester School of Nursing has been named the 7th best in the nation in the *U.S. News and World Report* annual rankings.

The Adult Nurse Practitioner program was ranked 13th in the nation, and the Family Nurse Practitioner program was ranked 21st.



Overall, the University of Rochester School of Nursing improved seven places this year in the rankings, moving from 36th to 29th in the nation. There are 682 baccalaureate and post-graduate nursing programs in the country.

### Grant to Test Positive Life Skills for Adolescents for High-Risk Teens

Jane Tuttle, PhD, RN, assistant professor of clinical nursing, has been awarded a \$150,000 grant from the National Institutes of Health/National Institute of Nursing Research, to measure the effects of the addition of Positive Adolescent Life Skills (PALS) to an existing intervention for urban, minority, adolescent children of parents impaired by substance abuse and other mental health problems.

PALS is a cognitive-behavior skill-building component intended to improve communication and enhance the social network of teens to reduce health-risk behavior including alcohol and other drug use.

The PALS study is based on pilot work using an intervention known as "Teen Club," in which teen girls participated in weekly group meetings and intensive case management and, as a result, reported an enhanced ability to connect with positive resources. Five years after enrollment in the program, they reported more work-force participation, greater degrees of school completion, and less depression, though they also reported drinking alcohol more frequently. The new study will compare Teen Club results with Teen Club plus PALS for 48 boys and girls, ages 12 to 16.

## Experts at National KySS Summit Aimed at Improving Mental Health for Kids

Sixty experts from 22 national health care organizations – a combination of specialties never before gathered – met in March to hammer out specific changes for health care providers to improve the mental health and safety of children and adolescents. The two-day KySS Summit is part of the National Association of Pediatric Nurse Practitioners' (NAPNAP) “Keep your children and yourself Safe and Secure” campaign.

Participants met to develop new screening tools for primary care providers and other mental health practitioners to use for better mental health assessment and treatment of youth across the country. They devised programs to make future clinicians better at detecting and treating psychosocial problems and finalized a national KySS certificate workshop to train health care providers to deal with psychological problems in young people before they progress into dangerous behaviors. They also plan to establish a clearinghouse web site for providers, parents and teens to learn more about these problems.

“The ultimate purpose is to develop real solutions for preventing and reducing psychosocial problems in children and teens,” says Bernadette Melnyk, PhD, RN, professor and pediatric and psychiatric nurse practitioner at the School of Nursing and the founder of the KySS Campaign. “What’s most exciting is that we’re tackling the problem from an interdisciplinary perspective, across multiple health professions. It’s the only way to make sure that we come up with the right solutions, and that solutions will be implemented.”

The KySS Campaign is supported by NAPNAP, with endorsement/support from 24 national nursing and interdisciplinary organizations. Funding comes in part from the U.S. Department of Health and Human Services/Maternal-Child Health Bureau.

University of Rochester School of Nursing

## Fall Weekend & Reunion 2003

September 18–20, 2003



Navigating the Future:  
A Voyage of Discovery

## in memoriam

## Josephine Kelly Craytor, RN, MS, FAAN

Josephine Kelly Craytor, RN, MS, FAAN, a nationally acclaimed pioneer in cancer nursing, died March 20, 2003, at The Highlands at Pittsford in Pittsford, N.Y. She was 87.

Craytor was born October 30, 1915, in Xenia, Ohio. She studied at Western College for Women and completed a diploma in nursing at New York Hospital School of Nursing at Cornell University. Craytor completed her baccalaureate degree in general studies at the University of Rochester in 1946, where she was Phi Beta Kappa, and a master's degree in nursing education at the University of Rochester in 1960. She was certified as an adult nurse practitioner in 1973.

At a time when cancer carried a dreaded social stigma, Craytor was particularly concerned with changing the attitudes of nurses and other health care professionals towards cancer patients and their care. She began teaching in the undergraduate nursing program at the University of Rochester Department of Nursing in 1957 and increasingly assumed state and national leadership roles.

As a teacher, Craytor emphasized the importance of the social and emotional needs of patients, along with their physical needs. It was during her master's study that she developed the bold new idea of nurses and physicians collaborating as a team to provide care to oncology patients. Subsequently, she was asked to develop a project in the Medical Center focused on the team care of cancer patients. She assumed the nursing role in this project, attending tumor rounds and residents' rounds in radiation therapy while also carrying her own caseload of referred patients, serving as the Medical Center nursing consultant and administrator of the tumor clinics. At the time she was appointed as associate director in the Cancer Center for Oncology Nursing, she held the highest position by a nurse in any cancer center in the country.



Although she officially retired in 1978, Craytor was appointed professor emeritus of nursing and remained active at the School of Nursing. She volunteered and was a board member for the Friends of Strong Memorial Hospital and also served on the University's Trustees Council, and was a national consultant in oncology nursing.

Craytor received numerous awards recognizing her contributions to scholarship, teaching and practice, including: Alumni Award to Faculty, Distinguished Alumnus Award, and the University's Curtis Award for Excellence in Undergraduate Teaching from the University of Rochester, the Gittelman Award to a Health Professional for Distinguished Service in Cancer Care. In 1973, she was appointed to the New York State Nurses Association's Society of Distinguished Practitioners and the following year was elected as a fellow of the American Academy of Nursing.

Craytor received both the Distinguished Nursing Award and the Distinguished Service Award from the American Cancer Society and was the first honorary life member of the Oncology Nursing Society.

Commenting on her feature story in the book "It Took Courage, Compassion, and Curiosity: Recollections and Writings of Leaders in Cancer Nursing: 1890-1970," School of Nursing Dean Emeritus Loretta C. Ford, RN, EdD, FAAN, is quoted as saying of Craytor, "In her many roles as consultant, educator, author, administrator, and practitioner, she has become a prophet in her own land – and in other lands as well."

Craytor is survived by her husband of 62 years, Russell Edward Craytor; daughters Barbara (Karl B.) Craytor Shinn of Green Cove Springs, Fla., and Wendy Scott Craytor of Anchorage, Alaska; three grandchildren, Scott Edward Farran, Julie Farran Azevedo, and Charles Fredrick Farran IV; and great granddaughter, Danielle Jessica Azevedo.

## Barbara Bates, MD



Barbara Bates, MD, a medical pioneer whose impact helped put the University of Rochester School of Nursing “on the map,” died on December 18, 2002, at her home in Bryn Mawr, Pa. She was 74.

Probably best known to School of Nursing alumni for her work with former faculty member

Joan E. Lynaugh, RN, PhD, in the late 1960s, the two developed the Medical Nurse Practitioner Program and worked within the nursing and medical community to gain acceptance for the concept of nurse practitioners. An advocate of interdisciplinary healthcare, she expanded practice opportunities for nurses.

“Barbara’s life will always be a milestone in nursing’s progress,” notes School of Nursing Dean Emeritus Loretta C. Ford, RN, EdD, FAAN.

After completing a bachelor’s at Smith College, she earned her medical degree at Cornell University Medical College where she remained for five years as a resident physician and lecturer, then moved to Connecticut to practice internal medicine.

Bates joined the faculty of the University of Kentucky College of Medicine, attracted by its mission to improve the quality of medical care in the Appalachian region.

Bates came to the University of Rochester in 1968 to oversee education for physicians in ambulatory care and participate in the Rochester Regional Medical Program that emphasized rural health care. While in Rochester, she gained national and international recognition as an outstanding professor of medicine and an activist in interdisciplinary health care. Out of her work in Rochester grew her well-known book, “A Guide to Physical Examination and History Taking,” first published in 1974.

“As anyone who had the opportunity to be her student would confirm, Barbara Bates was the consummate classroom and clinical teacher – a creative and stimulating lecturer who integrated student participation into every class session, and a skillful clinical mentor,”

says Jean Garling, PhD, MS (M’72), a former student and friend. “She combined expertise as a diagnostician with sensitivity to the many other needs of patients.”

In 1976, she joined the University of Missouri at Kansas City where she served as senior docent and professor for two years. A long-standing interest in the history of medicine and health care led her to complete a master’s in history at the University of Kansas in 1981. That was followed by a move to the University of Pennsylvania and a ten-year investigation of patients’ experience with tuberculosis. In 1992 she published her award-winning study, “Bargaining for Life, A Social History of Tuberculosis, 1876-1938.”

Bates is survived by Lynaugh and a brother, Dr. Alfred Kelly Bates of New Hampshire, as well as nieces and nephews.

## Kathleen Michaels Gronborg, RN (B ’89)

Kathleen Michaels Gronborg, who balanced a nursing career with the challenge of treatment as a cancer patient, died January 4, 2003, at her home in Burlingame, Calif. She was 35.

Gronborg served as an award-winning nurse, department leader and mentor until breast cancer forced her to leave her clinical role in 2000, when she began serving as a nurse recruiter and in education development and employee orientation until September of that year.

In nearly a decade at San Diego Children’s Hospital, she served as a pediatric and critical care nurse and a human resources specialist, earning an Excellence in Leadership Award and recognition as an Employee of Excellence.

A native of Buffalo, N.Y., Gronborg was employed in pediatric nursing by Tripler Army Medical Center in Honolulu before moving to San Diego to join the UCSD Medical Center. She joined the Children’s Hospital staff in 1993.

She is survived by her husband, Tor Gronborg; parents, Paul and Susie Michaels of Buffalo; a sister, Maureen Michaels of LaJolla, Calif.; and brothers, Thomas Michaels of Buffalo and Joseph Michaels of LaJolla.

## Scala Gift Acknowledges Value of “Rochester Experience” Planned Giving Option Appeals to Those Who Wish to Give Back



Over the years, two things have become apparent to Janet Eddy Scala (SON '55) and her husband Dr. Robert Scala (PhD '58): the value of their Rochester education and the importance of giving back.

“The University of Rochester gave each of us a fine education, according to Dr. Scala. “With the passage of time we have grown to value that education more and more. We found that we were well prepared for our careers and that others, educated elsewhere, were quite envious of the Rochester experience.”

As a way of acknowledging the value of the “Rochester experience” and helping future students, the Scalas have included a provision in their wills to establish an endowed scholarship at the School of Nursing.

“Most important in our thinking about planned giving was the desire that others, especially those less fortunate than we, have an opportunity to receive that same quality education,” said Mrs. Scala.

Many individuals want to express their regard for and appreciation to the School of Nursing by making a large gift but, for various reasons, find it difficult to give away a significant amount of their assets during their lifetimes. In these cases, a gift under will may be the perfect solution.

When you think about making a gift under your will, an outright bequest is usually the first thing that comes to mind. Accomplished with the help of your attorney, these gifts qualify for a charitable estate tax deduction. Following are a number of ways to make a bequest:

**General bequest:** This is the most common way to make a charitable gift by will. You simply leave a specified dollar amount or percentage of your estate to the School of Nursing.

**Specific bequest:** Another popular form, this involves stipulating that a specific asset or piece of property go to the School of Nursing.

**Residuary bequest:** A residuary bequest is used to give to the School of Nursing all, or a portion, of an estate property after debts, expenses, and all other bequests have been paid. It can be expressed as an amount or a percentage of the residuary assets.

**Restricted bequest:** While many bequests provide unrestricted gifts – that is to say, the School of Nursing is given the discretion to decide how to use the gift – you may choose to designate a specific purpose. For example, you may wish to establish an endowed research fund, or to stipulate that the funds are to support the work of a particular faculty member or scholarship fund. A restricted endowment usually should be made in the broadest terms possible within your area of interest, and should be made only after consultation with the School of Nursing.

Charitable gifts from your estate can also be accomplished through the use of a trust. Typically known as a charitable remainder trust, or CRT, this form of testamentary gift is most often used when the donor needs to provide income to one or more heirs before the assets are available for charitable purposes. Charitable estate tax deductions are available in the amount that will ultimately be passed to the School of Nursing.

The Eleanor Hall Society recognizes the many grateful alumni and loyal friends who have made a planned gift to benefit the School of Nursing. Whether it be through a bequest, a gift annuity, a trust, a gift of real estate, donors in the Eleanor Hall Society will help ensure the continued success of the School of Nursing in preparing outstanding students to become the nursing leaders of tomorrow.

Testamentary gifts require that consultation and legal arrangements be accomplished through your attorney. If you have interest in any gifting opportunity, we will be pleased to assist you, your attorney, and any of your other advisors.

For more information, please contact Jack Kreckel, Office of Trusts and Estates, at (800) 635-4672, (585) 273-5901, or [kreckel@alumni.rochester.edu](mailto:kreckel@alumni.rochester.edu).

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 1960s

**JUDITH A. EVANS, BS '66**, has been appointed assistant director at the New Hampshire Board of Nursing.

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 1970s

**ILENE ANDERSON WALLMUELLER, BS '74, MS '82**, has worked in public health, private practice, HMOs, and was a private in the U.S. Air Force from 1991 to 1995. Wallmueller is coordinator of the Wellness Center, has an ARNP in Women's Health (certified), and is a specialist in advanced nursing practice at Florida Atlantic University. She has worked at F.A.U. School Based Community Wellness Center for four years. She helps provide innovative care for people with no health insurance in nurse practitioner-run clinics. Wallmueller also assists clients in obtaining county, state and federal health insurance. Cuban and Haitian people granted asylum are among those who benefit from the Wellness Center. Married for four years, Wallmueller has two stepdaughters, ages 12 and 14.

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 1980s

**PAMELA PATTEN HAUS, BS '82**, has returned to the United States after living in Switzerland for 17 years. She is currently taking nursing review courses at Boston College and reviving her nursing career.

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 1990s

**TERESA MOORE MULLIGAN, BS '90**, is GI certified (CGRN) and working in endoscopy at Ohio State University. Her husband of nine years, Ken, will complete his PhD in political science at OSU this year. They are working toward adopting a baby domestically.

**LYNNE A. WOLFE, BS '92, MS '96**, is currently a pediatric nurse practitioner at the Institute of Metabolic Disease at Baylor University Medical Center in Dallas.

**MARCIA E. PETRINI, BS '93, MS '00**, and Dr. Allen Romeo were married July 6, 2002, in Sharon, Pa. Marcia is a nurse practitioner at Strong Memorial Hospital.

**JENNIFER K. SIMPSON, MS '93**, is the recipient of the ONS Foundation/Ann Olson Memorial Doctoral Scholarship. She is currently a hematology/oncology nurse practitioner at the University of Pittsburgh Cancer Institute, an adjunct faculty member and clinical instructor at the University of Pittsburgh School of Nursing, and a study coordinator and oncology nurse educator at Magee-Women's Hospital in Pittsburgh.

**DENISE COTE ARSENAULT, PHD '95**, an associate professor of nursing in the College of Human Services and Health Professions at Syracuse University, was recently awarded a \$150,000 two-year grant for "Appraisal, Coping and Emotions in Pregnancy After Loss," by the National Institute of Health/National Institute

of Nursing Research. Cote-Arsenault's expertise lies in pregnancy, labor and birth, lactation and miscarriage.

**ERIN PIERCE-MEYERHOFF, BS '96**, is currently a nurse practitioner in the Endocrine Clinic at the University of Colorado.

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 2000s

**TIMOTHY R. ASHE, MS '01**, was recently named director, Certified Home Health Agency Services at Visiting Nurse Service of Rochester and Monroe County, Inc. He is responsible for continuously analyzing clinical and financial data to drive programmatic change. He oversees all visiting nursing staff, as well as specialty programs, including rehabilitation, pediatrics, nutrition, diabetes education, wound care, cardiac and infusion, and social work.

2002

# reunion



## CLASS OF 1952

**Front row** – Norma Gibson Griffith, Carol Dennis Agnew, Thelma Keech Leinbach, Margaret McCrory, Janet O'Brien Carroll, Marie Kratochvil May, Beverly Richardson Verbridge

**Back row** – Theresa Costanzo Bucci, Dorothy Johnson Lickers, Margaret Pinker Dempski, Ann Davies Lamb, Louise Genberg French, Marilyn Ernest Straight, Lee Willoughby Brumet, Barbara Doud Cameron, Eileen Churchill Slocum, Helen Weste Scribner, Louisa Bliven Coffin, Marion Hogan Muldoon, Maureen Collins Warren



## CLASS OF 1942

**Front row**  
Ruth Stevens Mulligan,  
Jane Ladd Gilman,  
Anne Gartland Payne

**Back** – Edith Chase Buck



## CLASS OF 1967

**Front row**  
Kathleen Alderson Powers,  
Nancy Kent,  
Marilyn Sandra Fiske

**Back** – Jeanne Tuel Grace



**CLASS OF 1962**

**Front row** – Joyce Teeter Kuhr,  
Karen Bigwood Robinson Shinn,  
Edith Arguimbau Davidson,  
Penelope Powers Stowell, Patricia  
Pendergrass McElrath  
**Back row** – Joyce Pilkington Brown,  
Stella Hulsberg Megargle,  
Janice Vandenburg Keitz,  
Ann Harris Luke, Eileen “Kim”  
Finocchi Donahue, Sally Peck Palmer,  
Elizabeth Kellogg Walker



**CLASS OF 1977**

Amy Gilman Flannery,  
Joanne VandeValk Clements



**CLASS OF 1987**

Eileen Maurer Balon, Paula Lejman Cianca



**Class of 1957**

**Front row** – Dorothy Dobie Betler, Barbara Niesser Adams, Joanne Siegenthaler Williamson, Virginia Myers Polgrean,  
Gracia Sears, Joanne Raczkowski McDowell **Back row** – Mary Rose, Jean Schwartz Karr, Carol Carpenter Peters, Ruth Anne  
Parker, Marilyn Light Sawdey, Pauline Hughes Blossom, Mary “Sue” Mullen Reiffenstein, Barbara Oakes Horvath, Shirley Jones  
Payne

2003

# commencement

**A NEW BEGINNING** – Faculty member Laron Nelson celebrates with Digant Dave, one of the first graduates of the School's new accelerated programs.



**WORDS OF WISDOM** – Graduates were inspired by a keynote address from Deborah Henretta, president of global baby care for Proctor and Gamble and daughter of Carol Henretta (M '62).



**ALL SMILES** – New graduates await their diplomas and their bright futures.

**THE NEXT GENERATION** – Eleanor Hall greets students of the Accelerated Bachelor's and Master's Programs for Non-Nurses. The students were part of a panel discussion on "New Pathways in Nursing," at the March Lunch-n-Lecture program. Discussion was led by Rita F. D'Aoust, BA '76, MS '84, RN, ACNP, director of the accelerated programs for the School of Nursing



## ABOUT US ...

### ROCHESTER NURSING TODAY

Rochester Nursing Today is a bi-annual publication of the University of Rochester School of Nursing in conjunction with the University of Rochester Medical Center Department of Nursing Alumni Relations and Development and the Department of Public Relations.

### EDITORS

Lori Barrette  
Julie Porter

### CONTRIBUTORS

Patricia Chiverton  
Julie Porter  
Christopher Raimy  
Gina Viggiani

### PHOTOGRAPHY

Vince Sullivan

### DESIGN

Lisa Bodenstedt

### COMMENTS

We welcome comments from our readers. All mail should be sent to:  
Julie Porter, Associate Director of Development & Alumni Relations, School of Nursing  
300 East River Road  
PO Box 278996  
Rochester, NY 14627-8996

### EMAIL

RochesterNursingToday@urmc.rochester.edu

### PHONE

(585) 273-5075

### VISIT THE SCHOOL OF NURSING WEB SITE

www.urmc.rochester.edu/son

### UNIVERSITY OF ROCHESTER MEDICAL CENTER DEVELOPMENT ALUMNI OFFICE

Andrew Deubler  
Associate Vice President  
Medical Center Development

Christopher Raimy  
Director of Development  
Medical Center Alumni Programs

Julie Porter  
Associate Director of Development and Alumni Relations  
School of Nursing

Gina Viggiani  
Assistant Director of Development  
School of Nursing

### SCHOOL OF NURSING

#### DEAN'S ADVISORY COUNCIL

Elizabeth Wetterings Smith,  
B '50,

Junko Mohri Mills,  
MS '98, PhD '00

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BS '77, MS '83

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Marilyn S. Fiske, B '67

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PNP '68

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Mary Moore Insel, MAS '81

Jean E. Johnson, PhD

Albert H. Pinsky

Karen Webb Sutherland, B '61

Fay Wadsworth Whitney, PhD, BS '61

### ON THE COVER

Diane Mick, PhD, RN, CCNS, GNP, and Michael Ackerman, DNS, RN, CS, FCCM, FNAP, direct the Center for Clinical Trials and Medical Device Evaluation.

### WHAT'S HAPPENING?

Please send us information about your career advancements, papers, honors received, appointments and family updates. Please indicate names, dates and locations. Your news will appear in the first available publication from the receipt of your information. Photos are welcome and may be used as space permits. Please print clearly.

Name

Degree / Year of Graduation

Home Address

Home Telephone

Business Address

Business Telephone

E-mail address

Position(s)

### NEWS

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### PLEASE RETURN TO

Rochester Nursing Today  
Julie Porter  
Associate Director of Development & Alumni Relations,  
School of Nursing  
300 East River Road  
PO Box 278996  
Rochester, NY 14627-8996

RochesterNursingToday@urmc.rochester.edu

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