Curriculum Vitae

Elizabeth Palermo, DNP, RN, ACNP-BC, ANP-BC Assistant Professor of Clinical Nursing Specialty Director, Adult Gerontology Acute Care Nurse Practitioner Program University of Rochester School of Nursing 601 Elmwood Avenue, Box SON Rochester, NY 14642 (585) 276-5194 elizabeth palermo@urmc.rochester.edu

Professional Education

Doctor of Nursing Practice, May, 2014 *St. John Fisher College*, Rochester, NY Clinical Scholarship Project, RNHHELP: Retraining Nurses to Help Hospitalized ELderly Patients

Post-Master's Certificate in Nursing, October, 2010

University of Rochester School of Nursing, Rochester, NY Acute Care Nurse Practitioner Program

Master of Science in Nursing, May, 2002

University of Rochester School of Nursing, Rochester, NY Adult Nurse Practitioner Program

Bachelor of Science in Nursing, May, 1991

University of Rochester School of Nursing, Rochester, NY Summa Cum Laude graduate

Bachelor of Science in Biology and Society, May, 1987

Cornell University School of Agriculture and Life Sciences, Ithaca, NY

Current Licensure

New York Registered Professional Nurse	#435717	Expires 6/30/2025
New York Nurse Practitioner in Adult Health	#303598	Expires 6/30/2025
New York Nurse Practitioner in Acute Care	#430395	Expires 6/30/2025

Certifications

Advanced Certificate, Nursing Education	University of Rochester School of Nursing	12/2021
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Acute Care Nurse Practitioner	American Nurses Credentialing Center	8/2011 to present
Adult Nurse Practitioner	American Nurses Credentialing Center	4/2004 to present
Critical Care Registered Nurse	American Association of Critical Care Nurses	2/1996 to present

Professional Experience

May, 2013 to present	Assistant Professor of Clinical Nursing, BS and MS Programs University of Rochester School of Nursing, Rochester, NY
July, 2011 to present	Specialty Director, Adult Gerontology Acute Care Nurse Practitioner Program
	University of Rochester School of Nursing, Rochester, NY
October 2007 to May, 2013	Instructor of Clinical Nursing, BS and MS Programs University of Rochester School of Nursing, Rochester, NY
October, 2002 to present	Nurse Practitioner, Hospital Medicine APP Service Strong Memorial Hospital, Rochester, NY
August, 1998 to April, 2002	Nurse Leader, Respiratory/Medicine Stepdown Unit Strong Memorial Hospital, Rochester, NY
September, 1992 to August, 1998; May, 2002 to September, 2010	Staff Nurse, Medical Intensive Care Unit Strong Memorial Hospital, Rochester, NY
June, 1991 to September, 1992	Staff Nurse, Acute General Medicine Unit Strong Memorial Hospital, Rochester, NY
June, 1990 to May, 1991	Nurse Extern, Acute General Medicine Unit Strong Memorial Hospital, Rochester, NY
February, 1989 to May, 1990	Laboratory Technician, Department of Psychiatry Strong Memorial Hospital, Rochester, NY
September, 1987 to January, 1989	Information Analyst, Cardiology Unit Strong Memorial Hospital, Rochester, NY
Teaching Experience	
Fall 2009-2023	NUR 424: Adult Gerontology Acute Care Nurse Practitioner I Course and Clinical Coordinator, Clinical Rounding Faculty
Spring 2010-2024	NUR 425: Adult Gerontology Acute Care Nurse Practitioner II Course and Clinical Coordinator, Clinical Rounding Faculty
Spring, 2021, 2024	NUR 491: Geriatrics Update for the Acute Care NP Course Developer, Course Coordinator
Fall 2013-2019	NUR 410: Advanced Health Assessment
Fall 2015-2018, 2021, 2022	Lab Instructor, Lecturer NLX 422: Assessment for Nurse Educators and Leaders Course Coordinator, Lecturer, and Lab Instructor

Summer 2014-2024	NUR 414: Nurse Practitioner Procedure Lab Course Designer, Course Coordinator, Lab Instructor
Summer 2018-2024	NUR 363: Assessment Refresher Course Course Co-coordinator and Lab Instructor
Fall 2007, 2008, 2009, 2011 and Spring 2008, 2009, 2010, 2011 Fall 2010	NUR 377: Adult and Community Health Clinical instructor on medical and surgical units NUR 377: Adult and Community Health Course and Clinical Coordinator
Summer 2010-2016, Fall 2012, & Spring 2014-2015	NUR362: Comprehensive Health Assessment Lab Instructor
Presentations	
The Nurse Practitioner Association of New York State Region 2 Symposium, Watkins Glen, NY	NP Success: Achieving Career Satisfaction and Personal Fulfillment while Steering through Workplace Challenges (panelist), May, 2024
National Organization of Nurse Practitioner Faculties 50 th Annual Conference, Baltimore, MD	Integrating Point of Care Ultrasound Education into an Advanced Health Assessment Course: Plan, Pilot, Progress (podium presentation), April, 2024
Strong Memorial Hospital Advanced Practice Grand Rounds	Caring for Hospitalized Older Adults with Hip Fractures (presentation), January, 2024
University of Rochester APP Academy	Best Practices for Written Feedback and Preceptor Evaluations (presentation), December, 2023
Strong Memorial Hospital Advanced Practice Grand Rounds	Diagnosis and Inpatient Management of Patients with Pneumonia (presentation), December, 2023
American Geriatrics Society Annual Scientific Meeting (virtual)	Stealth Geriatrics: An Interprofessional Approach to Incorporating Geriatrics in Non-traditional Venues (workshop with L. Granville, M. Sehgal, C. Sadowski, D. Zwahlen, & S. Bhattacharya), May, 2021
UNMASKED Virtual Conference, University of Rochester (NY) Department of Medicine	Classroom in the Community: Teaching Acute Care NP Students about Healthy Aging (presentation), May, 2020
American Geriatrics Society Annual Scientific Meeting, Long Beach, CA	Stealth Geriatrics: An Interprofessional Approach to Incorporating Geriatrics in Non-traditional Venues (workshop with L. Granville, M. Sehgal, C. Sadowski, D. Zwahlen, & S. Bhattacharya), May, 2020, canceled due to COVID pandemic

National Organization of Nurse Practitioner Faculties 46 th Annual Meeting, Chicago, IL	How Do We Compensate Preceptors When There is No Budget to Compensate? (podium with C.R. Sellers and L. Massaro), April 2020, canceled due to COVID pandemic
Strong Memorial Hospital Advanced Practice Grand Rounds	Age-Friendly Health Systems: The Clear Vision for Health Care by 2020 (presentation), July, 2019
University of Rochester SON Master's Program Faculty Retreat	Program Learning Outcomes: Defining, Aligning, Assessing, Finding, & Writing (presentation), January, 2019
URMC Division of Geriatric Medicine and Aging Grand Rounds	Classroom in the Community: Teaching Acute Care NP Students about Healthy Aging (presentation), May, 2019
American Geriatrics Society Annual Scientific Meeting, Orlando, FL	<i>Gerioperative</i> Management: Education to Prepare for Geriatric Fracture Center Implementation (poster), May, 2018
Strong Memorial Hospital Geriatric Resource Nurse Group	Management of Fragility Fractures (presentation), September, 2017
Strong Memorial Hospital Advanced Practice Grand Rounds	Management of Fragility Fractures (presentation), September, 2017
University of Rochester SON RN to BS Program Retreat	Preparing Nurses to Care for the Seriously III and their Families: Committing to Palliative CARES Education in our Baccalaureate Programs, February, 2017
University of Rochester SON Accelerated RN Program Retreat	Preparing Nurses to Care for the Seriously III and their Families: Committing to Palliative CARES Education in our APNN Program, January, 2017
Roberts Wesleyan College Department of Social Work	Transitions in Care: Making them Safer for Hospitalized Older Adults (presentation), April, 2016
Villa of Hope Board of Directors Meeting	Impact of DSRIP, Health Homes, and PPS on Medicaid Reimbursement, May, 2015
National Organization of Nurse Practitioner Faculties 41 st Annual Meeting, Baltimore, MD	Use of the AACN Synergy Model to Frame an Adult Gerontology Acute Care Nurse Practitioner Program (poster), April, 2015
University of Rochester 20 th Annual Preceptor Workshop	Never Say Never! Doctoral Degree Options for Nurses (presentation and panel moderator), April, 2015

Nurses Improving Care for Healthsystem Elders (NICHE) 2015 Annual Conference, Orlando, FL	Improving Geriatric Care through RNHHELP (podium presentation awarded), April, 2015
Rochester Area Society of Healthcare Pharmacists Education Day	Management of Acute Delirium in Hospitalized Older Adults (presentation), March, 2015
UR Center for Experiential Learning Simulation Roundtable Strong Memorial Hospital APP Service Education Day	Development of a Nurse Practitioner Procedure Course using Simulation (presentation), November, 2014 Critical Care Update (presentation), January, 2007
Strong Memorial Hospital Critical Care Nursing Orientation Program	Management of Acute MI, Sepsis, and ARDS (presentations), 1997-2005
Nazareth College Geriatric Nurse Practitioner Program, Rochester, NY	Looking at Lab Work (presentation) for GNP Program, February, 2005

University of Rochester School of Nursing Academic Program Guest Lectures

Introduction to Point of Care Ultrasound, Fall 2023 Advanced Abdominal Assessment, Fall 2019
Drugs affecting Coagulation, Fall 2017
Introduction to Point of Care Ultrasound with
workshop, Spring 2023
Geriatric Fractures, Fall 2018-2023
Caring for Hospitalized Older Adults, Spring 2016- 2023
Writing Program Learning Outcomes, Fall 2019-2022
Care of the Acute MI Patient, 2012-2014
Cardiac Assessment, 2015 & 2016
Abdominal Assessment, Respiratory Assessment,
Summer 2020; Musculoskeletal Assessment,
Summer 2021
Sepsis/SIRS, Acute and Chronic Kidney Disease, Care of the Patient with Cardiac Problems, 2008-2020; Care of the Patient with Endocrine Disorders, Summer 2013

of

Publications

- Palermo, E. (2023). Caring for older adults. In C.M. Henshaw & R. Rassilver-Bomers (Eds.), Craven & Hirnle's Fundamentals of nursing: Concepts and competencies for practice (10th ed.). Lippincott Williams & Wilkins.
- Palermo, E. & Oliva, J. (2023). Hematology and oncology disorders in acute and critical care. In V. Fuller & P. McCauley (Eds.), *Textbook for the adult-gerontology acute care nurse* practitioner: Competency-based scope and evidence-based standards of practice (chapter 9). F.A. Davis.
- Leonhardt-Caprio, A. M., Sellers, C. R., Palermo, E., Caprio, T. V., & Holloway, R. G. (2021). A multi-component transition of care improvement project to reduce hospital readmissions following ischemic stroke. *The Neurohospitalist*, 12 (2), 205-212. https://doi.org/10.1177/19418744211036632
- Sorensen, A., Norsen, L., Chen, L, Palermo, E., & Martens, J. (2018). A multimodal skin cancer prevention program for heart transplant patients. Progress in Transplantation, 28 (3), 263-266. https://doi.org/10.1177/1526924818781561
- Palermo, E., Sellers, C., & Caprio, T.V. (2018). Gerioperative management: Education to prepare for geriatric fracture center implementation. Journal of the American Geriatrics Society, 66 (S2), p. S171.
- Palermo, E. (2016, May 9). Remembering Lucy, who knew no limits. Democrat & Chronicle, https://www.democratandchronicle.com/story/lifestyle/2016/05/09/palermoremembering-lucy-who-knew-no-limits/83930256/
- Palermo, E. (2014). Exemplar: APN hospitalist. In A.B. Hamric, C.M. Hanson, M.F. Tracy, & E.T. O'Grady (Eds.), Advanced practice nursing: An integrative approach (p. 116). Elsevier Saunders.

Honors and Awards	
May, 2021	Scholarly Practitioner Award, University of Rochester School of Nursing
October, 2020	Nurse Practitioner Award, Rochester Academy of Medicine
May, 2016	Elaine C. Hubbard Center for Nursing Research on Aging Endowed Award, University of Rochester
January, 2016 & 2017	Geriatrics Faculty Scholar Program Award, from the University of Rochester Division of Geriatrics & Aging HRSA Geriatrics Workforce Enhancement Program grant
May, 2011	Outstanding Faculty Colleague Award, University of Rochester School of Nursing
May, 2002	Taylor Memorial Award for Clinical and Theoretical Excellence, University of Rochester School of Nursing
May, 1991	Clare Dennison Award for Nursing Proficiency, University of Rochester School of Nursing
April, 1991	University Student Life Award winner, University of Rochester
September, 1990	Clare Dennison Prize for Outstanding Junior, University of Rochester School of Nursing

Professional Memberships

2017 – present	American College of Cardiology
2015 – 2021, 2023-present	American Geriatrics Society
2011 – 2014, 2017-present	Society of Hospital Medicine
2009 – present	National Organization of Nurse Practitioner Faculties
	Acute Care Special Interest Group member; annual
	conference abstract reviewer
2004 – present	American Academy of Nurse Practitioners
2003 – present	The Nurse Practitioner Association of NYS
1994 – present	American Association of Critical Care Nurses
1991 – present	Sigma Theta Tau International Nursing Honorary Society
	Epsilon Chapter Board Member 2011-2013
Service	
2024	Strong Memorial Hospital at Home Implementation Team
2023-2025	National Organization of Nurse Practitioner Faculties
	(NONPF) Acute Care Special Interest Group (SIG) Co-Chair
	2023-2024, Chair 2024-2025
2023-present	Director, Ultrasound Curricular Integration Plan
2022-present	Co-Leader, Master's NP Program Curriculum Revision Task
	Force
2021-2023	Leader, CCNE Writing Task Force, Standard II
2020	Interprofessional Health Assessment NP-CC2 Clerkship Pilot
2018-2020	URMC Opiate Task Force, Prevention Committee
2017-present	University of Rochester School of Medicine & Dentistry
	Meliora in Medicine/Principles of ICU Science and Ethics
	Interprofessional Quality and Safety Class; SON
	Coordinator, Trainer, Presenter, and Facilitator
2017-2019	University of Rochester Philanthropy Champions, Cohort 2
2016-2023	University of Rochester Public Safety Review Board
2016-present	UR School of Nursing Academic Integrity Committee
2016	Trainer, End of Life Nursing Education Consortium (ELNEC)
2016-present	URSON DNP Summit conference planning committee
2015-2016	UR School of Nursing Doctor of Nursing Practice Faculty
	Interest Group
2015	American Association of Colleges of Nursing and ELNEC
~~~~	Palliative CARES Competencies National Review Panel
2014 – 2018	UR School of Nursing Faculty Development Committee
2014 – present	Strong Memorial Hospital: Adult Nursing Services
	Member & Advisor; Geriatric Resource Nurse Group
	APP/Faculty Representative and Lecturer, Nursing Practice
	Orientation (ended 2015)

2013-2015, 2016 – 2021	UR School of Nursing Student Affairs Committee
	Chairperson 2017-2021
2013, 2014	United Way Day of Caring Service Day Team Captain
2012 – present	Strong Memorial Hospital, Sovie Institute for Advanced
	Practice Education Committee, Hospital Medicine APP
	Grand Rounds: Coordinator until 2014, Advisor since 2015
2006 – present	St. Joseph's Villa/Villa of Hope
	Board Member 2006-2015
	Program and Quality Committee Member 2015-present
2009 – present	Buffalo Pug and Small Breed Dog Rescue
	Volunteer
1999-2002	Adult Nursing Services Nurse Leader Group
	Founder and Lecturer

## Mentoring and Project Advising

2023-2024	Geriatric Workforce Enhancement Program Scholar M. Rosario-McCabe, faculty mentor
2023	MS in Nursing Education student J. Holik, NLX 420 clinical rotation MS in Nursing Education student L. Zamniak, NLX 426 curriculum mapping project
2022	MS in Nursing Education student E. Gregg, NLX 420 clinical rotation
2020	MS in Nursing Education student J. Opladen, NLX 427 NP Program PLO-SLO mapping project
2018-2020	Doctor of Nursing Practice student A. Leonhardt-Caprio, committee member
2016-2017	Doctor of Nursing Practice student A. Sorensen, committee member