

DOCTORAL EDUCATION One hundred degrees of success

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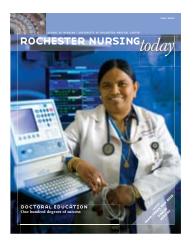
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ABOUT ROCHESTER NURSING TODAY



ROCHESTER NURSING *today Fall 2007* Cover photo: Antonio Barbagallo, fotoab.com

On the cover: Doctoral student Pon Athilingam searches for a possible link between heart failure and cognitive changes.

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This fall the School of Nursing marked a significant milestone as we celebrated the graduation of 100 PhD students at our annual reunion. In preparation for the occasion, we took a look back at the roots of doctoral education at the School–an exercise that proved to be a powerful reminder of our long history of taking chances, trying new things and challenging the educational status quo in the name of better educational opportunities for nurses.

Getting a PhD program in the School of Nursing off the ground 30 years ago was no easy feat but, thanks to a dedicated effort on the part of Dean Loretta Ford, faculty advocates and supportive leadership University-wide, we were able to join only a handful of universities in the nation that moved doctoral education of nurses into the mainstream of PhD education in the 1970s.

In the pages of this issue of *Rochester Nursing Today*, you'll read more about the history of doctoral education at the School as well as its evolution to meet the demands of the 21st-century health care landscape. You'll read about our new Doctor of Nursing Practice degree program (see page 9), our growing emphasis on interdisciplinary education and a few of our exceptional students both past and present. The future of nursing practice and education depends largely on our ability to continue to turn out skilled researchers, systems leaders and innovators, and we're constantly looking for ways to meet this need.

In writing of milestones, I have reached a professional milestone of my own that I want to share with you. After much thought and consideration I have decided to step down as dean at the end of this academic year. After a one-year sabbatical I will return to the University and continue my work as the Pamela York Klainer Endowed Chair in Nursing Entrepreneurship.

It is with a heavy heart that I leave the role that has given me so much professional and personal fulfillment over the years, but it is with a deep excitement and an open mind that I enter the next stage in my life and career.

Since I became dean in 1999, the School of Nursing has evolved in ways I always knew were possible but oftentimes seemed so out of reach. With the help of a world-class faculty, dedicated staff, supportive University leadership and generous alumni and friends, we've successfully launched many new educational programs, significantly raised our NIH research funding, started a Center for Nursing Entrepreneurship, built a new educational wing and completed a \$20 million capital campaign. I take tremendous pride in all of these accomplishments, but am most proud of our ability as a school to continue to offer the very best and most cutting-edge nursing education to our students.

The School of Nursing is thriving, and I am completely confident that it will continue to do so under new leadership. I cannot thank you enough for your support and encouragement throughout my time at the University.

Sincerely,

Jatricia Carres

Patricia Chiverton, EdD, RN, FNAP Dean and Professor, University of Rochester School of Nursing Vice President, Strong Health Nursing

LEPERS INSPIRED NOBLE CALLING



As a girl growing up in rural southern India, Pon Athilingam was struck by the plight of people with leprosy. Their disease was so stigmatized that they were shunned and forced to live outside her village.

"It was the lepers who opened my eyes to what I wanted to do," says Athilingam, 55, of Brighton.

What she wanted to do was to become a nurse, helping care for people who were both poor and ill.

That would have been a noble goal for a young woman growing up in the United States at the time, but in her village it wasn't.

"Why nursing?" Athilingam remembers people asking. "Just get the girl married."

But her father and the principal of her high school encouraged Athilingam, and she became the first young woman from her village to go to nursing school.

Athilingam graduated in 1972 and began working with lepers. Later, she received a bachelor's in nursing, as well as two master's degrees, one in community health from the University of Liverpool in England and another from the University of Rochester.

She's now a nurse practitioner and a doctoral degree candidate at the University of Rochester's School of Nursing, working on a dissertation that could lead to a better life for people who have had heart failure.

"She's one of the best doctoral students I've had," says Athilingam's advisor, Dr. Kathleen B. King.

Athilingam was named an outstanding adult student by Rochester Area Colleges Continuing Education last month. She was one of 23 students from eight colleges so honored.

A married mother of three, Athilingam came to this country on an employment visa in 1991 to work at a hospital in Brooklyn.

In 1994, the family purchased a motel in Hinsdale, Cattaraugus County, near Olean, and Athilingam worked at Olean General Hospital. In 2000, the family moved to Brighton, and Athilingam began work as a nurse at Strong Memorial Hospital.

Two years later, she enrolled in the accelerated master's-PhD program at the UR's School of Nursing. In addition to carrying a full academic load, she continued working, building up overtime during school vacations to help with her family's bills.

In 2004, Athilingam received her master's degree and became a nurse practitioner.

The topic of her doctoral dissertation grew out of her experience as a nurse practitioner in the heart failure and heart transplant program at the medical center.

She found herself struck by the repeated admissions of patients who had been treated for heart failure.

"We teach them to how to take care of themselves," she says, "but they still keep coming back."



Athilingam and King

Kathleen B. King, PhD, RN, FAAN, professor emeritus, has mentored many PhD students throughout her time at the School of Nursing. King, who recently retired after more than 20 years at the School, sees the mentor/mentee relationship between nursing faculty and doctoral students as far more than a procedural mandate in a student's dissertation preparation and defense. "It's important for students to get involved in research as early as possible," she said. "I have found there is no better way to do that than to have students work with faculty on research projects."

The federal research enterprise emphasizes the importance of faculty publishing with students and King's published research articles over the years have almost always included a student collaborator. "It's a great way to engage students, get the work done and prepare the next generation of researchers in nursing to succeed in a competitive funding environment," she notes.

Pon Athilingam is King's last doctoral student mentee. King says Athilingam, who is in the final stages of her dissertation, exemplifies what it means to be a PhDprepared nurse researcher. "Pon's work ethic, dedication, clinical skills and collegiality have made her a joy to work with and are sure to pave a long and successful career path. I'm proud to have been a part of her journey at the School of Nursing."

Athilingam began to wonder if diminished heart function and poor blood flow to the brain might be causing the patients to forget to take their medicines and otherwise not follow their doctors' advice.

She'll try to determine whether this is the case by testing 90 volunteers.

Should she find a link between heart failure and cognitive changes, she'll be able to make the case for screening heart patients early on so steps can be taken to improve the blood flow to their brain if necessary.

Athilingam has had the support of her family during all of this, though they have been busy as well.

Her husband, Athilingam Marimuthu, has been back and forth between here and India, where he plans to establish a law practice and to get involved in Indian politics.

Her older son, Bala Athilingam, 26, has a master's in business administration from St. Bonaventure University and lives in Virginia. Her younger son, Paul Athilingam, 22, is a student at Monroe Community College and works at Strong hospital.

Her daughter, Jegath Athilingam, 17, is a senior at Brighton High School who will go on to study at Cornell University.

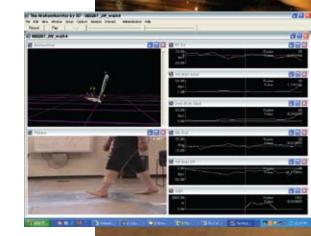
After she finishes her Ph.D., Athilingam hopes to establish a nurse practitioner program in rural India in cooperation with UR.

Given all she's done, the chances are that she'll succeed. "Pon is just like the Energizer bunny," says Dr. Margaret Kearney, head of the master's-Ph.D. program at the School of Nursing. "She just goes and goes."

Editor's note: Reprinted with permission, this article, written by Jim Memmott, was originally published in the Democrat and Chronicle (www.democratandchronicle.com) on May 12, 2007. Athilingham has since finished her data collection and is finalizing her dissertation. Her daughter is now a freshman at Cornell University.



team have developed new methods to assess muscle strength and capture foot motion to evaluate the effects of bracing and exercise on subjects with foot tendon injury.



INTERDISCIPLINARY WORK EXPANDS AND ENHANCES DOCTORAL EDUCATION FOR PHYSICAL THERAPISTS



When a person's mobility is compromised it oftentimes sets off a chain reaction that can lead to further injury and inhibit that person's ability to perform simple dayto-day tasks. For an elderly individual with a hip or pelvic fracture, the simple act of getting into and out of a chair can be a monumental challenge-and the ability to do so can sometimes determine whether he or she can continue to live at home. For Janet Kneiss, a physical therapist and PhD student at the University of Rochester School of Nursing, monitoring and measuring how the mobility challenges brought on by these injuries affect a person's other movements may hold important keys to improving overall quality of life.

"Hip and pelvic fractures can be particularly troublesome to the elderly, who may very well be dealing with one or more chronic illnesses, socialization issues and financial woes in addition to their mobility challenges," said Kneiss. "My research is aimed at using technology to identify mobility deficits that we may not otherwise see and developing treatments to stop the chain before it starts."

Kneiss is one of four physical therapists pursing a PhD in health practice research through a collaboration with the University of Rochester's School of Nursing and Ithaca College. The program, which was officially launched in 2006, grew out of a desire by both schools to broaden opportunities for clinical research training.

Kneiss and her fellow students are conducting much of their research at the Ithaca College Movement Analysis Laboratory, housed at Colgate Crozier Divinity School in Rochester.

Chris Neville, an Ithaca College-trained physical therapist and the program's first student, was looking for a doctoral program that would enable him to hone his clinical skills while at the same time provide the academic preparation necessary to conduct his research. Encouraged by Ernie Nalette, chair of Ithaca College's graduate program in physical therapy, Neville, who is currently in the final stages of his research on foot tendon injuries, approached Madeline Schmitt, who was then director of the School of Nursing's doctoral programs, and Dean Patricia Chiverton about tailoring a program that would meet his needs and the needs of others like him who had the drive to pursue doctoral education but limited opportunities to do so.

Schmitt and Chiverton worked with Neville as well as Nallette and Jeff Houck, associate professor at Ithaca College, to develop a program that would build on the strengths of the School of Nursing's clinical research enterprise and Ithaca's stateof-the art movement analysis facilities.





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Christopher Neville and Janet Kneiss examine the results of a subject walking in the lab. Neville and Kneiss conduct much of their research in Ithaca College's Movement Analysis Laboratory.

Neville's experience paved the way for an official program change. Last year the program was officially named the PhD in Health Practice Research, a designation Neville believes truly reflects its interdisciplinary nature.

"I really feel that this program and others like it nationally have the ability to move physical therapy, nursing and other health care professions forward," said Neville. "By working across disciplines we're all learning to become better researchers and educators in our fields and that betterment will most certainly improve the way we deliver health care to the consumer."

"Doctoral education is all cost, no gain, unless students give back by enhancing the overall reputation of the program or profession," said Houck. "This collaboration has allowed both Rochester and Ithaca to remain true to our missions while giving more opportunities to our students to broaden the scope of their research and its impact on health care globally."

DOCTORAL EDUCATION HAS DEEP ROOTS

SCHOOL'S EARLY LEADERS IN RESEARCH PAVED THE WAY

"What on earth could a nurse possibly study that would constitute PhD-level credentials?"

While this may sound like a silly question today, it captures the sentiment of many academics, health care professionals and even nurses themselves during the early movement toward doctoral education for nurses. In the early 1970s, when the University of Rochester first began to explore the feasibility of a PhD in nursing, only a handful of universities nationwide offered such programs and the value of the degrees was a matter of considerable debate.

At Rochester, the debate stemmed from a variety of concerns not unique to the School. There were concerns about whether the School had enough faculty engaged in active research, whether it could give students good research experiences and whether it had a large enough funding base to get a doctoral program off the ground and sustain it until more research funding came in. There were also tremendous cultural hurdles to overcome.

"PhD education for nurses was a tough sell in those days," said Madeline Schmitt, PhD, RN, FAAN, **FNAP**, professor emeritus and former director of the School of Nursing's doctoral program. "Many nursing programs had to accept a professional doctorate as opposed to a PhD because advanced learning in practice was more easily understood and accepted by outsiders to the profession than was advanced learning in research. But the field of nursing had yet to build the

research base to inform this kind of practice-oriented degree. In many instances, the content of professional doctorates evolved to resemble the PhD degree. The concept of a professional doctorate was ahead of its time; it is only now that we see a broad acceptance in the profession of what a DNP education can add to nursing and health care delivery."

Nursing faculty at Rochester had a history of conducting small clinical research projects even before nursing at Rochester became an autonomous school of

The 1989 University of Rochester Medical Center's School of Nursing PhD graduates shown here are, from left, Jane Armer, Jessie Drew-Cates, Jeanne Grace, Margaret (Meg) Hull, Mary Sprik, Patricia Tabloski (current dean of the Boston College School of Nursing), and Julia Thornbury.



ONE HUNDRED DEGREES OF SUCCESS: UNIVERSITY OF ROCHESTER SCHOOL OF NURSING PHD PROGRAM 1979-2007

1979 Program opened Carole Anderson, Associate Dean

1982 Cheryl Cox, first graduate







Dianne Liebel, the School of Nursing's 100th PhD graduate.

nursing in 1972. The work of people like Marjorie Pfaudler, whose research focused on evaluating devices to prevent pressure sores, Martha Pitel and Mary Wemett, who researched new sites for intramuscular injections, and Josephine Craytor, who was developing the role of the nurse in the oncology team, yielded results that were applied in practice and improved patient outcomes. These early leaders in clinical research helped pave the way for what would eventually become the School's PhD program, rooted in clinical research that directly informed practice.

When **Loretta C. Ford, RN, EdD,** became the independent School of Nursing's first dean in 1972, she saw the need to grow the School's research enterprise and, in doing so, the resources and support available to faculty and students interested in research careers. Expanding graduatelevel education for nurses, including PhD preparation, fit into Ford's plan to unify education, research and practice to improve education and patient care.

With Ford at the helm, the School made a commitment to "grow its own" by encouraging and assisting faculty to pursue their PhDs. Ford, a proponent of flexible scheduling and employee incentives before either became common practice in American workplaces, gave faculty time off at full salary, reduced their teaching loads and provided other supports to propel them toward their and the School's goals. Many students and faculty from that era remember being told by Ford that they weren't getting any younger and needed to get on with doctoral preparation! The School admitted its first class of PhD students in 1979.

"It was a good investment and it paid for itself many times over," said Ford. "Our first PhD graduates became first-class researchers, superb teachers, expert clinicians, academic leaders and exceptional ambassadors for the University."

A COMMITMENT TO PRACTICE-FOCUSED RESEARCH

The School of Nursing's focus on research closely aligned with practice has continued to dominate student research throughout the PhD program's 28-year life. In anticipation of the School's celebration of its 100th PhD graduate this fall. Margaret H. Kearney, PhD, RN, **FAAN**, the School's current director of PhD and MS-PhD programs, took a close look at the subject areas of students' dissertations over the years and found a common thread: in research looking at patient response to illness and health promotion.

"Many of the dissertations produced over the years have focused on stress, coping and adjustment," said Kearney. "And that's squarely within what nurses do. Nursing as a profession claims the territory of treating not only illness but responses to illness. Our research mainstay has been trying to figure out how people deal with illness and how to keep them healthy."

Kearney has also seen growth in new research areas, including genetics and intercellular mechanisms for illness and healing. Kathleen Utter King, a 2007 PhD graduate, explored whether the genetic markers for Type 2 diabetes were also found in women who developed gestational diabetes during pregnancy. Her eventual goal is to enable individualized counseling and nursing care of women with these genetic risks.

Kearney is excited by the new interest in studying the intracellular mechanisms for illness and healing. "Asking very basic questions about how disease and healing happens is very relevant to nurses, particularly in terms of illness prevention," she said. "I'm encouraged to see more interest in this promising body of research."

LOOKING TO THE FUTURE

Responding to the national call from the Institutes of Medicine and National Institutes of Health for an enhanced focus on interdisciplinary education for health care professionals, the School of Nursing last year expanded its admission criteria to allow physical therapists, occupational



1986 Harriet Kitzman, Associate Dean of Graduate Programs

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1988 Darlene McCown, Associate Dean of Academics Marilyn Aten, Doctoral Program Director **1994** Madeline Schmitt, Doctoral Program Coordinator



2002 MS-PhD Program opened with HRSA funding 2005 Margaret H. Kearney, Director of PhD Programs



therapists and social workers as well as nurses to apply to the PhD program and renamed the program Health Practice Research. The curriculum remains the same, focusing on high-quality preparation for clinical and academic research careers.

"When professions know each other well and share their specialized scientific resources to solve clinical problems, they can develop systems of health care in which no one falls between the cracks," said Kearney. "The expanded admission policy will enrich the dialogue in our classes and extend the impact of our outstanding faculty."

In addition to a new emphasis on interdisciplinary education, the School also recently expanded its doctoral offerings by launching a new Doctor of Nursing Practice degree program (see story at right). Representing the highest level of academic preparation for practicing nurses, the DNP is nursing's equivalent to practice-focused degrees in other disciplines.

Unlike the PhD, the DNP is not intended to prepare students to design and build programs of research. Instead, it prepares advanced nurse practitioners to lead the delivery and evaluation of evidence-based, patientcentered care; synthesize research findings to develop and/or refine practice guidelines; and integrate information technology into the management, application and evaluation of patient care.

"The ways nurses will get advanced preparation will multiply over time," said Kearney. "By offering both practice-focused and research-focused degrees, we're not only opening the doors to doctoral education for more individuals but we're encouraging them to take the path most aligned with their career objectives. I'm confident that both tracks will have a great impact on nursing research, education and practice in Rochester and beyond."

NEW DEGREE PROGRAM PREPARES PRACTICING NURSES FOR SYSTEMS-LEVEL LEADERSHIP

Responding to the growing complexity of health care delivery systems, a burgeoning nursing shortage and increasing educational and clinical demands on advanced practice nurses, the School of Nursing launched a new Doctor of Nursing Practice (DNP) program in September 2007. Aimed at giving nurses a more prominent place at the decision-making table in hospitals and other health care institutions nationwide. the DNP represents the most rigorous academic training for practicing nurses.

"The nurse practitioner role has historically centered on individual patient care," said Patricia Chiverton. EdD, RN, FNAP, dean of the University of Rochester School of Nursing. "While that role is critically important, we also recognize that nurses at the most advanced experience and practice levels have the capability to take on more responsibility and the potential to oversee the care of large patient populations. By bringing doctorally educated nurses into the fold, we have a tremendous opportunity to improve the quality and safety of patient care."

The establishment of Rochester's new program could become of particular

importance in light of the American Association of Colleges of Nursing's recommendation that educational requirements for all nurses in advancedpractice roles move from a master's degree to a DNP by the year 2015. While it is unclear if these recommendations will be adopted in New York state and elsewhere, the movement toward clinical doctoral education for nurses is becoming a larger part of the dialogue on the future of health care nationally.

Co-directed by **Daryl** Sharp, PhD, RN, CNS-BC, NPP, and Kathy Rideout, EdD, APRN, BC, PNP, the DNP is consistent with other doctoral programs within the University of Rochester, as students are required to complete a minimum of 90 credits as well as a minimum of 1,000 post-baccalaureate clinical hours. Students will complete coursework in evidence-based practice and translational research, including advanced statistics and epidemiology; leadership, systems management and strategic planning; and health policy, informatics and interprofessional partnerships. At the completion of the program, students will be required to defend an evidence-based capstone project, the practice equivalent to a PhD research dissertation.

New York State's only other DNP program is offered at Columbia University in New York City.



2006 Admission eligibility expanded to include nurses, physical therapists, occupational therapists and social workers

2007 Dianne Liebel, 100th graduate

DOCTORAL EDUCATION: PhD Alumni Profiles

I had not realized how the reputation of this school and the doctoral program would position me to be a faculty candidate in demand. —*Jilll R. Quinn*

PHD PROFILES: A SAMPLING OF SUCCESSES AMONG 100 DEGREES

Kathleen Coyne Plum, RN, NPP, PhD '93, M '76

Director, Monroe County Office of Mental Health, Department of Human Services



Doctoral dissertation topic: Social networks and psychiatric rehabilitation outcomes for adults with chronic mental illnesses. Current research activities include: Evaluation of systemwide mental health outcomes for Monroe County; evaluation of outcomes associated with a variety of demonstration/pilot initiatives; dissemination of evidence-based practices through various mechanisms.

Meaningful memory from the School of Nursing: The first thing that pops into my mind is the stimulating conversations among faculty and my exceptional colleagues in the doctoral program, which would continue well after the class had ended. These exchanges happened many times, in (and after) virtually all of the Nursing Research courses, Research Design, and many of my electives. . . . Being able to focus on my interest in social networks from multiple disciplines . . . was immensely helpful and gratifying.

Another meaningful memory is of my dissertation defense meeting, when my outside chair, Dr. Lyman Wynne, commented in a positive way that he could tell my research had been designed and carried out by a clinician. To me, this credits the strong nursing orientation maintained by the program, and the School's overall emphasis on the importance of clinical practice.

How doctoral education helps in her work today: Doctoral

education has helped me bring together the elements of research design and analysis, outcomes evaluation and evidence-based practice in order to be an effective steward of the local public mental health system and its resources.

... My education is also a factor in which/how outcome measures are established to evaluate the local system as well as the specific interventions or programs that promote the larger system goals, using a range of qualitative and quantitative methodologies. My colleagues say I should have my pilot's license by now, because all new initiatives are first run as a pilot with a rigorous outcome evaluation, so that a data-driven decision-making process can determine the feasibility and advisability of continued funding.

Jill R. Quinn, RN, CS-ANP, FANP, FAHA, PhD '03

Assistant Professor, University of Rochester School of Nursing



Doctoral dissertation topic: Delay in seeking care for symptoms of acute myocardial infarction: Applying a theoretical model.

Current research activities

include: Patient and Significant Other Care Seeking for Signs and Symptoms of Decompensating Heart Failure (Pilot); Feasibility of Conversational Systems for Heart Failure Patient Care; Personal Health Management Assistant for Heart Failure Patients; Phase 2, Building the Field of Personal Health Monitoring by Leveraging Synergies with Machine Health Monitoring; Phase 2: An **Exploratory Demonstration Project** in Proactive Personal Health Care. Meaningful memory from the School of Nursing: My time spans many years at the School of Nursing and my career development and trajectory is a result of the many great nursing leaders and scholars here. Their visions became my reality as

nursing has evolved into the

profession it is today. When I was told by Dr. Lee Ford and the late Dr. Marg Sovie that I would be a pioneer in developing the first Acute Care Nurse Practitioner role in the late 1970s, I had no idea what they meant at the time but have since realized it was not only a turning point for me but also for advanced-practice nursing. However, becoming an expert clinician was not enough and I wanted to become an expert researcher. . . I guess the most memorable experience was at the completion of my program, during the process of interviewing for an academic faculty position, I was taken aback when at each of the great institutions I interviewed, I was told what a great education and preparation I had at the University of Rochester. I had taken that for granted and had not realized how the reputation of this school and the doctoral program would position me to be a faculty candidate in demand.

How doctoral education helps in her work today: Probably the biggest lesson I learned from my doctoral education is perseverance and determination. In the climate of limited federal funding for research initiatives, the competitiveness of finding funding for my research has been a challenge. However, I also know that the most successful scientists are the ones who did not get funded on first or even second applications, but who persevered and did not give up in seeking the desired and needed funding to move their research program forward.

NEW ROCHESTER NURSING NEWS

SCHOOL OF NURSING WELCOMES SIX NEW FACULTY MEMBERS

Thanks to an aggressive year-long faculty recruitment drive spearheaded by **Dianne Morrison-Beedy**, **PhD**, **APRN**, **FNAP**, **WHNP**, associate dean for strategic planning and development, the School of Nursing welcomes six new tenure-track research faculty this academic year.



Carla M. Hagen, PhD, MPH, RN, is an assistant professor at the School of Nursing, specializing in gerontological nursing.

"Family caregiving and gerontological nursing have been the focus of my practice and research efforts," Hagen said. "My clinical practice, which has been primarily in home-health nursing, was the catalyst of my research interest in family caregiving."

In addition to her part-time appointment at Rochester, Hagen is an assistant professor in the Department of Nursing at George Fox University. She also has served as an education consultant in gerontology at Oregon Health and Science University Hospital in Portland.

Hagen earned a bachelor's in nursing, a master's in public health, and a nursing PhD from the School of Nursing at Oregon Health and Science University. She also holds a bachelor's in liberal studies from Eastern Oregon University.



Christina Koulouglioti, PhD, RN, was named a postdoctoral fellow at the School of Nursing. Her research focus is on the relationship of supervision, routines and injury among preschool children.

"I am excited to be part of this team," Koulouglioti said. "This year, I will mainly focus on research and continue to work as part of the team led by Robert Cole and Harriet Kitzman. She expects her role will expand to teaching when she is named assistant professor in 2008.

Koulouglioti's first manuscript for her dissertation, *Inadequate Sleep* and Unintentional Injuries in Young Children, will be soon in press.

A native of Greece, Koulouglioti earned her bachelor's and master's degrees in nursing at the University of Athens. She earned her PhD at the University of Rochester School of Nursing, where she has also served as a senior teaching associate, a research assistant and a teaching assistant.

Koulouglioti earned a Sigma Theta Tau, Epsilon Xi Chapter dissertation award in 2005 and was named in Who's Who Among Students in American Universities and Colleges.



Wendy K.K. Lam, PhD, is an assistant professor at the School of Nursing. Lam previously served as adjunct assistant professor in the

Department of Maternal and Child Health at the University of North Carolina School of Public Health in Chapel Hill, and senior research psychologist at RTI International in Research Triangle Park, N.C.

"I was eager to join the School's efforts to build research and add my perspective to the School's work on HIV, substance abuse and health disparities," said Lam. Her research will focus on children of substance-abusing parents. "We will look at the family as a whole and, in particular, how parents' drug use affects their children–including how we can intervene to strengthen these families."

Lam earned a bachelor's in psychology at Dartmouth College and was a child clinical/pediatric psychology fellow at Johns Hopkins School of Medicine prior to earning her PhD in school psychology from the University of North Carolina, Chapel Hill. She completed public policy graduate fellowship training at Duke University.

NEWS ROCHESTER NURSING NEWS



James McMahon, PhD, is an assistant professor at the School of Nursing, slated to teach in the master's Leadership Program and instruct a core course in epidemiology. He also will contribute to curriculum development and teaching in the PhD programs, and mentor PhD and master's students.

McMahon will continue his research aimed at the prevention and epidemiology of HIV and hepatitis C in New York City, and will expand to examine ways to prevent or reduce the spread of infectious diseases, including STDs, in communities in Rochester.

"What attracted me to the School of Nursing is its national reputation, the breadth of its mission, and the talent and diversity of its faculty," McMahon said. "By integrating education, clinical practice and health research, and by opening its doors to faculty and students with non-nursing as well as nursing backgrounds, I think the School is at the leading edge of redefining and expanding the traditional roles of the nursing profession. It's very high energy, and it is very exciting to be a part of this pioneering effort."

Prior to joining the faculty, McMahon was principal investigator at the National Development and Research Institutes in New York City. He holds a bachelor's in anthropology from the University of Winnipeg, Canada, and a PhD in anthropology from City University of New York.



Irena Pesis-Katz, PhD, combines her role as assistant professor at the School of Nursing with that of director of Quality Improvement Research and Measurement for Excellus BlueCross BlueShield of Greater Rochester. This research collaboration leverages both organizations' resources to support research activities that will result in evidencebased quality improvement programs in the community.

"What drew me to the School of Nursing is its multidisciplinary structure that combines clinical, economic and psychological aspects. I think this type of collaboration can lead to productive and interesting research projects," said Pesis-Katz, citing as an example her study of a randomized controlled trial to measure the impact of educational materials on cervical cancer screening rates.

A native of Israel, Pesis-Katz earned a bachelor's in health systems administration from the University of Ben-Gurion in the Negev, and her PhD in health services research and policy from the University of Rochester. Pesis-Katz's current research is focused on outcomesbased quality improvement programs evaluations; economic impact of palliative care consultations in an acutecare setting; and the role of quality of care in consumers' choice of nursing homes. In addition to research. Pesis-Katz teaches health economics in the University's Economics and Community and Preventive Medicine departments.



Martin Schiavenato, PhD, **RN**, was named assistant professor at the School of Nursing. Schiavenato's research focus is pediatric pain, particularly the application of technology to pain assessment. Currently he is an international trainee and Mayday Fellow with the Pain in Child Health initiative of the Canadian Institutes of Health Research. He is a recipient of the Book of the Year Award from the American Journal of Nursing for publishing and editing a winning title in 2006, The Art of Becoming a Nurse Healer by Beverly A. Hall, PhD, RN, FAAN. Experienced in book publishing, he anticipates involvement in the School's Center for Nursing Entrepreneurship.

"These are exciting and unique times of growth and opportunity at the School of Nursing," Schiavenato said. "I'm thrilled and privileged to contribute to the world-class environment of education and research that we are building." Schiavenato's clinical background is in neonatal and pediatric critical care. He earned a bachelor's in nursing and a bachelor's and master's in sociology from Florida State University, and a PhD from the University of Central Florida.

GRANT BRINGS NURSING EDUCATION TO RURAL COMMUNITIES

The School of Nursing has received nearly \$300,000 from the Health Resources and Services Administration (HRSA) to develop distanceeducation technologies, new online courses and clinical training sites to prepare child psychiatric nurse practitioners and pediatric nurse practitioners specializing in behavioral mental health.

Currently less than 20 percent of youth with mental disorders receive treatment. The situation is even more dismal in rural and underserved communities, where there is limited access to child psychiatric providers and mental health services. These treatment disparities exist nationwide, reflecting that child mental health providers and services are predominantly centralized in urban communities.

The new grant will make the School's educational resources more accessible to nurses in rural communities around Rochester and throughout New York State through a partnership with the New York State Office of Mental Health.

EARLY PALLIATIVE CARE INTERVENTIONS LINKED TO SHORTER ICU STAYS

Researchers at the University of Rochester Medical Center have found that early palliative care interventions can reduce the length of stay for seriously ill patients in the medical intensive care unit (MICU) by more than seven days without having an impact on mortality rates.

The study, co-authored by **Sally Norton, PhD, RN,** assistant professor at the School of Nursing, and published in *Critical Care Medicine,* evaluated the impact of early proactive palliative care consultations on highrisk patients' length of stay in the MICU, length of hospital stay, and mortality.

In addition to improving quality of care, proactive palliative care consultation in the MICU has an unintended, yet relevant, benefit of financial savings. Extrapolating from the study's findings, the intervention potentially saved approximately 1,400 MICU patient days at a savings of around \$450 per day. Such an improvement in efficiency frees beds for patients in the emergency department and elsewhere who are in need of critical care. Recognizing and demonstrating these indirect financial effects is critical to ensuring palliative care consultation services continue to expand in hospital settings nationwide.

GRANT TO FUND STUDY ON IMPACT OF SUPPLEMENTAL NURSE STAFFING Ying Xue, DNSc, RN,

assistant professor at the School of Nursing, has been awarded a \$300,000 grant from the Robert Wood Johnson Foundation to study the use of supplemental registered nurses (SRNs) by hospitals and its impact on patient care and cost.

Though many hospitals use SRNs hired from agencies to compensate for their nurse shortage, their impact on quality and cost is not well understood. Xue's study is designed to describe why and how hospitals use SRNs; examine the relationship between the use of SRNs and patient outcomes; examine the relationship between SRNs and voluntary nurse turnover; and examine the economic consequences of using SRNs in the hospital. This will be the first study to explore both outcomes and costs related to the use of SRNs in a hospital setting.

KUDOS

Margaret Carno, PhD, MBA, RN, D, ABSM, and Jill Quinn, PhD, RN, CS-ANP, FANP, FAHA, both assistant professors, have been named as Fellows in the National Academies of Practice.

Sheldon Fields, PhD, RN, APRN, BC, FNP, AACRN, FNAP, FAANP, was promoted to associate professor with tenure.

William Russell, RN, MS,

director of Passport Health, the Center for Nursing Entrepreneurship's travel health clinic, has earned a Certificate in Travel Health from the International Society of Travel Medicine. The highly competitive certification recognizes individual excellence in knowledge in the field of travel medicine associated with pre-travel care and consultation.

Ying Xue, DNSc, RN, assistant professor, was selected as National Palliative Care Research Center Scholar.

NEW ROCHESTER NURSING NEWS

PAMELA YORK KLAINER ENDOWED CHAIR IN NURSING ENTREPRENEURSHIP AWARDED TO DEAN CHIVERTON

Patricia Chiverton, EdD, RN, FNAP, dean of the School of Nursing, has been named the University's first Pamela York Klainer Endowed Chair in Nursing Entrepreneurship.

RNT: Was there a certain event in your life or point in your career that sparked your interest in nursing entrepreneurship?

PC: Although I don't think I would have called it that at the time, I had my first brush with entrepreneurship as chief of psychiatric nursing at Strong. My research



focused on transitioning nurses from the hospital to the home with the goal of improving follow-up rates, lowering costs and reducing emergency room visits for patients with mental illness. When this transition proved successful, we were asked by BlueCross BlueShield to provide case management services for their psychiatric patients. Since the fee-forservice reimbursement structure of the hospital could not sustain a managed-care intervention, I moved over to the School of Nursing to launch the program through its Community Nursing Center. This was my first foray into writing business plans and integrating business models into nursing-and it stuck.

RNT: What was the impetus for creating the Center for Nursing Entrepreneurship (CNE)?

PC: When I became dean, the School was in financial crisis. Enrollment was down, research dollars were sparse and the only thing that was really growing was the Community Nursing Center. Shortly after that, Blue Cross pulled its program back in and we realized that we could not rely on one business to sustain us. We



Sara Klainer, Pamela York Klainer, Matt Klainer, Ron Janesko and Linda Janesko.

had to diversify our business streams. By creating viable new businesses we were able to generate ongoing



SON Advisors Elaine Hubbard and Robert Hurlbut celebrate with Dean Patricia Chiverton.

revenue for the School that we couldn't generate through research or tuition dollars. We were then able to apply those dollars toward our education and research missions. Despite a budget deficit, we were able to create new, innovative programs because we had those dollars. That strategy has continued to be successful.

RNT: Nurses have traditionally been viewed as caregivers rather than idea and revenue generators. Has that perception started to shift?



Pamela York Klainer, University President Joel Seligman, Dean Patricia Chiverton and Phyllis Newfield.

PC: I think the perception of nurses has really evolved over time. Nurses' closeness to patients has put them in a prime position to spot innovations for change. They can identify gaps in services, areas of mismanagement and ways to streamline processes. This, of course, has always been the case, but what's different today is the urgent need to address the looming health care crisis. The future of health care depends on our ability to come up with new and better ways to provide care to consumers, and I truly believe that nurses are key players in this endeavor.

What we're trying to do at the CNE is give nurses a supportive environment and the tools they need to be change agents, both within their current institutions and, when appropriate, on their own via new business ventures.

RNT: Given the gravity of the nation's nursing shortage, how do you strike a balance between encouraging nursing entrepreneurship and keeping nurses at the bedside?

PC: Our goal is to enhance the nursing workforce, not deplete it by taking nurses away from the bedside. At a certain point in their careers, however, many nurses either cannot or choose not to do bedside nursing any longer. Instead of losing experienced nurses to another profession, we want to harness their knowledge and work with them to create new ways of providing care.

At the same time, younger nurses have wonderful creative ideas but they need and want to remain at the bedside. That's where we encourage nursing intrapreneurship, which is entrepreneurship within an organization.

RNT: What do you think the future holds for nursing entrepreneurship at the School of Nursing?

PC: In the past few years, we have learned a lot about what works and what doesn't. We also know that we want to be on the cutting edge, a leader in both health care and in nursing. So in order to do that we always need to be thinking about what's next and how can we improve care. In the past, we had to focus on revenue generation because of our financial position. Now, thankfully, we can begin to focus more on scholarship and spreading nursing entrepreneurship nationally. The opportunities are endless when you consider the size and complexity of the health care system and the dire need to improve and enhance care for generations to come. RN

PROFILE

ALUMNA-DAUGHTER TEAM HELP HEAL THE GRIEVING

Drawing on personal experience and career expertise, Gloria Horsley, PhD (BS '79, M '81), teamed up with her daughter Heidi Horsley, PsyD, in a multimedia effort to support the grieving.

Horsley, whose teenage son died in an accident 24 years ago, combines compassion and experience with skills as a psychiatric nurse to help others heal.

"After retiring from private practice five years ago, I began doing volunteer work with Compassionate Friends, an international support group for those grieving the loss of a child," Horsley explained. That work proved to be a catalyst for Horsley, who now collaborates with Heidi on a radio program and an interactive Web site.

Every Thursday at noon EST, the Horsleys can be heard hosting "Healing the Grieving Heart," a live talk show on www.health .voiceamerica.com and archived on their hosted site www.thegriefblog.com. In addition to hosting a Web site and radio show, the Horsleys recently published *Teen Grief Relief: Parenting with Understanding, Support and Guidance* (Rainbow Books, Inc., 2007).

Horsley, who believes education in grief and loss



Gloria Horsley, PhD (left), with her daughter Heidi Horsley, PsyD.

should be included in school curriculums, is eager to spread the word about the radio program to health care practitioners so it can reach families in need.

"It has been very impactful. Since 2005, our audience has grown from 250 to 17,000 listeners around the world." Horsley said. The show features guest experts and allows listeners to interact via call-ins.

Horsley earned her PhD from Greenwich College in Hawaii, following a master's in psychiatric nursing from the University of Rochester School of Nursing and a master's in child and family studies from Syracuse University. While in Rochester, she taught at the School of Nursing and worked as a therapist, psychiatric liason nurse, and project coordinator.

She now lives in San Francisco with her husband, Phil. They have three daughters and 10 grandchildren.

Heidi Horsley works with families of firefighters who died in the World Trade Center attack, and is an adjunct professor at Columbia University's School of Social Work.

CLASSER NURSING CLASS NOTES

1940s

Rhita Shafer Florey,

RN '42, was recognized in April for 50 years of volunteer service at the Children's Hospital in Denver. Florey joined the Army Nurse Corps in 1942 and served as a second lieutenant at Fitzsimons Army Medical Center until 1944, where she met her husband and raised her family.

1950s

Raymond C. King,

BS '50, living in Vacaville, Calif., is a retired associate chief of nursing service for education and a life member of the National Association of Retired Federal Employees and the Veterans of Foreign Wars, having served in World War II and Korea. He earned a master's in nursing from the University of California at Los Angeles in 1962.

1960s

Adair Bowman Small, BS '68, and husband Kenneth Small (UR '67) became proud grandparents in February.

1980s

Susan A. Flow, BS '81,

submitted a story published in the Studer group's What's Right in Health Care: 365 Stories of Purpose, Worthwhile Work and Making a Difference. She was recently chosen Clinical Nurse of the Year by the Denver Business Journal.

Sara A. Martin, BS '84,

an advanced practice nurse in pediatric surgery at Children's Memorial Hospital in Chicago, was appointed associate editor of *Select Journal of Pediatric Health Care*.

Janice E. Hurley,

M '88, published "Nurseto-Nurse Horizontal Violence: Recognizing It and Preventing It," in the September/October 2006 issue of the National Student Nurses Association's *Imprint*. Hurley, an associate professor of psychiatric nursing at Roberts Wesleyan College in Rochester, was named 2007 Teacher of the Year by the National Alliance on Mental Illness–Rochester.

1990s

Cheryl (Lonabaugh) Tuohy, BS '96, and husband Martin's first child, Jonah Martin, was born February 3, 2006. They live in Middletown, Del., where Cheryl is a family nurse practitioner.

Devlin Morrison, BS '97,

was recently promoted to the position of multi-channel medical education manager for Merck Vaccine Division.

Anne Cangilos, BS '99,

and Justin Zylick were married October 21, 2006, in Warwick, R.I. They are expecting their first child.

2000s

Amy Resnick, BS '02, is a hospice home care nurse in Queens, N.Y. She worked in Durham, N.C., and at Strong Memorial Hospital before moving to Queens to be closer to family.

Cara Mia Chan, BS '04,

anticipates graduating from the School of Nursing's ACNP MS program in 2008. She is engaged to marry James August Konzel, of Rochester, in 2008.

If you would like to share your news, please fill out the "What's Happening" form on page 32. Or, e-mail your request to sonalumni@ admin.rochester.edu. We are eager to hear from you!

DECEASED ALUMNI

The School of Nursing expresses sympathy to the loved ones of our recently deceased alumni.

Julia Steffenhagen Andrews, RN '48, Feb. 3, 2007, Machias, N.Y.

Jean G. Deming, M '66, Jan. 31, 2005, Geneva, N.Y.

Dr. Judy Lea House, M '80, April 11, 2007, Center Valley, Pa. Esther Pupik Kaufman, RN '36, Dec. 28, 2006, El Segundo, Calif.

Sylvia Mary Moran

Lawler, RN '57, April 1, 2005, Evansville, Ind. In memory of her 50th Reunion, her husband, Dr. John Lawler, established an endowed scholarship fund to assist nursing students interested in surgery, pediatric surgery or pediatrics.

Frances Ensign Marks, BS '38, March 4, 2007, Rochester, N.Y.

Lorne Terence Perry, BS '96, M '01, Feb. 2, 2007, Rochester, N.Y.

Anne E. Vainask, BS '44, Nov. 16, 2005, Penfield, N.Y.

Carolyn E. Whitney, BS '48, July 25, 2007, Watertown, N.Y.

Rochester Nursing Today apologizes for any omissions or errors to this page and invites readers to inform us of alumni deaths so they may be included in future issues. Please submit information to: Office of Alumni Relations and Development, School of Nursing, 300 East River Road, PO Box 278996, Rochester, NY 14627-8996.

PLANNED GIVING

FAY WADSWORTH WHITNEY, '60, BSN '61

As a member of the University of Rochester School of Nursing Dean's Advisory Council (DAC), a group that meets twice a year to discuss critical issues with Dean Patricia Chiverton, I believe strongly in the present mission of the School, but also understand the challenges that lie ahead. The School of Nursing has a rich history of being a leader, an innovator and visionary in the nursing education enterprise. During my tenure on the DAC, it has been a privilege to see ideas and programs become reality, often due to the willingness of alumni and leading givers to cast their ballot for "getting on board the train of the future."

By making a provision in my will today for the School of Nursing's tomorrow, I know that when the time is right, there will be available



funds in the future to continue the traditions of inventiveness and courage for the School to move something exciting forward that might not even be dreamed of now. I trust that the gift will be well used by our future leaders.

For more information about how to include the School of Nursing in your will, or for other gift-planning ideas, contact Marianne Virgilio in the Office of Trusts and Estates at (800) 635-4672, or visit our Web site at www.rochester .plannedgifts.org.

A BEQUEST TO THE SCHOOL OF NURSING IN YOUR ESTATE PLAN ...ALLOWS YOU TO SPECIFY YOUR WISHES FOR DISTRIBUTION OF ASSETS ...MAY ALLOW YOU TO GIVE AT A LEVEL NOT FEASIBLE DURING YOUR LIFETIMEMAY REDUCE THE TAX BURDEN OF YOUR ESTATE

A MESSAGE FROM THE SCHOOL OF NURSING DEVELOPMENT OFFICE

Alumni Weekend 2007 was a great success! Nearly 250 alumni, guests and friends attended our celebrations, up from 130 last year. The success was due in large part to our class agents who thoughtfully connected with classmates and worked with our office to introduce new programs that would appeal to different constituencies. Two of these programs were:

• A Heart-Healthy Networking Reception hosted by the Class of '77. Special guest speakers included nationally renowned physician

Gladys Velarde, M.D., associate professor at the School of Medicine and Dentistry and director, Strong Women's Heart Program, and Nurse Practitioner Mary Beth Earley, heart transplant coordinator, Program in Heart Failure and Transplantation, the University of Rochester Medical Center. Guests enjoyed heart-healthy hors d'oeuvres, red wine and specialty dark chocolate, and received a copy of the American Heart Association's cookbook.

A Graduates of the Last Decade Wine-Tasting Networking Reception, where alumni, friends



Dean's Diamond Circle 2007 at the Genesee Valley Club.

and students enjoyed fine food, a special wine-tasting event, and entertainment by a local jazz trio. Thanks to all 75 guests (up from 42 last year) who attended our exclusive **Dean's Diamond Circle Dinner,** hosted by Dean Patricia Chiverton at the Genesee Valley Club. University President Joel Seligman and Bradford C. Berk, MD, PhD, CEO, University of Rochester Medical Center, were our special guests.

Finally, a big thank you to all School of Nursing staff and student volunteers who participated in our events; you made our alumni and friends feel welcome!

SAVE THE DATE - ALUMNI WEEKEND 2008 - SEPTEMBER 25-27

SCHOOL OF NURSING REUNION 2007



Joanne Layton, MS '81 (center) with student volunteers.



Celebrating the first 100 PhD graduates.



Floyd Hutchison, MS '07, and guest.



Graduates of the Last Decade reception.



The Class of '62 enjoys a kick-off celebration.



Dianne Moll presents class gifts to Dean Patricia Chiverton.



Class of 1959 award recipient Krista Atchley (right) with Connie Leary '59.



Diane R. Lauver, MS '78, PhD '87, Distinguished Alumna, with Dean Chiverton.



Sigma Theta Tau recipients Ann Calnan (left) and Rebecca Martinez (right), with Maria Marconi.



50-Year Club Breakfast.



Joanne Vandevalk Clements, '77, MS '88, PMC '92, at a Reunion luncheon.



Class of 1947

SCHOOL OF NURSING REUNION 2007







Class of 1961



Class of 1967



Class of 1957



Class of 1962



Class of 1977

JULY 1, 2006 - JUNE 30, 2007

REPORT ON GIVING

School of Nursing Donor Report July 1, 2006 – June 30, 2007

GIFTS OF \$100 OR MORE ARE LISTED.

The gifts are grouped and arranged in the following order:

- · Alumni and Friends by giving leve
- · Alumni by class year
- · Corporate, Foundation, Association and
 - Organizational
 - Matching Gifts
- Non-Matching Gifts
- In Honor of
- · In Memory of
- Eleanor Hall Bequest Society

GIFT CLUB LEVELS

Dean's Diamond Circle

Benefactors	\$50,000 +
Founders	\$25,000 +
Advisors	\$10,000 +
Patrons	\$5,000 +
Fellows	\$2,500 +
Associates	\$1,000 +
Helen Wood Society	\$500 +
Grace L. Reid Society	\$250 +
Clare Dennison Society	\$100 +

This report lists gifts from July 1, 2006 – June 30, 2007. We apologize for any omissions or errors in the names of any participating contributors.

* Denotes deceased.

REPORT ON GIVING

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ALUMNI + FRIENDS BY GIVING LEVEL

DEAN'S DIAMOND CIRCLE MEMBERS

Benefactors (\$50,000+)

Marjorie Stuber Cleveland Estate* Edna Muntz,* '99 HNR Myles G. Yerden Estate* Steven R. Young Susan A. Young

Advisors (\$10,000+)

Joanne M. Empey Fiaretti, RN, '56 & Donald Fiaretti Anne L. Larkin Gardner,* '60 DPL, '83 Jane Ladd Gilman, '42 Robert H. Hurlbut Mary Louise Nortz Leene Karen J. Webb Sutherland, '61 & Robert M. Sutherland

Patrons (\$5000+)

Loretta C. Ford, '00 HNR & William J. Ford Irene Graham Gloria Jean Horsley, '79, '81 M Richard A. Jacoby Ellen Bechhofer Kitchen, '84 & J. Keith Kitchen Pamela McQuilkin Lewis & T. C. Lewis Penelope S. Durand Martin, '98, '00 M Genevieve Kaiser McQuillin, '64 M Junko Mohri Mills, '92 M, '00 PhD & James R. Mills Janet C. Eddy Scala, '55 & Robert A. Scala Friederike Seligman & Joel Seligman

Fellows (\$2500+)

Bonnie Jean Warga Biskup, RN, '65 & Louis B. Biskup Nancy Ann Naughton Boyer Margaret Pinker Dempski, '52 & Robert E. Dempski Joanne Copeland Rodgers, '84, '88 M & David M. Rodgers Anna Jane Morenus Van Slyke, '53 & W. Barton Van Slyke

Associates (\$1000+)

Alicia Parker Anderson, RN, '46 Myrtle K. Aydelotte Ruth McKinney Balderston & William Balderston III Carol A. Brink, '62, '56 DPL Mary Jane Casbeer, '53 Patricia A. Macaluso Chiverton, '80 M

Bonnie F. Lau Collipp, '57 Susan Halverson Cornelius, '76 M Janice Jacobs Currie SNT, '53 Barbara F. Greenlar DeRiemer RN, '46 Dorothy M. Hendrick Dickman, '54 Marilyn Sandra Fiske, '67 Suzanne Fitzgerald & John T. Fitzgerald Jr. Patricia A. High Gorzka, '61 Jeanne Tuel Grace, '67, '83 M, '89 PhD & Robert E. Grace Betty Pixley Grant, '44 & Richard Grant Gretchen Stotz Gray, '59 Nancy Whitcraft Hare, '51 Ellen M. Horey-Thiede & Henry A. Thiede Mary Sue Jack, '80 FLW, '85 PhD Margaret F. Lander & Raymond A. Lander Jr. Diane R. Lauver, '78 M, '87 PhD Connie Lynn Thomas Leary, '59 Evelyn M. Lutz, '55 Joan Estelle Lynaugh, '68 M

Lisa Helen Norsen, '77, '83 M, '92 PMC, '07 PhD Cathy J. Nulton & Malcolm M. Nulton Tobie Hittle Olsan, '95 M, '03 PhD & John Olsan Kathleen M. Mulholland Parrinello, '75, '83 M Kathleen Coyne Plum, '76 M. '93 PhD Julia Lindeman Read, '90, '95 M Virginia Bley Reiter, '67 Madeline Hubbard Schmitt, '65 Anne H. Heberling Schottmiller & John C. Schottmiller Louise Sullivan Smith, '38 Michael L. Somich Elizabeth Gunn Sonnenschein, '62 & Hugo F. Sonnenschein Sandra J. Sundeen, '61 DPL, '66 Carolyn Cartwright Tenney, '48 Julia M. Thornbury, '89 PhD Jean Cornell Upton RN, '48 & Hubert M. Upton Yvonne Carmel Vincent, '47



Loretta C. Ford, '00 HNR & William J. Ford, Dean's Diamond Circle, Patrons



Gloria Jean Horsley, '79, '81 M, Dean's Diamond Circle, Patrons



Junko Mohri Mills, '92 M, '00 PhD & James R. Mills, Dean's Diamond Circle, Patrons

Nancy Margaret Watson, '91 PhD Thelma Joan Wells Patricia Anne Davitt Witzel, '75

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DEGREES HIGHER THAN BACHELOR'S ARE NOTED AS: M = MASTER'S PHD = DOCTORATE PMC = POST MASTER'S CERTIFICATE HNR = HONORARY DEGREE

Grace L. Reid Society (250+)

Roberta Busky Abrams, RN, '59 Holly M. Anderson, '94 Elaine M. Hughes Andolina, '79 M Barbara Frawley Astarita, '63 Carolanne Bianchi, '03 PMC Pamela Anne Guba Brady, '03 PMC Marian Jacobs Brook RN, '58 Nancy A. Brown Catherine Bentley Browning, '48 Patricia M. Bull USN, '74 Therese M. Collins, '98 Eleanore Bertin Colucci, RN, '82 Doris Hubbard Crough, '41 E. Bette Crouse, '49 Janiece Ediger Desocio, '00 PhD, '01 PMC Fern B. Drillings RN, '78 Velma Cavagnaro Durland, '50 Mary Beth Distin Earley, '84, '93 M Nancy Whipple Erbland, '53 C. McCollister Evarts Rose M. Fallico Finelli, '51 Amy Gilman Flannery, '77 Susan A. Flow, '81 Joan W. Power Gaylor, RN, '48 Barbara J. Coffman Gibbons, RN, '56 & Gerald E. Gibbons Michael C. Goonan David A. Haller Jr. Susan Elizabeth Harrington, '79 Gabriele Kuett Harrison, '74

Phyllis Robinson Hasbrouck, '61 Eugenie Barbieri Hijeck, '76 & Thomas W. Hijeck, '78. '81 M Gail Laura Ingersoll, '83 M Janet Lou Irish-Feltner, '99 Anne Pryor Jayne, '45 Donabeth Shoop Jensen, '50 Rosemary Johnson, '76 M Beatrice Wei Kam, '56 Iean Marie Walter Kimmel. ³⁵⁹ & Edward R. Kimmel Carol Ann Hammond Laniak, '58 Jeanne A. Lavigne Matthews, '77 M Dianne L. Moll Ann Marshall Mulvey, '55 Lynn M. Nagle, '95 PhD Ann H. Pitzer Nason, '50 Sandra Louise Crust Neal, '69 Carol E. Vogt Nichols, '56 Faith Barnum Norton, '40 Betty M. Oatway, '43 Barbara Longstaff Outterson, '51. '83 M Gretchen Towner Parry, '51 Mabelle Bauch Pizzutiello, '63 Virginia Myers Polgrean, '57 & William J. Polgrean Nancy A. Hamlin Quiana, '57 Carol Johnson Rawlings, '51 Kathy Henkel Rideout Janice Spicer Scherer, '46 Joanne M. Skelly-Gearhart, '77. '84 M & Harry L. Gearhart Sherry West Smith, '83 M Jacqueline A. Spindler Margaret Anne Steele Trott. '58

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Clare Dennison Society (\$100+)

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* Denotes deceased.

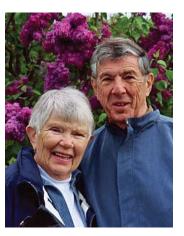
Janelle Repair Callaway, '78

Nancy Baker Campbell-Heider, '78 M, '88 PhD Helen Tranter Carrese, '50 Adelaide W. Briggs Carter, '42 Olive Walker Carter,* '38 Patricia Pease Casaw, '79 M Lois Horton Chalecke, '42 Marjorie Thomes Chapin, '50 Helene K. Shetler Charron '64. '66 M Sarah Chase, '06 Michelle Chavez Helen Buchholtz Church, '46 Virginia Katharine White Clark. '59 Louisa Bliven Coffin, '52 Kathleen Anne Cusack Cogen, RN, '82 & Richard M. Cogen Margaret Campbell Cole, '49 DPL Karen Glover Comstock, '94 M Jane W. Young Coolidge, '88 PhD Jo Anna Cecilia Macoretta Daeschner, '04 Nancy Jones Dainty, '54 Mary Ann Donnelly Daley, '56, '80 M Rita F. D'Aoust, '76, '84 M, '94 PMC, '06 PMC K. Patricia Miller Derajtys, RN, '61 Jeanne Margaret Frank Dewey, '87 Frances Smith Dietrich,

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1936

Gladys R. Robin Alexander Esther Webster Sweet

1937

Naomi Baker Eleanor A. Bauernschmidt Franks

1938

Olive Walker Carter* Louise Sullivan Smith

1939

Dorothy J. Storm Hintz Eleanor M. Lofthouse

1940

Faith Barnum Norton Grace M. Size Shapiro

* Denotes deceased.

1941

Doris Hubbard Crough Virginia Berning Ervin Eleanor Wallace Terry & Roger Terry

1942

Adelaide W. Briggs Carter Lois Horton Chalecke Jane Ladd Gilman Ruth Stevens Mulligan

1943

Frances Smith Dietrich Betty M. Oatway

1944

Betty Pixley Grant & Richard Grant

1945

Anne Pryor Jayne Sally Murphy Miller Joyce Measor Rude Jean Spoor Stevens



Anna Bater Young '41. Children Steven and Susan Young have established an endowed scholarship in Anna's name.

1946

Alicia Parker Anderson Helen Buchholtz Church Barbara F. Greenlar DeRiemer Doris Brill McNulty Janice Spicer Scherer

1947

Yvonne Carmel Vincent Flora E. Chindgren Vogt

1948

Ann E. Brady Catherine Bentley Browning J. Elizabeth French Engan F. Jane Eyre Joan W. Power Gaylor Ruth T. Plass Henry Patricia Spencer Palmer Jean L. Hampton Silsby Carolyn Cartwright Tenney Jean Cornell Upton & Hubert M. Upton Carolyn E. Whitney*

1949

Dorothy D. Aeschliman Margaret Campbell Cole E. Bette Crouse Carol Pfleeger McKeehan Rosemary Brinkman Nachtwey Rose Mary Shevchuk O'Brien Barbara J. Brown Scanlon

Maybelle Dilorenzo Sehm Lauretta Schulze Williams

1950

Helen Tranter Carrese Marjorie Thomes Chapin Velma Cavagnaro Durland Jean E. McCullough Engman Donabeth Shoop Jensen Stella Sapharas Johannessen Genevieve Porter Lotz Nancy Ann Young Motondo Ann H. Pitzer Nason Elizabeth Weterrings Smith

1951

Barbara Wilt Beam Elizabeth Lilygren Bonvin Beverly Wood Eisenbraun, ^{75, '87 M} Rose M. Fallico Finelli Nancy Whitcraft Hare Audrey Brown McIntosh Barbara Longstaff Outterson, ^{'83 M} Gretchen Towner Parry Carol Johnson Rawlings Mary Luther Redline

1952

Louisa Bliven Coffin Margaret Pinker Dempski & Robert E. Dempski Norma Gibson Griffith Mary Janecek Eileen Churchill Slocum Marylyn Ernest Straight

1953

Eva Vecchi Aldrich Ann Sheppard Benedict Joanne Liersch Bodwell Mary Jane Casbeer Janice Jacobs Currie Jo Anne Hickman Duke Nancy Whipple Erbland Janeen Lane Fowler Marion Becher Francis Shirley Gantz Garvin Nancy McFadden MacWhinney Rowena Hallauer Nadig Ethel A. Nelson Helen Tice Rogers

School of Nursing Alumni by Class Year

Anna Jane Morenus Van Slyke & W. Barton Van Slyke

1954

Norah Mgonigle Barcay Nancy Jones Dainty Dorothy M. Hendrick Dickman Suzanne Finn Eichhorn Donna M. Knapp Emily Oliver Lindblom & F. Palmer Fenner Lindblom Marjorie Johnson Paulson Carol J. Greenwald Scouler

1955

Dorothy Lawrence Favaloro Joan Walsh Hartzog Marion Lopuszynski Holliday Evelyn M. Lutz Ann Marshall Mulvey Sallyann E. Reed Rice Patricia Harris Rogers Janet C. Eddy Scala & Robert A. Scala

1956

Joycelyn Chapman Austen Carol A. Brink Susan Murray Burris Theresa Bagnara Cooper Mary Ann Donnelly Daley, '80 M Joanne M. Empey Fiaretti & Donald Fiaretti Evelyn Morrison Ghyzel Barbara J. Coffman Gibbons & Gerald E. Gibbons Carol Grover Goddard Marcia Collins Hayes & Robert B. Hayes Carol Ann Higley-Saber Jeannine Todd Houle

Beatrice Wei Kam Carol E. Vogt Nichols Nancy C. Butler Schultz Virginia Hannum Snyder Carolyn VanOrder Wyatt

1957

Bonnie F. Lau Collipp Joan Rupar MacLean Diana C. Winslow Maude Carol A. Carpenter Peters Virginia Myers Polgrean & William J. Polgrean Nancy A. Hamlin Quiana Gracia E. Harding Sears Esther Turkington Simons Marcia Carey Streb Phyllis Vollert Wettermann, '62 M Joanne Siegenthaler Williamson

1958

Marian Jacobs Brook Elizabeth Broker Duck Marsha M. Steininger Ford Maureen Shinnock Gibbons Carol Ann Hammond Laniak Barbara Wilson Nunnari Annette Marie Schultz Parsons Margaret Anne Steele Trott Marcia K. Milton Wilson

1959

Roberta Busky Abrams Carol Stiles Anderson June Ingleson Brush Virginia Katharine White Clark Carolyn F. Chaloner Dow Gretchen Stotz Gray Louise Derushia Holmes Georgann Colwell Huff Virginia Atwood Kamke Mary McGinn Kelly Jean Marie Walter Kimmel & Edward R. Kimmel Connie Lynn Thomas Leary Nancy S. Manning Eva Pang Pan Ruth Bishop Rodger Beth M. Homan Smallwood

1960

Patricia Ann Bidwell DeWeese Anne Larkin Gardner,* '83 Judith B. Briskie Lucas Harriet Schafer Seigel, '76 M Laurie Brannigan Skrmetti Marilyn Robinson Whiting Diane Koegel Wintermeier

1961

Susan Jones Boulay K. Patricia Miller Derajtys Patricia A. High Gorzka Nancy H. Green Gugino Eleanor Hall, HNR Phyllis Robinson Hasbrouck Judith A. Christ Herrema Judith J. Barker Lovaas, '64 M Sandra J. Sundeen Karen J. Webb Sutherland & Robert M. Sutherland Kathleen M. Trigg White

1962

Carol A. Brink Carol Bieck Henretta, M & Elmer Henretta Janet Anderson Johnson Jane Merritt Land Stella Hulsberg Megargle Catharine Bovier Petko & David W. Petko Barbara Purcell Sosiak Janice A. Barfoot Stradling Elizabeth Gunn Sonnenschein & Hugo F. Sonnenschein Elizabeth Kellogg Walker, '73 M

1963

Carolyn Ruth Aradine, '00 PMC Barbara Frawley Astarita Kathleen P. Marciano Hall & James T. Hall Nancy Curry Hojnacki Linda J. Dellinger Jackson, '75 M Carole A. Lohr Mabelle Bauch Pizzutiello Carole Hartwig Schroeder

1964

Elizabeth Hodge Butler Helene K. Shetler Charron '66 M Gloria Ann Hagopian, '70 M Genevieve Kaiser McQuillin, M Annette Marie Schultz Parsons

1965

Eileen M. Cherba Berry Bonnie Jean Warga Biskup & Louis B. Biskup Ann Kuebler Hager Connie Durfee Marion & Roland Marion Madeline Hubbard Schmitt Corte J. Spencer

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Helen L. Fisher Aponte Doris Kathryn Fina Janet Wakeley Johnston Nancy Rhodes Rehner, M Sandra J. Sundeen

1967

Susan Donahue Badger Marilyn Sandra Fiske Jeanne Tuel Grace, '83 M, '89 PhD & Robert E. Grace Nancy A. Kent Molly Schumann Larson Virginia Bley Reiter Janet Monica Allen Schroeck Linda May Freidank Taylor

1968

Joan Estelle Lynaugh, M Janet Scroger Peer Adair Bowman Small

1969

Nancy Lee Covell Fisher Judith Ann Hamburger Goldthorp Sandra Louise Crust Neal Kathleen M. Stoeckl Neuner, M

1970

Cheryl Davis Kline, '93 M

1971

Mary Ann Mandrick Frank Carol Blanchard Kenyon, '76 M, '86 PhD Marcia J. McCarthy Neundorfer

* Denotes deceased.

Bethel Ann Cornell Powers, M Marianne Doran Steinhacker, M & Robert Steinhacker

1972

Kathryn Phillips King Ellen J. Furney Magnussen Deborah L. Flint Scarpino

1973

Lynne L. Hall Blanchard Karen Marie Larson Duff Joyce L. Gillette Judith Hoffman-Knobloch G. Levering Keely Jr. Kathy Ann Lynn Lindstrom Anne Peduto Ryan Dennis W. Ryan

1974

Patricia M. Bull Mary Ann Perri Glasow Gabriele Kuett Harrison Christine Thurber Streeter Janis Susan Root Tobin Sandra Jean Vancamp, '76 M

1975

Margaret Anne Burkhardt, M Mary Ellen Kunz, M Amy L. MacNaughton Kathleen Mulholland Parrinello, '83 M Joanne Amelia Shaughnessy Lynn Shesser Patricia Anne Davitt Witzel

1976

Donna Mahon Anderson & John Anderson Suzanne Schlicht Aquilina, M

Susan Halverson Cornelius, M Rita F. D'Aoust, '84 M. '94 PMC, '06 PMC Eugenie Barbieri Hijeck & Thomas W. Hijeck, '78, '81 M Sarah Shedd Howland Rosemary Johnson, M Helen Elizabeth Hertzog Mang Joan Marie Luce Maset Althea Mix-Bryan Joyce Kay Nakada, '83 M Kathleen Coyne Plum, M, '93 PhD K. Terry Albright Thorsos

1977

Amy Gilman Flannery Anna Christina Gramm Mary E. Oliver Hauptmann Patricia Dundon Larrabee, M Jeanne A. Lavigne Matthews, M Lisa Helen Norsen, '83 M, '92 PMC, '07 PhD Claudina Morris Ashelman Owen Marsha E. Still Pulhamus, '83 M Joanne M. Skelly-Gearhart, '84 M & Harry L. Gearhart

1978

Nancy Barry Bond Janelle Repair Callaway Nancy Baker Campbell-Heider, M, '88 PhD Mary-Therese Behar Dombeck, M Fern B. Drillings Anne M. Evans, M Mary Lou Williams Hayden, M Thomas W. Hijeck, '81 M & Eugenie Barbieri Hijeck, '76 Diane R. Lauver, M, '87 PhD Suanne Miller Lippman, M Elizabeth Marie Nolan, M Beth Lynn Ritter-Fletcher Geraldine Lobiondo Wood, M

1979

Elaine M. Hughes Andolina, M Marcia J. Swartz Cain Patricia Pease Casaw, M Susan Elizabeth Harrington Gloria Jean Horsley, '81 M Gina Coyne Kay Jennifer A. Shea Mott Margaret Page Redka, M Raelene Vesta Shippee-Rice, M Jane I. Tuttle, '84 M

Tamara A. Mueller Urmey



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1980

Patricia A. Macaluso Chiverton, M Mary Sue Jack, '85 PhD Candace Klimesh Moser Eileen Marie Sullivan-Marx, '80 M Mary Jean Thomas, M

1981

Susan A. Flow Patricia Ann Lindley, M, '90 PhD Pamela Gay Lowe, M Erika J. Myers Pfeiffer, M

1982

Kathleen Anne Cusack Cogen & Richard M. Cogen Eleanore Bertin Colucci Stephen P. Jones, M Kathleen Ann Fuchs La Barbera Annabelle Colby Barnett Lang Ann Hix McMullen, M Jane Clark Williams, M

1983

Anne Larkin Gardner* Judith Ann Hanlon, '90 M Anita Kaye Hyman Gail Laura Ingersoll, M Sherry West Smith, M

1984

Judith Gedney Baggs, M, '90 PhD Mary Beth Distin Earley, '93 M Ellen Bechhofer Kitchen & J. Keith Kitchen Joanne Copeland Rodgers, '88 M & David M. Rodgers

1985

Julia M. Keesey Eletha C. Lectora, M

1986

Catherine Frances Kane, PhD

1987

Jeanne Margaret Frank Dewey

1988

Jane W. Young Coolidge, PhD Susan Ann Hauptfleisch, M Nancy L. Jackson John A. Modrzynski Jr. Elizabeth Gutmann Weingast

1989

Jennifer Gibbons Hayes Mary E. Napodano McCann Nancy J. Pedersen O'Neil, M Carol Ann Thiel, M Julia M. Thornbury, PhD

1990

Julia Lindeman Read, '95 M Maureen Kay Vancura, M

1991

Nancy Margaret Watson, PhD

1992

Andrea Adams, '97 M & Mark J. Adams Judith E. Broad, PhD Mary Falk Kelly, M Kathleen Gonzales Ling, '97 M Bernadette J. Vulcan Melnyk, PhD, '02 PMC Junko Mohri Mills, M, '00 PhD & James R. Mills Joanne Mary Monaghan-Rourke, M Anne L. Wagner, M

1993

Sharon Jean Trimborn, PhD Patricia Gibbons Walo, M

1994

Holly M. Anderson Karen Glover Comstock, M Freda B. Hannafon, '97 M Martha Anne Kearns, '96 M Adele Marie Lester, M Linda L. McHenry, M Cheryl Elizabeth Robinson, M Pamela C. Smith, '97 M

1995

Lynn M. Nagle, PhD Tobie Hittle Olsan, M, '03 PhD & John Olsan

1997

Carrie Martine Carveth Jones, '03 M

1998

Therese M. Collins Penelope S. Durand Martin, '00 M

1999

Janet Lou Irish-Feltner Susan Baumler Lewish Diane J. Mick, PhD, '02 PMC Edna Muntz,* HNR

2000

Janiece Ediger Desocio, PhD, '01 PMC Loretta C. Ford, HNR & William J. Ford

2001

Sandi Colleen Grant, M

2003

Carolanne Bianchi, PMC Pamela Anne Guba Brady, PMC Laurie Ann Stone

2004

Jo Anna Cecilia Macoretta Daeschner Elizabeth G-Trinca Gallichio Lynn Wemett Nichols, PhD Paul J. Tremblay

2005

Nicole L. Trieste

2006

Sarah Chase

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The following are members of the Eleanor Hall Bequest Society. Members are individuals who have included the School of Nursing in their wills, or have established funds through one of the University's planned giving options, such as a charitable gift annuity. In doing so, this group is thoughtfully planning to guarantee the future success of our School. Their contributions will make an impact on the education of countless nursing students for years to come.

If you would like more information about joining the Eleanor Hall Bequest Society, please contact Marianne Virgilio in the Office of Trusts and Estates, University of Rochester, (585) 273-1167 or via e-mail at mvirgilio@alumni.rochester.edu.

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Carol Brink Marian Brook Rupert Brook Bernice Brugler* Mercer Brugler* Esther Bumpus* James Cole Marion Cole* **Josephine Cravtor* Russell** Craytor Betty Deffenbaugh Homer Deffenbaugh J. Elizabeth Engan C. McCollister Evarts Nancy L. Evarts **Donald Fiaretti** Joanne Fiaretti Loretta Ford William Ford Jane Gilman Mary Granger Eleanor Hall David Haller Cynthia Hart* Helen Heller* Elaine Hubbard

Jean Johnson Laura Kellogg* Mary Louise Leene Muriel Mason Donald McConville* Monica McConville* Margaret McCrory Faith Norton Kathleen Plum Ernest Reveal* Hazel Reveal* Andrea Ryan Janet Scala Robert Scala Madeline Schmitt Elaine Sewell Louise Smith Barbara Spindler* Howard Spindler* George Terry* Jane Watkin Carolyn Whitney* Fay Wadsworth Whitney Janet Wilson

* Denotes deceased.

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Degree/Year of Graduation	
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Home Telephone ()	
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Business Telephone ()	Office of Development and Alumni Relations School of Nursing
E-mail address	300 East River Road, PO Box 278996 Rochester, NY 14627-8996 or e-mail: sonalumni@admin rochester.edu

REMEMBERING THE PAST

Ruth Miller Brody, the third director of the School of Nursing, who served from 1951 to 1954, was also known in the late 1970s as a gourmet cook and teacher. She enjoyed opportunities to study with Julie Dannenbaum, a creative, imaginative cook who ran the largest cooking school in the country at that time, and Jacques Pepin, chef to three French presidents.

"Mrs. Brody developed definite ideas on how food should be served, whether it is simply or grandly presented at home or in a restaurant," said Norma Press of the Penfield Press in 1979. "[Her] interest in food preparation goes back . . . to her college program in chemistry and nursing . . . and her master's program in teaching and personnel. . . . She used these studies in her professional nursing career, and much of the same to teach cooking." Thanks to Dr. Bernard Brody and his daughters, Rachel Bandych and Sarah Epstein, who graciously provided the School of Nursing with a copy of *The Cook Nook*, we share this Brody family favorite recipe.



Pumpkin Cookies (yields 24-26 cookies) Recipe from The Cook Nook, by Ruth Brody

Cream butter, shortening and

¹/₂ cup butter or margarine
¹/₂ cup shortening
1 cup sugar
1 cup pumpkin puree
1 egg
1 tsp. vanilla
2 cups flour
¹/₂ tsp. salt
1 tsp. baking powder
1 tsp. baking soda
1 tsp. cinnamon
¹/₂ tsp. ginger
¹/₂ tsp. ground cloves
¹/₂ cup chopped nuts

^{1/2} cup raisins

sugar until smooth. Add pumpkin, egg and vanilla, beating well. Either sift or mix well with a fork—flour, salt, baking powder, baking soda and spices, adding to first mixture and blending well. Stir in nuts and raisins. Drop from a tablespoon onto greased pans. Bake in a preheated 375 degree oven 10-12 minutes until golden. Cool on rack. These cookies freeze well COOKIE ICING ^{1/2} cup brown sugar ^{1/4} cup milk 3 Tbs. butter ^{3/4} tsp. vanilla 1 cup confectioner's sugar

Combine brown sugar, milk and butter, then cook for 2 min. Let cool. Stir in vanilla and confectioner's sugar. If too thick, add little more milk. If too thin, add more confectioner's sugar.

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If you are interested in making a gift of securities or would like more information, please contact (or have your broker contact) Debra Rossi at (585) 275-3903.

BEQUESTS

If you intend to leave the School of Nursing in your will and would like to notify the School of Nursing of your intentions, please contact Marianne Virgilio in the Office of Trusts and Estates at (800) 635-4672. By making your wishes known, the School can include your bequest in our plans to stay at the forefront of nursing education.

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The Pension Protection Act of 2006 provides a significant opportunity for individuals over the age of 70½ to make direct, tax-free distributions of up to \$100,000 to the University of Rochester School of Nursing from their IRAs without having to include those amounts in adjusted gross income. The transfer counts toward meeting the minimum required distribution for the calendar year and can be easily completed. These tax-free distributions can be made only through December 31, 2007, unless extended by Congress.

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