

CURRICULUM VITAE  
**Susan W. Blaakman, PhD RN PMHNP-BC FNAP**

**WORK ADDRESS**

University of Rochester School of Nursing  
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**EDUCATION**

- 2006-2011 Ph.D. Health Practice Research, University of Rochester School of Nursing (URSON), Rochester, NY.
- 1999-2000 Psychiatric Nurse Practitioner, Post-Master's Certificate, University of Rochester School of Nursing, Rochester, NY
- 1993-1996 M.S. Psychiatric-Mental Health Nursing, University of Rochester School of Nursing, Rochester, NY
- 1990-1993 B.S. Nursing, *Summa Cum Laude*, University of Rochester, School of Nursing, Rochester, NY
- 1984-1988 B.A. Honors Psychology/Honors College for Liberal Studies, *Magna Cum Laude*, State University of New York (SUNY) at Oswego, Oswego, NY

**LICENSURE and CERTIFICATION**

Registered Professional Nurse, State of New York (#453716-1); Commonwealth of Virginia. (#0001147099-inactive)

Nurse Practitioner in Psychiatry, State of New York (#F-400631-1)

ANCC Board Certification: Nurse Practitioner, Adult Psychiatric/Mental Health Nursing (# 0365011-34); Family Psychiatric & Mental Health Nurse Practitioner (#2011004424)

CITI Good Clinical Practice (#33741766, exp. 1/19/23)

CITI Greater than Minimal Risk (Social-Behavioral) Program (#33741765, exp. 1/19/23)

CITI Greater than Minimal Risk (Biomedical) Program (#34805369, exp. 1/19/23)

Human Subjects Protection Program (#68780711H), University of Rochester

American Heart Association Basic Life Support for the Healthcare Provider

**FACULTY APPOINTMENTS**

- 2020-Present Professor of Clinical Nursing, Specialty Director Family PMHNP Program, University of Rochester School of Nursing
- 2011-2020 Associate Professor of Clinical Nursing, Specialty Director Family PMHNP Program, University of Rochester School of Nursing
- 2006-2011 Senior Research and Teaching Associate, University of Rochester School of Nursing
- 2004-2006 Assistant Professor of Clinical Nursing, University of Rochester School of Nursing
- 1999-2004 Instructor of Clinical Nursing, Course/Clinical Coordinator, University of Rochester School of Nursing

**PROFESSIONAL EXPERIENCE**

- 2022-Present Consultant, Center for Disease Control and Prevention *Building COVID-19 vaccine confidence among nurses and at-risk communities* grant awarded to American Association of Colleges of Nursing in collaboration with APNA, Washington, DC
- 2021-Present Co-Director of Clinical Scholarship and Mentorship, University of Rochester School of Nursing
- 2018-Present Motivational Interviewing Trainer/Consultant, Local, Regional, National, International
- 2013-Present Psychiatric Mental Health Senior Nurse Practitioner, The Healing Connection, Inc., Eating Disorders Partial Hospitalization Program, Rochester, NY
- 2010 Nurse Practitioner/Consultant, Hillside Children's Center/Rochester City Schools, Rochester, NY
- 2004-2009 Mental Health Consultant/National Trainer, Fireproof Children Company, Inc., Pittsford, NY
- 2004-2006 Nurse Practitioner/Consultant, Monroe County Juvenile Probation, University of Rochester Medical Center Department of Psychiatry, Rochester, NY
- 2002-2005 Nurse Practitioner/Crisis Therapist, Rochester Community Mobile Crisis Team, University of Rochester Medical Center Department of Psychiatry, Rochester, NY
- 2002-2003 Psychiatric Consultation Liaison Nurse (per diem), University of Rochester Medical Center Department of Psychiatry, Rochester, NY
- 2001-2004 Nurse Educator, University of Rochester Medical Center, Rochester, NY
- 2001-2005 American Heart Association Basic Life Support & First Aid Instructor, Strong Health, Rochester, NY

- 1999 Primary & Outreach Covering Therapist, Rochester Rehabilitation Center, Rochester, NY
- 1996-1999 Behavioral Health Program Manager/Clinical Specialist, Alzheimer-Dementia Outreach Program/Nursing & Social Work Supervisor, Via Health Home Care, Rochester, NY
- 1996 Assistant Director of Assessment & Referral, Columbia Peninsula Center for Behavioral Health, Hampton, VA
- 1994-1995 Staff Nurse, Comprehensive Psychiatric Emergency Program, University of Rochester Medical Center, Rochester, NY
- 1993-1994 Staff Nurse, Department of Neurology, University of Rochester Medical Center, Rochester, NY
- 1989-1993 Health Project Coordinator/Psychiatric Case Manager, Strong Ties Community Support Program, University of Rochester Medical Center, Rochester, NY
- 1989-1993 Ambulatory Patient Representative, Strong Ties Community Support Program, University of Rochester Medical Center, Rochester, NY
- 1990 Behavioral Counselor, Nutri/System Inc., Rochester, NY
- 1988 Psychiatric Therapy Aide, Oswego Mental Health Center, Oswego, NY

### **FUNDED PROJECTS**

- 07/01/2021 – *Project ENACT: Educating NPs to Address Childhood Trauma.*  
06/30/2025 **HRSA BHWET MC1HP42115-01-00** (\$985,021; Role: PI)
- 08/01/2020 – *Telemedicine Enhanced Asthma Management – Uniting Providers for Teens*  
06/30/2025 (TEAM-UP for Teens). **NIH/NHLBI R01 HL153052** (\$1,761,835; PI: Halterman; Role: Sub-Investigator, Project Nurse, 10%)
- 07/01/2018 – *Telemedicine Enhanced Asthma Management – Uniting Providers (TEAM-UP).*  
06/30/2023 **NIH/NHLBI R01 HL142691** (\$3,592,758; PI: Halterman; Role: Co-Investigator, 10%)
- 01/17/2020 – Writing for Publication Fellowship Award, University of Rochester School of  
05/17/2020 Nursing, Rochester, NY
- 06/17/2014 – *School-Based Asthma Care for Teens (SB-ACT).* **NIH/NHLBI 1R18 HL116244**  
05/31/2019 (\$3,628,110; PI: Halterman; Role: Project Nurse, Motivational Interviewing Intervention Coordinator, 20%)
- 07/01/2006 – *Preventing Respiratory Illness among Premature Infants: An Asthma Education and Secondhand Smoke Reduction Program.* **Halcyon Hill Foundation.**  
06/30/2010 (\$468,697; PI: Halterman; Role: Project Nurse, Motivational Interviewing Interventionist, 10%)
- 07/01/2009 – *A Pilot Study to Improve Preventive Asthma Care for Urban Teens.*

- 06/30/2010 The University of Rochester's Clinical and Translational Science Institute  
**NIH/NCRR 5 UL1 RR024160-04, 5 KL2 RR024136-045, TL1 RR024135-04**  
(\$50,000; Pilot PI: Halterman; Role: Project Nurse, Motivational Interviewing  
Interventionist, 10%)
- 04/15/2009 – *Self-Determination Theory and Caregiver Smoking Bans for Asthmatic Children*,  
04/15/2011 National Institute of Nursing Research Service Award. **NIH/NRSA F31**  
**NR011266-01** (\$60,774; Role: PI; Co-Sponsors: D. Sharp & J. Halterman)
- 2009-2011 American Nurses Association/American Nurses Foundation Presidential Scholar  
Grant

### **ADDITIONAL RESEARCH EXPERIENCE**

- 2006-Present Project Nurse/Mentor, The Preventive Care Program for Children with Asthma,  
University of Rochester Medical Center, Division of General Pediatrics,  
Rochester, NY (PI: Jill Halterman, MD MPH)
- 2008-2014 Co-Investigator/Study Coordinator, Psychiatric Mental Health Nurse Tobacco  
Intervention Survey, American Psychiatric Nursing Association/University of  
Rochester School of Nursing, Rochester, NY (PI: Daryl L. Sharp, PhD RN)
- 2006-2009 Research Associate/Nurse Practitioner Interventionist, University of Rochester  
School of Nursing/Strong Ties Tobacco Dependence Intervention Program,  
Rochester, NY (PI: Daryl L. Sharp, PhD RN)
- 2006-2007 Research Assistant, University of Rochester School of Nursing, Rochester, NY  
Graduate Comprehensive Exam Study (PI: Tobie Olsan, PhD RN)
- 2006-2007 Research Assistant, University of Rochester School of Nursing, Rochester, NY  
Parenting Supervision Study (PI: Robert Cole, PhD)
- 1990-1992 Research Assistant, University of Rochester School of Nursing, Rochester, NY  
Doctoral Dissertation (PI: Kathleen Plum, MS RN)
- 1986-1988 Principal Investigator, Honors Undergraduate Thesis, *Academic Motivation in  
Honors Students*, State University of New York at Oswego, Oswego, NY

### **PEER-REVIEWED PUBLICATIONS**

- Blaakman, S.W.**, Fagnano, M., Borrelli, B., Riekert, K.A., & Halterman, J.S. (2022).  
Self-determination theory and asthma medication adherence: Motivational considerations for  
historically marginalized adolescents. *Journal of Pediatric Health Care*. S0891-  
5245(22)00155-9. Advance online publication. PMID: 35788313  
<https://doi.org/10.1016/j.pedhc.2022.06.001>
- Halterman, J.S., Riekert, K.A., Fagnano, M., Tremblay, P.J., **Blaakman, S.W.**, Tajon, R., Wang,  
H., & Borrelli, B. (2021). Effect of the school-based asthma care for teens (SB-ACT)  
program on asthma morbidity: A 3-arm randomized controlled trial. *Journal of Asthma*, 1-29.  
Advance online publication. PMID: 33307900  
<https://doi.org/10.1080/02770903.2020.1856869>

Shankar M., Fagnano M., **Blaakman S.**, Rhee H., & Halterman J.S. (2019). Depressive symptoms among urban teens with asthma: A focus for providers. *Academic Pediatrics*, 19(6), 608-614.

**Blaakman, S.W.**, Borrelli, B., Weisenthal, E.N., Fagnano, M., Tremblay, P.J., Stevens, T.P., & Halterman, J.S. (2015). Secondhand smoke exposure reduction after NICU discharge: Results of a Randomized Trial. *Academic Pediatrics*, 15(6), 601-612. PMID: 26210908

**Blaakman, S.W.**, Cohen, A.R., Fagnano, M., & Halterman, J.S. (2014). Asthma medication adherence among urban teens: Barriers, facilitators, and experiences with school-based care. *Journal of Asthma*, 51(5), 522-529. PMID: 24494626

**Blaakman, S.W.**, Tremblay, P.J., Halterman, J.S., Fagnano, M., & Borrelli, B. (2013). Implementation of a community-based secondhand smoke reduction intervention for caregivers of urban children with asthma: Process evaluation, successes and challenges. *Health Education Research*, 28, 141-152.

Halterman, J.S., Riekert, K., Bayer, A., Fagnano, M., Tremblay, P., **Blaakman, S.**, & Borrelli, B. (2011). A pilot study to enhance preventive asthma care among urban adolescents with asthma. *Journal of Asthma*, 48(5), 523-530.

Halterman, J.S., Borrelli, B., Conn, K.M., Tremblay, P., & **Blaakman, S.** (2010). Motivation to quit smoking among parents of urban children with asthma. *Patient Education and Counseling*, 79, 152-155. PMCID: 19796913.

Sharp, D. L., & **Blaakman, S.W.** (2009). Report from the APNA Tobacco Dependence Council. *Journal of the American Psychiatric Nurses Association*, 15, 412-414.

Sharp, D.L., & **Blaakman, S.W.** (2009). A review of research by nurses regarding tobacco dependence and mental health. In L. Sarna & S. Bialous (Eds.). *Annual Review of Nursing Research*, 27, 297-318.

Sharp, D. L., **Blaakman, S.W.**, Cole, R. E., & Evinger, J. (2009). Report from a national tobacco dependence survey of psychiatric nurses. *Journal of the American Psychiatric Nurses Association*, 15, 172-181.

Sharp, D. L., **Blaakman, S.W.**, Cole, R. E., & Cole, E. C. (2006). Evidence-based multidisciplinary strategies for working with children who set fires. *Journal of the American Psychiatric Nursing Association*, 11, 329-337.

### **BOOK CHAPTER**

Sharp, D. L., Cole, R. E., Kourofsky, C. E., & **Blaakman, S.W.** (2009). Intervening with youth who engage in fire-setting. In K. Geldard (Ed.), *Practical Interventions for Young People at Risk*. (pp. 102-112). London: Sage.

### **CONTINUING EDUCATION**

Essenmacher, C. (presenter), **Blaakman, S.W.**, Adams, S., Bispo, A. (2019). Motivational interviewing, 3-hour online training module. American Psychiatric Nurses Association, <https://e-learning.apna.org/products/motivational-interviewing>

**Blaakman, S.W.** et al. (2012-2019). APNA eLearning Center. Annual Conference Session Archives. American Psychiatric Nurses Association, <https://e-learning.apna.org/>

Sharp, D.L. & **Blaakman, S.W.** (2010). The significance of tobacco dependence in persons with mental illness. In N. Monson (Ed.), *Treating Tobacco Dependence in Persons with Mental Illness: Breaking Barriers and Implementing Changes*. American Psychiatric Nurses Association Counseling Points. Ridgewood, NJ: Delaware Media Group.

## **RESOURCE MANUALS**

National Organization of Nurse Practitioner Faculties (in press). *Guidelines for Distance Education & Enhanced Technologies in Nurse Practitioner Programs (3rd ed.)*. Washington, DC: NONPF. \*contributing author

Sharp, D., Bellush, N., Evinger, J., **Blaakman, S.**, & Williams, G. (2009). *Intensive tobacco dependence intervention with persons challenged by mental illness: Manual for nurses*. Available via American Psychiatric Nurses Association Tobacco Dependence Resource Center, <http://www.apna.org/i4a/pages/Index.cfm?pageID=3645>.

Cole, R., Crandall, R., Kourofsky, C. E., Sharp, D., **Blaakman, S.W.**, & Cole, E. (2006). *Juvenile Firesetting: A Community Guide to Prevention and Intervention*. Pittsford, NY: Fireproof Children/Prevention First.

## **ONGOING NEWSLETTER**

**Blaakman, S.W.** & URSON Wellness Task Force. (2020, March-). *Wellness Wednesdays*. Electronic weekly messages for COVID-19 and wellbeing support. Distributed to URSON, URM Nursing, General Pediatrics Halterman Lab.

## **LOCAL/REGIONAL PRESENTATIONS (selected)**

**Blaakman, S.W.** (2022, June). *Be a wellness warrior or your own health hero (no capes required)*. Volunteers in Partnership leadership conference. University of Rochester, Rochester, NY

**Blaakman, S.W.** (2022, April). *Road to joy: How do we get there in advanced nursing practice?* Invited keynote presentation. Virtual spring conference. The Nurse Practitioner Association New York State Regional Conference, Rochester, NY.

**Blaakman, S.W.** (2022, February). *Motivational interviewing for the athletic staff*. Virtual workshop refresher. SUNY Geneseo Athletics Department, Geneseo, NY.

**Blaakman, S.W.** (2021, December). *Motivational interviewing for the behavioral/health provider*. Half-day workshop. SUNY Geneseo Student Health and Counseling Interns, Geneseo, NY.

**Blaakman, S.W.** (2021, November). *The road to joy: How do we get there in healthcare?* Invited keynote presentation. Sigma Theta Tau International Honor Society of Nursing, Epsilon Xi, Virtual fall induction ceremony. University of Rochester School of Nursing, Rochester, NY.

**Blaakman, S.W.** (2021, August). *Motivational interviewing for the behavioral health provider*. Virtual professional development. URM Pediatric Behavioral Health and Wellness, Child and Adolescent Partial Hospitalization Program, Rochester, NY.

- Blaakman, S.W.** (2021, January). *Motivational interviewing for campus residential life staff*. Virtual half-day workshop. SUNY Geneseo Office of Residential Life, Geneseo, NY.
- Blaakman, S.W.** (2020, October). *Motivational interviewing for the behavioral/health provider*. Virtual professional development refresher. SUNY Geneseo Student Health and Counseling Staff, Geneseo, NY
- Blaakman, S.W.** (2020, October). *The 'Compassionomics' of motivational interviewing: Decreasing the costs of caring*. Invited keynote presentation [unable to present due to COVID-19]. The Nurse Practitioner Association of New York State 36<sup>th</sup> Annual Conference, Saratoga Springs, NY.
- Blaakman, S.W.** (2020, August, October). *Motivational interviewing for the athletic staff*. Two-part virtual workshop. SUNY Geneseo Athletics Department, Geneseo, NY.
- Blaakman, S.W.** (2020, April). *The 'Compassionomics' of motivational interviewing: Decreasing the costs of caring*. Invited keynote presentation [unable to present due to COVID-19]. Annual Master's Program Preceptor Workshop and Recognition Day. University of Rochester School of Nursing, Rochester, NY.
- Blaakman, S.W.** (2020, February, December\*). *Motivational interviewing for the behavioral/health provider*. Half-day workshops. SUNY Geneseo Student Health and Counseling Interns, Geneseo, NY. [\*virtual due to COVID-19]
- Blaakman, S.W.** (2019, November). *Motivational interviewing for the case manager*. Half-day workshop. Cayuga County Community Mental Health Center, Auburn, NY.
- Blaakman, S.W.** (2019, August). *Motivational interviewing for the faith-based health liaison*. Half-day workshop. University of Rochester School of Nursing, Rochester, NY.
- Blaakman, S.W.** (2011-2018, Spring). *Educational updates*. Annual Master's Program Preceptor Workshop and Recognition Day, Panelist. University of Rochester School of Nursing, Rochester, NY.
- Blaakman, S.W.** (2018, January). *Professional boundaries in care management: Why (and how) we care*. Accountable Health Partners/URMC Care Management Summit, Rochester, NY.
- Blaakman, S.W.** (2016, December). *Firsthand experiences with online learning at the University of Rochester*. University of Rochester Online Learning Symposium, Invited speaker. University of Rochester, Rochester, NY.
- Blaakman, S.W.** (2016, April). *Motivational interviewing for preceptors: What's your next step?* 21st Annual Master's Program Preceptor Workshop & Recognition Day. University of Rochester School of Nursing, Rochester, NY.
- Blaakman, S.W.** (2015, November). *Motivational interviewing in NP practice: Where does that leave you?* The Nurse Practitioner Association New York State Regional Conference. St. John Fisher College, Pittsford, NY.

**Blaakman, S.W.** & Brown, H.E. (2013, November). *Interprofessional approaches for pediatric depression*. Pediatric Nursing Workshop, Golisano Children's Hospital at Strong, Rochester, NY.

**Blaakman, S.W.** & Tremblay, P.J. (2012, November). *Motivating health behavior change in the school health office*. Rochester City School District Superintendent's Conference Day, Rochester, NY.

Cohen, A.R., **Blaakman, S.W.**, Fagnano, M., & Halterman, J.S. (2012, August). *Asthma medication adherence among urban teens: Barriers, facilitators, and experiences with school-based care*. Strong Children's Research Center, Haggerty-Friedman Summer Scholar Poster Session, Rochester, NY.

**Blaakman, S.W.**, Brown, H.E., Lynch, J.H., Napolitano, D.A. (2012, March). *Occupy Well Street: A call for interprofessional action for kids diagnosed with depression*. Sigma Theta Tau International Nursing Honor Society, Epsilon Xi Chapter, Region 11: Advancing Patient Care Through Translational Science Conference, Rochester, NY.

**Blaakman, S.W.** (2009, December). Pediatric psychopharmacology update. Monroe County Board of Cooperative Education Services, Rochester, NY.

**Blaakman, S.W.** (2009, April). *Motivational interviewing in health care*. 14th Annual Master's Program Preceptor Workshop & Recognition Day. University of Rochester School of Nursing, Rochester, NY.

**Blaakman, S.W.**, Sharp, D. L., Cole, R. E., & Evinger, J. S. (2009, March). *Report from a national tobacco dependence survey of psychiatric nurses*. Poster presentation, Collier Mental Health Research Poster Session, University of Rochester Department of Psychiatry, Rochester, NY.

**Blaakman, S.W.**, & Sharp, D. L. (2008, April). *Motivating health behavior change: Pregnant smokers*. Focus Group Results (PI: Geraldine Britton, PhD RN). Binghamton University Decker School of Nursing. Corning, NY.

**Blaakman, S.**, & Sharp, D. L. (2007, November). *Coping without smoking*. Monroe County Wellness Initiative. Rochester, NY.

### **NATIONAL/INTERNATIONAL PRESENTATIONS (selected)**

Posey, K., **Blaakman, S.W.**, Prol, L., Taylor, L., Cranwell-Bruce, L., Berg, S., Thanavaro, J., Lawrence, M., & Fagan, K. (2022, April). *Minding the gaps: Faculty strategies to enhance writing competencies for diverse students in NP distance education*. National Organization of Nurse Practitioner Faculties, 48th Annual Conference, Minneapolis, MN.

Gallegos, A., Mitchell, J., & **Blaakman, S.W.** (2022, January). *Mitigating secondary trauma: Cultivating wellness and compassion for clinical supervisors and faculty*. Coming Together for Transition Age Youth: 1st Annual Interprofessional Forum for HRSA-Funded Grantees, Students, and Affiliated Community Partners (Virtual). Rutgers School of Social Work, New Brunswick, NJ.

Rosengren, D. (California), **Blaakman, S.W.** (New York), Berthiaume, P. (Canada), MacRae, C. (Canada), Aspelund, J., (Iceland), Konstadina, G. (Singapore), Şimşek, M. (Turkey) (2021, June – September). *Motivational interviewing for providers of sexual assault victims'*



*services*. Six-part virtual workshop series, King County Sexual Assault Resource Center, Seattle, WA.

**Blaakman, S.W.**, Fagnano, M., Borrelli, B., Riekert, K., & Halterman, J.S. (2021, May). *Self-determination theory and asthma medication adherence for urban adolescents*. Highlighted poster with Live Q&A. Pediatric Academic Societies, PAS 2021 Virtual, E-PAS2021.

**Blaakman, S.W.**, & Essenmacher, C. (2020, October). *The 'Compassionomics' of motivational interviewing: Skills to decrease the costs of caring*. Poster presentation [unable to present due to COVID-19]. American Psychiatric Nurses Association 34<sup>th</sup> Annual Conference, Lake Buena Vista, FL.

**Blaakman, S.W.** (2020, May). *Be a wellness warrior: Prepare mentally & stay healthy during a crisis*. Webinar. Experience Rochester Virtual Lecture Series. University of Rochester, Rochester, NY.

Baker, K., Fagnano, M., Halterman, J.S., Li, R., & **Blaakman, S.W.** (2020, May). *Community health worker perspectives on breastfeeding influences: An evolving resource for underserved mothers*. Poster presentation [unable to present due to COVID-19]. Pediatric Academic Societies Annual Conference, Philadelphia, PA.

**Blaakman, S.W.**, & Essenmacher, C. (2019, October). *Still up the behavior change river without any OARS?: Advancing your motivational interviewing skills for challenging clinical problems (Part I & II)*. Pre-conference half-day workshop. American Psychiatric Nurses Association 33rd Annual Conference, New Orleans, LA.

Pyke, H., Norton, S., **Blaakman, S.W.**, & Korones, D. N. (2019, March). *Parents' experiences of providing nutrition to children receiving palliative care*. Scholar ePoster presentation. Annual Assembly of Hospice and Palliative Care. Orlando, FL.

Pyke, H., Norton, S., **Blaakman, S.W.**, & Korones, D. N. (2019, March). *Parents' experiences of providing nutrition to children receiving palliative care*. Dysphagia Research Society 27<sup>th</sup> Annual Meeting, San Diego, CA.

**Blaakman, S.W.**, & Essenmacher, C. (2018, October). *Up the behavior change river without any OARS?: Applying the spirit of motivational interviewing and listening skills for challenging clinical problems*. American Psychiatric Nurses Association 32nd Annual Conference, Phoenix, AZ

Shankar M., Fagnano M., **Blaakman S.**, Rhee H., & Halterman J.S. (2018, May). *Depressive symptoms among urban teens with asthma: A focus for providers*. Pediatric Academic Societies Annual Conference, Toronto, ON, Canada.

**Blaakman, S.W.**, Brown, H.E., Wolf, A., & Gomulak-Cavicchio, J. (2017, October). *Designing and delivering quality distance education: Challenges and opportunities to teach the next generation of PMHNPs*. Podium presentation. American Psychiatric Nurses Association 31st Annual Conference, Phoenix, AZ.

Adams, S., Bispo, A., **Blaakman, S.W.**, & Essenmacher, C. (2017, October). *Motivational interviewing skills for the psychiatric mental health nurse*. Pre-conference full-day workshop. American Psychiatric Nurses Association 31st Annual Conference, Phoenix, AZ.

- Blaakman, S.W.** (2016, October). *Motivational interviewing skills for the psychiatric mental health nurse across settings: So tired of wrestling, so ready to dance*. Poster presentation. American Psychiatric Nurses Association 30th Annual Conference, Hartford, CT.
- Blauvelt, K.E., **Blaakman, S.W.**, Borrelli, B., Fagnano, M., Conn, A.M., & Halterman, J.S. (2016, April). *Motivational interviewing and medication adherence among urban teens with asthma: Early experiences in the school-based asthma care for teens (SB-ACT) program*. Poster presentation, Pediatric Academic Societies Annual Conference, Baltimore, MD.
- Blaakman, S.W.**, Brown, H.E., & Wlasowicz, G. (2015, October). *Standardized patients in PMHNP education: Opportunities for developing intra- and inter-professional competencies*. Poster presentation, American Psychiatric Nurses Association 29th Annual Conference, Orlando, FL.
- Sharp, D.L., & **Blaakman, S.W.** (2013, October). Tobacco Dependence Council Interactive Panel. American Psychiatric Nurses Association 27th Annual Conference, San Antonio, TX.
- Prochaska, J., Hudmon, K., Sharp, D.L., **Blaakman, S.W.**, & Schwindt, R. (2013, August). *Needs assessment: Tobacco dependence education in graduate psychiatric nursing and pharmacy schools*, Smoking Cessation Leadership Center, National Webinar.
- Blaakman, S.W.**, & Brown, H.E. (2012, November). *Embracing change: Using the theory of structural empowerment to develop a family psychiatric mental health nurse practitioner curriculum*. American Psychiatric Nurses Association 26<sup>th</sup> Annual Conference. Pittsburgh, PA.
- Sharp, D.L., & **Blaakman, S.W.** (2012, November). Tobacco Dependence Council Interactive Panel. American Psychiatric Nurses Association 26<sup>th</sup> Annual Conference, Pittsburgh, PA.
- Sharp, D.S., & **Blaakman, S.W.** (2012, January). *How to go smoke-free*. Teleconference sponsored by the Smoking Cessation Leadership Center, St. Francis Medical Center, Behavioral Health Staff, Lynwood, CA.
- Blaakman, S.W.** (2011, October). *Self-determination theory and caregiver smoking bans for asthmatic children: Dissertation findings*. Poster presentation, Bringing Science to Life: A Healthier Tomorrow, NINR Scientific Symposium, Washington, DC.
- Halterman, J.S., Riekert, K., Bayer, A., Fagnano, M., Tremblay, P., **Blaakman, S.**, & Borrelli, B. (2011, May). *A pilot study to enhance preventive asthma care among urban adolescents with asthma*. Poster presentation, Pediatric Academic Societies Annual Conference, Denver, CO.
- Halterman, J.S., Fagnano, M., Isensee, C., Tremblay, P., **Blaakman, S.**, & Borrelli, B. (2011, May). *Preliminary results of an asthma education and secondhand smoke reduction program to prevent respiratory illness among premature infants*. Poster presentation, Pediatric Academic Societies Annual Conference, Denver, CO.
- Blaakman, S.W.**, & Sharp, D.L. (2010, October). *Working through barriers to delivering tobacco dependence interventions across mental health settings*. Tobacco Dependence Council Interactive Panel. American Psychiatric Nurses Association 24th Annual Conference, Louisville, KY.

Sharp, D.L., & **Blaakman, S.W.** (2010, October). *Building skills: A workshop designed to help you intervene effectively with your patients who smoke*. American Psychiatric Nurses Association 24th Annual Conference, Louisville, KY.

**Blaakman, S.W.** (2010, September). *Caregiver characteristics and smoking bans for asthmatic children*. 2010 State of the Science Congress on Nursing Research. Washington, DC.

Sharp, D., & **Blaakman, S.** (2010, February). *Addressing barriers to delivering tobacco dependence interventions across mental health settings*. Webinar sponsored by the Substance Abuse Mental Health Services Administration (SAMHSA) & the Smoking Cessation Leadership Center (SCLC), University of California, San Francisco, CA. available: <http://smokingcessationleadership.ucsf.edu>

Sharp, D., **Blaakman, S.**, Bennett, S., & Stevens, G. (2009, October). Tobacco dependence interactive panel. American Psychiatric Nurses Association 23rd Annual Conference, Charleston, SC.

**Blaakman, S.W.** (2009, October). *Self-determination theory and caregiver smoking bans for asthmatic children*. Poster presentation, Council for the Advancement of Nursing Science Special Topics Conference, Washington, DC.

Tremblay, P.J., Borrelli, B., **Blaakman, S.W.**, Hernandez, T., Conn, K.M., & Halterman, J.S. (2009, May). *Implementation of a home-based environmental tobacco smoke (ETS) reduction intervention using motivational interviewing (MI) for caregivers of urban children with asthma*. Poster presentation, Pediatric Academic Societies Annual Conference, Baltimore, MD.

**Blaakman, S.W.**, Halterman, J.S., Sharp, D.L., Conn, K.M., Borrelli, B., & Williams, G.C. (2008, March). Poster presentation. *What motivates urban caregivers to keep tobacco smoke away from their children with asthma?* Eastern Nursing Research Society Annual Conference, Philadelphia, PA.

Sharp, D., Schell, K., **Blaakman, S.**, & Evinger, J. (2007, September). *Evaluation of a nurse practitioner managed intensive tobacco dependence intervention program with patients challenged by serious and persistent mental illness*. Poster presentation, American Psychiatric Nurses Association 21st Annual Conference, Orlando, FL.

**Blaakman, S.**, Sharp, D. L., & Cole, R. E. (2005, April). *Evidence-based multidisciplinary strategies for working with children who set fires*. International Society of Psychiatric Mental Health Nurses, 7th Annual Conference, Pittsburgh, PA.

### **INTERPROFESSIONAL MENTORSHIP**

2021-2022 Consultant, University of Rochester School of Nursing, Doctor of Nursing Practice Capstone Publication, **Robin Kiggins DNP FNP-BC**, *Development of a Rural Health Curriculum to Increase Nurse Practitioner Student Knowledge of Rural Primary Care Practice*

2019-2020 Consultant, University of Rochester School of Nursing, Doctor of Nursing Practice Capstone Project, **Kaydean Harris, FNP**, *Faith-based Interventions to Support Health Promoting Behaviors and Reduce Overweight and Obesity Rates in African American Families*

- 2018-2021 Mentor, Wilson Fund Research Project, **Katherine Baker, MD**, *Perinatal Home Visiting Collaborative to Support Breastfeeding for Mothers and their Babies Living in the Rochester Area*
- 2017-2018 Mentor, University of Rochester Medical Student Year Out Fellowship, **Michelle Shankar**, *Quality of Life and Depression in Urban Teens with Asthma*
- 2015-2019 Committee Member, University of Rochester School of Nursing, Doctor of Philosophy Dissertation, **Heather Pyke, CCC-SLP**, *Parents' Experiences of Nutrition in Children Receiving Palliative Care*
- 2014-2016 Committee Chair, University of Rochester School of Nursing, Doctor of Nursing Practice Capstone Project, **Amy Jerum, PNP**, *Recognition and Management of Pediatric Anxiety Disorders: A CAP-PC/Anxiety Training Program*
- 2013-2015 Committee Member, University of Rochester School of Nursing, Doctor of Nursing Practice Capstone Project, **Stephanie Brown, FNP**, *Integrating Professionally Facilitated Grief Work in a Perinatal Loss Peer Support Group: A Pilot Study*
- 2012-2015 Committee Chair, University of Rochester School of Nursing, Doctor of Nursing Practice Capstone Project, **Rebecca Golding, ANP, PMHNP**, *Evaluation of Resource Parents' Knowledge, Skills, and Attitudes Following Participation in the 'Caring for Children Who Have Experienced Trauma' Program*
- 2012-2013 Mentor, University of Rochester Medical Student Summer (SCRC) Research Project, **Alyssa Cohen**, *Asthma Medication Adherence among Urban Teens: Barriers, Facilitators, and Experiences with School-Based Care*

### **HONORS and AWARDS**

- 2022 Selected Fellow of the American Academy of Nursing, Induction October 2022, Washington, D.C.
- 2021 Dr. Jeremy A. Klainer & Pamela York Klainer Endowed Dean's Discretionary Award in Nursing awarded to the Wellness Taskforce (Chair), University of Rochester School of Nursing
- 2020 Outstanding Scholarly Practitioner Faculty Award, University of Rochester School of Nursing
- 2019 Elected Distinguished Fellow of the National Academies of Practice in Nursing, Induction March 2020 [ceremony delayed due to COVID-19], San Diego CA
- 2019 Selected Commencement Faculty Marshall, University of Rochester School of Nursing
- 2019 Writing for Publication Fellowship Award, University of Rochester School of Nursing

- 2017 Public Service Fund Award, Motivational Interviewing Network of Trainers, Training for New Trainers support, Malahide Ireland (highly competitive international application)
- 2016 National Fire Heritage Center Benjamin Franklin Fire Writer's Award, First Place, *Juvenile Firesetting: A Community Guide to Prevention and Intervention*, Co-author
- 2013 Rochester Academy of Medicine Nursing Award, *Asthma Medication Adherence among Urban Teens: Barriers, Facilitators, and Experiences with School-Based Care*
- 2010 American Legion 8 & 40 Respiratory Nursing Scholarship Award
- 2009 American Nurses Association/American Nurses Foundation Presidential Scholar
- 2009 American Psychiatric Nurses Association/Janssen Student Scholar
- 2006-2008 Loretta C. Ford Pre-Doctoral Fellowship, *Faculty award for PhD student who demonstrates highest potential for success*, University of Rochester School of Nursing
- 2005 Pfizer Advanced Practice Nurse of the Year Nominee, University of Rochester Medical Center Department of Psychiatry
- 2003 Pfizer Advanced Practice Nurse of the Year Nominee, University of Rochester Medical Center Department of Psychiatry
- 2001 Selected Undergraduate Commencement Faculty-Student Pinner, University of Rochester School of Nursing
- 1996 Selected Commencement Graduate Student Marshall, University of Rochester School of Nursing
- 1984-2011 Dean's and President's Lists, all semesters of study, SUNY-Oswego and University of Rochester School of Nursing
- 1991-1993 Undergraduate Nursing Scholarships, University of Rochester Medical Center and School of Nursing
- 1991-1993 Undergraduate Honors Program Pilot, University of Rochester School of Nursing
- 1992 Inducted into Sigma Theta Tau International Nursing Honor Society, Epsilon Xi Chapter
- 1993 Selected Undergraduate Commencement Speaker, University of Rochester School of Nursing
- 1988 Who's Who Among Rising, Young American Professionals
- 1986-1988 Who's Who Among American University Students

- 1986-1987 SUNY Chancellor's Award Nominating Committee, Student Representative, Oswego, NY
- 1984-1986 William S. Barnes SUNY Honors Scholarships, Oswego, NY
- 1984-1988 SUNY-Oswego Honors College for Liberal Studies, Oswego, NY
- 1984-1988 SUNY-Oswego Honors Psychology Program, Oswego, NY

**UNIVERSITY SERVICE (selected, past 15 years, outside of appointed role)**

- 2022-Present Strategic Planning Wellness Group, Invited Member/URSON Representative, University of Rochester Medical Center
- 2021-Present Council for Diversity, Equity, and Inclusion (CoDEI), Elected Member, University of Rochester School of Nursing
- 2021-Present Student Mental Health Coalition, Benchmarking Subcommittee, Invited Member, University of Rochester, School of Nursing Representative
- 2021-Present Committee for Clinical Appointment and Promotion, Elected Member, University of Rochester School of Nursing
- 2021-Present Strategic Planning Advisory Council, Leader for Wellness Goal, Contributor for Education Goal, University of Rochester School of Nursing
- 2020-Present Wellness Task Force, Founding Chair and Member, University of Rochester School of Nursing
- 2020-Present Holistic Admissions Task Force, Self-determination theory content expert, University of Rochester School of Nursing and University of Rochester Graduate Studies
- 2020-Present Post-baccalaureate to DNP Curriculum Planning Committee, University of Rochester School of Nursing
- 2020-Present Senior Advisory Leadership Team, University of Rochester School of Nursing
- 2020-2021 Curricular Diversity, Equity and Inclusion Task Force, Volunteer, University of Rochester School of Nursing
- 2020 COVID-19 Emotional Support Task Force / Hotline Volunteer, University of Rochester Medical Center, Department of Psychiatry
- 2020 Pandemic Triage Team, Recruited Volunteer, University of Rochester Medical Center
- 2020-Present Student Affairs Committee, Recruited Elected Member, University of Rochester School of Nursing
- 2019-2020 Strategic Planning Advisory Council, Recruited Co-Leader for Goal #2: *Foster synergistic collaborations in education, scholarship, and practice*, University of Rochester School of Nursing

- 2019-2020 Developing from Within: Exploring and Enhancing Choices for Mid-Career Women in Academic Medicine, Selective Application & only nurse accepted, University of Rochester
- 2019-2020 Data Infrastructure Task Force, University of Rochester School of Nursing
- 2019-2020 Interprofessional Education Retreat and Task Force, University of Rochester
- 2019-2020 First Year Celebration Committee for Incoming President, Member and Faculty Work Group Facilitator, University of Rochester
- 2019 Public Health Research Undergraduate Independent Study Practicum, Developer/Coordinator, The Preventive Care Program for Urban Children with Asthma, University of Rochester
- 2019 10th Annual Dr. David Satcher Community Health Improvement Awards, Nominator for Recipient, Jill S. Halterman, MD MPH, University of Rochester
- 2018-Present Research Council, University of Rochester School of Nursing; Recruited Elected Member and Co-Chair 2020-2022
- 2018-2019 Faculty Professionalism Task Force, University of Rochester School of Nursing
- 2017-2019 Preceptor Workshop Planning Committee, Panelist, University of Rochester School of Nursing
- 2016-Present Online Learning Subcommittee, University of Rochester School of Nursing
- 2016-2018 Dean's Advisory Council on Diversity and Inclusiveness, Elected Member, University of Rochester School of Nursing
- 2016-2017 Simulation Task Force, University of Rochester School of Nursing
- 2015-2016 Preceptor Workshop Planning Committee, Presenter, University of Rochester School of Nursing
- 2015-2016 Vice Dean for Research Search Committee, University of Rochester School of Nursing
- 2014-Present Clinical Preceptor, University of Rochester and St. John Fisher College
- 2014 CLEAR Vision Mentor, University of Rochester School of Nursing
- 2013 Student Intern Selection Committee, General Pediatrics Asthma Research Team
- 2013 Faculty Research Support Grant Application Review Committee, University of Rochester School of Nursing
- 2013 Research Council, Elected Member, University of Rochester School of Nursing
- 2012-2014 Dean's Advisory Council on Diversity and Inclusiveness, Elected Member, University of Rochester School of Nursing
- 2011-Present Master's Programs Subcommittee, University of Rochester School of Nursing
- 2011-2016 Comprehensive Examination Committee, University of Rochester School of Nursing

- 2010 Associate Dean for Faculty Development and Diversity Search Committee, Student Representative, University of Rochester School of Nursing
- 2010 PhD Program Subcommittee Student Representative, University of Rochester School of Nursing
- 2010 PhD Applicant Student Interviewer/Liaison, Pilot Role, University of Rochester School of Nursing
- 2007-2011 Social and Community Service Committee, Co-Founder/Co-Chair, Doctoral Student Forum, University of Rochester School of Nursing
- 2006-2008 Doctoral Student Forum, Co-Chair, University of Rochester School of Nursing

**PROFESSIONAL ACTIVITIES/COMMITTEES (selected, past 15 years, \*national, \*\*international)**

- 2022 \*\*MINT Annual International Conference Volunteer Committee, Motivational Interviewing Network of Trainers.
- 2022 \*\*APNA Memorial Scholarship Application Reviewer, American Psychiatric Nurses Association
- 2021-2022 \*Consortium Planning Committee, Coming Together for Transition Age Youth: 1st Annual Interprofessional Forum for HRSA-Funded Grantees, Students, and Affiliated Community Partners (Virtual). Rutgers School of Social Work, New Brunswick, NJ.
- 2020-2022 \*\*MINTor, Motivational Interviewing Network of Trainers, New Member Mentor, (current: \*Alexandra Heinz, LICSW, MPH, Boston Medical Center)
- 2021 \*Virtual Capitol Hill Interprofessional Team Visits, National Academy of Practice
- 2021-Present \*\*Board of Directors Student Scholarship Application Reviewer, American Psychiatric Nurses Association
- 2020 \*Conference Abstract Reviewer, National Academies of Practice, Lexington, KY
- 2020 \*Distinguished Fellow Application Reviewer, Nursing Academy, National Academies of Practice, Lexington, KY
- 2020-Present \*Diversity, Equity, & Inclusion and Distance Education Special Interest Groups; Distance Education Guidelines Update Task Force, National Organization of Nurse Practitioner Faculties
- 2020 \*SAMHSA/APNA Prac-Ed: Integrating Substance Use Disorder, Screening and Assessment into Treatment (FOA No. FG-19-001, PI: K. Mc Loughlin, DNP), Faculty Collaborator, University of Rochester School of Nursing
- 2020-Present \*United States Motivational Interviewing Network of Trainers Consultation Group
- 2019-Present Western NY Motivational Interviewing Regional Consultation Group
- 2019-Present \*\*Sigma Theta Tau International Nursing Honor Society, Epsilon Xi Chapter, Executive Board, Graduate Student Liaison (2019-Present) / Leadership Succession Committee (2019-2021)



- 2017-2020 \*\*American Psychiatric Nurses Association, Western NY Chapter, Education Planning Group
- 2017-Present \*National Organization of Nurse Practitioner Faculties, Psychiatric Mental Health, Diversity, Online Learning Special Interest Groups
- 2017-2018 Shadow Experience Coordinator, Genesee Community College Career and Educational Planning Students at URM
- 2016-2020 \*\*Motivational Interviewing Task Force, Invited Founding Member/Project Advisor, American Psychiatric Nurses Association
- 2015-Present \*\*American Psychiatric Nurses Association, Graduate Education Council, Member
- 2013-2014 \*\*Virtual Nursing Academy of APNA Champions for Smoking Cessation, Project Advisor, Smoking Cessation Leadership Center grant to the American Psychiatric Nurses Association
- 2012-2015 \*\*Sigma Theta Tau International Nursing Honor Society, Epsilon Xi Chapter, Board of Directors, Marketing Committee
- 2009-Present \*\*American Psychiatric Nurses Association Tobacco Dependence Council, Steering Committee
- 2009-2014 \*\*American Psychiatric Nurses Association Tobacco Dependence Council, Founding Co-chair
- 2008 \*\*Tobacco Dependence Task Force and Summit, Selected from international pool for American Psychiatric Nurses Association, Reston, VA

### **REVIEWER for PROFESSIONAL JOURNALS**

- 2021-Present *Health Education & Behavior*
- 2020-Present *Academic Pediatrics*
- 2019-Present *Pediatrics*
- 2016-Present *JAMA Pediatrics*
- 2016 *BMJ Open*
- 2013-Present *Journal of Asthma*
- 2013-Present *Health Education Research*
- 2013-2016 *BMC Research Notes*
- 2011-Present *Journal of the American Psychiatric Nurses Association*

### **PROFESSIONAL ORGANIZATIONS/MEMBERSHIPS**

- National Academies of Practice, Nursing, Distinguished Scholar and Fellow
- American Psychiatric Nurses Association
- Motivational Interviewing Network of Trainers
- National Organization of Nurse Practitioner Faculties
- Nurse Practitioners' Association
- Sigma Theta Tau International Nursing Honor Society, Epsilon Xi Chapter
- American Nurses Association

**COMMUNITY SERVICE (selected)**

- 2021 Vaccine Volunteer Force, United Way, Finger Lakes, NY
- 2010-2021 Pittsford Mendon High School Health and Safety Committee, Pittsford, NY
- 2010-2016 Families Advocating Music Education Member/Volunteer, Pittsford Mendon High School, Pittsford, NY
- 2012-2014 Families Advocating Music Education Co-President, Pittsford Mendon High School, Pittsford, NY
- 2010-2014 A Magical Journey through Stages Parent Volunteer, Rochester, NY
- 2011-2012 Global Friendships Student Exchange Program Host Family/Volunteer (Spain)
- 2008-2011 Boy Scouts of America, Otetiana/Seneca Waterways Council Parent Volunteer, Pittsford, NY
- 2013 Odyssey of the Mind Spontaneous Coach, Division I, Pittsford, NY
- 2010 Odyssey of the Mind Team Coach, Division I, Pittsford, NY
- 2006 Odyssey of the Mind Team Coach, Division I, Pittsford, NY
- 2009-Present American Psychiatric Nurses Association Annual Conference Volunteer
- 2002-2006 Monroe County Juvenile Fire Prevention Task Force, Rochester, NY
- 2002-2006 Monroe County Bullying Subcommittee, Rochester, NY
- 2001-2018 Pittsford Central School District Parent Volunteer, Pittsford, NY
- 2001-2007 Greater Rochester American Red Cross Disaster Mental Health Specialist, Local and National Response Team, Rochester, NY
- 2001-2004 Girl Scouts of Genesee Valley Parent Leader, Troop 743 Treasurer, Pittsford, NY
- 2001-Present Meadowgate Homeowners' Association Volunteer, Executive Board (past), Community Service Committee Co-Founder (past), Block Captain (current), Pittsford, NY
- 2001-Present Pittsford Food Cupboard, Food Collection Coordinator (intermittent)