

CURRICULUM VITAE

Susan W. Blaakman, PhD RN PMHNP-BC FNAP FAAN

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EDUCATION

- 2006-2011 Ph.D. Health Practice Research, University of Rochester School of Nursing (URSON), Rochester, NY.
- 1999-2000 Psychiatric Nurse Practitioner, Post-Master's Certificate, University of Rochester School of Nursing, Rochester, NY
- 1993-1996 M.S. Psychiatric-Mental Health Nursing, University of Rochester School of Nursing, Rochester, NY
- 1990-1993 B.S. Nursing, *Summa Cum Laude*, University of Rochester, School of Nursing, Rochester, NY
- 1984-1988 B.A. Honors Psychology/Honors College for Liberal Studies, *Magna Cum Laude*, State University of New York (SUNY) at Oswego, Oswego, NY

LICENSURE and CERTIFICATION

Registered Professional Nurse, State of New York (#453716-1); Commonwealth of Virginia. (#0001147099-inactive)

Nurse Practitioner in Psychiatry, State of New York (#F-400631-1)

ANCC Board Certification: Nurse Practitioner, Adult Psychiatric/Mental Health Nursing (# 0365011-34); Family Psychiatric & Mental Health Nurse Practitioner (#2011004424)

CITI Good Clinical Practice (#52240793, exp. 1/20/26)

CITI Greater than Minimal Risk (Social-Behavioral) Program (#52240792, exp. 1/22/26)

CITI Greater than Minimal Risk (Biomedical) Program (#52240794, exp. 1/20/26)

Human Subjects Protection Program (#68780711H), University of Rochester

American Heart Association Basic Life Support for the Healthcare Provider

FACULTY APPOINTMENTS

- 2020-Present Professor of Clinical Nursing, Specialty Director Family PMHNP Program, University of Rochester School of Nursing
- 2011-2020 Associate Professor of Clinical Nursing, Specialty Director Family PMHNP Program, University of Rochester School of Nursing
- 2006-2011 Senior Research and Teaching Associate, University of Rochester School of Nursing
- 2004-2006 Assistant Professor of Clinical Nursing, University of Rochester School of Nursing
- 1999-2004 Instructor of Clinical Nursing, Course/Clinical Coordinator, University of Rochester School of Nursing

PROFESSIONAL EXPERIENCE

- 2025 Fellow, University of Rochester Office of Wellbeing Interprofessional Fellowship Program, University of Rochester School of Nursing representative.
- 2022 Consultant, Center for Disease Control and Prevention *Building COVID-19 vaccine confidence among nurses and at-risk communities* grant awarded to American Association of Colleges of Nursing in collaboration with APNA, Washington, DC, Virtual
- 2021-2024 Co-Director of Clinical Scholarship, University of Rochester School of Nursing
- 2018-Present Motivational Interviewing Trainer/Consultant, Local, Regional, National, International
- 2013-Present Senior Psychiatric Mental Health Nurse Practitioner, The Healing Connection, Inc., Eating Disorders Partial Hospitalization Program, Rochester, NY (per diem)
- 2010 Nurse Practitioner/Consultant, Hillside Children’s Center/Rochester City Schools, Rochester, NY
- 2004-2009 Mental Health Consultant/National Trainer, Fireproof Children Company, Inc., Pittsford, NY
- 2004-2006 Nurse Practitioner/Consultant, Monroe County Juvenile Probation, University of Rochester Medical Center Department of Psychiatry, Rochester, NY
- 2002-2005 Nurse Practitioner/Crisis Therapist, Rochester Community Mobile Crisis Team, University of Rochester Medical Center Department of Psychiatry, Rochester, NY
- 2002-2003 Psychiatric Consultation Liaison Nurse (per diem), University of Rochester Medical Center Department of Psychiatry, Rochester, NY
- 2001-2004 Nurse Educator, University of Rochester Medical Center, Rochester, NY

- 2001-2005 American Heart Association Basic Life Support & First Aid Instructor, Strong Health, Rochester, NY
- 1999 Primary & Outreach Covering Therapist, Rochester Rehabilitation Center, Rochester, NY
- 1996-1999 Behavioral Health Program Manager/Clinical Specialist, Alzheimer-Dementia Outreach Program/Nursing & Social Work Supervisor, Via Health Home Care, Rochester, NY
- 1996 Assistant Director of Assessment & Referral, Columbia Peninsula Center for Behavioral Health, Hampton, VA
- 1994-1995 Staff Nurse, Comprehensive Psychiatric Emergency Program, University of Rochester Medical Center, Rochester, NY
- 1993-1994 Staff Nurse, Department of Neurology, University of Rochester Medical Center, Rochester, NY
- 1989-1993 Health Project Coordinator/Psychiatric Case Manager, Strong Ties Community Support Program, University of Rochester Medical Center, Rochester, NY
- 1989-1993 Ambulatory Patient Representative, Strong Ties Community Support Program, University of Rochester Medical Center, Rochester, NY
- 1990 Behavioral Counselor, Nutri/System Inc., Rochester, NY
- 1988 Psychiatric Therapy Aide, Oswego Mental Health Center, Oswego, NY

FUNDED PROJECTS

- 07/01/2021 – *Project ENACT: Educating NPs to Address Childhood Trauma.*
06/30/2025 **HRSA BHWET MC1HP42115** (\$995,077; Role: PI)
- 08/01/2020 – *Telemedicine Enhanced Asthma Management – Uniting Providers for Teens*
06/30/2025 (TEAM-UP for Teens). **NIH/NHLBI R01 HL153052** (\$1,761,835; PI: Halterman; Role: Sub-Investigator, Project Nurse, 10%)
- 07/01/2018 – *Telemedicine Enhanced Asthma Management – Uniting Providers (TEAM-UP).*
06/30/2023 **NIH/NHLBI R01 HL142691** (\$3,592,758; PI: Halterman; Role: Co-Investigator, 10%)
- 01/17/2020 – Writing for Publication Fellowship Award, University of Rochester School of
05/17/2020 Nursing, Rochester, NY
- 06/17/2014 – *School-Based Asthma Care for Teens (SB-ACT).* **NIH/NHLBI 1R18 HL116244**
05/31/2019 (\$3,628,110; PI: Halterman; Role: Project Nurse, Motivational Interviewing Intervention Coordinator, 20%)
- 07/01/2006 – *Preventing Respiratory Illness among Premature Infants: An Asthma Education and Secondhand Smoke Reduction Program.* **Halcyon Hill Foundation.**
06/30/2010 (\$468,697; PI: Halterman; Role: Project Nurse, Motivational Interviewing Interventionist, 10%)

- 07/01/2009 – *A Pilot Study to Improve Preventive Asthma Care for Urban Teens.*
06/30/2010 The University of Rochester's Clinical and Translational Science Institute
NIH/NCRR 5 UL1 RR024160-04, 5 KL2 RR024136-045, TL1 RR024135-04
(\$50,000; Pilot PI: Halterman; Role: Project Nurse, Motivational Interviewing Interventionist, 10%)
- 04/15/2009 – *Self-Determination Theory and Caregiver Smoking Bans for Asthmatic Children,*
04/15/2011 National Institute of Nursing Research Service Award. **NIH/NRSA F31**
NR011266-01 (\$60,774; Role: PI; Co-Sponsors: D. Sharp & J. Halterman)
- 2009-2011 American Nurses Association/American Nurses Foundation Presidential Scholar Grant (\$3,748; Role: PI)

ADDITIONAL RESEARCH EXPERIENCE

- 2006-Present Research Nurse/Mentor, The Preventive Care Program for Children with Asthma, University of Rochester Medical Center, Division of General Pediatrics, Rochester, NY (PI: Jill Halterman, MD MPH)
- 2008-2014 Co-Investigator/Study Coordinator, Psychiatric Mental Health Nurse Tobacco Intervention Survey, American Psychiatric Nursing Association/University of Rochester School of Nursing, Rochester, NY (PI: Daryl L. Sharp, PhD RN)
- 2006-2009 Research Associate/Nurse Practitioner Interventionist, University of Rochester School of Nursing/Strong Ties Tobacco Dependence Intervention Program, Rochester, NY (PI: Daryl L. Sharp, PhD RN)
- 2006-2007 Research Assistant, University of Rochester School of Nursing, Rochester, NY Graduate Comprehensive Exam Study (PI: Tobie Olsan, PhD RN)
- 2006-2007 Research Assistant, University of Rochester School of Nursing, Rochester, NY Parenting Supervision Study (PI: Robert Cole, PhD)
- 1990-1992 Research Assistant, University of Rochester School of Nursing, Rochester, NY Doctoral Dissertation (PI: Kathleen Plum, MS RN)
- 1986-1988 Principal Investigator, Honors Undergraduate Thesis, *Academic Motivation in Honors Students*, State University of New York at Oswego, Oswego, NY

PEER-REVIEWED PUBLICATIONS

- Blaakman, S.W.**, Fagnano, M., Borrelli, B., Riekert, K.A., & Halterman, J.S. (2022). Self-determination theory and asthma medication adherence: Motivational considerations for historically marginalized adolescents. *Journal of Pediatric Health Care*, 36(6), 560–569. PMID: 35788313 <https://doi.org/10.1016/j.pedhc.2022.06.001>
- Halterman, J.S., Riekert, K.A., Fagnano, M., Tremblay, P.J., **Blaakman, S.W.**, Tajon, R., Wang, H., & Borrelli, B. (2022). Effect of the school-based asthma care for teens (SB-ACT) program on asthma morbidity: A 3-arm randomized controlled trial. *Journal of Asthma*, 59(3), 494-506. Epub 2021 Jan 8. PMID: 33307900; PMCID: PMC8285039. <https://doi.org/10.1080/02770903.2020.1856869>

- Shankar M., Fagnano M., **Blaakman S.**, Rhee H., & Halterman J.S. (2019). Depressive symptoms among urban teens with asthma: A focus for providers. *Academic Pediatrics*, 19(6), 608-614.
- Blaakman, S.W.**, Borrelli, B., Weisenthal, E.N., Fagnano, M., Tremblay, P.J., Stevens, T.P., & Halterman, J.S. (2015). Secondhand smoke exposure reduction after NICU discharge: Results of a Randomized Trial. *Academic Pediatrics*, 15(6), 601-612. PMID: 26210908
- Blaakman, S.W.**, Cohen, A.R., Fagnano, M., & Halterman, J.S. (2014). Asthma medication adherence among urban teens: Barriers, facilitators, and experiences with school-based care. *Journal of Asthma*, 51(5), 522-529. PMID: 24494626
- Blaakman, S.W.**, Tremblay, P.J., Halterman, J.S., Fagnano, M., & Borrelli, B. (2013). Implementation of a community-based secondhand smoke reduction intervention for caregivers of urban children with asthma: Process evaluation, successes and challenges. *Health Education Research*, 28, 141-152.
- Halterman, J.S., Riekert, K., Bayer, A., Fagnano, M., Tremblay, P., **Blaakman, S.**, & Borrelli, B. (2011). A pilot study to enhance preventive asthma care among urban adolescents with asthma. *Journal of Asthma*, 48(5), 523-530.
- Halterman, J.S., Borrelli, B., Conn, K.M., Tremblay, P., & **Blaakman, S.** (2010). Motivation to quit smoking among parents of urban children with asthma. *Patient Education and Counseling*, 79, 152-155. PMCID: 19796913.
- Sharp, D. L., & **Blaakman, S.W.** (2009). Report from the APNA Tobacco Dependence Council. *Journal of the American Psychiatric Nurses Association*, 15, 412-414.
- Sharp, D.L., & **Blaakman, S.W.** (2009). A review of research by nurses regarding tobacco dependence and mental health. In L. Sarna & S. Bialous (Eds.). *Annual Review of Nursing Research*, 27, 297-318.
- Sharp, D. L., **Blaakman, S.W.**, Cole, R. E., & Evinger, J. (2009). Report from a national tobacco dependence survey of psychiatric nurses. *Journal of the American Psychiatric Nurses Association*, 15, 172-181.
- Sharp, D. L., **Blaakman, S.W.**, Cole, R. E., & Cole, E. C. (2006). Evidence-based multidisciplinary strategies for working with children who set fires. *Journal of the American Psychiatric Nursing Association*, 11, 329-337.

MANUSCRIPT(S) IN PRESS

- Schimmels, J., Iennaco, J., Delaney, K.R., Hauenstein, E., Sharp, D., Brewer-Smyth, K., Kverno, K., Patch, M., Cadena, S., **Blaakman, S.**, Arends, R., & Beeber, L. (in press). Protecting our Nursing and Healthcare Workers with Comprehensive Strategies for Promoting Workplace Safety: An American Academy of Nursing Consensus Paper. *Nursing Outlook*.

MANUSCRIPT(S) IN PROGRESS

- Blaakman, S.W.** & Nestro, C.S. (in progress). Finding joy in academic nursing: Application of the IHI Model to support school wellness.

Blaakman, S.W., Fagnano, M., Blaakman, S.R., Graupman, E. & Halterman, J.S. (in progress). School-based asthma management for historically marginalized youth: Appreciation for the school nurse perspective.

Brown, H.E., **Blaakman, S.W.**, & DeSocio, J. (in progress). Neurodiversity: Concept analysis and implications for advanced practice psychiatric nursing.

BOOK CHAPTER

Sharp, D. L., Cole, R. E., Kourofsky, C. E., & **Blaakman, S.W.** (2009). Intervening with youth who engage in fire-setting. In K. Geldard (Ed.), *Practical Interventions for Young People at Risk*. (pp. 102-112). London: Sage.

BOOK REVIEW (invited)

Burke, B.L., Lundahl, B., Arkowitz, H. (Eds.) (in press) *Motivational Interviewing in the Treatment of Psychological Problems*, 3rd ed. Guilford.

CONTINUING EDUCATION

Essenmacher, C. (presenter), **Blaakman, S.W.**, Adams, S., Bispo, A. (2019). Motivational interviewing, 3-hour online training module. American Psychiatric Nurses Association, <https://e-learning.apna.org/products/motivational-interviewing>

Blaakman, S.W. et al. (2012-present). APNA eLearning Center. Annual Conference Session Archives. American Psychiatric Nurses Association, <https://e-learning.apna.org/>

Sharp, D.L. & **Blaakman, S.W.** (2010). The significance of tobacco dependence in persons with mental illness. In N. Monson (Ed.), *Treating Tobacco Dependence in Persons with Mental Illness: Breaking Barriers and Implementing Changes*. American Psychiatric Nurses Association Counseling Points. Ridgewood, NJ: Delaware Media Group.

RESOURCE MANUALS

National Organization of Nurse Practitioner Faculties (2023). *Guidelines for Distance Education & Enhanced Technologies in Nurse Practitioner Programs (3rd ed.)*. Washington, DC: NONPF. *contributing author

Sharp, D., Bellush, N., Evinger, J., **Blaakman, S.**, & Williams, G. (2009). *Intensive tobacco dependence intervention with persons challenged by mental illness: Manual for nurses*. Available via American Psychiatric Nurses Association Tobacco Dependence Resource Center, <http://www.apna.org/i4a/pages/Index.cfm?pageID=3645>.

Cole, R., Crandall, R., Kourofsky, C. E., Sharp, D., **Blaakman, S.W.**, & Cole, E. (2006). *Juvenile Firesetting: A Community Guide to Prevention and Intervention*. Pittsford, NY: Fireproof Children/Prevention First.

NEWSLETTER

Blaakman, S.W. & Nestro, C. (March 2020-May 2024). *Wellness Wednesdays*. Electronic weekly -monthly newsletter. Distributed to URSON and URM Nursing Practice.

LOCAL/REGIONAL PRESENTATIONS (selected)

Blaakman, S.W. (2024, November). *How addressing trauma helps us all*. Invited plenary. NYS Office of Mental Health 45th CNO Annual Educational Conference. Latham, NY

Blaakman, S.W. & Bartlett, J. (2024, October). *Sleep 101*. Invited breakout sessions. Wayne County Central Schools EmpowerMe 2-day Conference for 10th grade girls. Newark, NY

Blaakman, S.W. (2024, June). *Telehealth Standardized Patient Experiences for Trauma-Informed Care: Developing PMHNP Competency and a National Toolkit*. Experiential Learning Summit, University of Rochester School of Nursing, Rochester, NY.

Blaakman, S.W. (2023, November). *Road to joy: Mapping the path in mental health nursing*. Invited plenary. NYS Office of Mental Health 2023 CNO Annual Educational Conference. Clifton Park, NY.

Blaakman, S.W. (2023, August). *Motivational interviewing for financial managers*. Professional development retreat. Manning & Napier. Fairport, NY.

Blaakman, S.W. (2023, April). *Motivational interviewing for adolescent medicine providers*. Virtual workshop. University of Rochester Medical Center. Rochester, NY.

Blaakman, S.W. (2022, June). *Be a wellness warrior or your own health hero (no capes required)*. Volunteers in Partnership leadership conference. University of Rochester, Rochester, NY

Blaakman, S.W. (2022, April). *Road to joy: How do we get there in advanced nursing practice?* Invited keynote presentation. Virtual spring conference. The Nurse Practitioner Association New York State Regional Conference, Rochester, NY.

Blaakman, S.W. (2022, February). *Motivational interviewing for the athletic staff*. Virtual workshop refresher. SUNY Geneseo Athletics Department, Geneseo, NY.

Blaakman, S.W. (2021, December). *Motivational interviewing for the behavioral/health provider*. Half-day workshop. SUNY Geneseo Student Health and Counseling Interns, Geneseo, NY.

Blaakman, S.W. (2021, November). *The road to joy: How do we get there in healthcare?* Invited keynote presentation. Sigma Theta Tau International Honor Society of Nursing, Epsilon Xi, Virtual fall induction ceremony. University of Rochester School of Nursing, Rochester, NY.

Blaakman, S.W. (2021, August). *Motivational interviewing for the behavioral health provider*. Virtual professional development. URMCP Pediatric Behavioral Health and Wellness, Child and Adolescent Partial Hospitalization Program, Rochester, NY.

Blaakman, S.W. (2021, January). *Motivational interviewing for campus residential life staff*. Virtual half-day workshop. SUNY Geneseo Office of Residential Life, Geneseo, NY.

- Blaakman, S.W.** (2020, October). *Motivational interviewing for the behavioral/health provider*. Virtual professional development refresher. SUNY Geneseo Student Health and Counseling Staff, Geneseo, NY
- Blaakman, S.W.** (2020, October). *The 'Compassionomics' of motivational interviewing: Decreasing the costs of caring*. Invited keynote presentation [unable to present due to COVID-19 pandemic]. The Nurse Practitioner Association of New York State 36th Annual Conference, Saratoga Springs, NY.
- Blaakman, S.W.** (2020, August, October). *Motivational interviewing for the athletic staff*. Two-part virtual workshop. SUNY Geneseo Athletics Department, Geneseo, NY.
- Blaakman, S.W.** (2020, April). *The 'Compassionomics' of motivational interviewing: Decreasing the costs of caring*. Invited keynote presentation [unable to present due to COVID-19 pandemic]. Annual Master's Program Preceptor Workshop and Recognition Day. University of Rochester School of Nursing, Rochester, NY.
- Blaakman, S.W.** (2020, February, December*). *Motivational interviewing for the behavioral/health provider*. Half-day workshops. SUNY Geneseo Student Health and Counseling Interns, Geneseo, NY. [*virtual due to COVID-19 pandemic]
- Blaakman, S.W.** (2019, November). *Motivational interviewing for the case manager*. Half-day workshop. Cayuga County Community Mental Health Center, Auburn, NY.
- Blaakman, S.W.** (2019, August). *Motivational interviewing for the faith-based health liaison*. Half-day workshop. University of Rochester School of Nursing, Rochester, NY.
- Blaakman, S.W.** (2011-2018, Spring). *Educational updates*. Annual Master's Program Preceptor Workshop and Recognition Day, Panelist. University of Rochester School of Nursing, Rochester, NY.
- Blaakman, S.W.** (2018, January). *Professional boundaries in care management: Why (and how) we care*. Accountable Health Partners/URMC Care Management Summit, Rochester, NY.
- Blaakman, S.W.** (2016, December). *Firsthand experiences with online learning at the University of Rochester*. University of Rochester Online Learning Symposium, Invited speaker. University of Rochester, Rochester, NY.
- Blaakman, S.W.** (2016, April). *Motivational interviewing for preceptors: What's your next step?* 21st Annual Master's Program Preceptor Workshop & Recognition Day. University of Rochester School of Nursing, Rochester, NY.
- Blaakman, S.W.** (2015, November). *Motivational interviewing in NP practice: Where does that leave you?* The Nurse Practitioner Association New York State Regional Conference. St. John Fisher College, Pittsford, NY.
- Blaakman, S.W.** & Brown, H.E. (2013, November). *Interprofessional approaches for pediatric depression*. Pediatric Nursing Workshop, Golisano Children's Hospital at Strong, Rochester, NY.

Blaakman, S.W. & Tremblay, P.J. (2012, November). *Motivating health behavior change in the school health office*. Rochester City School District Superintendent's Conference Day, Rochester, NY.

Cohen, A.R., **Blaakman, S.W.**, Fagnano, M., & Halterman, J.S. (2012, August). *Asthma medication adherence among urban teens: Barriers, facilitators, and experiences with school-based care*. Strong Children's Research Center, Haggerty-Friedman Summer Scholar Poster Session, Rochester, NY.

Blaakman, S.W., Brown, H.E., Lynch, J.H., Napolitano, D.A. (2012, March). *Occupy Well Street: A call for interprofessional action for kids diagnosed with depression*. Sigma Theta Tau International Nursing Honor Society, Epsilon Xi Chapter, Region 11: Advancing Patient Care Through Translational Science Conference, Rochester, NY.

Blaakman, S.W. (2009, December). Pediatric psychopharmacology update. Monroe County Board of Cooperative Education Services, Rochester, NY.

Blaakman, S.W. (2009, April). *Motivational interviewing in health care*. 14th Annual Master's Program Preceptor Workshop & Recognition Day. University of Rochester School of Nursing, Rochester, NY.

Blaakman, S.W., Sharp, D. L., Cole, R. E., & Evinger, J. S. (2009, March). *Report from a national tobacco dependence survey of psychiatric nurses*. Poster presentation, Collier Mental Health Research Poster Session, University of Rochester Department of Psychiatry, Rochester, NY.

Blaakman, S.W., & Sharp, D. L. (2008, April). *Motivating health behavior change: Pregnant smokers*. Focus Group Results (PI: Geraldine Britton, PhD RN). Binghamton University Decker School of Nursing. Corning, NY.

Blaakman, S., & Sharp, D. L. (2007, November). *Coping without smoking*. Monroe County Wellness Initiative. Rochester, NY.

NATIONAL/INTERNATIONAL PRESENTATIONS (selected)

Blaakman, S.W. (2025, April). *Developing a National Toolkit for Trauma-Informed Care in PMHNP Curricula & An Opportunity for IPE*. Podium. National Organization for Nurse Practitioner Faculties, 38th Annual Conference, Denver, CO.

Olivares, T., **Blaakman, S.W.**, & Ndubisi, Chioma (2025, March). *Take Good Care*. Invited panelist. University of Rochester Inaugural Women's Summit, NY, NY.

Blaakman, S.W., Bartlett, J., Nestro, C.S., & Sharp, D.L. (2024, October). *Trauma-informed care in PMHNP curricula: Developing a national toolkit for educators*. Podium and Livestream. American Psychiatric Nurses Association 38th Annual Conference, Louisville, KY.

Blaakman, S.W. & Nestro, C.S. (2024, October). *Seeking 'Joy in Work' at a school of nursing: A qualitative content analysis using the IHI framework*. Podium. National Summit on Promoting Well-Being and Resilience in Healthcare Professionals, Columbus OH.

Blaakman, S.W., Norsen, L., Vincent, R., & Rotondo, L. (2024, May). *Healthcare harmony: Nurturing resilience for our nursing community, students, and providers*. 2024 School of

Nursing Conversation with the Dean, Invited panelist, Virtual. University of Rochester School of Nursing, Rochester, NY.

- Blaakman, S.W.** [planning group member & breakout moderator] (2023, July). *Protecting our caregivers: Comprehensive strategies for eliminating workplace violence*. American Academy of Nursing Virtual Policy Dialogue hosted by the Psychiatric, Mental Health, and Substance Use Expert Panel in collaboration with the Trauma & Violence and Military & Veterans Health Expert Panels. Washington, D.C.
- Blaakman, S.W.**, Fagnano, M., Blaakman, S.R., Graupman, E. & Halterman, J.S. (2023, April) *School-based asthma management for historically marginalized youth: Appreciation for the school nurse perspective*. Poster presentation. Pediatric Academic Societies Annual Conference, Washington, D.C.
- Blaakman, S.W.** & Nestro, C.S. (2023, April). *Finding joy in academic Nursing: Application of the IHI Model to support school wellness*. Riding the Waves of Wellbeing: National Consortium for Building Healthy Academic Communities 6th Biennial Summit, University of North Carolina, Wilmington.
- Posey, K., **Blaakman, S.W.**, Prol, L., Taylor, L., Cranwell-Bruce, L., Berg, S., Thanavaro, J., Lawrence, M., & Fagan, K. (2022, April). *Minding the gaps: Faculty strategies to enhance writing competencies for diverse students in NP distance education*. National Organization of Nurse Practitioner Faculties, 48th Annual Conference, Minneapolis, MN.
- Gallegos, A., Mitchell, J., & **Blaakman, S.W.** (2022, January). *Mitigating secondary trauma: Cultivating wellness and compassion for clinical supervisors and faculty*. Coming Together for Transition Age Youth: 1st Annual Interprofessional Forum for HRSA-Funded Grantees, Students, and Affiliated Community Partners (Virtual). Rutgers School of Social Work, New Brunswick, NJ.
- Rosengren, D. (California), **Blaakman, S.W.** (New York), Berthiaume, P. (Canada), MacRae, C. (Canada), Aspelund, J., (Iceland), Konstadina, G. (Singapore), Şimşek, M. (Turkey) (2021, June – September). *Motivational interviewing for providers of sexual assault victims' services*. Six-part virtual workshop series, King County Sexual Assault Resource Center, Seattle, WA.
- Blaakman, S.W.**, Fagnano, M., Borrelli, B., Riekert, K., & Halterman, J.S. (2021, May). *Self-determination theory and asthma medication adherence for urban adolescents*. Highlighted poster with Live Q&A. Pediatric Academic Societies, PAS 2021 Virtual, E-PAS2021.
- Blaakman, S.W.**, & Essenmacher, C. (2020, October). *The 'Compassionomics' of motivational interviewing: Skills to decrease the costs of caring*. Poster presentation [unable to present due to COVID-19 pandemic]. American Psychiatric Nurses Association 34th Annual Conference, Lake Buena Vista, FL.
- Blaakman, S.W.** (2020, May). *Be a wellness warrior: Prepare mentally & stay healthy during a crisis*. Webinar. Experience Rochester Virtual Lecture Series. University of Rochester, Rochester, NY.
- Baker, K., Fagnano, M., Halterman, J.S., Li, R., & **Blaakman, S.W.** (2020, May). *Community health worker perspectives on breastfeeding influences: An evolving resource for*

underserved mothers. Poster presentation [unable to present due to COVID-19 pandemic]. Pediatric Academic Societies Annual Conference, Philadelphia, PA.

Blaakman, S.W., & Essenmacher, C. (2019, October). *Still up the behavior change river without any OARS?: Advancing your motivational interviewing skills for challenging clinical problems (Part I & II)*. Pre-conference half-day workshop. American Psychiatric Nurses Association 33rd Annual Conference, New Orleans, LA.

Pyke, H., Norton, S., **Blaakman, S.W.**, & Korones, D. N. (2019, March). *Parents' experiences of providing nutrition to children receiving palliative care*. Scholar ePoster presentation. Annual Assembly of Hospice and Palliative Care. Orlando, FL.

Pyke, H., Norton, S., **Blaakman, S.W.**, & Korones, D. N. (2019, March). *Parents' experiences of providing nutrition to children receiving palliative care*. Dysphagia Research Society 27th Annual Meeting, San Diego, CA.

Blaakman, S.W., & Essenmacher, C. (2018, October). *Up the behavior change river without any OARS?: Applying the spirit of motivational interviewing and listening skills for challenging clinical problems*. American Psychiatric Nurses Association 32nd Annual Conference, Phoenix, AZ

Shankar M., Fagnano M., **Blaakman S.**, Rhee H., & Halterman J.S. (2018, May). *Depressive symptoms among urban teens with asthma: A focus for providers*. Pediatric Academic Societies Annual Conference, Toronto, ON, Canada.

Blaakman, S.W., Brown, H.E., Wolf, A., & Gomulak-Cavicchio, J. (2017, October). *Designing and delivering quality distance education: Challenges and opportunities to teach the next generation of PMHNPs*. Podium presentation. American Psychiatric Nurses Association 31st Annual Conference, Phoenix, AZ.

Adams, S., Bispo, A., **Blaakman, S.W.**, & Essenmacher, C. (2017, October). *Motivational interviewing skills for the psychiatric mental health nurse*. Pre-conference full-day workshop. American Psychiatric Nurses Association 31st Annual Conference, Phoenix, AZ.

Blaakman, S.W. (2016, October). *Motivational interviewing skills for the psychiatric mental health nurse across settings: So tired of wrestling, so ready to dance*. Poster presentation. American Psychiatric Nurses Association 30th Annual Conference, Hartford, CT.

Blauvelt, K.E., **Blaakman, S.W.**, Borrelli, B., Fagnano, M., Conn, A.M., & Halterman, J.S. (2016, April). *Motivational interviewing and medication adherence among urban teens with asthma: Early experiences in the school-based asthma care for teens (SB-ACT) program*. Poster presentation, Pediatric Academic Societies Annual Conference, Baltimore, MD.

Blaakman, S.W., Brown, H.E., & Wlasowicz, G. (2015, October). *Standardized patients in PMHNP education: Opportunities for developing intra- and inter-professional competencies*. Poster presentation, American Psychiatric Nurses Association 29th Annual Conference, Orlando, FL.

Sharp, D.L., & **Blaakman, S.W.** (2013, October). Tobacco Dependence Council Interactive Panel. American Psychiatric Nurses Association 27th Annual Conference, San Antonio, TX.

- Prochaska, J., Hudmon, K., Sharp, D.L., **Blaakman, S.W.**, & Schwindt, R. (2013, August). *Needs assessment: Tobacco dependence education in graduate psychiatric nursing and pharmacy schools*, Smoking Cessation Leadership Center, National Webinar.
- Blaakman, S.W.**, & Brown, H.E. (2012, November). *Embracing change: Using the theory of structural empowerment to develop a family psychiatric mental health nurse practitioner curriculum*. American Psychiatric Nurses Association 26th Annual Conference. Pittsburgh, PA.
- Sharp, D.L., & **Blaakman, S.W.** (2012, November). Tobacco Dependence Council Interactive Panel. American Psychiatric Nurses Association 26th Annual Conference, Pittsburgh, PA.
- Sharp, D.S., & **Blaakman, S.W.** (2012, January). *How to go smoke-free*. Teleconference sponsored by the Smoking Cessation Leadership Center, St. Francis Medical Center, Behavioral Health Staff, Lynwood, CA.
- Blaakman, S.W.** (2011, October). *Self-determination theory and caregiver smoking bans for asthmatic children: Dissertation findings*. Poster presentation, Bringing Science to Life: A Healthier Tomorrow, NINR Scientific Symposium, Washington, DC.
- Halterman, J.S., Riekert, K., Bayer, A., Fagnano, M., Tremblay, P., **Blaakman, S.**, & Borrelli, B. (2011, May). *A pilot study to enhance preventive asthma care among urban adolescents with asthma*. Poster presentation, Pediatric Academic Societies Annual Conference, Denver, CO.
- Halterman, J.S., Fagnano, M., Isensee, C., Tremblay, P., **Blaakman, S.**, & Borrelli, B. (2011, May). *Preliminary results of an asthma education and secondhand smoke reduction program to prevent respiratory illness among premature infants*. Poster presentation, Pediatric Academic Societies Annual Conference, Denver, CO.
- Blaakman, S.W.**, & Sharp, D.L. (2010, October). *Working through barriers to delivering tobacco dependence interventions across mental health settings*. Tobacco Dependence Council Interactive Panel. American Psychiatric Nurses Association 24th Annual Conference, Louisville, KY.
- Sharp, D.L., & **Blaakman, S.W.** (2010, October). *Building skills: A workshop designed to help you intervene effectively with your patients who smoke*. American Psychiatric Nurses Association 24th Annual Conference, Louisville, KY.
- Blaakman, S.W.** (2010, September). *Caregiver characteristics and smoking bans for asthmatic children*. 2010 State of the Science Congress on Nursing Research. Washington, DC.
- Sharp, D., & **Blaakman, S.** (2010, February). *Addressing barriers to delivering tobacco dependence interventions across mental health settings*. Webinar sponsored by the Substance Abuse Mental Health Services Administration (SAMHSA) & the Smoking Cessation Leadership Center (SCLC), University of California, San Francisco, CA. available: <http://smokingcessationleadership.ucsf.edu>
- Sharp, D., **Blaakman, S.**, Bennett, S., & Stevens, G. (2009, October). Tobacco dependence interactive panel. American Psychiatric Nurses Association 23rd Annual Conference, Charleston, SC.

- Blaakman, S.W.** (2009, October). *Self-determination theory and caregiver smoking bans for asthmatic children*. Poster presentation, Council for the Advancement of Nursing Science Special Topics Conference, Washington, DC.
- Tremblay, P.J., Borrelli, B., **Blaakman, S.W.**, Hernandez, T., Conn, K.M., & Halterman, J.S. (2009, May). *Implementation of a home-based environmental tobacco smoke (ETS) reduction intervention using motivational interviewing (MI) for caregivers of urban children with asthma*. Poster presentation, Pediatric Academic Societies Annual Conference, Baltimore, MD.
- Blaakman, S.W.**, Halterman, J.S., Sharp, D.L., Conn, K.M., Borrelli, B., & Williams, G.C. (2008, March). Poster presentation. *What motivates urban caregivers to keep tobacco smoke away from their children with asthma?* Eastern Nursing Research Society Annual Conference, Philadelphia, PA.
- Sharp, D., Schell, K., **Blaakman, S.**, & Evinger, J. (2007, September). *Evaluation of a nurse practitioner managed intensive tobacco dependence intervention program with patients challenged by serious and persistent mental illness*. Poster presentation, American Psychiatric Nurses Association 21st Annual Conference, Orlando, FL.
- Blaakman, S.**, Sharp, D. L., & Cole, R. E. (2005, April). *Evidence-based multidisciplinary strategies for working with children who set fires*. International Society of Psychiatric Mental Health Nurses, 7th Annual Conference, Pittsburgh, PA.

INTERPROFESSIONAL MENTORSHIP

- 2024- Committee Member, University of Rochester School of Nursing, Doctor of Philosophy in Nursing and Health Science Dissertation Project, **Nasim Hurd, PMHNP-BC**, *A Time-Lag Series Evaluation of a Seclusion and Restraint Reduction Intervention*
- 2023- Committee Member, University of Rochester School of Nursing, Doctor of Nursing Practice Capstone Project, **Jennifer Boor, PMHNP-BC**, *Parent Mental Health Literacy in a Child and Adolescent Partial Hospitalization Program*
- 2023-2024 Consultant, University of Rochester School of Nursing, Writing Fellowship Publication, **Kristin Hocker, Ed.D.**, *Aspiring Leaders' Narratives*
- 2022-2023 Mentor and Independent Study Faculty, University of Rochester Warner School of Education, Ed.D. in Counseling and Human Development Thesis Project, **Ingrid Aikman, MS**, *Applying SDT to Understand Health Behavior Change Among Historically Marginalized Youths*
- 2022 Consultant, University of Rochester School of Nursing, Writing Fellowship Publication, **Carolanne Bianchi, DNP, MBA, ANP-BC**, *Validation of a Scale to Measure Barriers to Promoting Walking in Hospitalized Older Adults*
- 2021 Consultant, University of Rochester School of Nursing, Doctor of Nursing Practice Capstone Publication, **Robin Kiggins, DNP FNP-BC**, *Development of a Rural Health Curriculum to Increase Nurse Practitioner Student Knowledge of Rural Primary Care Practice*

- 2019-2020 Consultant, University of Rochester School of Nursing, Doctor of Nursing Practice Capstone Project, **Kaydean Harris, FNP**, *Faith-based Interventions to Support Health Promoting Behaviors and Reduce Overweight and Obesity Rates in African American Families*
- 2018-2021 Mentor, Wilson Fund Research Project, **Katherine Baker, MD**, *Perinatal Home Visiting Collaborative to Support Breastfeeding for Mothers and their Babies Living in the Rochester Area*
- 2017-2018 Mentor, University of Rochester Medical Student Year Out Fellowship, **Michelle Shankar**, *Quality of Life and Depression in Urban Teens with Asthma*
- 2015-2019 Committee Member, University of Rochester School of Nursing, Doctor of Philosophy Dissertation, **Heather Pyke, CCC-SLP**, *Parents' Experiences of Nutrition in Children Receiving Palliative Care*
- 2014-2016 Committee Chair, University of Rochester School of Nursing, Doctor of Nursing Practice Capstone Project, **Amy Jerum, PNP**, *Recognition and Management of Pediatric Anxiety Disorders: A CAP-PC/Anxiety Training Program*
- 2013-2015 Committee Member, University of Rochester School of Nursing, Doctor of Nursing Practice Capstone Project, **Stephanie Brown, FNP**, *Integrating Professionally Facilitated Grief Work in a Perinatal Loss Peer Support Group: A Pilot Study*
- 2012-2015 Committee Chair, University of Rochester School of Nursing, Doctor of Nursing Practice Capstone Project, **Rebecca Golding, ANP, PMHNP**, *Evaluation of Resource Parents' Knowledge, Skills, and Attitudes Following Participation in the 'Caring for Children Who Have Experienced Trauma' Program*
- 2012-2013 Mentor, University of Rochester Medical Student Summer (SCRC) Research Project, **Alyssa Cohen**, *Asthma Medication Adherence among Urban Teens: Barriers, Facilitators, and Experiences with School-Based Care*

HONORS and AWARDS

- 2023 Professional Advancement Faculty Award, University of Rochester School of Nursing
- 2022 Selected Fellow of the American Academy of Nursing, Induction October 2022, Washington, D.C.
- 2021 Dr. Jeremy A. Klainer & Pamela York Klainer Endowed Dean's Discretionary Award in Nursing awarded to the Wellness Taskforce (Chair), University of Rochester School of Nursing
- 2020 Outstanding Scholarly Practitioner Faculty Award, University of Rochester School of Nursing
- 2019 Selected Distinguished Fellow of the National Academies of Practice in Nursing, Induction March 2020 [ceremony delayed due to COVID-19], San Diego CA

- 2019 Selected Commencement Faculty Marshall, University of Rochester School of Nursing
- 2019 Writing for Publication Fellowship Award, University of Rochester School of Nursing
- 2017 Public Service Fund Award, Motivational Interviewing Network of Trainers, Training for New Trainers support, Malahide Ireland (highly competitive international application)
- 2016 National Fire Heritage Center Benjamin Franklin Fire Writer's Award, First Place, *Juvenile Firesetting: A Community Guide to Prevention and Intervention*, Co-author
- 2013 Rochester Academy of Medicine Nursing Award, *Asthma Medication Adherence among Urban Teens: Barriers, Facilitators, and Experiences with School-Based Care*
- 2010 American Legion 8 & 40 Respiratory Nursing Scholarship Award
- 2009 American Nurses Association/American Nurses Foundation Presidential Scholar
- 2009 American Psychiatric Nurses Association/Janssen Student Scholar
- 2006-2008 Loretta C. Ford Pre-Doctoral Fellowship, *Faculty award for PhD student who demonstrates highest potential for success*, University of Rochester School of Nursing
- 2005 Pfizer Advanced Practice Nurse of the Year Nominee, University of Rochester Medical Center Department of Psychiatry
- 2003 Pfizer Advanced Practice Nurse of the Year Nominee, University of Rochester Medical Center Department of Psychiatry
- 2001 Selected Undergraduate Commencement Faculty-Student Pinner, University of Rochester School of Nursing
- 1996 Selected Commencement Graduate Student Marshall, University of Rochester School of Nursing
- 1984-2011 Dean's and President's Lists, all semesters of study, SUNY-Oswego and University of Rochester School of Nursing
- 1991-1993 Undergraduate Nursing Scholarships, University of Rochester Medical Center and School of Nursing
- 1991-1993 Undergraduate Honors Program Pilot, University of Rochester School of Nursing
- 1992 Inducted into Sigma Theta Tau International Nursing Honor Society, Epsilon Xi Chapter
- 1993 Selected Undergraduate Commencement Speaker, University of Rochester School of Nursing

- 1988 Who's Who Among Rising, Young American Professionals
- 1986-1988 Who's Who Among American University Students
- 1986-1987 SUNY Chancellor's Award Nominating Committee, Student Representative, Oswego, NY
- 1984-1986 William S. Barnes SUNY Honors Scholarships, Oswego, NY
- 1984-1988 SUNY-Oswego Honors College for Liberal Studies, Oswego, NY
- 1984-1988 SUNY-Oswego Honors Psychology Program, Oswego, NY

UNIVERSITY SERVICE (selected)

- 2024- Research Council, University of Rochester School of Nursing; Recruited Elected Member
- 2024 Senior Academic Leadership Team, Annual Retreat Planning Group, University of Rochester School of Nursing
- 2024-2025 Strategic Planning Advisory Council, Co-leader for People & Culture Goal, University of Rochester School of Nursing
- 2023-Present Ad hoc Committees: Admissions & Enrollment, Assessment, Education Program Goals, NP Program Revision, University of Rochester School of Nursing
- 2022-2024 Strategic Planning Wellness Group, Invited Member/URSON Representative, University of Rochester Medical Center
- 2021-2023 Council for Diversity, Equity, and Inclusion (CoDEI), Elected Member, University of Rochester School of Nursing
- 2021-2023 Student Mental Health Coalition, Benchmarking Subcommittee, Invited Member, University of Rochester, School of Nursing Representative
- 2021-2024 Committee for Clinical Appointment and Promotion, Elected Member, University of Rochester School of Nursing
- 2021-2023 Strategic Planning Advisory Council, Leader for Wellness Goal, Contributor for Education Goal, University of Rochester School of Nursing
- 2020-Present Wellness Task Force, Founding Chair and Member, University of Rochester School of Nursing
- 2020-2022 Holistic Admissions Task Force, Self-determination theory content expert, University of Rochester School of Nursing and University of Rochester Graduate Studies
- 2020-2023 Post-baccalaureate to DNP Curriculum Planning Committee, University of Rochester School of Nursing
- 2020-Present Senior Academic Leadership Team, University of Rochester School of Nursing

- 2020-2021 Curricular Diversity, Equity and Inclusion Task Force, Volunteer, University of Rochester School of Nursing
- 2020 COVID-19 Emotional Support Task Force / Hotline Volunteer, University of Rochester Medical Center, Department of Psychiatry
- 2020 Pandemic Triage Team, Recruited Volunteer, University of Rochester Medical Center
- 2020-2024 Student Affairs Committee, Recruited Elected Member, University of Rochester School of Nursing
- 2019-2020 Strategic Planning Advisory Council, Recruited Co-Leader for Goal #2: *Foster synergistic collaborations in education, scholarship, and practice*, University of Rochester School of Nursing
- 2019-2020 Developing from Within: Exploring and Enhancing Choices for Mid-Career Women in Academic Medicine, Selective Application & only nurse accepted, University of Rochester
- 2019-2020 Data Infrastructure Task Force, University of Rochester School of Nursing
- 2019-2020 Interprofessional Education Retreat and Task Force, University of Rochester
- 2019-2020 First Year Celebration Committee for Incoming UR President, Member and Faculty Work Group Facilitator, University of Rochester
- 2019 Public Health Research Undergraduate Independent Study Practicum, Developer/Coordinator, The Preventive Care Program for Urban Children with Asthma, University of Rochester
- 2019 10th Annual Dr. David Satcher Community Health Improvement Awards, Nominator for Recipient, Jill S. Halterman, MD MPH, University of Rochester
- 2018-2022 Research Council, University of Rochester School of Nursing; Recruited Elected Member and Co-Chair 2020-2022
- 2018-2019 Faculty Professionalism Task Force, University of Rochester School of Nursing
- 2017-2019 Preceptor Workshop Planning Committee, Panelist, University of Rochester School of Nursing
- 2016-Present Online Learning Subcommittee, University of Rochester School of Nursing
- 2016-2018 Dean's Advisory Council on Diversity and Inclusiveness, Elected Member, University of Rochester School of Nursing
- 2016-2017 Simulation Task Force, University of Rochester School of Nursing
- 2015-2016 Preceptor Workshop Planning Committee, Presenter, University of Rochester School of Nursing
- 2015-2016 Vice Dean for Research Search Committee, University of Rochester School of Nursing
- 2014-Present Clinical Preceptor, University of Rochester and St. John Fisher College

- 2014 CLEAR Vision Mentor, University of Rochester School of Nursing
- 2013 Student Intern Selection Committee, General Pediatrics Asthma Research Team
- 2013 Faculty Research Support Grant Application Review Committee, University of Rochester School of Nursing
- 2013 Research Council, Elected Member, University of Rochester School of Nursing
- 2012-2014 Dean's Advisory Council on Diversity and Inclusiveness, Elected Member, University of Rochester School of Nursing
- 2011-Present Master's Programs Subcommittee, University of Rochester School of Nursing
- 2011-2016 Comprehensive Examination Committee, University of Rochester School of Nursing
- 2010 Associate Dean for Faculty Development and Diversity Search Committee, Student Representative, University of Rochester School of Nursing
- 2010 PhD Program Subcommittee Student Representative, University of Rochester School of Nursing
- 2010 PhD Applicant Student Interviewer/Liaison, Pilot Role, University of Rochester School of Nursing
- 2007-2011 Social and Community Service Committee, Co-Founder/Co-Chair, Doctoral Student Forum, University of Rochester School of Nursing
- 2006-2008 Doctoral Student Forum, Co-Chair, University of Rochester School of Nursing

PROFESSIONAL ACTIVITIES/COMMITTEES (selected, *national, **international)

- 2024 ACUE Fostering a Culture of Belonging Microcredential: Cohort H, Summer 2024; Faculty Learner
- 2023-Present **American Academy of Nursing, Psychiatric Mental Health and Substance Abuse Expert Panel Workplace Violence Special Interest Group
- 2022-Present **American Academy of Nursing, Psychiatric Mental Health and Substance Abuse Expert Panel
- 2022 **Motivational Interviewing Network of Trainers Virtual Conference Volunteer
- 2022-2025 **APNA Memorial Scholarship Application & Member Awards Reviewer, American Psychiatric Nurses Association
- 2021-2022 *Consortium Planning Committee, Coming Together for Transition Age Youth: 1st Annual Interprofessional Forum for HRSA-Funded Grantees, Students, and Affiliated Community Partners (Virtual). Rutgers School of Social Work, New Brunswick, NJ.
- 2020-2022 **MINTor, Motivational Interviewing Network of Trainers, New Member Mentor, (current: *Alexandra Heinz, LICSW, MPH, Boston Medical Center)
- 2021 *Virtual Capitol Hill Interprofessional Team Visits, National Academy of Practice

- 2021-Present **Board of Directors Student Scholarship Application Reviewer, American Psychiatric Nurses Association
- 2020 *Conference Abstract Reviewer, National Academies of Practice, Lexington, KY
- 2020 *Distinguished Fellow Application Reviewer, Nursing Academy, National Academies of Practice, Lexington, KY
- 2020-2023 *Diversity, Equity, & Inclusion and Distance Education Special Interest Groups; Distance Education Guidelines Update Task Force, National Organization of Nurse Practitioner Faculties
- 2020 *SAMHSA/APNA Prac-Ed: Integrating Substance Use Disorder, Screening and Assessment into Treatment (FOA No. FG-19-001, PI: K. Mc Loughlin, DNP), Faculty Collaborator, University of Rochester School of Nursing
- 2020-2023 *United States Motivational Interviewing Network of Trainers Consultation Group
- 2019-Present Western NY Motivational Interviewing Regional Consultation Group
- 2019-2022 **Sigma Theta Tau International Nursing Honor Society, Epsilon Xi Chapter, Executive Board, Graduate Student Liaison (2019-Present) / Leadership Succession Committee (2019-2021)
- 2017-2020 **American Psychiatric Nurses Association, Western NY Chapter, Education Planning Group
- 2017-Present *National Organization of Nurse Practitioner Faculties, Program Director, Psychiatric Mental Health, Diversity, Online Learning Special Interest Groups
- 2017-2018 Shadow Experience Coordinator, Genesee Community College Career and Educational Planning Students at URM
- 2016-2020 **Motivational Interviewing Task Force, Invited Founding Member/Project Advisor, American Psychiatric Nurses Association
- 2015-Present **American Psychiatric Nurses Association, Graduate Education Council, Member
- 2013-2014 **Virtual Nursing Academy of APNA Champions for Smoking Cessation, Project Advisor, Smoking Cessation Leadership Center grant to the American Psychiatric Nurses Association
- 2012-2015 **Sigma Theta Tau International Nursing Honor Society, Epsilon Xi Chapter, Board of Directors, Marketing Committee
- 2009-2024 **American Psychiatric Nurses Association Annual Conference Volunteer
- 2009-2019 **American Psychiatric Nurses Association Tobacco Dependence Council, Steering Committee
- 2009-2014 **American Psychiatric Nurses Association Tobacco Dependence Council, Founding Co-chair

2008 **Tobacco Dependence Task Force and Summit, Selected from international pool for American Psychiatric Nurses Association, Reston, VA

URSON COURSE TOPICS TAUGHT

Undergrad: Psychiatric Mental Health Nursing Didactic & Clinical; Nursing Skills Lab; Independent Study: Public Health

Graduate: Research and Evidence-Based Practice; Theoretical Foundations; Lifespan, Adult, and Child/Adolescent Clinical Role Seminar; Psychiatric Assessment & Diagnosis and Psychopathology; Lifespan, Adult, and Child/Adolescent Individual Psychotherapy; Independent Study: PMHNP Clinical Practicum; PMHNP Clinical Scholarship; EdD Thesis Topic Literature Synthesis

REVIEWER for PROFESSIONAL JOURNALS (ad hoc, most relevant)

Academic Pediatrics
Health Education & Behavior
Pediatrics
JAMA Pediatrics
Journal of Asthma
Health Education Research
Journal of the American Psychiatric Nurses Association

PROFESSIONAL ORGANIZATIONS/MEMBERSHIPS

American Academy of Nursing, Fellow
American Nurses Association
American Psychiatric Nurses Association
Motivational Interviewing Network of Trainers
National Academies of Practice, Nursing, Distinguished Scholar and Fellow
National Organization of Nurse Practitioner Faculties
Nurse Practitioners' Association
Sigma Theta Tau International Nursing Honor Society, Epsilon Xi Chapter

COMMUNITY SERVICE and ENGAGEMENT (selected)

2024 Mental Health Awareness Month, Social Media Campaign, Mental Health America/URSON

2024 *Fighting burnout: Nurses face unprecedented risks for burnout.* (written by Sergeant, D.J., May 9th). In Good Health – Rochester Area Healthcare Newspaper, National Nurses' Week Expert Contributor.
<https://www.gvhealthnews.com/features/fighting-burnout/>

2023 Literacy Rochester, Brain Games Fundraiser, Participant, Rochester, NY

2022 AmeriCorps/City Year Philadelphia Fundraiser Gala, Participant, Philadelphia, PA

2021 Vaccine Volunteer Force, United Way, Finger Lakes, NY

- 2010-2021 Pittsford Mendon High School Health and Safety Committee, Pittsford, NY
- 2001-2007 Greater Rochester American Red Cross Disaster Mental Health Specialist, Local and National Response Team, Rochester, NY
- 2001-Present Meadowgate Homeowners' Association Volunteer, Executive Board (past), Community Service Committee Co-Founder (past), Block Captain (current), Pittsford, NY
- 2001-Present Pittsford Food Cupboard, Food Collection Coordinator (intermittent)