M. Susan Stanek, PhD, MSN/Ed, RN

Assistant Professor of Clinical Nursing
Director, Center for Lifelong Learning

CURRICULUM VITAE

CONTACT INFORMATION

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EDUCATION

2020	**PhD in Nursing and Health Science** University of Rochester, Rochester, NY
2012	**Masters in Nursing Education** Roberts Wesleyan College, Rochester, NY
2010	**Bachelors in Science, Nursing Major** Roberts Wesleyan College, Rochester, NY
2002	**Associates in Applied Science in Nursing** Monroe Community College, Rochester, NY
1990	**Associates in Science in Business Administration** Community College of the Finger Lakes, Canandaigua, NY

PROFESSIONAL EXPERIENCE

Current

2021	**Director, Center for Lifelong Learning** University of Rochester School of Nursing, Rochester, NY
2020	**Assistant Professor of Clinical Nursing** University of Rochester School of Nursing, Rochester, NY

Past

2020	**Interim Director, Center for Lifelong Learning** University of Rochester School of Nursing, Rochester, NY
2013-2020	**Senior Associate** University of Rochester School of Nursing, Rochester, NY
2012-2013	**Instructor of Clinical Nursing** University of Rochester School of Nursing, Rochester, NY

2011-2012	**Adjunct Clinical Faculty** Genesee Community College, Batavia, NY
2011	**Adjunct Clinical Faculty** Wayne-Finger Lakes BOCES, Rochester, NY
2007-2012	**Case Manager and Staff Nurse for Palliative Care and Hospice** Lifetime Care, Rochester, NY
2003-2006	**Staff Nurse** Strong Memorial Hospital, Rochester, NY

PROFESSIONAL CERTIFICATES & LICENSURE

2012-2016	**Certified Hospice and Palliative Care Nurse** Certification #112300004 Expired 12/31/2016
2005	**Level III Reiki Master** Usui System of Natural Healing
2002	**New York State Nursing License** License #539539 Expires 8/31/23

HONORS AND AWARDS

2018	**Jill Thayer Award** University of Rochester School of Nursing, Rochester, NY
2013	**Loretta C. Ford Fellowship Recipient** University of Rochester School of Nursing, Rochester, NY
2012	**Distinguished Future Educator Award** Roberts Wesleyan College, Rochester, NY
2012	**Strong Star Certificate of Appreciation** Strong Memorial Hospital, Rochester, NY
2010	**Academic Achievement Award** Roberts Wesleyan College, Rochester, NY
2006	**Strong Star Award** Strong Memorial Hospital, Rochester, NY
2002	**Excellence in Nursing** Monroe Community College, Rochester, NY
2000	**Merit Award for Service Above and Beyond** Perinton Ambulance Corps, Perinton, NY
1990	**Outstanding Adult Student Award** Community College of the Finger Lakes, Canandaigua, NY

RESEARCH GRANTS

2017	Principal Investigator, "*Expressions of Uncertainty Among Patients with Advanced Cancer Receiving Palliative Care."* Sigma Theta Tau Epsilon Xi Research Grant, $1,500.

SUBMITTED GRANTS IN REVIEW

None.

SUBMITTED GRANTS NOT FUNDED

2017 Principal Investigator, "*Expressions of Uncertainty Among Patients with Advanced Cancer Receiving Palliative Care."* Sigma Theta Tau International/Hospice and Palliative Nurses Foundation End of Life Nursing Care, $10,000.

RESEARCH EXPERIENCE

Research Assistant, R. M. Epstein, PI. "RCT of Patient, Caregiver and Physician Communication Coaching in Advanced Cancer," Ronald M. Epstein, PI, NIH R01 [5R01CA140419-05], 2016-2017.

Research Assistant, P. Duberstein and H. Prigerson, MPI. "Impact of a Novel Cancer Communication Intervention on Caregiver Bereavement," (5% effort), Paul Duberstein and Holly Prigerson, MPI, NIH/NCI RO1 [1RO1CA168387], 2016-2017.

Research Assistant, R. Gramling, PI. "Palliative Care Communication Research Initiative," (40% effort), Robert Gramling, PI, American Cancer Society [RSG-13-239-01-PCSM], 2014-2016.

JOURNAL PUBLICATIONS

Norton, S. A., Wittink, M. N., Duberstein, P. R., Prigerson, H. G., Stanek, S., Epstein, R. M. (2019). Family caregiver descriptions of stopping chemotherapy and end-of-life transitions. *Journal of Supportive Care in Cancer, 27*(2), 669-675. doi: 10.1007/s00520-018-4365-0

Gramling, R., Stanek, S**.**, Han, P. K., Duberstein, P., Quill, T. E., Temel, J. S., ... & Norton, S. A. (2018). Distress due to prognostic uncertainty in palliative care: Frequency, distribution, and outcomes among hospitalized patients with advanced cancer. *Journal of Palliative Medicine, 21*(3), 315-321. doi: 10.1089/jpm.2017.0285

Stanek, S. (2017). Goals of care: A concept clarification. *Journal of Advanced Nursing, 73*(6), 1302-1314. doi: 10.1111/jan.13243

Gramling, R., Stanek, S., Ladwig, S., Gajary-Coots, L., Cimino, J., Anderson, W., Norton, S., & the AAHPM Research Committee Writing Group (2016). Feeling heard and understood: A patient-reported quality measure for the inpatient care setting. *Journal of Pain and Symptom Management, 51,* 150-154. doi: 10.1016/j.jpainsymman.2015.018

Gramling, R., Gajary-Coots, E., Stanek, S., Dougoud, N., Pyke, H., Thomas, M., . . . Norton, S. (2015). Design of, and enrollment in, the palliative care communication research initiative: A direct-observation cohort study. *BMC Palliative Care, 14*(1), 40. doi: 10.1186/s12904-015-0037-8

SUBMITTED MANUSCRIPTS

PUBLISHED ABSTRACTS

Gramling, R., Norton, S. A., Anderson, W., Gajary-Coots, E., Cimino, J., and PCCRI Study Group. (2016). Sustaining Large-Scale, Direct-Observation Research in the Natural Setting: The Palliative Care Communication Research Initiative Cohort Study. *Journal of Pain and Symptom Management, 51*(2), 409. Published abstract from the American Association of Palliative Medicine & The Hospice and Palliative Nurses Association meeting in Chicago, IL. March 9-11, 2016.

Norton, S., Dougoud, N., Pyke, H., Tedesco (Stanek), S., Quill, T., Powers, B. (2015). Goals of Care Transition in Palliative Care Consultation. *Nursing Research*, *64*(2): E130-131. ISSN: 0029-6562.

RESEARCH PRESENTATIONS

Peer Reviewed Podium Presentations [National/International]

Norton S, Dougoud N, Pyke H, Tedesco (Stanek) S, Quill T, and Powers B. *Goals of Care Transition in Palliative Care Consultation*. Paper presented at the 27th Annual Eastern Nursing Research Society meeting, Washington DC. April 17, 2015.

Conference Presentations

Stanek, S. (2021). Exploration of the research process using a study on expressions of uncertainty from patients with advanced cancer when speaking with the palliative care team. *Wilmot Cancer Institute Nursing Research Conference.* October 19, 2021.

Webinars

Norton, S. A., Herr, K., & Stanek, S. (January, 2017). Using *Measuring What Matters* to inform your practice for the Hospice and Palliative Nurses Association [National Webinar]. *Hospice and Palliative Nurses Association.*

Posters

Stanek, S., Gramling, R., Cole, R., & Norton, S. (2019). Expressions of uncertainty among patients with advanced cancer receiving palliative care. Poster presented at the 31st Annual Eastern Nursing Research Society meeting, Providence, RI. April 4, 2019.

Stanek, S., Gramling, R., Cole, R., & Norton, S. (2019). When patients with advanced cancer express uncertainty in palliative care consultations: Exploration of frequency, domains and association to prognosis. Poster presented at the American Academy of Hospice and Palliative Care Annual Assembly meeting, Orlando, FL. March 14, 2019.

Dougoud, N., Stanek, S., Norton, S., & Gramling, R. (2017). *Use of secondary data for doctoral dissertations.* Poster presented at the 29th Annual Eastern Nursing Research Society meeting, Philadelphia, PA. April 5, 2017.

LECTURES AND NON-RESEARCH PRESENTATIONS

2016	**Providing Video Feedback on Student Papers: A Benefit for Students and Instructors** Master's Program Brown Bag Presentation University of Rochester School of Nursing
2012-present	**Guest Lecturer** End-of-life and Advance Care Directives Lecture University of Rochester School of Nursing, ABPNN Program
2007	**Speaker on Baby Loss** Grief Scape, Lifetime Care, Rochester, NY
2006	**Poster Presentation on the Health Benefits of Reiki** Unity Hospital's Heart Healthy Fair for Families
2006	**Level III RN Project** Strong Memorial Hospital

STUDENT SUPERVISION

2021, Fall	MNE Student Preceptor, Christina San Filipo
2020-present	DNP Committee Member, Danielle Calder
2020-present	MSN Advisor for Candice Laboy
2020-present	MSN Advisor for Alycia Costanzo
2020-present	MSN Advisor for Haley Coms
2020-present	MSN Advisor for Evelyn Marschner
2020-2021	DNP Committee Member, Jacqueline Dennison
2020-2021	MSN Advisor for Melissa Mitchell

TEACHING

2021-present	**Course Coordinator for Masters in Nursing Education Capstone** Graduate Course, University of Rochester School of Nursing (NLX 487)
2020-present	**Course Coordinator for Appraisal and Application of Evidence in Healthcare** Doctoral Course, University of Rochester School of Nursing (NUR 572)
2020-present	**Course Coordinator for Theory and Evidence Based Practice for Nurse Educators** Graduate Course, University of Rochester School of Nursing (NLX 420)
2020-present	**Course Coordinator for Teaching and Learning in Nursing**

	Graduate Course, University of Rochester School of Nursing (NLX 417)
2018-present	**Course Coordinator for Nursing Principles for Evidence Based Practice** Graduate Course, University of Rochester School of Nursing (NUR 400)
2017-present	**Developer and Course Coordinator for Clinical Data Management for DNP Practice** Doctoral Course, University of Rochester School of Nursing (NUR 509)
2015	**Course Coordinator for Writing Workshop** Graduate Course, University of Rochester School of Nursing (NUR 401)
2014-present	**CAPS Coach** Tutor for Math and Statistics, University of Rochester School of Nursing
2013-present	**Instructor for Statistics for Evidence Based Practice in the Health Sciences** Fast Track Course, University of Rochester School of Nursing (NSG 311)
2013-2016	**Instructor for Microbiology and Application to Health**
2018-present	Fast Track Course, University of Rochester School of Nursing (NSG 309)
2013	**Instructor for Introduction to Anatomy and Application to Medical Terminology** Fast Track Course, University of Rochester School of Nursing (NSG 024)
2013	**Course Coordinator for Principles and Application of Evidence-Based Nursing** RN to BS program, University of Rochester School of Nursing (NUR 301)
2013	**Clinical Instructor at Strong Memorial Hospital** Accelerated Bachelors Program for Non-Nurses, University of Rochester School of Nursing (NUR 372, 377)
2012	**Clinical Instructor at Strong Memorial Hospital** Accelerated Bachelors Program for Non-Nurses, University of Rochester School of Nursing (NUR 377, NUR 379)
2011-2012	**Clinical Instructor at New York State Veterans Home** Associate Degree Nursing Program, Genesee Community College
2011	**Clinical Instructor at Monroe Community Hospital** LPN program, Wayne-Finger Lakes BOCES

PROFESSIONAL SERVICE

Professional Board and Committee Roles

2021-current	**CCNE Co-Chair for Standard IV** University of Rochester School of Nursing, Rochester, NY

2021-current	**Curriculum Committee** University of Rochester School of Nursing, Rochester, NY
2018-current	**DNP Sub-Committee** University of Rochester School of Nursing, Rochester, NY
2019-2021	**Holistic Admissions Committee** University of Rochester School of Nursing, Rochester, NY
2017-2019	**Sigma Theta Tau – Epsilon Xi Chapter** Secretary
2016-2017	**Curriculum Committee** University of Rochester School of Nursing, Rochester, NY
2014-2015	**Curriculum Committee** University of Rochester School of Nursing, Rochester, NY
2013-2015	**Faculty Development Committee** University of Rochester School of Nursing, Rochester, NY

Journal Reviewer

2017-present *Journal of Advanced Nursing*

Professional Society Memberships

2020-present	American Association of Colleges of Nursing
2014-present	Eastern Nursing Research Society
2012-present	Sigma Theta Tau International
2011-present	Hospice and Palliative Nurses Association
2010-2019	Genesee Valley Nurses Association
1989-1990	Alpha Beta Gamma National Business Honor Society
1989-1990	Phi Theta Kappa National Honor Fraternity Member

COMMUNITY SERVICE

Community Boards and Volunteer Roles

2010-present	**Lifetime Care Hospice, Rochester, NY** Provide Reiki for hospice patients
2007-2009	**Open Door Mission, Rochester, NY** Served dinner to the homeless
1998-2004	**Perinton Volunteer Ambulance Corps** Emergency Medical Technician and Driver

CONTINUING EDUCATION

2021	**DNP Summitt** The Future of Nursing and the DNP Virtual Experience
2020	**American Academy of Colleges of Nursing** Inaugural Diversity Symposium Virtual Experience
2019	**ENRS 31st Annual Scientific Sessions**

	Transforming the Future of Nursing Research: Imagination, Innovation, and Engagement Providence, RI
2019	**AAHPM** 2019 Annual Assembly Orlando, FL
2017	**ENRS 29th Annual Scientific Sessions** Leading the Way: Building Strength and Unity in the Diversity of Nursing Science Philadelphia, PA
2016	**Friends of the National Institute of Nursing Research** 2016 Nightengala Washington, DC
2015	**ENRS 27th Annual Scientific Sessions** Nursing Science, Evidence, and Policy: Creating a Culture of Health Washington, DC
2014	**ENRS 26th Annual Scientific Sessions** Promoting Health Across the Life Span: The Art and Science of Person-Centered Care Philadelphia, PA
2014-2020	**Lectures on Creating Online Learning Classes** University of Rochester, Rochester, NY
2013-2020	**Doctoral Candidate, Nursing and Health Sciences Research** University of Rochester School of Nursing, Rochester, NY