

# M. Susan Stanek, PhD, MSN/Ed, RN

Assistant Professor of Clinical Nursing  
Director, Center for Lifelong Learning

## CURRICULUM VITAE

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### CONTACT INFORMATION

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Rochester, NY 14642  
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susan\_stanek@urmc.rochester.edu

### EDUCATION

2020	<b>PhD in Nursing and Health Science</b> University of Rochester, Rochester, NY
2012	<b>Masters in Nursing Education</b> Roberts Wesleyan College, Rochester, NY
2010	<b>Bachelors in Science, Nursing Major</b> Roberts Wesleyan College, Rochester, NY
2002	<b>Associates in Applied Science in Nursing</b> Monroe Community College, Rochester, NY
1990	<b>Associates in Science in Business Administration</b> Community College of the Finger Lakes, Canandaigua, NY

### PROFESSIONAL EXPERIENCE

#### Current

2021	<b>Director, Center for Lifelong Learning</b> University of Rochester School of Nursing, Rochester, NY
2020	<b>Assistant Professor of Clinical Nursing</b> University of Rochester School of Nursing, Rochester, NY
2022	<b>Instructional Design Coordinator, PhD Program</b> Educational Innovation Team (EdIT) University of Rochester School of Nursing, Rochester, NY

#### Past

2020	<b>Interim Director, Center for Lifelong Learning</b> University of Rochester School of Nursing, Rochester, NY
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2013-2020 **Senior Associate**  
University of Rochester School of Nursing, Rochester, NY

2012-2013 **Instructor of Clinical Nursing**  
University of Rochester School of Nursing, Rochester, NY

2011-2012 **Adjunct Clinical Faculty**  
Genesee Community College, Batavia, NY

2011 **Adjunct Clinical Faculty**  
Wayne-Finger Lakes BOCES, Rochester, NY

2007-2012 **Case Manager and Staff Nurse for Palliative Care and Hospice**  
Lifetime Care, Rochester, NY

2003-2006 **Staff Nurse**  
Strong Memorial Hospital, Rochester, NY

### PROFESSIONAL CERTIFICATIONS & LICENSURE

2025 **Peer Reviewer Course**  
Quality Matters Certificate of Completion

2022 **Applying the QM Rubric (APPQMR)**  
Quality Matters Certificate of Completion

2012-2016 **Certified Hospice and Palliative Care Nurse**  
Certification #112300004  
Expired 12/31/2016

2005 **Level III Reiki Master**  
Usui System of Natural Healing

2002 **New York State Nursing License**  
License #539539  
Expires 8/31/23

### HONORS AND AWARDS

2022 **Josephine Craytor Nursing Faculty Award**  
University of Rochester School of Nursing, Rochester, NY

2018 **Jill Thayer Award**  
University of Rochester School of Nursing, Rochester, NY

2013 **Loretta C. Ford Fellowship Recipient**  
University of Rochester School of Nursing, Rochester, NY

2012 **Distinguished Future Educator Award**  
Roberts Wesleyan College, Rochester, NY

2012 **Strong Star Certificate of Appreciation**  
Strong Memorial Hospital, Rochester, NY

2010 **Academic Achievement Award**  
Roberts Wesleyan College, Rochester, NY

2006 **Strong Star Award**  
Strong Memorial Hospital, Rochester, NY

2002 **Excellence in Nursing**  
Monroe Community College, Rochester, NY

2000 **Merit Award for Service Above and Beyond**

1990 Perinton Ambulance Corps, Perinton, NY  
**Outstanding Adult Student Award**  
Community College of the Finger Lakes, Canandaigua, NY

## RESEARCH GRANTS

2017 Principal Investigator, "*Expressions of Uncertainty Among Patients with Advanced Cancer Receiving Palliative Care.*" Sigma Theta Tau Epsilon Xi Research Grant, \$1,500.

## SUBMITTED GRANTS IN REVIEW

None.

## SUBMITTED GRANTS NOT FUNDED

2017 Principal Investigator, "*Expressions of Uncertainty Among Patients with Advanced Cancer Receiving Palliative Care.*" Sigma Theta Tau International/Hospice and Palliative Nurses Foundation End of Life Nursing Care, \$10,000.

## RESEARCH EXPERIENCE

Research Assistant, R. M. Epstein, PI. "RCT of Patient, Caregiver and Physician Communication Coaching in Advanced Cancer," Ronald M. Epstein, PI, NIH R01 [5R01CA140419-05], 2016-2017.

Research Assistant, P. Duberstein and H. Prigerson, MPI. "Impact of a Novel Cancer Communication Intervention on Caregiver Bereavement," (5% effort), Paul Duberstein and Holly Prigerson, MPI, NIH/NCI RO1 [1RO1CA168387], 2016-2017.

Research Assistant, R. Gramling, PI. "Palliative Care Communication Research Initiative," (40% effort), Robert Gramling, PI, American Cancer Society [RSG-13-239-01-PCSM], 2014-2016.

## JOURNAL PUBLICATIONS

Blazey, M., Zhang, Y., Stanek, S., & Norton, S. (2022/2024). The experience of uncertainty in individuals with high risk for pancreatic cancer. *Cancer Nursing*, 47(1), E10-E17. <https://doi.org/10.1097/NCC.0000000000001171>

Norton, S. A., Wittink, M. N., Duberstein, P. R., Prigerson, H. G., Stanek, S., Epstein, R. M. (2019). Family caregiver descriptions of stopping chemotherapy and end-of-life transitions. *Journal of Supportive Care in Cancer*, 27(2), 669-675. doi: 10.1007/s00520-018-4365-0

Gramling, R., Stanek, S., Han, P. K., Duberstein, P., Quill, T. E., Temel, J. S., ... & Norton, S. A. (2018). Distress due to prognostic uncertainty in palliative care: Frequency, distribution, and outcomes among hospitalized patients with

advanced cancer. *Journal of Palliative Medicine*, 21(3), 315-321. doi: 10.1089/jpm.2017.0285

Stanek, S. (2017). Goals of care: A concept clarification. *Journal of Advanced Nursing*, 73(6), 1302-1314. doi: 10.1111/jan.13243

Gramling, R., Stanek, S., Ladwig, S., Gajary-Coots, L., Cimino, J., Anderson, W., Norton, S., & the AAHPM Research Committee Writing Group (2016). Feeling heard and understood: A patient-reported quality measure for the inpatient care setting. *Journal of Pain and Symptom Management*, 51, 150-154. doi: 10.1016/j.jpainsymman.2015.018

Gramling, R., Gajary-Coots, E., Stanek, S., Dougoud, N., Pyke, H., Thomas, M., . . . Norton, S. (2015). Design of, and enrollment in, the palliative care communication research initiative: A direct-observation cohort study. *BMC Palliative Care*, 14(1), 40. doi: 10.1186/s12904-015-0037-8

## **SUBMITTED MANUSCRIPTS**

None.

## **ACCEPTED MANUSCRIPTS**

None.

## **PUBLISHED ABSTRACTS**

Gramling, R., Norton, S. A., Anderson, W., Gajary-Coots, E., Cimino, J., and PCCRI Study Group. (2016). Sustaining Large-Scale, Direct-Observation Research in the Natural Setting: The Palliative Care Communication Research Initiative Cohort Study. *Journal of Pain and Symptom Management*, 51(2), 409. Published abstract from the American Association of Palliative Medicine & The Hospice and Palliative Nurses Association meeting in Chicago, IL. March 9-11, 2016.

Norton, S., Dougoud, N., Pyke, H., Tedesco (Stanek), S., Quill, T., Powers, B. (2015). Goals of Care Transition in Palliative Care Consultation. *Nursing Research*, 64(2): E130-131. ISSN: 0029-6562.

## **ACCEPTED ABSTRACTS**

Greene, R., Stanek, S., Burke, K., Serwetnyk, T., Lent, J., & Marconi, M. (2022). *Providing nursing education graduate students with a course-embedded writing coach: A pilot of a peer review process*. American Association of Colleges of Nursing (AACN) Transform 2022, Chicago, IL.

## **RESEARCH PRESENTATIONS**

### **Peer Reviewed Podium Presentations [National/International]**

Norton S, Dougoud N, Pyke H, Tedesco (Stanek) S, Quill T, and Powers B. *Goals of Care Transition in Palliative Care Consultation*. Paper presented at the 27<sup>th</sup>

Annual Eastern Nursing Research Society meeting, Washington DC. April 17, 2015.

### **Conference Presentations**

Stanek, S. (2021). Exploration of the research process using a study on expressions of uncertainty from patients with advanced cancer when speaking with the palliative care team. *Wilmot Cancer Institute Nursing Research Conference*. October 19, 2021.

### **Webinars**

Norton, S. A., Herr, K., & Stanek, S. (January, 2017). Using *Measuring What Matters* to inform your practice for the Hospice and Palliative Nurses Association [National Webinar]. *Hospice and Palliative Nurses Association*.

### **Posters**

Greene, R., Stanek, S., Taylor, N., & Moreland, S. (2025, March 26). *Tech, teach, transform: A faculty-designer partnership using Feedback Fruits to improve student writing* [Conference session]. University of Tennessee Knoxville Innovative Teaching and Learning Conference, Knoxville, TN., United States/Virtual.

Gomulak-Cavicchio, J., Brown, T., Greene, R., Stanek, S., & Taylor, N. (2024). Unlocking Potential: How templates drive QI excellence in learning management systems. Poster presented at the inaugural Experiential Learning Summit, Rochester, NY. June 6-7, 2024.

Stanek, S., Gramling, R., Cole, R., & Norton, S. (2019). Expressions of uncertainty among patients with advanced cancer receiving palliative care. Poster presented at the 31<sup>st</sup> Annual Eastern Nursing Research Society meeting, Providence, RI. April 4, 2019.

Stanek, S., Gramling, R., Cole, R., & Norton, S. (2019). When patients with advanced cancer express uncertainty in palliative care consultations: Exploration of frequency, domains and association to prognosis. Poster presented at the American Academy of Hospice and Palliative Care Annual Assembly meeting, Orlando, FL. March 14, 2019.

Dougoud, N., Stanek, S., Norton, S., & Gramling, R. (2017). *Use of secondary data for doctoral dissertations*. Poster presented at the 29<sup>th</sup> Annual Eastern Nursing Research Society meeting, Philadelphia, PA. April 5, 2017.

### **LECTURES AND NON-RESEARCH PRESENTATIONS**

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| 2024 | <b>The Center for Lifelong Learning and Care Manager Course</b><br>Collaboration with University of Rochester School of Nursing and Health Workforce Development and Leadership Pathways in the Southern Tier West, Chautauqua, NY |
| 2024 | <b>Teaching with Ultra</b><br>Online Learning Symposium, University of Rochester   |
| 2016 | <b>Providing Video Feedback on Student Papers: A Benefit for Students and Instructors</b>  |

- 2012-present Master's Program Brown Bag Presentation  
University of Rochester School of Nursing  
**Guest Lecturer**  
End-of-life and Advance Care Directives Lecture  
University of Rochester School of Nursing, ABPNN Program
- 2007 **Speaker on Baby Loss**  
Grief Scape, Lifetime Care, Rochester, NY
- 2006 **Poster Presentation on the Health Benefits of Reiki**  
Unity Hospital's Heart Healthy Fair for Families
- 2006 **Level III RN Project**  
Strong Memorial Hospital

## TEACHING

- 2021-2022 **Course Coordinator for Masters in Nursing Education Capstone**  
Graduate Course, University of Rochester School of Nursing (NLX 487)
- 2020-present **Course Coordinator for Appraisal and Application of Evidence in Healthcare**  
Doctoral Course, University of Rochester School of Nursing (NUR 572)
- 2020-present **Course Coordinator for Theory and Evidence Based Practice for Nurse Educators**  
Graduate Course, University of Rochester School of Nursing (NLX 420)
- 2020-2023 **Course Coordinator for Teaching and Learning in Nursing**  
Graduate Course, University of Rochester School of Nursing (NLX 417)
- 2018-present **Course Coordinator for Nursing Principles for Evidence Based Practice**  
Graduate Course, University of Rochester School of Nursing (NUR 400)
- 2017-present **Developer and Course Coordinator for Clinical Data Management for DNP Practice**  
Doctoral Course, University of Rochester School of Nursing (NUR 509)
- 2015 **Course Coordinator for Writing Workshop**  
Graduate Course, University of Rochester School of Nursing (NUR 401)
- 2014-present **CAPS Coach**  
Tutor for Math and Statistics, University of Rochester School of Nursing
- 2013-present **Instructor for Statistics for Evidence Based Practice in the Health Sciences**

2013-2016	<b>Fast Track Course, University of Rochester School of Nursing (NSG 311)</b> <b>Instructor for Microbiology and Application to Health</b> Fast Track Course, University of Rochester School of Nursing (NSG 309)
2013	<b>Instructor for Introduction to Anatomy and Application to Medical Terminology</b> Fast Track Course, University of Rochester School of Nursing (NSG 024)
2013	<b>Course Coordinator for Principles and Application of Evidence-Based Nursing</b> RN to BS program, University of Rochester School of Nursing (NUR 301)
2013	<b>Clinical Instructor at Strong Memorial Hospital</b> Accelerated Bachelors Program for Non-Nurses, University of Rochester School of Nursing (NUR 372, 377)
2012	<b>Clinical Instructor at Strong Memorial Hospital</b> Accelerated Bachelors Program for Non-Nurses, University of Rochester School of Nursing (NUR 377, NUR 379)
2011-2012	<b>Clinical Instructor at New York State Veterans Home</b> Associate Degree Nursing Program, Genesee Community College
2011	<b>Clinical Instructor at Monroe Community Hospital</b> LPN program, Wayne-Finger Lakes BOCES

## PROFESSIONAL SERVICE

### Professional Board and Committee Roles

2022-2024	<b>Student Affairs Committee</b> University of Rochester School of Nursing, Rochester, NY
2021-2022	<b>CCNE Co-Chair for Standard IV</b> University of Rochester School of Nursing, Rochester, NY
2021-current	<b>Curriculum Committee</b> University of Rochester School of Nursing, Rochester, NY
2018-current	<b>DNP Sub-Committee</b> University of Rochester School of Nursing, Rochester, NY
2019-2021	<b>Holistic Admissions Committee</b> University of Rochester School of Nursing, Rochester, NY
2017-2019	<b>Sigma Theta Tau – Epsilon Xi Chapter</b> Secretary
2016-2017	<b>Curriculum Committee</b> University of Rochester School of Nursing, Rochester, NY
2014-2015	<b>Curriculum Committee</b> University of Rochester School of Nursing, Rochester, NY
2013-2015	<b>Faculty Development Committee</b> University of Rochester School of Nursing, Rochester, NY

### Journal Reviewer

2017-present *Journal of Advanced Nursing*

### **Professional Society Memberships**

2020-present American Association of Colleges of Nursing  
2014-present Eastern Nursing Research Society  
2012-present Sigma Theta Tau International  
2011-present Hospice and Palliative Nurses Association  
2010-2019 Genesee Valley Nurses Association  
1989-1990 Alpha Beta Gamma National Business Honor Society  
1989-1990 Phi Theta Kappa National Honor Fraternity Member

### **COMMUNITY SERVICE**

#### **Community Boards and Volunteer Roles**

2010-2020 **Lifetime Care Hospice, Rochester, NY**  
Provide Reiki for hospice patients  
2007-2009 **Open Door Mission, Rochester, NY**  
Served dinner to the homeless  
1998-2004 **Perinton Volunteer Ambulance Corps**  
Emergency Medical Technician and Driver

### **CONTINUING EDUCATION/PROFESSIONAL DEVELOPMENT**

2025 **Creating an Accessible Campus**  
Well-being for Life and Learning Training Program  
University of Rochester, Rochester, NY  
2025 **Let's Talk About It: Navigation Trauma-Informed Conversations**  
Well-being for Life and Learning Training Program  
University of Rochester, Rochester, NY  
2025 **Peer Reviewer Course**  
Quality Matters, Online Course  
2024 **Recognizing and Supporting Students in Distress**  
Well-being for Life and Learning Training Program  
University of Rochester, Rochester, NY  
2024 **Trauma-Informed Conversations**  
Well-being for Life and Learning Training Program  
University of Rochester, Rochester, NY  
2024 **Well-being in Learning Environments**  
Well-being for Life and Learning Training Program  
University of Rochester, Rochester, NY  
2024 **Recognizing Stress, Depression, and Anxiety in the Workplace**  
EAP Supervisor Series  
University of Rochester, Rochester, NY  
2024 **Tending the Roots: Recognizing Trauma and Cultivating Wellness**

New York State Trauma-Informed Network and Resource Center  
Rochester, NY

2022 **Applying the Quality Matters (QM) Rubric 6<sup>th</sup> Edition**  
Online Course

2021 **DNP Summit**  
The Future of Nursing and the DNP  
Virtual Experience

2020 **American Academy of Colleges of Nursing**  
Inaugural Diversity Symposium  
Virtual Experience

2019 **ENRS 31<sup>st</sup> Annual Scientific Sessions**  
Transforming the Future of Nursing Research: Imagination,  
Innovation, and Engagement  
Providence, RI

2019 **AAHPM**  
2019 Annual Assembly  
Orlando, FL

2017 **ENRS 29<sup>th</sup> Annual Scientific Sessions**  
Leading the Way: Building Strength and Unity in the Diversity of  
Nursing Science  
Philadelphia, PA

2016 **Friends of the National Institute of Nursing Research**  
2016 Nightengala  
Washington, DC

2015 **ENRS 27<sup>th</sup> Annual Scientific Sessions**  
Nursing Science, Evidence, and Policy: Creating a Culture of  
Health  
Washington, DC

2014 **ENRS 26<sup>th</sup> Annual Scientific Sessions**  
Promoting Health Across the Life Span: The Art and Science of  
Person-Centered Care  
Philadelphia, PA

2014-2020 **Lectures on Creating Online Learning Classes**  
University of Rochester, Rochester, NY

2013-2020 **Doctoral Candidate, Nursing and Health Sciences Research**  
University of Rochester School of Nursing, Rochester, NY