

LISA H. NORSEN, PhD, RN, ACNP
Home: (585) 421-0325
Cell: (585) 750-4007
Business: (585) 275-8853
Email: lisa_norsen@urmc.rochester.edu

LICENSE Registered by New York State Education Department, Adult Nurse Practitioner F000733-1 (current)
Registered by the New York State Education Department, Registered Nurse 299788 (current)

PROFESSIONAL EXPERIENCE

Academic/ Teaching

2013-Current Professor of Clinical Nursing, University of Rochester School of Nursing

2008- 2013 Associate Professor, University of Rochester School of Nursing
Rochester, New York

2006- 2008 Assistant Professor, University of Rochester School of Nursing
Rochester, New York

1996- 2006 Senior Associate, University of Rochester School of Nursing
Rochester, New York

Administrative/ Leadership

Current Chief Wellness Officer
UR Medicine Employee Wellness

Responsible for Clinical Programs and Staff:
Develop, implement and evaluate clinical programs
Oversee clinical staff
Position the CEW for national prominence as provider of comprehensive wellness services
Assure innovation in program design and wellness initiatives
Establish strategic collaborations that support the mission of the EW
Assure financial success of clinical programs
Participate in education and research initiatives that align with EW mission

2012- 2014 Associate Dean for Innovation and Community Outreach
Director, Sovie Institute for Advanced Practice, Innovation and Scholarship

Responsible for Center for Nursing Entrepreneurship:
Develop and implement strategic initiatives
Oversee business operations
Oversee clinical programs and services
Assure financial success of Center
Identify and develop community and corporate opportunities
Develop social entrepreneurship within University and in community

Responsible for Sovie Institute:

- Oversee practice of advanced practice nurses in the Medical Center
- Develop collaborative opportunities for advanced practice nurses
- Develop and evaluate innovative advanced practice models
- Assure collaboration and communication between academic and practice partners
- Enhance opportunities for advanced practice nurses to engage in scholarship and innovation

2006- 2012 Director, Master's Programs
University of Rochester School of Nursing, Rochester, New York

- Responsible for administrative oversight both nurse practitioner and leadership programs:
- Perform systematic reviews of curricula and recommend changes
 - Develop new programs to meet current and future needs for master's prepared nurses
 - Conduct program evaluations to assure achievement of desired outcomes
 - Develop and implement new marketing strategies to achieve recruitment goals
 - Recruit clinical faculty for programs
 - Provide opportunities for faculty enrichment
 - Assure cost effective management of programs
 - Seek extramural funding to support program development
 - Serve as a faculty resource and mentor
 - Establish interdisciplinary educational opportunities
 - Establish national recognition of programs
 - Participate in strategic planning

1996- 2006 Associate Director for Adult Nursing Services
University of Rochester Medical Center

- Responsible for the administrative oversight of adult inpatient and emergency nursing services:
- Assure quality of nursing care delivered to patients
 - Develop and evaluate programs to enhance quality and promote safety
 - Develop budgets to meet operating and capital needs
 - Assure compliance with budgets
 - Recruit, orient and mentor nursing leaders
 - Oversee advanced practice nurses
 - Develop collaborative ties across disciplines
 - Lead practice change and innovation
 - Assure compliance with regulatory standards and accepted national standards
 - Promote professional practice standards

Clinical

2006- 2011 Nurse Practitioner in Hospital Medicine
University of Rochester Medical Center, Rochester, New York

1982-1995 Senior Nurse Practitioner in Surgical Nursing and Cardio-thoracic Surgery
University of Rochester Medical Center, Rochester, New York

- 1979- 1982 Nursing Practice Coordinator, Nursing Practice
Strong Memorial Hospital, Rochester, New York
- 1977-1979 Staff Nurse, Surgical Intensive Care Unit
Strong Memorial Hospital, Rochester, New York

EDUCATION

- | | | |
|------|-----------------------------|--|
| 2007 | PhD | University of Rochester
Rochester, NY |
| 1993 | Post Masters
Certificate | University of Rochester
Rochester, New York |
| 1983 | MS | University of Rochester
Rochester, New York |
| 1977 | BSN | University of Rochester
Rochester, NY |

PUBLICATIONS

- Norsen, L., Anson, E Lavigne, H., Hoang, G., & Singh, R. (2021). Differences in Outcomes Between Men and Women Enrolled in Chronic Disease Programs for Diabetes, Hypertension and Hyperlipidemia. *Circulation*, 144-A12307.
- Pesis- Katz, I., Smith, J., Norsen, I., DeVoe, J., & Singh, R. (2019). Reducing Cardiovascular Disease Risk for Employees Through Participation in a Wellness Program. *Journal of Population Health Management*. Published online September, 12.
- Sorensen, A., Norsen, L., Chen, L. (2018). A Multi-modal Skin Cancer Prevention Program for Heart Transplant Patients. *Progress in Transplantation*. 28(3), 1-4.
- Norsen, L., & Spillane, L. (2012). "Partnering in interprofessional education to design simulation programs to promote collaboration and patient safety" *Creative Nursing*, 12(3), 2109-114.
- Groth, S, & Kitzman, H, Norsen, L. (2010). Long term outcomes of advanced practice nursing. In: Sullivan-Marx, E. (ed) *Nurse Practitioners: The Evolution and future of Advanced Practice* (5th edition). Springer, New York.
- Kipp, H., Musshafen, L, & Norsen, L. (2009). Inpatient nursing management. In: Bisignano, J (ed) *Congestive Heart Failure*. Springer, New York.
- Norsen, L. (1997). *The Acute Care Nurse Practitioner: Innovative and Effective Care in the 21st Century. Nursing Roles: Series on Nursing Administration*. Newbury Park, California: Sage Publications.
- Ackerman, M., Norsen, L., Martin, B., Weidrich, J., & Kitzman, H. (1996). The development of a model of Advanced practice. *American Journal of Critical Care*, 5(1), 68-73.

- Ackerman, M., Norsen, L., Martin, B., Weidrich, J., & Kitzman, H. (1996). The Strong Model of Advanced Practice. *Journal of Critical Care*. Jan., 26-35.
- Norsen, L., Quinn, J., & Opladen, J. (1995). A Collaborative Practice Model. *Critical Care Nursing Clinics of North America*, March: 7(1), 43-52.
- King, K., Norsen, L. (1994). The care/cure, nurse/physician dichotomy doesn't do it anymore. *Image - The Journal of Nursing Scholarship*, 26(2), 89.
- Norsen, L. (1992). Research in clinical practice: The efficacy of imagery and progressive muscle relaxation in the management of postoperative pain. *Strong Nursing*, Summer, 4.
- King, K., Clark, P., Norsen, L., & Hicks, G. (1992). Coronary artery bypass surgery in older women and men. *American Journal of Critical Care*, 1(2), 28-35.
- King, K., Norsen, L., & Porter, L. (1992). Patient perceptions of quality of life after coronary artery surgery: Was it worth it? *Research in Nursing and Health*, 15(5), 327-334.
- King, K., Reis, H., Porter, L., & Norsen, L. (1992). Social supports and long term recovery from coronary artery surgery: Effects on patients and spouses. *Health Psychology*, 20, 56-63.
- King, K., Norsen, L., Robertson, R., & Hicks, G. (1987). Patient management of pain medication after cardiac Surgery. *Nursing Research*, 36(3), 145-150.
- Norsen, L., Telfair, M., & Wagner, A. (1986). Detecting dysrhythmias. *Nursing '86*, 16, 314-340.
- Norsen, L. (1985). Emergency Drugs - Part II. *Nursing Life*, 5, 33-40.
- Norsen, L. (1985). Emergency Drugs - Part I. *Nursing Life*, 5, 33-40.
- Hicks, G., Jensen, L., Norsen, L., & Quinn, J. (1985). Platelet inhibitors and hydroxethyl starch in coronary artery surgery. *Annals of Thoracic Surgery*, 39, 422-426.
- Norsen, L., & Fox, G. (1985). Understanding cardiac output and the drugs that affect it. *Nursing '85*, 15, 34-42.

PRESENTATIONS

- | | |
|-----------------|---|
| September, 2022 | “Behavioral Health and Emotional Well-being in the Workplace”. Webinar Hosted US Employee Benefits Services Group. |
| November, 2021 | “Differences in Outcomes Between Men and Women Enrolled in Chronic Disease Programs for Diabetes, Hypertension and Hyperlipidemia”. American Heart Association, Boston, Ma. |
| March, 2021 | “Improving the Health of a Diverse Population Through a Nurse-Driven Chronic Disease Management Program”. Eastern Nursing Research Society. Virtual Conference. |
| February, 2021 | “Vaccine Update”. Webinar Hosted US Employee Benefits Services Group. |
| June, 2020 | “Addressing Depression in the Workplace using the Chronic Disease Management Model”. Webinar. Hosted by Dr. Joel Axler (Strategic Benefits Advisors). |

November, 2019	“Reducing Cardiovascular Disease Risk for Employees Through Participation in a Wellness Program. American Public Health Association National Conference, Philadelphia, Pa.
June, 2018	“Making the Old New Again: Chronic Disease Management in the Workplace”. National Wellness Institute. Minneapolis, Minnesota.
September, 2017	“Development and Implementation of a Skin Cancer Prevention Program for Heart Transplant Patients”. European Transplant Nursing Symposium. Berlin, Germany.
January, 2016	University of Rochester. Using E-Learning Technologies in the Classroom Rochester, New York.
February, 2013	University of Rochester Young Leaders Group. Nursing: “ The Profession for the 21 st Century,” Rochester, New York.
September, 2012	National NP/ PA Leadership Conference. “Interprofessional Education and Practice at the the Crossroads. New York , New York.
June, 2012	4 th Annual SCORE (Study Coordinators Organization for Research and Education) Half-Day Workshop. “Health Research Management for the Study Coordinator”, Rochester, New York
April, 2011	“An Evaluation of Hand Held Technology in Masters Nursing Education”. National Organization of Nurse Practitioner Faculties Annual Meeting. Albuquerque, New Mexico.
February, 2011	“A Qualitative Analysis of an Interdisciplinary Simulation Experience”. American Association of Colleges of Nursing Meeting. Phoenix, Arizona.
October, 2009	“A Recipe for Educational and Practice Excellence: An Interdisciplinary NP/GNP Program”. State Society on Aging (SSA) Conference. Rochester, New York
October, 2008	“Interdisciplinary Practice: A Hospital Model”. Collaborating Across Borders. Minneapolis, Minnesota.
April, 1997	“A Model for Advanced Practice”. Conference on Advances in Delivery of Care. London, England
April, 1996	“Advanced Practice in the 21st Century”. Sigma Theta Tau Conference. Rochester, New York
November, 1995	“Advanced Practice”. Acute Care Symposium: Evolving Roles. Chicago, Illinois.
April, 1995	“Evaluating the Advanced Practice Role”. Third Annual Consensus Conference. Rochester, New York.
April, 1995	“The Advanced Practice Nurse in the Intensive Care Unit”. Poster Presentation. AONE Conference, Seattle Washington.

September, 1994	"An Evaluation of the Advanced Practice Nurse in the Surgical Intensive Care Unit". Advanced Practice Nursing, A Driving Force for the 21st Century, Detroit, Michigan.
May, 1994	"Advanced Practice: Structure, Process and Evaluation". National Teaching Institute, Atlanta, Georgia.
May, 1994	"The Efficacy of Imagery and Progressive Muscle Relaxation in the Management of Post Operative Pain". International Nursing Research Conference, Vancouver, British Columbia.
April, 1994	"Scope of Practice and Standards of Practice". Western New York Symposium on Advanced Practice, Rochester, New York.
April, 1994	"Advanced Practice Nursing". International Cardiology Conference, Moscow, Russia.
April, 1993	"Faculty Practice in the Acute Care Setting". National Organization of Nurse Practitioner Faculties, Chicago, Illinois.
May, 1991 November, 1986 November, 1985 October, 1984	"Cardiac Surgery". Advanced Cardiac Care Course. Sponsored by the American Heart Association, Genesee Valley Chapter, Rochester, New York.
March, 1991	"Cardiac Pacemaker Technology". Oswego Community Hospital, Oswego, New York.
September, 1990	"The Role of the Clinical Specialist in Cardiac Surgery". Upstate AORN Chapter, Rochester, New York.
October, 1985	"Anatomy and Physiology of the Heart". Basic Arrhythmia Course. Sponsored by the April, 1985 American Heart Association, Genesee Valley Chapter, Rochester, New York.
May, 1985	"Nursing Care of the Patient Undergoing Intra-Aortic Balloon Pump Therapy". Critical Care Update. Sponsored by New York State Critical Care Medicine Society, Rochester, New York.
October, 1984	"Basic Arrhythmias". Course Workshop Instructor. Sponsored by the American Heart Association, Genesee Valley Chapter, Rochester, New York.
May, 1984	"Nursing Interventions After Open Heart Surgery". National Nurses Day Scientific Sessions. The University of Rochester, Rochester, New York.
April, 1984	"Nursing Care of the Cardiac Patient Undergoing Non-Cardiac Surgery". Western Regional Conference of New York State Nurse Anesthetist Association, Buffalo, New York.
October, 1983	"Blunt Chest Trauma". Surgical Nursing Seminar, Trauma: Acute Interventions. Sponsored by the University of Rochester School of Nursing, Surgical Nursing Practice, Rochester, New York.
April, 1983	"Intra-Aortic Balloon Pump". Critical Care Update. Sponsored by the University of Rochester School of Medicine and Dentistry and the School of Nursing, Rochester, New York.

March, 1982 "Cardiac Surgery - An Overview". Eastman Kodak Company, Rochester, New York.

AWARDS

2015 University of Rochester School of Nursing, John H Wilder Award

2007 Sigma Theta Tau, Epsilon Xi Chapter, Dissertation Award- National Honor Society of Nursing

2004 Excellence in Leadership Award- Strong Memorial Hospital

1994 Profiled in Pfizer Guide for Nursing Careers

1993 Outstanding Scholarly Practitioner - University of Rochester, School of Nursing, Rochester, New York.

1987 Inducted into Sigma Theta Tau International

1984 Outstanding Nurse of the Year - Strong Memorial Hospital, Rochester, New York.

SPOSORED RESEARCH ACTIVITIES

2015 Investigator "Evaluating the Behavioral Health Nurse Role in an Acute Rehabilitation Setting".

2012 Awardee, "Affordable Care Act Grants for School Based Health Centers Capital Program". Awarded By: Health Resources and Services Administration: \$475,000.

2011 Awardee, "Affordable care Act Grants for School Based Health Centers Capital Program". Awarded By: Health Resources and Services Administration: \$375,000.

2010 Investigator, "The Effect of Point of Care Technology in Graduate Education".

2010 Investigator, "Outcomes of Interdisciplinary Simulation in Graduate Education".

2008 Co-investigator, "Evaluating the Outcomes of Simulation in Undergraduate Nursing Education".

2007 Principle Investigator, "Outcomes of Practice for Acute Care Nurse Practitioner Models."

1995 Principle Investigator, "Cognitive Dysfunction and Quality of Life After Cardiac Surgery."

1994 Principle Investigator, "An Evaluation of the Acute Care Nurse Practitioner Role in the Surgical Intensive Care Unit".

1994 Co-investigator, "An Accelerated Care Program for Cardiac Surgical Patients". Supported by the Innovations in Patient Care Program of the University of Rochester.

- 1992 Co-investigator, "The Effect of a Weaning Protocol on Outcome of Critically Ill Surgical Patients". Supported by the Innovations in Patient Care Program of the University of Rochester.
- 1991 Principle Investigator, "The Efficacy of Imagery and Progressive Muscle Relaxation in Management of Postoperative Pain". Supported by the Innovations in Patient Care Program of the University of Rochester.
- 1990 Co-investigator, "The Efficacy of Low Air Loss Beds in the Surgical Intensive Care Unit". Supported by the Innovations in Patient Care Program of the University of Rochester.
- 1987 Co-investigator, "Effects of Social Support on Recovery from Heart Surgery". Supported by a grant from the Department of Health and Human Services.
- 1986 Co-investigator, "The Effect of Self Medication for Pain Following Cardiac Surgery". Supported by a grant from Robert Wood Johnson Foundation.
- 1984 Principle Investigator, "The Evaluation of Nursing Interventions and Their Impact on Discharge Status of Patients After Open Heart Surgery". The University of Rochester, Rochester, New York.
- 1983 Unpublished Master's Thesis, The Relationship of a Structured Postoperative Cardiac Rehabilitation Program and the Employment Status of a Group of Patients After Coronary Artery Bypass Surgery. The University of Rochester, Rochester, New York.
- 1983 Research Assistant, "Complications of Intra-Aortic Balloon Pump".
- 1983 Co-investigator, Quality Assurance Study: "Evaluation of Patient Falls". University of Rochester, Rochester, New York.