

NICHOLE MARIE GARDEA BUTLER, MS, LCSW-R

EDUCATION

Columbia University School of Social Work, New York, NY
Master of Science, May 2002, Clinical Practice

University at Buffalo, The State University of New York, Buffalo, NY
Bachelor of Art, May 2000, Sociology

LICENSURE

State of New York, Education Department Licensed Clinical Social Worker, November 2005, License Number R072304

CERTIFICATION

American Group Psychotherapy Association, New York, NY, Certified Group Psychotherapist, January 2017 - 2020

PROFESSIONAL DEVELOPMENT/TRAININGS

Social Work Practice Fellows, Program for Social Work Supervisors of Direct Practice Across the Life Course, 36 hours, December 2018

Eye Movement Desensitization and Reprocessing, Basic Training, 62 EMDRIA approved hours, November 2018

Cognitive Processing Therapy Training, September 2015

GRANT EXPERIENCE

Program to Strengthen Behavioral Health Capacity in New York's School-Based Health Centers

Principal Investigator: Nichole Gardea Butler Funder: New York school Based health foundation
Time frame: 1/1/2022-12/31/2022

NYSBH Foundation Telehealth Expansion Program

Principal Investigator: Nichole Gardea Butler Funder: New York school Based health foundation
Time frame: 1/1/2021-12/31/2021

A Multimodal Approach to Improve the Health of East Students. Promoting Youth Resiliency and a Culture of Health, delivering mindfulness based cognitive therapy to those students at the highest risk to improve resiliency

My Role: Provide clinical oversight for the group model, supervision of group therapist and development of group curriculum

Principal Investigator's: Yussman, Susan Urbach, Kim

Resiliency Building Component, Co-Investigator: Conn, Anne-Marie

Funder: Greater Rochester Health Foundation

Timeframe: 07/01/2016 – 06/31/2019

PRESENTATIONS

Improving Resiliency of High-Risk Adolescents: Integrating Mindfulness-Based Group Therapy within a School-Based Health Center. Workshop (1.5 CNE), Alliance for New York State School-Based Health Centers. Saratoga, NY, October 2017

School-Based Health Centers: Comprehensive Primary and Mental Health Services in the School Setting, University of Rochester, Social Work Grand Rounds, Rochester NY, February 2015

AWARDS

New York School Based Health Foundation Telehealth Story Contest, 2022, 2nd place recipient,

Excellence in Clinical Care Award, The Department of Psychiatry and Strong Behavioral Health, September 2009

PROFESSIONAL EXPERIENCE

University of Rochester School of Nursing, School Based Health Centers (SBHC) Rochester, NY, Director/Program Manager, Assistant Professor of Clinical Nursing, October 2020- Present

- Implementation and Supervision of Daily SBHC Operations and Program Planning
- Manage and lead the development of the SBHCs, including collaborative relationships with school district, staff recruitment and selection and program implementation
- Ensure data collection and reporting for outcomes measurement and work with UR clinical systems representatives to improve integrity of data and utility of documentation templates
- Serve as Principle Investigator for SBHC grant related funding
- Partner with New York School-Based Health Alliance or various projects and initiatives as needed focus on community health initiatives to improve adolescent health services and access to care for underserved, high risk youth
- Respond to and prepare documentation for New York State Department of Health (NYSDOH) Audits and VFC site visits as well as UR Environment of Care (ECC) audits and JCO audits
- Provide comprehensive mental health services to students enrolled in the school-based clinic
- Provide direct care, through assessment, planning and intervention, monitoring outcomes of care

Peaceful Mind Therapy, Fairport, NY Private Practice, October 2016-present

- Provide psychotherapy services to adolescents and adults, in individual and/or group modality, and provide initial assessments, diagnosis, treatment planning, use of screening tools, and crisis intervention
- Maintain clinical documentation that meet insurance provider panels
- Currently paneled with Excellus

University of Rochester Medical Center, School of Nursing, School Based Health Centers (SBHC) at Frederick Douglass Campus and East School, Rochester, NY, Senior Social Worker, Primary Therapist, October 2014- October 2020

- Coordinate all mental health services at Frederick Douglass Health Center, this included the development of the mental health referral form and streamlined the process for both SBHC's
- Provide assessment, diagnosis, mental health treatment and crisis intervention, counseling, and referrals to students in grades 6 through 12 and their families
- Continue to monitor continuity of care and ensure linkage to community resources

- Work collaboratively with inter-disciplinary teams, integrating medical and mental health at both SBHC centers
- Engage and work collaboratively with school personnel, member on school committees (campus student support services, campus mental health team)
- Provide mental health consultation to school team and participate in school meetings as appropriate
- Coordinate the Social Work field placements for both centers and function as field education instructor
- Provide administrative on-call coverage for the Social Work Division and on-call coverage as a pediatric consultant

University of Rochester Medical Center, Department of Psychiatry, Behavioral Health, Rochester, NY
Social Work Clinical Coordinator for Inpatient Services, Senior Social Worker

January 2010-October 2014

- Managed the delivery of Social Work services with a focus on patient and family centered care, quality improvement, and partnering with community services to provide effective and efficient continuity of care to patients and families
- Managed Mental Hygiene, legal status and developed a process to enhance fluidity among inpatient units
- Managed and coordinated the Social Work Internship Program in Psychiatry and co-chaired the Social Work Division Internship Committee
- Provided clinical supervision and administrative oversight to a team of twelve social workers, with an emphasis on patient and family centered care, accountability of practice and service, professional role and continuing education, creativity with available resources, interdisciplinary collaboration, consultation and clinical interventions
- Interfaced and maintained collegial working relationships with various constitutes and representatives from NYS and Monroe County Office of Mental Health, Community Mental Health Centers, School administrators, In house Legal Counsel, Mental Hygiene Legal Service, Hospital Security, Local Law Enforcement, Nursing home and rehabilitation providers, and State Psychiatric Centers
- Provided in-service seminars/trainings to staff, students, and community members
- Co-developed and implemented an adult inpatient therapy group
- Member of the University of Rochester Medical Center, Strong Memorial Hospital Child Protection Committee
- Provided administrative on-call coverage for the Social Work Division and on-call coverage as a pediatric consultant
- Committee member for Psychiatry Department Quality's Counsel
- Clinical Instructor in Psychiatry in the School of Medicine and Dentistry appointment on December 1, 2011 (secondary)

University of Rochester Medical Center, Department of Psychiatry, Child & Adolescent Services, Rochester, NY Senior Child and Adolescent Social Worker, October 2008-December 2009

- Provided clinical supervision and administrative oversight for three inpatient Social Workers and two ambulatory Social Workers, with a focus on supporting

- professional growth and honing in on clinical skills of engagement, assessment, interventions, formulation, discharge planning and continuity of care
- Monitored social work services and interventions to ensure that patients and families received appropriate level of care as well as supporting consistent collaboration with formal and informal supports
- Provided consultation to interdisciplinary team/staff, crisis intervention to families, and co-lead therapeutic groups and advocacy
- Provided administrative and child protective on-call consultation services for the Social Work Division
- Collaboration with community providers and participated in community meetings to increase and maintain collegial working relations
- Member of the Social Work Intern Committee, presented at seminars, supervised Master Level Interns, coordinated orientation for incoming students
- Provided social work administrative coverage as needed for adult inpatient psychiatry services

University of Rochester Medical Center, Psychiatry Department, Child & Adolescent Partial Hospitalization Service, Rochester, NY Primary Therapist, November 2007 -September 2008

- Conducted initial evaluations and psychosocial assessments and completed diagnostic and formulation summaries
- Developed and implemented treatment plans and provided recommendations for continuity of care to patients and families
- Provided individual and family therapy, crisis intervention and safety planning
- Assisted in maintaining a therapeutic program milieu
- Collaborated with appropriate collateral contacts and maintained linkages to community resources
- Co-lead therapeutic groups
- Provided coverage in the emergency department as needed

University at Buffalo, The State University of New York, College Counseling Services, Buffalo, NY Licensed Clinical Social Worker, October 2005-November 2007

- Completed initial diagnostic evaluations and provided appropriate referrals based on psychosocial and diagnostic need
- Provided individual, couples, and group therapy
- Provided consultation, outreach, and crisis intervention
- Responsible for coordination of Suicide Prevention Services (Interim Coordinator), committee member, and became a Certified Suicide Prevention Gatekeeper Instructor (12/2006-12/2009)
- Established and maintained working relationships with colleagues in other departments and programs in the University
- Bridged and foster relationships with the students of color in the University with a focus on first generation college students
- Provided clinical supervision to Master Level Social Work and psychology interns
- Member on UB 's campus committees for students with disabilities, training committee, and UB School of Social Work academic planning committee

Weston United Community Renewal, Inc., Casa Renacer, Supported Housing Program New York, NY
Program Director, April 2003-September 2005

- Managed, directed, and monitored all aspects of the program start-up, administrative operations, facility and maintenance, to ensure and maintain on-going compliance with state funding regulations and health and safety requirements (Tax Credit requirements, lease agreements, Department of Health, Office of Mental Health)
- Provided direct oversights of a staff of 27, including a program psychiatrist, a nurse, and a clinical coordinator and a residence manager
- Controlled and managed all program expenditures (supplies, equipment, petty cash) and maintained proper documentation
- Managed the agency's central intake for the residential programs and supervised Intake Manager
- Assessed staff development and arranged trainings to improve staff productivity
- Conducted outreach to shelters and transitional programs to market housing program
- Executed and ensured quality services, with a focus on community engagement, in accordance with the agency and housing objectives
- Ensured that all consumers/residents received the appropriate level of care and treatment
- Completed intakes and assessments of all potential consumers/residents for the program, provided clinical and crisis intervention in acute episodes of emotional distress as needed for consumers/residents
- Supervised Master Level (Seminar in Field Instruction at Columbia University) and Bachelor level social work interns

Palladia, Inc. Severely and Persistently Mentally Ill Scattered Site-Supported Housing Program, New York, NY
Coordinator/Case Manager, May 2002-April 2003

- Completed intakes and assessments and reviewed clients' eligibility into the program
- Collaborated with mental health professionals and social services agencies regarding client and their family
- Conducted home visits and facilitated monthly group meetings with clients
- Monitored clients' outpatient services, active ACS cases, and clients' toxicology test
- Provided individual counseling, on-call crisis counseling, advocacy, family counseling, money management skills, ADL skills, accompanied clients to various appointments and provided referrals
- Assisted program director/supervisor with program budget and developed the program's policy procedure manual
- Supervised BSW-level students

Visitation Alternatives, Great Neck, NY Case Supervisor, March 2001-September 2005

- Supervised children and the visiting parent, grandparents and sibling(s)
- Provided crisis counseling and therapeutic interventions to children and their families
- Completed intake and assessments

- Prepared court reports for Manhattan Family Court and Nassau Family Court

Child and Family Services Conner's Children Center, Residential Therapeutic Facility (RTF), Buffalo, NY Therapeutic Child Care Worker, March 1999-May 2000

- Focused on children goals: improved daily living, problem solving and conflict resolution skills
- Responded to various needs to children and ensured a safe living environment
- Trained in therapeutic physical intervention

INTERNSHIPS/FIELD PLACEMENTS

Graham-Windham School Based Mental Health Program, PS 30M, New York, NY
Social Work Intern, September 2001-May 2002

- Provided individual therapy (art & play), crisis intervention, and family counseling
- Completed intakes, assessments, psychosocial assessments, treatment plans and all documentation regarding clients/students (ages 5 to 15 years)
- Facilitated and Co-Facilitated art therapy group, girls-in-charge group, and teacher's group
- Developed program forms, teacher surveys and children surveys
- Provided parents with information to prevent neglect and abuse
- Conducted in-service training for teachers and administrative staff
- Monitored students in the class room

Weston United Community Renewal, Inc., Transitional Living Community (TLC), New York, NY
Social Work Intern, September 2000-May 2001

- Collaborated with an interdisciplinary team consisting of the Program Director, Social Workers Case Workers, LPN, Psychiatrist, MICA Specialist, Counselors, and community liaisons
- Provided individual therapy to homeless and dually diagnosed, severely and persistently mentally ill consumers
- Provided psycho-education with regards to medication compliance and mental illness and wellness
- Assisted consumers with obtaining entitlements, maintaining sobriety, securing housing and provided referrals to day treatment programs
- Responsible for all chart documentation, including psychosocial histories, progress notes, service plans, treatment goals, and HRA housing packages
- Developed and implemented two educational programs for women's history month and child abuse prevention month

Crisis Services, Buffalo, NY Advocate Intern, September 1999-December 1999

- Provided on-call crisis intervention, in emergency rooms, to survivors of rape and domestic violence
- Completed chart documentation, event reports, and prepared informational packets