

Curriculum Vitae

Elizabeth Palermo, DNP, RN, ACNP-BC, ANP-BC
 Assistant Professor of Clinical Nursing
 Specialty Director, Adult Gerontology Acute Care Nurse Practitioner Program
 University of Rochester School of Nursing
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Professional Education

Doctor of Nursing Practice, May, 2014

St. John Fisher College, Rochester, NY

Clinical Scholarship Project, RNHHELP: Retraining Nurses to Help Hospitalized ELderly Patients

Post-Master's Certificate in Nursing, October, 2010

University of Rochester School of Nursing, Rochester, NY

Acute Care Nurse Practitioner Program

Master of Science in Nursing, May, 2002

University of Rochester School of Nursing, Rochester, NY

Adult Nurse Practitioner Program

Bachelor of Science in Nursing, May, 1991

University of Rochester School of Nursing, Rochester, NY

Summa Cum Laude graduate

Bachelor of Science in Biology and Society, May, 1987

Cornell University School of Agriculture and Life Sciences, Ithaca, NY

Current Licensure

New York Registered Professional Nurse	#435717	Expires 6/30/2028
New York Nurse Practitioner in Adult Health	#303598	Expires 6/30/2028
New York Nurse Practitioner in Acute Care	#430395	Expires 6/30/2028

Certifications

Advanced Certificate, Nursing Education	University of Rochester School of Nursing	12/2021
Acute Care Nurse Practitioner	American Nurses Credentialing Center	8/2011 to present
Adult Nurse Practitioner	American Nurses Credentialing Center	4/2004 to present
Critical Care Registered Nurse	American Association of Critical Care Nurses	2/1996 to present

Professional Experience

March, 2025 to present	Interim Program Director, Nurse Practitioner Programs MS and Advanced Certificate Programs <i>University of Rochester School of Nursing, Rochester, NY</i>
May, 2013 to present	Assistant Professor of Clinical Nursing, BS and MS Programs <i>University of Rochester School of Nursing, Rochester, NY</i>
July, 2011 to present	Specialty Director, Adult Gerontology Acute Care Nurse Practitioner Program <i>University of Rochester School of Nursing, Rochester, NY</i>
October 2007 to May, 2013	Instructor of Clinical Nursing, BS and MS Programs <i>University of Rochester School of Nursing, Rochester, NY</i>
October, 2002 to present	Nurse Practitioner, Hospital Medicine APP Service <i>Strong Memorial Hospital, Rochester, NY</i>
August, 1998 to April, 2002	Nurse Leader, Respiratory/Medicine Stepdown Unit <i>Strong Memorial Hospital, Rochester, NY</i>
September, 1992 to August, 1998; May, 2002 to September, 2010	Staff Nurse, Medical Intensive Care Unit <i>Strong Memorial Hospital, Rochester, NY</i>
June, 1991 to September, 1992	Staff Nurse, Acute General Medicine Unit <i>Strong Memorial Hospital, Rochester, NY</i>
June, 1990 to May, 1991	Nurse Extern, Acute General Medicine Unit <i>Strong Memorial Hospital, Rochester, NY</i>
February, 1989 to May, 1990	Laboratory Technician, Department of Psychiatry <i>Strong Memorial Hospital, Rochester, NY</i>
September, 1987 to January, 1989	Information Analyst, Cardiology Unit <i>Strong Memorial Hospital, Rochester, NY</i>

Teaching Experience

Spring 2025	NPG 402: Foundations and Professional Roles in Advanced Practice Nursing
Fall 2009-2024	NUR 424: Adult Gerontology Acute Care Nurse Practitioner I Course and Clinical Coordinator, Clinical Rounding Faculty
Spring 2010-2025	NUR 425: Adult Gerontology Acute Care Nurse Practitioner II Course and Clinical Coordinator, Clinical Rounding Faculty

Spring, 2021, 2024, 2025	NUR 491: Geriatrics Update for the Acute Care NP Course Developer, Course Coordinator
Fall 2013-2019	NUR 410: Advanced Health Assessment Lab Instructor, Lecturer
Fall 2015-2018, 2021, 2022	NLX 422: Assessment for Nurse Educators and Leaders Course Coordinator, Lecturer, and Lab Instructor
Summer 2014-2025	NUR 414: Nurse Practitioner Procedure Lab Course Designer, Course Coordinator, Lab Instructor
Summer 2018-2024	NUR 363: Assessment Refresher Course Course Co-coordinator and Lab Instructor
Fall 2007, 2008, 2009, 2011 and Spring 2008, 2009, 2010, 2011	NUR 377: Adult and Community Health Clinical instructor on medical and surgical units
Fall 2010	NUR 377: Adult and Community Health Course and Clinical Coordinator
Summer 2010-2016, Fall 2012, & Spring 2014-2015	NUR362: Comprehensive Health Assessment Lab Instructor

Curriculum Design

Fall 2024-present	NPG 402: Foundations and Professional Roles in Advanced Practice Nursing. Created introductory course for all NP specialties addressing NP roles and scholarly writing skills
Fall 2024-present	Leader, NP Program Faculty Group. Developing new curricular subcommittee, facilitating meetings to coordinate curriculum, mentor new faculty, and promote community
Fall 2024	NUR 424: Adult Gerontology Acute Care NP I. Revised gerontology content using the 4Ms Framework for Age-friendly care and converted to online format.
2022-present	Co-Leader, Master's NP Program Curriculum Revision Task Force. Resdesigning MS-NP and advanced certificate curricula to be competency based and meet new national guidelines.
Spring 2014	MS/Acute Care NP Program revised to Adult Gerontology Acute Care NP Program: created new procedure course, revised two acute care clinical courses, revised clinical hours distribution, infused gerontology content throughout clinical courses.

Presentations

University of Rochester Medical Center APP Academy	Preparing for Precepting the UR SON NP Student for Spring Semester (presentation), January, 2025
The Nurse Practitioner Association of New York State Region 2 Symposium, Watkins Glen, NY	NP Success: Achieving Career Satisfaction and Personal Fulfillment while Steering through Workplace Challenges (panelist), May, 2024

National Organization of Nurse Practitioner Faculties 50 th Annual Conference, Baltimore, MD	Integrating Point of Care Ultrasound Education into an Advanced Health Assessment Course: Plan, Pilot, Progress (presentation), April, 2024
Strong Memorial Hospital Advanced Practice Grand Rounds	Caring for Hospitalized Older Adults with Hip Fractures (presentation), January, 2024
University of Rochester Medical Center APP Academy	Best Practices for Written Feedback and Preceptor Evaluations (presentation), December, 2023
Strong Memorial Hospital Advanced Practice Grand Rounds	Diagnosis and Inpatient Management of Patients with Pneumonia (presentation), December, 2023
American Geriatrics Society Annual Scientific Meeting (virtual)	Stealth Geriatrics: An Interprofessional Approach to Incorporating Geriatrics in Non-traditional Venues (workshop with L. Granville, M. Sehgal, C. Sadowski, D. Zwahlen, & S. Bhattacharya), May, 2021
UNMASKED Virtual Conference, University of Rochester (NY) Department of Medicine	Classroom in the Community: Teaching Acute Care NP Students about Healthy Aging (presentation), May, 2020
American Geriatrics Society Annual Scientific Meeting, Long Beach, CA	Stealth Geriatrics: An Interprofessional Approach to Incorporating Geriatrics in Non-traditional Venues (workshop with L. Granville, M. Sehgal, C. Sadowski, D. Zwahlen, & S. Bhattacharya), May, 2020, canceled due to COVID pandemic
National Organization of Nurse Practitioner Faculties 46 th Annual Meeting, Chicago, IL	How Do We Compensate Preceptors When There is No Budget to Compensate? (podium with C.R. Sellers and L. Massaro), April 2020, canceled due to COVID pandemic
Strong Memorial Hospital Advanced Practice Grand Rounds	Age-Friendly Health Systems: The Clear Vision for Health Care by 2020 (presentation), July, 2019
University of Rochester SON Master's Program Faculty Retreat	Program Learning Outcomes: Defining, Aligning, Assessing, Finding, & Writing (presentation), January, 2019
URMC Division of Geriatric Medicine and Aging Grand Rounds	Classroom in the Community: Teaching Acute Care NP Students about Healthy Aging (presentation), May, 2019
American Geriatrics Society Annual Scientific Meeting, Orlando, FL	<i>Gerioperative</i> Management: Education to Prepare for Geriatric Fracture Center Implementation (poster), May, 2018

Strong Memorial Hospital Geriatric Resource Nurse Group	Management of Fragility Fractures (presentation), September, 2017
Strong Memorial Hospital Advanced Practice Grand Rounds	Management of Fragility Fractures (presentation), September, 2017
University of Rochester SON RN to BS Program Retreat	Preparing Nurses to Care for the Seriously Ill and their Families: Committing to Palliative CARES Education in our Baccalaureate Programs, February, 2017
University of Rochester SON Accelerated RN Program Retreat	Preparing Nurses to Care for the Seriously Ill and their Families: Committing to Palliative CARES Education in our APNN Program (presentation), January, 2017
Roberts Wesleyan College Department of Social Work	Transitions in Care: Making them Safer for Hospitalized Older Adults (presentation), April, 2016
Villa of Hope Board of Directors Meeting	Impact of DSRIP, Health Homes, and PPS on Medicaid Reimbursement (presentation), May, 2015
National Organization of Nurse Practitioner Faculties 41 st Annual Meeting, Baltimore, MD	Use of the AACN Synergy Model to Frame an Adult Gerontology Acute Care Nurse Practitioner Program (poster), April, 2015
University of Rochester 20 th Annual Preceptor Workshop	Never Say Never! Doctoral Degree Options for Nurses (presentation and panel moderator), April, 2015
Nurses Improving Care for Healthsystem Elders (NICHE) 2015 Annual Conference, Orlando, FL	Improving Geriatric Care through RNHHELP (podium presentation awarded), April, 2015
Rochester Area Society of Healthcare Pharmacists Education Day	Management of Acute Delirium in Hospitalized Older Adults (presentation), March, 2015
UR Center for Experiential Learning Simulation Roundtable	Development of a Nurse Practitioner Procedure Course using Simulation (presentation), November, 2014
Strong Memorial Hospital APP Service Education Day	Critical Care Update (presentation), January, 2007
Strong Memorial Hospital Critical Care Nursing Orientation Program	Management of Acute MI, Sepsis, and ARDS (presentations), 1997-2005

Nazareth College Geriatric Nurse Practitioner Program, Rochester, NY Looking at Lab Work (presentation) for GNP Program, February, 2005

University of Rochester School of Nursing Academic Program Guest Lectures

NUR 437 Pediatric Primary Care I	Point of Care Ultrasound Workshop, Spring 2025
NUR 410 Advanced Health Assessment	Introduction to Point of Care Ultrasound, Fall 2023-2024
	Advanced Abdominal Assessment, Fall 2019
NUR 419 Advanced Pharmacology	Drugs affecting Coagulation, Fall 2017
NUR 434 Pediatric Acute Care Nurse Practitioner II	Introduction to Point of Care Ultrasound with workshop, Spring 2023
NUR 444 Primary Care I	Geriatric Fractures, Fall 2018-2023
NUR 445 Primary Care II	Caring for Hospitalized Older Adults, Spring 2016-2023
NLX 427 Assessment and Evaluation in Nursing Education	Writing Program Learning Outcomes, Fall 2019-2022
NUR 318 Cardiac Dysrhythmias and ECG Interpretation	Care of the Acute MI Patient, 2012-2014
NUR 362 Comprehensive Health Assessment	Cardiac Assessment, 2015 & 2016
NUR 363 Assessment Refresher	Abdominal Assessment, Respiratory Assessment, Summer 2020; Musculoskeletal Assessment, Summer 2021
NUR 377 Adult and Community Health	Sepsis/SIRS, Acute and Chronic Kidney Disease, Care of the Patient with Cardiac Problems, 2008-2020; Care of the Patient with Endocrine Disorders, Summer 2013

Publications

Palermo, E. (in press). Chronic kidney disease. In J. Ferdowsali (Ed.), *Acute and critical care cases for the nurse practitioner*. McGraw Hill.

Palermo, E. (2023). Caring for older adults. In C.M. Henshaw & R. Rassilyer-Bomers (Eds.), *Craven & Hirnle's fundamentals of nursing: Concepts and competencies for practice* (10th ed.). Lippincott Williams & Wilkins.

Palermo, E. & Oliva, J. (2023). Hematology and oncology disorders in acute and critical care. In V. Fuller & P. McCauley (Eds.), *Textbook for the adult-gerontology acute care nurse practitioner: Competency-based scope and evidence-based standards of practice* (chapter 9). F.A. Davis.

Leonhardt-Caprio, A. M., Sellers, C. R., **Palermo, E.**, Caprio, T. V., & Holloway, R. G. (2021). A multi-component transition of care improvement project to reduce hospital readmissions following ischemic stroke. *The Neurohospitalist*, 12 (2), 205-212.
<https://doi.org/10.1177/19418744211036632>

- Sorensen, A., Norsen, L., Chen, L, **Palermo, E.**, & Martens, J. (2018). A multimodal skin cancer prevention program for heart transplant patients. *Progress in Transplantation*, 28 (3), 263-266. <https://doi.org/10.1177/1526924818781561>
- Palermo, E.**, Sellers, C., & Caprio, T.V. (2018). Gerioperative management: Education to prepare for geriatric fracture center implementation. *Journal of the American Geriatrics Society*, 66 (S2), p. S171.
- Palermo, E.** (2016, May 9). Remembering Lucy, who knew no limits. *Democrat & Chronicle*, <https://www.democratandchronicle.com/story/lifestyle/2016/05/09/palermo-remembering-lucy-who-knew-no-limits/83930256/>
- Palermo, E.** (2014). Exemplar: APN hospitalist. In A.B. Hamric, C.M. Hanson, M.F. Tracy, & E.T. O'Grady (Eds.), *Advanced practice nursing: An integrative approach* (p. 116). Elsevier Saunders.

Honors and Awards

May, 2021	Scholarly Practitioner Award, University of Rochester School of Nursing
October, 2020	Nurse Practitioner Award, Rochester Academy of Medicine
May, 2016	Elaine C. Hubbard Center for Nursing Research on Aging Endowed Award, University of Rochester
January, 2016 & 2017	Geriatrics Faculty Scholar Program Award, from the University of Rochester Division of Geriatrics & Aging HRSA Geriatrics Workforce Enhancement Program grant
May, 2011	Outstanding Faculty Colleague Award, University of Rochester School of Nursing
May, 2002	Taylor Memorial Award for Clinical and Theoretical Excellence, University of Rochester School of Nursing
May, 1991	Clare Dennison Award for Nursing Proficiency, University of Rochester School of Nursing
April, 1991	University Student Life Award winner, University of Rochester
September, 1990	Clare Dennison Prize for Outstanding Junior, University of Rochester School of Nursing

Professional Memberships

2017 – present	American College of Cardiology
2015 – 2021, 2023-present	American Geriatrics Society
2011 – 2014, 2017-present	Society of Hospital Medicine
2009 – present	National Organization of Nurse Practitioner Faculties <i>Acute Care Special Interest Group Chair, 2024-2025</i> <i>Acute Care SIG Co-chair, 2023-2024;</i> <i>member; annual conference abstract reviewer</i>
2004 – present	American Academy of Nurse Practitioners
2003 – present	The Nurse Practitioner Association of NYS
1994 – present	American Association of Critical Care Nurses

1991 – present

Sigma Theta Tau International Nursing Honorary Society
*Epsilon Xi Chapter Board Member 2011-2013***Service**

2024

Strong Memorial Hospital at Home Implementation Team

2024

NursEAST East High School, Opportunities in Nursing
presenter

2023-2025

National Organization of Nurse Practitioner Faculties
(NONPF) Acute Care Special Interest Group (SIG) Co-Chair
2023-2024, Chair 2024-2025

2023-present

Director, Ultrasound Curricular Integration Plan

2021-2023

Leader, CCNE Writing Task Force, Standard II

2020

Interprofessional Health Assessment NP-CC2 Clerkship Pilot

2018-2020

URMC Opiate Task Force, Prevention Committee

2017-present

University of Rochester School of Medicine & Dentistry
Meliora in Medicine/Principles of ICU Science and Ethics
Interprofessional Quality and Safety Class; SON
Coordinator, Trainer, Presenter, and Facilitator

2017-2019

University of Rochester Philanthropy Champions, Cohort 2

2016-2023

University of Rochester Public Safety Review Board

2016-2024

UR School of Nursing Academic Integrity Committee

2016

Trainer, End of Life Nursing Education Consortium (ELNEC)

2016-present

URSON DNP Summit conference planning committee

2015-2016

UR School of Nursing Doctor of Nursing Practice Faculty
Interest Group

2015

American Association of Colleges of Nursing and ELNEC
Palliative CARES Competencies National Review Panel

2014 – 2018

UR School of Nursing Faculty Development Committee

2014 – present

Strong Memorial Hospital: Adult Nursing Services
Member & Advisor; Geriatric Resource Nurse Group
APP/Faculty Representative and Lecturer, Nursing Practice
Orientation (ended 2015)

2013-2015, 2016 – 2021

UR School of Nursing Student Affairs Committee
Chairperson (elected) 2017-2021

2013, 2014

United Way Day of Caring Service Day Team Captain

2012 – present

Strong Memorial Hospital, Sovie Institute for Advanced
Practice Education Committee, Hospital Medicine APP
Grand Rounds: Coordinator until 2014, Advisor since 2015.
Spring Forward conference planning committee, 2024-
2025

2006 – present

St. Joseph's Villa/Villa of Hope
Board Member 2006-2015

2009 – present

Program and Quality Committee Member 2015-present
Buffalo Pug and Small Breed Dog Rescue
Volunteer

1999-2002 Adult Nursing Services Nurse Leader Group
 Founder and Lecturer

Mentoring and Project Advising

2023-2024 Geriatric Workforce Enhancement Program Scholar M. Rosario-McCabe, faculty
 mentor

2023 MS in Nursing Education student J. Holik, NLX 420 clinical rotation
 MS in Nursing Education student L. Zamniak, NLX 426 curriculum mapping project

2022 MS in Nursing Education student E. Gregg, NLX 420 clinical rotation

2020 MS in Nursing Education student J. Opladen, NLX 427 NP Program PLO-SLO mapping
 project

2018-2020 Doctor of Nursing Practice student A. Leonhardt-Caprio, committee member

2016-2017 Doctor of Nursing Practice student A. Sorensen, committee member