

## Curriculum Vitae

Elizabeth Palermo, DNP, RN, ACNP-BC, ANP-BC  
 Assistant Professor of Clinical Nursing  
 Specialty Director, Adult Gerontology Acute Care Nurse Practitioner Program  
 University of Rochester School of Nursing  
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### Professional Education

#### **Doctor of Nursing Practice, May, 2014**

*St. John Fisher College, Rochester, NY*

Clinical Scholarship Project, RNHHELP: Retraining Nurses to Help Hospitalized ELderly Patients

#### **Post-Master's Certificate in Nursing, October, 2010**

*University of Rochester School of Nursing, Rochester, NY*

Acute Care Nurse Practitioner Program

#### **Master of Science in Nursing, May, 2002**

*University of Rochester School of Nursing, Rochester, NY*

Adult Nurse Practitioner Program

#### **Bachelor of Science in Nursing, May, 1991**

*University of Rochester School of Nursing, Rochester, NY*

Summa Cum Laude graduate

#### **Bachelor of Science in Biology and Society, May, 1987**

*Cornell University School of Agriculture and Life Sciences, Ithaca, NY*

### Current Licensure

|   |         |                   |
|---|---------|-------------------|
| New York Registered Professional Nurse      | #435717 | Expires 6/30/2025 |
| New York Nurse Practitioner in Adult Health | #303598 | Expires 6/30/2025 |
| New York Nurse Practitioner in Acute Care   | #430395 | Expires 6/30/2025 |

### Certifications

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| Advanced Certificate, Nursing Education            | University of Rochester School of Nursing    | 12/2021           |
| Acute Care Nurse Practitioner                      | American Nurses Credentialing Center         | 8/2011 to present |
| Adult Nurse Practitioner                           | American Nurses Credentialing Center         | 4/2004 to present |
| Critical Care Registered Nurse (CCRN-K as of 2017) | American Association of Critical Care Nurses | 2/1996 to present |

## Professional Experience

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|--|---|
| May, 2013 to present   | <b>Assistant Professor of Clinical Nursing,</b><br>BS and MS Programs<br><i>University of Rochester School of Nursing, Rochester, NY</i>              |
| July, 2011 to present  | <b>Specialty Director, Adult Gerontology Acute Care Nurse Practitioner Program</b><br><i>University of Rochester School of Nursing, Rochester, NY</i> |
| October 2007 to May, 2013  | <b>Instructor of Clinical Nursing,</b> BS and MS Programs<br><i>University of Rochester School of Nursing, Rochester, NY</i>                          |
| October, 2002 to present   | <b>Nurse Practitioner,</b> Hospital Medicine APP Service<br><i>Strong Memorial Hospital, Rochester, NY</i>  |
| August, 1998 to April, 2002                                      | <b>Nurse Leader,</b> Respiratory/Medicine Stepdown Unit<br><i>Strong Memorial Hospital, Rochester, NY</i>   |
| September, 1992 to August, 1998;<br>May, 2002 to September, 2010 | <b>Staff Nurse,</b> Medical Intensive Care Unit<br><i>Strong Memorial Hospital, Rochester, NY</i>   |
| June, 1991 to September, 1992                                    | <b>Staff Nurse,</b> Acute General Medicine Unit<br><i>Strong Memorial Hospital, Rochester, NY</i>   |
| June, 1990 to May, 1991  | <b>Nurse Extern,</b> Acute General Medicine Unit<br><i>Strong Memorial Hospital, Rochester, NY</i>  |
| February, 1989 to May, 1990                                      | <b>Laboratory Technician,</b> Department of Psychiatry<br><i>Strong Memorial Hospital, Rochester, NY</i>  |
| September, 1987 to January, 1989                                 | <b>Information Analyst,</b> Cardiology Unit<br><i>Strong Memorial Hospital, Rochester, NY</i>   |

## Teaching Experience

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|----------------------------|---|
| Fall 2009-2022             | NUR 424: Adult Gerontology Acute Care Nurse Practitioner I<br>Course and Clinical Coordinator, Clinical Rounding Faculty  |
| Spring 2010-2023           | NUR 425: Adult Gerontology Acute Care Nurse Practitioner II<br>Course and Clinical Coordinator, Clinical Rounding Faculty |
| Fall 2013-2019             | NUR 410: Advanced Health Assessment<br>Lab Instructor, Lecturer   |
| Fall 2015-2018, 2021, 2022 | NLX 422: Assessment for Nurse Educators and Leaders<br>Course Coordinator, Lecturer, and Lab Instructor                   |
| Summer 2014-2023           | NUR 414: Nurse Practitioner Procedure Lab<br>Course Designer, Course Coordinator, Lab Instructor                          |

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| Summer 2018-2023  | NUR 363: Assessment Refresher Course<br>Course Co-coordinator and Lab Instructor   |
| Fall 2007, 2008, 2009, 2011 and<br>Spring 2008, 2009, 2010, 2011<br>Fall 2010 | NUR 377: Adult and Community Health<br>Clinical instructor on medical and surgical units<br>NUR 377: Adult and Community Health<br>Course and Clinical Coordinator |
| Summer 2010-2016,<br>Fall 2012, & Spring 2014-2015                            | NUR362: Comprehensive Health Assessment<br>Lab Instructor  |

## Presentations

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| American Geriatrics Society<br>Annual Scientific Meeting<br>(virtual)                                    | Stealth Geriatrics: An Interprofessional Approach to<br>Incorporating Geriatrics in Non-traditional Venues<br>(workshop with L. Granville, M. Sehgal, C. Sadowski, D.<br>Zwahlen, & S. Bhattacharya), May, 2021                                    |
| UNMASKED Virtual Conference,<br>University of Rochester (NY)<br>Department of Medicine                   | Classroom in the Community: Teaching Acute Care NP<br>Students about Healthy Aging (presentation), May, 2020   |
| American Geriatrics Society<br>Annual Scientific Meeting, Long<br>Beach, CA                              | Stealth Geriatrics: An Interprofessional Approach to<br>Incorporating Geriatrics in Non-traditional Venues<br>(workshop with L. Granville, M. Sehgal, C. Sadowski, D.<br>Zwahlen, & S. Bhattacharya), May, 2020, canceled due to<br>COVID pandemic |
| National Organization of Nurse<br>Practitioner Faculties 46 <sup>th</sup> Annual<br>Meeting, Chicago, IL | How Do We Compensate Preceptors When There is No<br>Budget to Compensate? (podium with C.R. Sellers and L.<br>Massaro), April 2020, canceled due to COVID pandemic   |
| Strong Memorial Hospital<br>Advanced Practice Grand Rounds   | Age-Friendly Health Systems: The Clear Vision for Health<br>Care by 2020 (presentation), July, 2019  |
| University of Rochester SON<br>Master's Program Faculty Retreat  | Program Learning Outcomes: Defining, Aligning, Assessing,<br>Finding, & Writing (presentation), January, 2019  |
| URMC Division of Geriatric<br>Medicine and Aging Grand<br>Rounds   | Classroom in the Community: Teaching Acute Care NP<br>Students about Healthy Aging (presentation), May, 2019   |
| American Geriatrics Society<br>Annual Scientific Meeting,<br>Orlando, FL                                 | <i>Gerioperative</i> Management: Education to Prepare for<br>Geriatric Fracture Center Implementation (poster), May,<br>2018   |

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| Strong Memorial Hospital<br>Geriatric Resource Nurse Group   | Management of Fragility Fractures<br>September, 2017  |
| Strong Memorial Hospital<br>Advanced Practice Grand Rounds   | Management of Fragility Fractures<br>September, 2017  |
| University of Rochester SON RN<br>to BS Program Retreat  | Preparing Nurses to Care for the Seriously Ill and their<br>Families: Committing to Palliative CARES Education in our<br>Baccalaureate Programs, February, 2017   |
| University of Rochester SON<br>Accelerated RN Program Retreat  | Preparing Nurses to Care for the Seriously Ill and their<br>Families: Committing to Palliative CARES Education in our<br>APNN Program, January, 2017  |
| Roberts Wesleyan College<br>Department of Social Work  | Transitions in Care: Making them Safer for Hospitalized<br>Older Adults (presentation), April, 2016   |
| Villa of Hope Board of Directors<br>Meeting  | Impact of DSRIP, Health Homes, and PPS on Medicaid<br>Reimbursement, May, 2015  |
| National Organization of Nurse<br>Practitioner Faculties 41 <sup>st</sup> Annual<br>Meeting, Baltimore, MD | Use of the AACN Synergy Model to Frame an Adult<br>Gerontology Acute Care Nurse Practitioner Program<br>(poster), April, 2015   |
| University of Rochester 20 <sup>th</sup><br>Annual Preceptor Workshop                                      | Never Say Never! Doctoral Degree Options for Nurses<br>(presentation and panel moderator), April, 2015  |
| Nurses Improving Care for<br>Healthsystem Elders (NICHE)<br>2015 Annual Conference,<br>Orlando, FL         | Improving Geriatric Care through RNHHELP (podium<br>presentation awarded), April, 2015  |
| Rochester Area Society of<br>Healthcare Pharmacists<br>Education Day                                       | Management of Acute Delirium in Hospitalized Older<br>Adults (presentation), March, 2015  |
| UR Center for Experiential<br>Learning Simulation Roundtable   | Development of a Nurse Practitioner Procedure Course<br>using Simulation (presentation), November, 2014   |
| UR School of Nursing, Guest<br>Lectures  | NLX 427: Program Learning Outcomes, Fall 2019-2022<br>NUR 445: Caring for Hospitalized Older Adults, Spring 2016-<br>2019<br>NUR 419: Drugs affecting Coagulation, Fall 2017<br>NUR 377: Sepsis/SIRS, Acute and Chronic Kidney Disease,<br>Care of the Patient with Cardiac Problems, 2008-2020 |

NUR 318: Care of the Acute MI Patient, 2012-2014  
 NUR 362: Cardiac Assessment, 2015 & 2016

Strong Memorial Hospital APP Service Education Day Critical Care Update (presentation), January, 2007

Strong Memorial Hospital Critical Care Nursing Orientation Program Management of Acute MI, Sepsis, and ARDS (presentations), 1997-2005

Nazareth College Geriatric Nurse Practitioner Program, Rochester, NY Looking at Lab Work (presentation) for GNP Program, February, 2005

## Publications

- Palermo, E.** (in press). Caring for older adults. In C.M. Henshaw & R. Rassilyer-Bomers (Eds.), *Craven & Hirnle's Fundamentals of nursing: Concepts and competencies for practice* (10th ed.). Lippincott Williams & Wilkins.
- Palermo, E.** & Oliva, J. (2023). Hematology and oncology disorders in acute and critical care. In V. Fuller & P. McCauley (Eds.), *Textbook for the adult-gerontology acute care nurse practitioner: Competency-based scope and evidence-based standards of practice* (chapter 9). F.A. Davis.
- Leonhardt-Caprio, A. M., Sellers, C. R., **Palermo, E.**, Caprio, T. V., & Holloway, R. G. (2021). A multi-component transition of care improvement project to reduce hospital readmissions following ischemic stroke. *The Neurohospitalist, 12* (2), 205-212.  
<https://doi.org/10.1177/19418744211036632>
- Sorensen, A., Norsen, L., Chen, L, **Palermo, E.**, & Martens, J. (2018). A multimodal skin cancer prevention program for heart transplant patients. *Progress in Transplantation, 28* (3), 263-266. <https://doi.org/10.1177/1526924818781561>
- Palermo, E.**, Sellers, C., & Caprio, T.V. (2018). Gerioperative management: Education to prepare for geriatric fracture center implementation. *Journal of the American Geriatrics Society, 66* (S2), p. S171.
- Palermo, E.** (2016, May 9). Remembering Lucy, who knew no limits. *Democrat & Chronicle*, <https://www.democratandchronicle.com/story/lifestyle/2016/05/09/palermo-remembering-lucy-who-knew-no-limits/83930256/>
- Palermo, E.** (2014). Exemplar: APN hospitalist. In A.B. Hamric, C.M. Hanson, M.F. Tracy, & E.T. O'Grady (Eds.), *Advanced practice nursing: An integrative approach* (p. 116). Elsevier Saunders.

## Honors and Awards

May, 2021 Scholarly Practitioner Award, University of Rochester School of Nursing

October, 2020 Nurse Practitioner Award, Rochester Academy of Medicine

May, 2016 Elaine C. Hubbard Center for Nursing Research on Aging

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| January, 2016 & 2017 | Endowed Award, University of Rochester<br>Geriatrics Faculty Scholar Program Award, from the<br>University of Rochester Division of Geriatrics & Aging HRSA<br>Geriatrics Workforce Enhancement Program grant |
| May, 2011            | Outstanding Faculty Colleague Award, University of<br>Rochester School of Nursing   |
| May, 2002            | Taylor Memorial Award for Clinical and Theoretical<br>Excellence, University of Rochester School of Nursing   |
| May, 1991            | Clare Dennison Award for Nursing Proficiency, University of<br>Rochester School of Nursing  |
| April, 1991          | University Student Life Award winner, University of<br>Rochester  |
| September, 1990      | Clare Dennison Prize for Outstanding Junior, University of<br>Rochester School of Nursing   |

### Professional Memberships

|                           |   |
|---------------------------|---|
| 2017 – present            | American College of Cardiology  |
| 2015 – present            | American Geriatrics Society   |
| 2011 – 2014, 2017-present | Society of Hospital Medicine  |
| 2009 – present            | National Organization of Nurse Practitioner Faculties<br><i>Acute Care Special Interest Group member; annual<br/>conference abstract reviewer</i> |
| 2004 – present            | American Academy of Nurse Practitioners   |
| 2003 – present            | The Nurse Practitioner Association of NYS   |
| 1994 – present            | American Association of Critical Care Nurses  |
| 1991 – present            | Sigma Theta Tau International Nursing Honorary Society<br><i>Epsilon Chapter Board Member 2011-2013</i>   |

### Service

|              |   |
|--------------|---|
| 2023-2025    | National Organization of Nurse Practitioner Faculties<br>(NONFP) Acute Care Special Interest Group (SIG) Co-Chair   |
| 2023         | Director, Ultrasound Curricular Integration Plan  |
| 2022         | Leader, Master's NP Program Curriculum Revision Task<br>Force   |
| 2021-present | Leader, CCNE Writing Task Force, Standard II  |
| 2020         | Interprofessional Health Assessment NP-CC2 Clerkship Pilot  |
| 2018-2020    | URMC Opiate Task Force, Prevention Committee  |
| 2017-present | University of Rochester School of Medicine & Dentistry<br>Bed-to-Bench Interprofessional Quality and Safety Class<br>SON Coordinator, Trainer, Presenter, and Facilitator |
| 2017-2019    | University of Rochester Philanthropy Champions, Cohort 2  |
| 2016-present | University of Rochester Public Safety Review Board  |
| 2016-present | UR School of Nursing Academic Integrity Committee   |
| 2016         | Trainer, End of Life Nursing Education Consortium (ELNEC)   |

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| 2016-present           | URSON DNP Summit conference planning committee  |
| 2015-2016              | UR School of Nursing Doctor of Nursing Practice Faculty Interest Group  |
| 2015                   | American Association of Colleges of Nursing and ELNEC <i>Palliative CARES</i> Competencies National Review Panel  |
| 2014 – 2018            | UR School of Nursing Faculty Development Committee  |
| 2014 – present         | Strong Memorial Hospital, Adult Nursing Services Member & Advisor, Geriatric Resource Nurse Group Lecturer, Nursing Practice Orientation (ended 2015)               |
| 2013-2015, 2016 – 2021 | UR School of Nursing Student Affairs Committee Chairperson 2017-2021  |
| 2013, 2014             | United Way Day of Caring Service Day Team Captain   |
| 2012 – present         | Strong Memorial Hospital, Sovie Institute for Advanced Practice Education Committee, Hospital Medicine APP Grand Rounds: Coordinator until 2014, Advisor since 2015 |
| 2006 – present         | St. Joseph's Villa/Villa of Hope Board Member 2006-2015 Program and Quality Committee Member 2015-present   |
| 2009 – present         | Buffalo Pug and Small Breed Dog Rescue Volunteer  |
| 1999-2002              | Adult Nursing Services Nurse Leader Group Founder and Lecturer  |

### **Mentoring and Project Advising**

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| 2023-2024 | Geriatric Workforce Enhancement Program Scholar M. Rosario-McCabe, faculty mentor   |
| 2023      | MS in Nursing Education student J. Holik, NLX 420 clinical rotation<br>MS in Nursing Education student L. Zamniak, NLX 426 curriculum mapping project |
| 2022      | MS in Nursing Education student E. Gregg, NLX 420 clinical rotation   |
| 2020      | MS in Nursing Education student J. Opladen, NLX 427 NP Program PLO-SLO mapping project  |
| 2018-2020 | Doctor of Nursing Practice student A. Leonhardt-Caprio, committee member  |
| 2016-2017 | Doctor of Nursing Practice student A. Sorensen, committee member  |