

# LAURA PAYTASH, DNP, APRN, FNP-BC

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## SKILLS

- Problem-solving
- Time management
- Simulation design and evaluation
- Objective Structured Clinical Examinations
- Teamwork
- Flexibility and adaptability

## PROFESSIONAL SUMMARY

Dynamic family nurse practitioner and instructor of clinical nursing with over 10+ years in clinical practice in the University of Rochester Medical Center Urgent Cares, and over three years of experience at the University of Rochester School of Nursing engaged in curricular and simulation design and evaluation. Proven problem-solver and team collaborator, adept at developing innovative simulations and experiential learning opportunities that enhance clinical competencies and foster a positive learning environment. Committed to advancing nursing education and resiliency through effective mentorship, bridging education-to-practice gaps by optimizing academic-practice partnerships, and emphasizing interdisciplinary collaboration to drive nursing innovation forward.

## EXPERIENCE

### **Simulation Educator, Jan 2022 - Current**

University of Rochester School of Nursing, Rochester, NY, USA

- Designed, implemented, and evaluated graduate and undergraduate simulations involving standardized patients, objective structured clinical examinations, high-fidelity simulations, and experiential learning.
- Discussed and facilitated meaningful debriefs on simulation events.
- Collaborated with colleagues to develop and support interdisciplinary simulations and build the UR SON simulation scenario library from the ground up utilizing the NLN template for simulation design.
- Increased the simulation library in collaboration with the team to over 47 simulations for APNN learners, 33 cases for NP learners, and over 7 cases for MNE learners between 2022 to 2023.

### **Graduate Clinical Education Co-Coordinator, Apr 2022 - Current**

University of Rochester School of Nursing, Rochester, NY, USA

- Worked with clinical faculty and preceptors to ensure that the clinical learning objectives are met in compliance with school standards.
- Worked in collaboration with the Clinical Placement Coordinator to ensure adequate clinical placements and optimal student preceptor pairings.
- Served as a resource for faculty, staff, and students regarding clinical guidelines and expectations.
- Performed outreach to explore and expand clinical preceptors for all NP program learners.

### **Instructor of Clinical Nursing, Apr 2022 - Current**

University of Rochester School of Nursing, Rochester, NY, USA

- Designed and delivered course content in compliance with course and program learning objectives.

- Prepared students for patient care with comprehensive classroom, laboratory, and hands-on clinical education.
- Assessed and evaluated student learning and competency through examinations, assignments, experiential learning, and objective structured clinical exams.
- Evaluated course outcomes.

### **Family Nurse Practitioner, Aug 2016 - Apr 2022**

University of Rochester Medicine Urgent Care, Rochester, NY, USA

- Diagnosed and treated common acute illnesses and injuries for patients of all ages.
- Performed procedures included suturing, I&D, splinting, wound care, and foreign body removal.
- Ordered, performed, and interpreted diagnostic tests such as X-rays, blood work, and EKGs.
- Trained on EPIC e-record management software to review, document, and maintain patient records.
- Precepted and coordinated clinicals for NP Students and NP Fellows in the fellowship program at the urgent care centers.

### **Family Nurse Practitioner, Onboarding Education, Per Diem, Apr 2021 - Jan 2023**

Family Health NP Immediate Care, Ontario, NY, USA

- Developed and implemented an orientation program for new hires.
- Evaluated new hire orientation needs and ongoing performance throughout their orientation.
- Trained nurse practitioners to E-Clinical works EHR
- Provided procedure training for NPs including suturing, incision and drainage, splinting, reductions for dislocations, nerve blocks, and foreign body removals.

### **Family Nurse Practitioner, Aug 2014 - Apr 2015**

Urgent Care Now, Webster, NY, USA

- Assessed, diagnosed, treated, and documented care for patients of all ages.
- Performed procedures including suturing, I&D, splinting, wound care, foreign body removal.
- Interpreted x-rays and EKGs.
- Prescribed medications and equipment in management of care for patients.

### **Emergency Department RN, Jul 2009 - Jul 2014**

University of Rochester, Strong Memorial Hospital, Rochester, NY, USA

- Assessed, stabilized, treated, documented, and cared for adult patients in the emergency department and trauma bay.
- Rotated between positions of charge nurse, triage nurse, trauma nurse, and track nurse.
- Taught RN interns in the RN internship program.
- Advocated for patient-centered care as the Patient Family Centered Care (PFCC) unit champion.

**EMT-B, Jul 2007 - Jun 2008**

Rural/Metro Medical Services, Rochester, NY, USA

- Worked for the City of Rochester's 911 ambulance contractor.
- Assessed, stabilized, and transported patients of all ages from the community to a higher level of care.
- Monitored patients during long-distance transfers between hospitals.
- Precepted new EMT-B recruits.

**EDUCATION****Doctor of Nursing Practice**

University of Rochester School of Nursing, Rochester, New York, May 2025

- DNP project titled Bridging the Gap: Leveraging Academic-Practice Partnerships to Enhance Collaboration
- Sigma Theta Tau International Member, Epsilon Xi Chapter
- Endowed Whitney Scholar GPA 4.0

**Master of Science: FNP**

University of Rochester School of Nursing, Rochester, New York, May 2014

- Sigma Theta Tau International Member, Epsilon Xi Chapter
- Over 672 clinical hours with semester-long rotations at Newark Wayne Emergency Department, Leroy Family Medicine, Unity OB/GYN, Strong Ties- Medicine in Psychiatry, URMH Colorectal Surgery, and RGH TWIG Medicine Clinic.

**Bachelor of Science in Nursing: RN**

University of Rochester School of Nursing, Rochester, New York, May 2009

- Sigma Theta Tau International Member, Epsilon Xi Chapter
- PI Project member regarding provider compliance to Joint Commission Standard RC.02.01.07 (Summary Lists)

**EMT-B Certification**

Monroe Community College, Rochester, New York, May 2007

- 46 hours of didactic and 47 hours of lab practicum
- Learned how to recognize and treat respiratory and circulatory emergencies, trauma, medical emergencies, environmental injuries, emergency childbirth, and psychological emergencies.
- At end of the course was eligible to sit for the NYS EMT-B examination

**Bachelor of Arts: Psychology**

University of Rochester, Rochester, New York, May 2005

- Teaching Assistant for Abnormal Psychology Fall and Spring 2005
- Research Assistant in studies for Adolescent Development and Autonomy involving interviewing local high school students, transcription of interviews, data interpretation, and data input for analysis.
- Research Assistant in study for Marital Satisfaction involving data interpretation, data input, and data analysis.

## **CURRENT LICENSURE**

- Family NP Board Certification, American Nurses Credentialing Center, 08/01/14, Present
- New York State Registered Professional Nurse, 07/01/09, Present
- New York State Family Nurse Practitioner, 08/01/14, Present

## **PROFESSIONAL ORGANIZATIONS**

- American Association of Nurse Practitioners, 11/01/17 - Present
- International Nursing Association for Clinical Simulation and Learning, 05/01/23 - Present
- Society for Simulation in Healthcare, 04/01/22 - Present
- Sigma Theta Tau, Epsilon Xi Chapter, 5/01/2009 - Present

## **POSTERS AND PRESENTATIONS**

NONPF Annual Conference Podium Session, April 2024

Integrating point-of-care ultrasound education into an advanced health assessment course (podium presentation)

Primary Author: Dr. Elizabeth Palermo

Simulation Summit Sept. 2024, Western NY

Hosted by University of Rochester School of Nursing and Simulation Educators of  
Building Student Nurse Resilience: A Literature Synthesis on Simulation  
Applications (poster presentation)