

# Resume



## Rebecca Knowles, MS, RN

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## Work Experience

### Training Center Coordinator

**Job Title:** Highland Hospital of Rochester American Heart Association Training Center Coordinator

**Dates of Employment:** 4/5/2021 - Present

- Represents the Training Center, and RQI initiatives/policies
- Serves as the primary contact between the TC and AHA ECC Programs
- Handles the management and storage of records
- Is responsible for the security and distribution of course completion cards
- Is responsible for the security and distribution of exams to instructors and TS
- Manages instructors and Training Sites for the TC
- Manages instructor alignment on the Instructor Network
- Appoints and manages all Training Faculty (TF) for the TC
- Ensures instructors are current with information from the AHA, including Science Updates, Training Memos, Bulletins, and the ECC Beat
- Ensures that instructor profiles are kept always updated

### University of Rochester School of Nursing

**Job Title:** Clinical Instructor of Nursing

**Dates of Employment:** 5/1/2019 - Present

Develop new curriculum based on current trends in nursing education, research, and promotes enrichment with nurses based on relevant practice experience within the RN-BS online program. Oversight in experiential learning experience, professional nursing education, education technology, program development, and project management.

Education empowers nurses with knowledge, attitudes, and skills for leadership in professional practice and research. Research develops nursing knowledge to strengthen education and promote evidence-based practice. The practice of nursing is care delivery that promotes continued excellence through the generation of new research questions and the enrichment of the educational experience. The ongoing interaction of education, research, and practice benefits the consumer by ensuring quality nursing care.

Participate in program faculty meeting and faculty committees as needed or selected.

Assist in development of course materials and assessment practices and/ or assist in student clinical assessments; grading of assignments, exams, and care plans.

Serve as a resource/advisor/mentor for students and hold weekly office hours

**Highland Hospital**

**Job Title:** Nurse Residency Program Director/ Nurse Educator

**Dates of Employment:** 7/24/2017 - Present

Coordinates, develops and implements educational and experiential programs, which influences the direction and outcome of new graduate nurses. Integrates quality data measures to stimulate creative thinking and build confidence through progressive learning activities. Uses evidence-based nursing programs that are designed to bridge the practice gap between a novice graduate nurse and a competent, autonomous professional nurse allowing to adapt to fast-paced environments and respond effectively to the challenges faced in nursing practice.

Develops, implements, and continuously improves the MSRP educational and experiential programs, which influence the direction and outcome of new graduate nurses in the medical-surgical arena.

Integrates quality principles in seeking innovative ways to stimulate creative thinking and building of expertise and confidence through progressive learning activities.

Demonstrates customer responsiveness in educational programming and to influence quality patient care/nursing practice. Creates opportunities for dissemination of knowledge through presentation and publication within Highland Hospital and at the local regional level.

Demonstrates sophisticated communication skills in interactions with others.

Integrates current educational clinical research findings and applications in presentation.

Promotes nursing and quality care when interacting with other professional, patients/families and the public. Serves as an educational consultant for activities, which foster improved patient care and nursing practice. 1st in the region to achieve the ANCC Practice Transitions Accreditation-11/2019

**Highland Hospital**

**Job Title:** Stroke Coordinator

**Dates of Employment:** 2/9/2015 - 9/1/2018

Plans coordinates and audits all aspects of Highlands Stroke program. Implements GWTG Nursing Stroke Audits. Coordinate and plan monthly meetings and hospital-based education. Attend NYS Stroke Coordinators quarterly meetings. Collaborate and facilitate areas of continued education with Nurses, Providers, Rehab services, pharmacy, ICU and ED

**Highland Hospital**

**Job Title:** West 7 Unit Educator/Leader

**Dates of Employment:** 2/9/2015 - 7/24/2017

Coordinate ongoing assessment of competence and facilitates continuing professional development Provides in-services for unit based educational needs as well as hospital wide. Development of orientation objectives, in-services, and continuing education for staff. Collaborate with nursing manager on unit-based initiatives and leadership objectives. Provide assistance with population-based patient/family education for unit. Serves on unit, departmental and hospital committees, and councils. Respond to changes in nursing practice and develops programs to support changes.

**Genesee Community College Job**

**Title :** Clinical Nursing Adjunct

**Dates of Employment:** 8/5/2013 - 5/25/2017

Responsible for supervising care provided by a group of students (usually 6 to 8 students in a group) while they complete their clinical rotation on a fast-paced Progressive Care Unit. Mentor and facilitate learning in a hand on practical with medication management, tracheostomy, and ventilator management. Focus is on bedside nursing practice development of clinical /educational/professional development skills for further implementation as a Graduate RN.

## **Unity Health System**

**Job Title:** Nursing Supervisor

**Dates of Employment:** 9/4/1994 - 1/1/2016

### ***Lead Emergency Technician 1994-1999***

#### ***Cardiology 1999-2009***

#### ***RN Cardiac/Stroke Unit, October 2009-2011***

Responsible for daily care and delivery of unit expectations. Early leadership training for charge nurse role after 6 months. Preceptor to new graduates, new hires, and nursing students. Clinical leader/educator for unit policies and operational flow. Infection Control liaison.

#### ***RN ICU, November 2011-March 2013***

Responsible for management of ICU patient care which includes ventilator management, A-lines, hypothermia protocol, balloon pumps, medicated drips, and central line management. Preceptor and ICU shared governance chair. Charge nurse and mentor.

#### ***Hospital Nursing Supervisor, March 2013-January 2016***

Promote the mission, vision, and values of the organization, assess patient care requirements on each unit, by making rounds in the Emergency Department (ED), and all other areas of the hospital (According to departmental need/activity). Develop and implement staffing plan for shift based on patient acuity, patient census and available staff. Serve as a resource to staff for solving clinical problems. Assist staff to efficiently utilize staffing resources to meet patient care requirements and other professional responsibilities. Provide for immediate follow-up, documentation, and communication of incidents to appropriate manager and director. Respond to emergencies (RRT, Code Blue) and assists as necessary. Act as a resource in identifying and/or solving administrative/operational problems.

## **Work Related Roles**

**Role: Unit Education Champion**

**Role: Charge Nurse**

**Role: PNC Representative/Core Council Active Committee Member**

**Role: Preceptor**

**Role: Geriatric Champion**

**Role: eRecord Super User**

**Role: AHA Instructor**

## **Work Related Committees & Teams**

**Nurse Management/Leadership Council**

**Role:** Member

**Setting:** Department

**Narcotics Taskforce Sub Committee**

**Role:** Member

**Setting:** Department

**Nurse Med Safety Committee**

**Role:** Member

**Setting:** Unit

**Clinical Council**

**Role:** Member

**Setting:** Unit

**Nurse week planning committee**

**Role :** Member

**Setting :** Hospital

**Stroke Team**

**Role :** Co-Chair

**Setting :** Hospital

**PDC committee**

**Role :** Member

**Setting :** Service

**Education Committee**

**Role :** Member

**Setting :** Department

## Educational Background

**University of Rochester School of Nursing**

Master of Nursing Education (MNE)

**Major :** Nursing Education    **Minor :**

**Graduation Date :** May 2020

**University of Rochester Warner School of Education**

Post-Masters Certificate

**Major :** Online Teaching    **Minor :**

**Graduation Date :** August 2019

**Empire State College**

Bachelor of Science (B.S.)

**Major :** Nursing

**Graduation Date:** May 2013

**MCC**

Associate Degree

**Major:** Nursing

**Graduation Date:** May 2009

## Professional Licenses

**Registered Professional Nurse (RN)**

**Date Received:** 5/1/2009      **Expiration Date:** 2/1/2024

**State:** New York      **License Number:** 618715

## Professional Certifications

**Geriatric Resource Nurse NICHE**

**Date Received:** 9/23/2016

## Specialty Nursing Certifications

## Technical/Assessment Based Certifications

**Advanced Cardiac Life Support [ACLS]**

**Expiration:** February 2024

**Basic Life Support [BLS]**

**Expiration:** February 2024

## Professional Organizations

**ANPD**      *Member*

10/1/2019

National      Other

**NYONEL**      *Member*

5/15/2019

National      Nursing

**FLONEL** *Member*  
5/15/2019  
Local Nursing

**AHA** *Member*  
5/1/2008  
Community Other

**SADS International Patient Advocate** *Officer*  
5/1/2008  
National Nursing

**ANA** *Member*  
6/1/2007  
Service Other

## Community Service

**March of Dimes**  
**Date Range :** 12/11/2017 - Present  
**Role :** Volunteer

**Founder of SADS of Rochester AED loaner program**  
**Date Range :** 2/2/2015 - Present  
**Role :** Chair

**AHA Heart Safe Program**  
**Date Range :** 9/1/2014 - Present  
**Role :** Planning

**AED Loaner Program- University of Rochester/ Golisano Children's Hospital**  
**Date Range :** 6/1/2010 - Present  
**Role :** Planning

**Ronald McDonald House Charities**  
**Date Range :** 5/1/2008 - Present  
**Role :** Volunteer

**SADS NYS Ambassador**  
**Date Range :** 2/1/2002 - Present  
**Role :** Co-Chair

**CPR Community Hands Only Event**  
**Date Range :** 5/4/2019 - 5/4/2019  
**Role :** Chair

## Honors & Awards

**ANCC-Practice Transitions Commission Award – Poster Presentation**

April 2022

**Winner March of Dimes Nurse of the Year: Education**

**Presenting Organization :** March of Dimes

**Robert L. Walker Award**

**Presenting Organization :** SADS Foundation

**Received :** December 2017 - December 2018

Robert L. Walker Heart Safe School Volunteer Award! This national award is presented by the Sudden Arrhythmia Death Syndromes (SADS) Foundation to recognize individuals who are dedicated to making schools safer and better prepared for those who have heart conditions. Rebecca and her husband Mark have dedicated their lives to educating the community about CPR and AEDs

**Nurse of Excellence in Nursing Education**

**Presenting Organization :** Highland Hospital

**Received :** May 2018 - May 2018

**Nurse of Excellence Finalist**

**Presenting Organization :** Highland Hospital

**Received :** May 2017 - May 2017

**Finalist for the Highland Nurse of Excellence Awards: Professional Development**

**Presenting Organization :** Highland Hospital

**Received :** May 2017 - May 2017

**Finalist for March of Dimes Nurse of the Year –Community**

**Presenting Organization :** March of Dimes

**Received :** October 2015 - October 2016

**National SADS Foundation, Volunteer of the Year Award**

**Presenting Organization :** SADS International Organization

**Received :** September 2015 - September 2016

**Finalist for March of Dimes Nurse Leader of the year**

**Presenting Organization :** March of Dimes

**Received :** October 2013 - October 2013

**Publications** NA

## **Presentations**

**Redesigning our Approach to Nurse Residency EBP projects: Improving Care Hospital-Wide during the COVID-19 Pandemic**

**Co-Presenters :** Joslyn Soule, Lorraine Porcello

**Type :** Poster    **Setting :** National

**Date Presented :** 3/28/2022

**City :** Silver Springs    **State :**

**Racial Equity in Health Professions**

**Co-Presenters :**

**Type :** Lecture    **Setting :** Hospital

**Date Presented :** 3/22/2021

**City :** Rochester    **State :**

**Rethinking the Orientation Process**

**Co-Presenters :**

**Type :** Lecture    **Setting :** Hospital

**Date Presented :** 6/24/2020

**City :** Rochester    **State :**

**COVID Nurse Response Team**

**Co-Presenters :**

**Type :** Lecture    **Setting :** University

**Date Presented :** 4/23/2020

**City :** Rochester    **State :**

**Talking as One: Communication strategies for interprofessional team: Provider Education Seminar**

**Co-Presenters :**

**Type :** Lecture    **Setting :** Hospital

**Date Presented :** 4/13/2020

**City :** Rochester    **State :**

**Interprofessional Communication**

**Co-Presenters :**

**Type :** Lecture    **Setting :** Hospital

**Date Presented :** 1/23/2020

**City :** Rochester    **State :** New York



### **Caregiver Wellness**

**Co-Presenters :**

**Type :** Lecture    **Setting :** Hospital

**Date Presented :** 12/4/2019

**City :** Rochester    **State :** New York

### **Nursing Profession for East High Students**

**Co-Presenters :**

**Type :** Panel    **Setting :** Community

**Date Presented :** 10/3/2019

**City :** Rochester    **State :** New York

### **Ethical and Moral Dilemmas**

**Co-Presenters :**

**Type :** Panel    **Setting :** Community

**Date Presented :** 9/7/2019

**City :** Rochester    **State :**

### **Bridging the Gap: Nurse Role in Simulation Debriefing**

**Co-Presenters :** Emily Winters

**Type :** Poster    **Setting :** University

**Date Presented :** 6/17/2019

**City :** Rochester    **State :**

### **PULSE for Emergencies**

**Co-Presenters :**

**Type :** Lecture    **Setting :** Hospital

**Date Presented :** 4/29/2019

**City :** Rochester    **State :**

### **Work Life Balance: Meeting your needs first**

**Co-Presenters :**

**Type :** Online    **Setting :** Community

**Date Presented :** 3/19/2019

**City :** Rochester    **State :**

### **PUMPing up Your Knowledge: Insulin Pump Management**

**Co-Presenters :**

**Type :** Lecture    **Setting :** Hospital

**Date Presented :** 1/2/2019

**City :** Rochester    **State :** New York

### **Diabetes**

**Co-Presenters :**

**Type :** Lecture    **Setting :** Hospital

**Date Presented :** 12/5/2018

**City :** Rochester    **State :**

### **Conflict Management and Communication**

**Co-Presenters :**

**Type :** Lecture    **Setting :** Hospital  
**Date Presented :** 7/18/2018  
**City :** Rochester    **State :** New York

**Nurse Residency Standardized Model of Debriefing post simulation**

**Co-Presenters :** Emily Winters  
**Type :** Poster    **Setting :** University  
**Date Presented :** 6/15/2018  
**City :** Rochester    **State :** New York

**Situational Awareness**

**Co-Presenters :**  
**Type :** Lecture    **Setting :** Hospital  
**Date Presented :** 5/2/2018  
**City :** Rochester    **State :**

**Med Surg Nurse Residency FAQ/Evaluations**

**Co-Presenters :**  
**Type :** Lecture    **Setting :** Hospital  
**Date Presented :** 1/11/2018  
**City :** Rochester    **State :**

**Understanding Lab Values**

**Co-Presenters :** Meg Reddy  
**Type :** Poster    **Setting :** Hospital  
**Date Presented :** 11/21/2016  
**City :** Rochester    **State :** New York

**Grand Rounds; Nursing Stroke Management**

**Co-Presenters :** Meg Reddy  
**Type :** Lecture    **Setting :** Hospital  
**Date Presented :** 10/27/2016  
**City :** Rochester    **State :** New York

**Living and Thriving: Supporting Families and Children with Channelopathies**

**Co-Presenters :**  
**Type :** Lecture    **Setting :** International  
**Date Presented :** 9/15/2016  
**City :** San Diego    **State :** California

**CPR in Schools**

**Co-Presenters :**  
**Type :** Lecture    **Setting :** Community  
**Date Presented :** 6/1/2014  
**City :** Rochester    **State :** New York

**Supporting the Community: How to Create a Support Network**

**Co-Presenters :**  
**Type :** Lecture    **Setting :** International  
**Date Presented :** 9/24/2013

**City :** Columbus    **State :** Ohio

**Living and Thriving after Sudden Cardiac Arrest**

**Co-Presenters :**

**Type :** Lecture    **Setting :** National

**Date Presented :** 11/1/2009

**City :** New York City    **State :** New York