

**University of Rochester
School of Nursing**

CURRICULUM VITAE

Date: September 2022

Name: MARY TANTILLO, Ph.D., R.N., PMHCNS-BC, F.A.E.D.

Address: (Office) University of Rochester School of Nursing
601 Elmwood Avenue, Box SON
Rochester, NY

Zip 14534

Phone: (585) 703-3403

Zip 14642

Phone: (585) 276-4385

Date of Birth*: 07/28/60

*NYS law prohibits discrimination based on age.

Citizenship: USA

EDUCATION

School or College	Field of Study	Degree Earned	Year
Adelphi University Garden City, Long Island, New York	Nursing	Ph.D.	1992
School of Nursing University of Rochester, Rochester, New York	Psychiatric Mental Health Nursing	M.S.	1986
Nazareth College of Rochester Rochester, New York	Nursing	B.S.	1982
Monroe Community College Rochester, New York	Nursing	A.A.S.	1980
Nazareth College of Rochester, Casa Italiana	Venite a Parlare I (Conversational Italian I)		2005
Nazareth College of Rochester, Casa Italiana	Venite a Parlare II (Conversational Italian II)		2006

MILITARY SERVICE: None.

Years: NA

POSTDOCTORAL TRAINING (Hospital, Research Lab, etc.)

School/Hospital	Training	Year(s)

Medical Licensure – State(s): New York #332279-1 (Professional Registered Nurse – 10/17/1980)

Professional Board Certified: Yes No
American Nurses Association Credentialing Center

Specialty(ies): Clinical Specialist in Adult Psychiatric
and Mental Health Nursing #0117454
PMHCNS-BC

Date(s): 1989 – present

The National Registry of Certified Group Psychotherapists: Certification #17447.

RECORD OF FELLOWSHIP AWARDS

Postdoctoral: Yes No

Source of Award**	Institution	Purpose	Year

***Specify source such as NIH Training Grant, NIH Fellowship, NIH Research Grant, other NIH support, or trainee or fellow stipend from other extramural sources.*

FACULTY APPOINTMENTS *(begin with present appointment)*

Institution	Rank	Year(s)
University of Rochester School of Nursing	Professor of Clinical Nursing	2013-present
University of Rochester School of Nursing	Associate Professor of Clinical Nursing	2008-2013
University of Rochester School of Medicine and Dentistry Rochester, New York	Clinical Professor of Psychiatry	2013-present
University of Rochester School of Medicine and Dentistry Rochester, New York	Clinical Associate Professor of Psychiatry	2004-2013
University of Rochester School of Medicine and Dentistry Rochester, New York	Clinical Assistant Professor of Psychiatry	2000-2004
University of Rochester School of Medicine and Dentistry Rochester, New York	Assistant Professor of Psychiatry	1998-2000
University of Rochester School of Medicine and Dentistry Rochester, New York	Senior Instructor in Psychiatry	1996-1998
University of Rochester School of Medicine and Dentistry Rochester, New York	Clinical Senior Instructor in Psychiatry	1993-1996

PROFESSIONAL HOSPITAL AND ADMINISTRATIVE APPOINTMENTS

Institution	Appointment	Year(s)
University of Rochester School of Nursing	<i>Team Leader, Center for Academic and Professional Success (CAPS)</i>	2011-present
The Healing Connection Inc. (CEO 2010-2016; Clinical Director 2010-2015; President 2014-2015; Interim Director Dec 2016-March 2017 Permanent Founding Board Member 2016-present)	<i>Founder, CEO and President, Clinical Director, Permanent Founding Board Member</i>	2010-present
The Healing Connection Residential Treatment Inc. (Permanent Founding Board Member)		2021-present
Department of Health, New York State	<i>Director, Western NY Comprehensive Care Center for Eating Disorders</i>	2005-11/2007 3/08-present
Unity Health System, Rochester, New York	<i>Director, Eating Disorders Program, Department of Psychiatry and Behavioral Health</i>	2002-2005
Unity Health System, Rochester, New York	<i>Coordinator, Eating Disorders Program, Department of Psychiatry and Behavioral Health</i>	2000-2002
Strong Memorial Hospital, University of Rochester Rochester, New York	<i>Director, Eating Disorder Treatment Service Department of Psychiatry</i>	1997-2000
Strong Memorial Hospital, University of Rochester Rochester, New York	<i>Administrative Director, Ambulatory Services Department of Psychiatry</i>	1994-1998
Strong Memorial Hospital, University of Rochester Rochester, New York	<i>Associate Director, Adult Ambulatory Services Department of Psychiatry</i>	1990-1994
Strong Memorial Hospital, University of Rochester Rochester, New York	<i>Clinician II – Ambulatory Services, Community Mental Health Center, Behavioral Medicine Unit, Department of Psychiatry</i>	1986-1990
Strong Memorial Hospital, University of Rochester Rochester, New York	<i>Clinician I – Behavioral Medicine Unit Department of Psychiatry</i>	1985-1986
Strong Memorial Hospital, University of Rochester	<i>Staff Nurse – Behavioral Medicine Unit,</i>	1982-1985

Rochester, New York	Department of Psychiatry	
---------------------	--------------------------	--

MEMBERSHIPS IN LOCAL and STATE ACADEMIC and PROFESSIONAL ORGANIZATIONS

Organization	Year(s)
Eating Disorders Awareness and Prevention	2000-2001
Rochester Area Stone Center Reading Group (Co-Founder and Co-Facilitator)	1996-2008
Rochester Area Group Psychotherapy Society, Inc. (Long-Range Planning Committee, 1992-1993)	1992-present
Rochester Area Psychiatric Mental Health Nurse Clinical Specialists Group (Chair, Legislative Committee)	1986-1994
Genesee Valley Nurses Association	1984-present
Chairperson, Rochester Consortium on Eating Disorders	1990-1993
Network of New York Clinical Specialists in Psychiatric Mental Health Nursing	1989-1997
Rochester Eating Disorders Organization (REDO)	1988-1996

MEMBERSHIPS in NAT'L & INTERNAT'L ACADEMIC & PROFESSIONAL ORGANIZATIONS

Organization	Year(s)
American Psychiatric Nurses Association	1997-present
Jean Baker Miller Training Institute (Founding Member; Coordinator, Research Network), Wellesley College	1996-present
National Registry of Certified Group Psychotherapists	1995-present
American Group Psychotherapy Association, Clinical Member	1995-present
Academy for Eating Disorders (Board Member, 2002-2005; Membership Council, 2002-2005; Chair, Credentialing Task Force, 2004-2014; Co-Chair Patient/Carer Task Force, 2005-2016)	1994-present
Wellesley Centers for Women, Wellesley College	1992-present
Sigma Theta Tau International (Epsilon Xi Chapter)	1986-present
National Eating Disorders Association	2002-present
American Association of University Women	2004-present
National Center on Addiction and Substance Abuse at Columbia University (CASA)	2005-present
National League for Nursing	2008-present

LECTURESHIPS and VISITING PROFESSORSHIPS

Institution	Appointment	Year(s)

MEMBERSHIPS IN LOCAL and STATE COMMUNITY SERVICE ORGANIZATIONS

Organization	Year(s)
Member, Mental Health Outreach, Spiritus Christi Church	2000-2005
Member, Women's Retreat Planning Committee, Spiritus Christi Church	2008-2010
Member, Religious Education Committee (and religious education teacher), Spiritus Christi Church	1998-2000
Chair, Western NY Comprehensive Care Center for Eating Disorders Community Advisory Board	2004-present
National Alliance for the Mentally Ill	1999-present
Member, Family Ministry Committee, Corpus Christi Church	1995-1998
Chairperson, Rochester Area Coalition of Mental Health Professionals and Consumers	1993-1994
Mental Health Association [Board Member, 1995-2006; Executive Committee (secretary), 2000-2001; President-Elect, 2001-2002; President, 2002-2005; Past-President, 2005-2006; Legislative Committee, 1995-2006; Program Committee, 1996-2006]	1987- present

HONORS AND AWARDS

University of Rochester School of Nursing Most Outstanding Scholarly Practitioner Award, May 2019
<i>Eating Disorders: The Journal of Treatment & Prevention</i> Top 25 Articles Award (November, 2017), The therapist's use of self-disclosure in a Relational Therapy approach for Eating Disorders, 12(1), 2004.

Dr. Jeremy A. Klainer Entrepreneurship Award, University of Rochester School of Nursing, 2015
Otto Thaler MD Memorial Award for Outstanding Residency Education 2012
John Romano Award 2012, Mental Health Association
Association for Creativity in Counseling Research Award 2011
Academy for Eating Disorders Meehan-Hartley Award for Public Service and/or Advocacy 2010
Richard C. Palermo Quality Award, St. Joseph's Villa, 2009
Monroe Community College Alumni Contributing to the Community Award, 2008
Who's Who of American Women, 2007-2008
Woman of Influence in Health Care, Girl Scout of Genesee Valley, Inc., 2005
Fellow, Academy for Eating Disorders, 2003
Excellus Centers of Excellence in the Treatment of Eating Disorders Award, 2002
Sigma Theta Tau Nursing Research Award (Epsilon xi chapter), 1996.
Annual Outstanding Nurse Award for Excellence in Patient and Family Nursing, 1984.
Sigma Theta Tau Member, 1986.
Nazareth Alumni Association Award, 1982.
Excellence in Nursing Award, 1980.
Who's Who Among Students in American Junior Colleges, 1979-1980.
Women's American Auxiliary Award, 1978.
Kodak Scholar Award, 1978.

INCLUDE THE FOLLOWING INFORMATION ON SEPARATE SHEETS:

<p>A. Educational Contributions of Last Five Years</p> <p>1. Medical Student – Type of courses, number of hours of contact, laboratory.</p> <p>2. Graduate Student – Number of students, nature of supervision, thesis advising.</p> <p>3. Resident – Tutorial, seminar, attending, teaching rounds.</p> <p>4. Doctoral</p> <p>5. Postdoctoral Fellow – On individual research grants or training grants within department, relationship of postdoctoral fellow to the faculty member.</p> <p>6. Undergraduate</p> <p>7. Post-Graduate</p> <p>8. Continuing Medical Education.</p> <p>9. Invited Presentations</p>	<p><i>See pages 8-15.</i></p> <p><i>See pages 15-23</i></p>
<p>B. Professional Service Assignments and Responsibilities of Last Five Years</p>	<p><i>See page 24.</i></p>
<p>C. Professional Administrative Assignments and Responsibilities of Last Five Years</p>	<p><i>See page 25-26.</i></p>
<p>D. Research Activities of the Last Five Years</p> <p>1. List research projects in progress.</p> <p>2. List research grants obtained (include sponsor, title, principal investigator, total years of award, and total dollar amount of award).</p> <p>3. List research supervisory assignments.</p>	<p><i>See pages 26-27</i></p>
<p>E. Presentations at Major National Professional Meetings of Last Five Years</p>	<p><i>See page 29-33</i></p>
<p>F. Editorial Assignments in Professional Meetings of Last Five Years</p>	<p><i>See page 30</i></p>
<p>G. Membership and Participation in National Advisory and Health Councils and Research Review Committees of Last Five Years</p>	<p><i>See page 34</i></p>
<p>H. Consultations to Universities and Health and Science Agencies of Last Five Years</p>	<p><i>See page 34.</i></p>
<p>I. Publications</p> <p><i>Give author(s), full title, name of journal, volume, pages, and date of publication. Books or book chapters should include the publisher's name, the editor, and the name of the book.</i></p> <p>1. Original (scientific) articles – These may include case reports if new observations were reported.</p> <p>2. Books, monographs, book chapters, and review articles.</p> <p>3. Letters, editorials, short articles, and other contributions.</p> <p>4. Abstracts can be listed separately. (Abstracts need not be included if a paper has been published describing the work.) Abstracts of recent work, as yet unpublished as a full paper, can be informative.)</p>	<p><i>See page 35-37.</i></p>

A. EDUCATIONAL CONTRIBUTIONS OF LAST FIVE YEARS

1. MEDICAL STUDENT

June, 2006 – 2007: Weekly supervision of third year medical student, Sarah MacDowell on research project related to eating disorders and quality of life, University of Rochester School of Medicine and Dentistry.

October 7, 1998: Introduction to Clinical Medicine: Psychopathology section "Eating Disorders," for second-year medical students, University of Rochester School of Medicine and Dentistry.

November 10, 1997; November 4, 1996: Biopsychosocial Medicine II, "Eating Disorders." Lecture included didactic material and patient interview with following class discussion, Department of Psychiatry, University of Rochester School of Medicine and Dentistry.

August-November 1997; August-November 1996; October-November 1995: Biopsychosocial Medicine I, "The Patient-Physician Relationship." Small group facilitator, Department of Psychiatry, University of Rochester School of Medicine and Dentistry. [Included planning for small group discussion, attendance at lecture, and small group facilitation after lecture.]

April-May 1998; April-May 1997; April-May 1996: Biopsychosocial Medicine I, "Approaches to the Mind." Small group facilitator for 8 weeks, Department of Psychiatry, University of Rochester School of Medicine and Dentistry. [Included planning for small group discussion, attendance at lecture, and small group facilitation after lecture.]

April 4, 2014: TeamSTEPPS course. [Attended 4-hour didactic session and co-facilitated 90-minute small group with medical and nursing students]. University of Rochester Medical School, Rochester, NY.

1. GRADUATE STUDENT

April 16, 2021: "Identifying and Treating Eating Disorder" [90-minute session with Amy Realbuto PNP including didactic instruction and large group discussion]. Health Integration Seminar (GMHC 699), St. John Fisher College, Rochester, NY 14618.

September 24, 2015: "A Relational/Motivational Framework for Understanding Assessment and Treatment of Eating Disorders." 90-minute training session including parent peer mentor, didactic instruction, clinical vignettes and large group discussion. University of Rochester Counseling Center (doctoral students, post-doctoral fellows, and interns).

April 4, 2014: TeamSTEPPS course. [Attended 4-hour didactic session and co-facilitated 90-minute small group with medical and nursing students]. University of Rochester Medical School, Rochester, NY.

March 23, 2015; November 17, 2014; March 24, 2014: Healthcare Economics and Policy. "Development of an Eating Disorders Partial Hospitalization Program: From Public Policy to Program Development" (90-minute didactic and large group Question and Answer period). Discussed how to develop new business including business plan, corporate structure, transition from for profit to non-profit structure, NY State licensing regulations and prior approval application process, as well as how public policy and NYSCCED legislation informed start-up of an Eating Disorders Partial Hospitalization Program. St. John Fisher School of Nursing, St. John Fisher College, Rochester, NY.

February, 2013 – present: Thesis committee member for Audrey R. Aliberto B.S., Marriage and Family Therapy Trainee, Marriage and Family Therapy Graduate Program, University of Rochester Medical Center, Department of Psychiatry, Thesis proposal, "

November 6, 2012: EDU 473 Mental Health Issues in School Settings [3 credit course], An Integrated Relational/Motivational Approach to Evaluation and Treatment of Eating Disorders, University of Rochester Warner School, Rochester, NY.

May, 2013-August, 2013; May, 2012 – August, 2012: NLX 483: Research Project Management in Complex Organizations {5 credit course}, University of Rochester School of Nursing, Rochester, NY.

- March 1, 8, 15, 22, 2011 Eating Disorders Lecture Series. [Four –part lecture series one hour each weekly Session] graduate trainees from Family and Marriage Therapy, Nursing, Social Work and Psychology that addresses etiology, APA Practice Guidelines, Evidence- Based Treatment, Family-based treatment, and relational/motivational approaches to engage patients and families in treatment.
- April 6, 2020; April 8, 2019; April 2018; April, 2017; April, 2016. Presenter in Nursing 403 Ethics and Public Policy in the Health Care System, Presentation: *Evidence-based Health Policy: A Case for Development of the NY State Comprehensive Care Centers for Eating Disorders*, University of Rochester School of Nursing, Rochester, NY [3 credits].
- July, 2009 – June, 2010: Thesis committee member and weekly supervision of Seonhwa Lee, Family and Marriage Trainee, Marriage and Family Therapy Graduate Program, University of Rochester Medical Center, Department of Psychiatry, Thesis proposal, “ Family Dynamics in Eating Disordered Patients.” Also clinical supervision in outpatient Multifamily Therapy Group.
- July 7, 2009, Institute on the Family, Graduate Training Program, Clinical Practice II, Eating Disorders: Effective Treatment, One-hour didactic, small group discussion, and clinical vignettes.
- December 8, 2009; December 9, 2008; December 4, 2007: Institute on the Family, Psychopathology Seminar, Family-based Understanding and Treatment of Eating Disorders [2 hours], University of Rochester Medical Center, Department of Psychiatry, Rochester, NY.
- July 16, 2007: Advanced Social Work Seminar (Psychopathology), Eating Disorders, Social Work Collaborative, Brockport College, Metro Center, Rochester, NY.
- January, 2007 – Dec, 2008: Thesis committee member and weekly supervision of Kelly D’Angelo, Family and Marriage Trainee, Marriage and Family Therapy Graduate Program, University of Rochester Medical Center, Department of Psychiatry, Thesis proposal, “ An Ecosystemic and Risk and Resiliency Approach in the Development of Anorexia Nervosa in Female Athletes..” Clinical supervision in Multifamily Therapy Group in Eating Disorders Partial Hospitalization Program, Unity Health System. Rochester Evidence Based Practice Department. Also worked with her to draft a paper for publication regarding her project
- June, 2006 – June 2007: Weekly supervision of medical student, Sarah MacDowell doing research internship at Unity Health System Eating Disorders Program. Assister her with drafting and implementing research pilot proposal re: study examining outcomes for eating disordered individuals who attend Eating Disorders Partial Hospitalization Program alone or in conjunction with supported housing program at Sage House. Assisted her with drafting analysis report in collaboration with University of Rochester Evidence Based Practice Department. Also worked with her to draft a paper for publication regarding her project.
- August, 2006 – December, 2006. Weekly supervision of counseling master’s student, Colleen Degener, in clinical care at Eating Disorders Partial Hospitalization Program (emphasis on conducting group therapies, patient management at therapeutic meals, and observation of individual, family and multifamily therapy work), Medaille College, Buffalo, NY.
- January, 2005-June, 2005: Weekly supervision of psychology master’s student, Raquel Munoz, in clinical care at Eating Disorders Partial Hospitalization Program (emphasis on conducting group therapies, patient management at therapeutic meals and observation of individual and family work), State University of NY at Brockport.
- January, 2005-May, 2005: Weekly supervision of clinical counseling student, Erica Thomas, in clinical care at Eating Disorders Partial Hospitalization Program (emphasis on conducting group therapies, patient management at therapeutic meals and observation of individual and family work), Warner School of Education, University of Rochester.
- April 24, 2002: Taught 2.5 hour class in *Group Counseling and Group Therapy* course entitled, “Group Psychotherapy for Adolescents with Eating Disorders.” Boston College, Newton, MA.
- September 2001 – December, 2002: Weekly supervision of graduate counseling student, Talli Goldman in group treatment of patients with eating disorders. Supervision re: delivering treatment in Eating Disorders Symptom Interruption Group and group therapies in the Eating Disorders Partial Hospitalization Program.

- September 2001-April, 2002: Weekly supervision of psychology predoctoral fellow, Michele Spomer, in clinical care with emphasis on group treatment of patients with eating disorders and their families. Supervision re: Eating Disorders Multifamily Therapy Group, Psychoeducation Group, and Contemplation Group.
- October 1998-August 1999: Weekly supervision of psychology predoctoral intern Jennifer Sanftner, M.A., in outpatient eating disorders Symptom Interruption Group. [Supervision includes one hour/week regarding outpatient group psychotherapy for eating-disordered patients and a feminist relational approach to understanding and treating eating disorders, as well as supervision of her clinical work in group.]
- September 1996 - August 1997: Weekly supervision of psychology predoctoral intern Mary Jane Elliott, M.A., in Outpatient Women's Group psychotherapy. [Supervision includes 1 hour/week regarding outpatient group psychotherapy theory, women's mental health issues, women's psychological development, and relational theory, as well as supervision of her clinical work in group.]
- April 1996 - August 1996: Weekly supervision of psychology predoctoral intern Patricia Francis, O.P, M.A., in Outpatient Women's Group psychotherapy. [Supervision includes 1 hour/week regarding outpatient group psychotherapy theory, women's mental health issues, women's psychological development, and relational theory, as well as supervision of her clinical work in group.]
- April, 2007. "Eating Disorders: Effective Strategies for Screening, Referring and Motivating Students for Treatment," (2-hour) presentation to 2nd year graduate- level School Counseling and Psychology Class. Rochester Institute of Technology, Rochester, NY, 4/10/07.

3. **RESIDENT**

- April 23, 2019: PGYIV Residents and Psychiatric-Consultation Liaison Fellows Seminar: Screening, Evaluation and Referral of Patients with Eating Disorders [one hour re: screening tools, assessment questions, signs and symptoms, levels of care, Categories to consider when deciding on level of care, and local resources]/ University of Rochester Department of Psychiatry,
- August 23, 2019; August 24, 2018; July 21, 2017; August 5, 2016; July 24, 2015; August 22, 2014; August 23, 2013; August 17, 2012, August 12, 2011, July 23, 2010, July 31, 2009, July 11, 2008, August, 2007 – "The Critical Role of the Dentist in the Evaluation, Referral and Management of Eating Disorders," Introduction to Pediatric Dentistry for General Practitioners, [1 hour didactic, clinical vignettes and large group discussion] Eastman Dental School, University of Rochester School of Medicine and Dentistry.
- March 8, 15, 22, & 29, 2022; March 9, March 16, March 23, & March 30, 2021; February 25, March 3, 10, & 17, 2020; February 26 and March 5, 12, & 19, 2019; February 20 & 27 and March 6 & 13, 2018; March 14, 21, 28, 2017; March 8, 15, 22, 2016; March 10, 17, 24, 2015; March 4, 11, 18, 25 2014; March 4, 11, 18, 25, 2013; March 6, 13, 20 and 27, 2012; March 1, 8, 15, 22, 2011; March 2, 9, 16, and 23, 2010: Eating Disorders Seminar Series. [Four –part (reduced to 3-part in 2015 and back to four-part series 2019) Interdisciplinary Eating Disorder Seminar Series two hours each session (moved from one hour to two hours in 2013) for PGY- I's and other disciplines that addresses etiology, APA Practice Guidelines, Evidence-Based Treatment, Family-based treatment, and relational/motivational approaches to engage patients and families in treatment. In 2013 involved a recovered patient and mother and father of recovering patients as part of the treatment team we developed with the trainees. Additional emphasis on interdisciplinary team functioning and interprofessional education. The team discussed questions and answers in response to didactic instruction and examined vignettes and a case example.
- July 2019 - January, 2020 through July 2010 – June, 2011 - "Eating Disorders Practicum," for University of Rochester, Psychiatry PGY-II residents. Includes three-week cycles of four ½ days in The Healing Connection, LLC Eating Disorders Partial Hospitalization Program (includes exposure to group psychotherapy, therapeutic meals, intake and psychopharmacological evaluations) with weekly supervision and treatment team meetings.
- August, 2005 – March, 2006; August 2006-May 2007: July, 2007. "Eating Disorders Practicum," for three University of Rochester, Psychiatry PGY-II residents. Includes two-week cycles of four ½ days in Unity Eating Disorders Partial Hospitalization Program (includes exposure to group psychotherapy, therapeutic meals, intake and psychopharmacological evaluations) with weekly supervision and treatment team meetings. .
- January 30, 2007; October 25, 2005 ; "Psychopharmacology for Eating Disorders," seminar for University of Rochester Psychiatry PGY-II residents.

- September 15, 2003 – November, 21, 2003: Weekly supervision of University of Rochester Psychiatry PGY-5, Ana Reid MD, in Eating Disorders Elective. Supervision provided in the context of delivering care to patients in the Eating Disorders Partial Hospitalization Program. [Supervision includes one hour/week regarding etiology, assessment, and treatment of eating disorders, with emphasis on relational/cultural, motivational and cognitive-behavioral theory and treatment approaches. Review of psychiatric intake evaluations/follow-ups and comprehensive intakes for partial program. Also one hour of teaching and/or multidisciplinary treatment review.]
- February, 21, 2006; March 10, 2005; March, 24, 2004; April 30, 2003: “Eating Disorders,” taught as part of “Psychiatry for Primary Care Internal Medicine Residents Seminar,” Unity Health System, Park Ridge Hospital, Rochester, NY.
- October 8, 2001-December 2, 2001: Eating Disorders University of Rochester Psychiatry PGY-V elective. Weekly supervision of PGY-V, Jim Mead Ph.D., in evaluation and treatment of patients with eating disorders. [Supervision includes intakes and group treatments and discussion of application of theory in practice in individual and group treatments with an emphasis on integrating relational theory in clinical practice.]
- March 12, 2009; February 22, 2007; May 10, 2005; March 18, 2004; March 20, 2003; March, 7, 2002; March 1, 2001; August 19, 1999; September 3, 1998: Psychopathology and Basic Psychopharmacology Seminar for University of Rochester Psychiatry PGY-I residents, "Eating Disorders."
- October 25, 2000: University of Rochester Psychiatry Resident Luncheon Series: “Eating Disorders: Evaluation and Motivational Interviewing.”
- June 29, 1998: University of Rochester Resident Luncheon Series: "Relational Theory: Its Implications for Understanding the Etiology and Treatment of Women's Mental Health Problems."
- March 15, 1998: University of Rochester Resident Luncheon Series: "The Eating Disorders Treatment Service: Philosophy and Methods of Treatment."
- December 11, 1997; February 24, 1997: Psychopathology seminar for University of Rochester Psychiatry PGY-II residents, "Eating Disorders."

4. DOCTORAL STUDENT

- October 12, 2015, University Counseling Center, University of Rochester [90 minutes didactic, clinical vignettes, large group Discussion], A Relational/Motivational Approach to Understanding Eating Disorder Etiology, Assessment and Treatment.
- September,-December 2014: Role of the Clinical Researcher. This didactic course helps students discover the historical and contemporary educational context of the researcher role, recognize how faculty researchers integrate the knowledge and skills of practitioner and researcher, and develop a personal image of the future as a clinical researcher.
- December, 2014 – August, 2015: Committee Member for Dayton Richards Walsh Doctoral Dissertation Committee.
- November, 2013 – June, 2017; Committee Member for Jennifer Schneider’s Doctoral Dissertation Committee.
- September, 2013 – 2014: Doctor of Nursing Practice Advisor for Robert Dorman. University of Rochester School of Nursing. Supervision and advisement meetings related to academic plan, coursework, and professional goals
- March, 2013 – June, 2017: Doctoral Advisor (PhD) for Jennifer Schneider. University of Rochester School of Nursing. Supervision and advisement meetings related to academic plan, coursework, and professional goals.
- September-December, 2021; January-May, 2022; January-May, 2016; January-May, 2015; September-December, 2014; January-May, 2014; January-May, 2013: “NUR 590: Dissertation Seminar.” Facilitate discussion with peers and faculty to assist with development of proposal defense and completion of the doctoral program requirements. The seminar provides a regular, organized opportunity to present work in progress on the dissertation proposal and to receive feedback from faculty and fellow doctoral students. Research topics relevant to students’ ongoing research are identified and discussed, e.g., examining issues of research ethics, research design, responding to evaluations of applications for funding (“pink sheets”), and working with an interdisciplinary research team. University of Rochester School of Nursing, Rochester, NY [2-hour course].

September-December, 2022; September -December, 2021; September -December, 2020; September -December, 2019; September – December, 2018; September – December, 2017; September – December, 2016; September-December, 2015; September-December, 2014; September-December, 2013; September – December, 2012; September – December, 2011: “DNP (NUR 575 – was NUR 586) “Health Policy Development and Political Change.” (Facilitates: examination of the politics of health policy development and implementation at local, state, and federal levels; analysis of policy implications of a body of health care research to inform decision-making about pending legislation and/or health policy development; and assessment of the impact of policy on social justice, efficiency, effectiveness, and equity in health care. Involves direct exposure to public and private sector roles in health policy development and experience advising policy makers about health care issues.) University of Rochester School of Nursing, Rochester, NY [3 credits].

September 2012 – May, 2016: Clinical Preceptor and advisor for Dayton Richards Walsh, Doctoral Student, Psychology, University of Rochester, Psychology.

September – December, 2012; September – December, 2011; September - December, 2010: NUR 531 “Seminar in Theories that Guide Research in High Risk in Children and Youth,” University of Rochester School of Nursing, Rochester, NY. (Course for PhD students and postdoctoral fellows that focuses on discussion and integration of theories that guide clinical research at the individual, family, and community levels, and is directly applicable to research of children, youth, and families University of Rochester School of Nursing [3 credits])

June, 2010 –2011: Doctoral Advisor for Krista Scorsone. University of Rochester School of Nursing. Weekly supervision and advisement meetings related to academic plan, coursework, and professional goals

January, 2007 – March 26, 2010: Serving as dissertation committee member for Colleen McMillan, MSW, School of Social Work, Wilfrid Laurier University, Kitchener, Ontario, Canada.

July, 2004 - July, 2006: Served as dissertation committee member for Joy E. Morgan PhD, “Successful Outcomes in Vocational Rehabilitation: The Effects of Stages of Change and Relational Development,” Heller School for Social Policy and Management, Brandeis University, Waltham, MA. Oral defense July 21, 2006.

5. POSTDOCTORAL FELLOW

December 2019 – August 2022: Member of scholarship oversight committee for Nicole Cifra MD, Adolescent Medicine Fellow. Duties include determining if a specific activity is appropriate to meet the American Board of Pediatric guidelines for scholarly activity; determining a course of preparation beyond the core fellowship curriculum to ensure successful completion of the project; evaluating the fellow's progress as related to scholarly activity; meeting regularly with the fellow; participating in the fellow’s presentation/defense of their scholarly project; advising the program director on the fellow's progress; and assessing whether the fellow has satisfactorily met the guidelines associated with the requirement for active participation in scholarly activities.

September 1999 – August 2001: Weekly supervision of psychology postdoctoral fellow Jennifer Sanftner, Ph.D., in research work and clinical care, evaluation, and treatment of patients with eating disorders. [Supervision includes one hour/week of research supervision (participating in a current research study conducted in the outpatient bulimia group and designing her own study), as well as one hour/week of clinical supervision regarding assessment and treatment of patients with eating disorders. Emphasis is on a relational understanding of and psychotherapy approach with patients in individual and group therapy.]

September 1998 - 1999: Biweekly supervision of postdoctoral fellow Jessica Butzel, Ph.D., in evaluation and treatment of patients with eating disorders. [Supervision includes two hours/month with an emphasis on integrating relational theory in clinical practice.]

6. UNDERGRADUATE STUDENTS

September 4, 2019: Accelerated Program for Non-Nurses, Pre-Immersion Program, University of Rochester School of Nursing, Rochester, NY.

November 2017- September 2018: Consultant to Malinda Ruit, RIT Photojournalist student, Senior Capstone Project, Recovery from Anorexia Nervosa.

March 28, 2022; April 12, 2021; April 14, 2020; April 8, 2019; April 9, 2018; April 10, 2017; April 18, 2016; April 6, 2015; April 7, 2014; March 2013: NUR 403: Ethics and Public Policy in the Health Care System. The Important Role of Nurses in Public Policy. [1-hour didactic and large group discussion], University of Rochester School of Nursing, Rochester, NY.

May, 2013- August, 2013 (Co-Instructor), NUR 317: An introductory course in the ethics of health care for undergraduate students. Activities are designed to provide a basis of understanding to participate in informed discussion of ethical issues by providing historical context and an introduction to the language used in bioethical discourse. Activities include readings with a review of historic and contemporary cases as well as films and literature that shapes and defines current thinking and practice in health care ethics. (3 credits)

January, 2011 – May, 2011: NUR 403: Ethics and Public Policy in the Health Care System (3 credit hours). This foundational course provides an overview of the structure, regulation, and financing of the health care system in the United States. Nursing's past and present contributions and its potential to shape future health care are evaluated. Contemporary health care and policy issues are examined using concepts and principles of planned change, ethical decision-making, the policy process, and policy analysis.

September –December, 2002: Weekly supervision of undergraduate psychology student, Kristin Grasso (Geneseo College), in clinical care of eating disordered patients and research work. Developed and implemented internship to teach beginning level research skills and provide supervision related to care of eating disordered patients in the Eating Disorders Partial Hospitalization Program at Unity Health System. The student spent ½ day working as research assistant and 1½ days working as clinical care assistant in the partial program, e.g., observing and participating in groups, observing patients at meal times, recording intake, and offering support and structure to patients during the program day.

January – May, 2003: Weekly supervision of undergraduate psychology student, Kara Fitzgerald (Geneseo College), in clinical care of eating disordered patients and research work. Developed and implemented internship to teach beginning level research skills and provide supervision related to care of eating disordered patients in the Eating Disorders Partial Hospitalization Program at Unity Health System. The student spent ½ day working as research assistant and 1½ days working as clinical care assistant in the partial program, e.g., observing and participating in groups, observing patients at meal times, recording intake, and offering support and structure to patients during the program day.

7. POST-GRADUATE TRAINING

June 10, 2022; University of Rochester Annual Medical Family Therapy Intensive: “Relational/Motivational Approach to Eating Disorder Assessment, Etiology, Management and Referral.” [90 - minute didactic, clinical vignettes, and large group discussion. Institute for the Family, University of Rochester Medical Center, Rochester, NY.

June 15, 2012; University of Rochester Annual Medical Family Therapy Intensive: 90-minute presentations regarding eating disorders and family-based treatments involving didactic, audio-segment, clinical vignettes, and large group discussion. Institute for the Family, University of Rochester Medical Center, Rochester, NY.

June 15, 2012: “Understanding the Impact of Intra- and Interpersonal Disconnections and the Importance of Family-Based Treatments in Repairing from Them.”

June 18, 2010: “Staying Afloat in a Sea of Disconnections: Using Multifamily Therapy Group to Engage Patients, Families and Providers in the Treatment of Eating Disorders.”

8. CONTINUING MEDICAL EDUCATION

September 21 – November 9, 2022: Dr. Tantillo presents weekly training regarding eating disorders to new and seasoned therapist at The Healing Connection. Topics include therapeutic stance, evidence-based treatments, relationally reframing of eating Disorders, relational/motivational strategies, and group and family-based treatments and interventions.

April 27 and 29, 2022 Dr. Tantillo and Dr. Iafrati presented “Screening, Referral and Management of Eating Disorders,” Strong Behavioral Health Child and Adolescent Services & Pediatric Behavioral Health and Wellness, University of Rochester, Medical Center, Rochester, NY.(1 hour each of didactic instruction, clinical vignettes and Q&A).

- April 28, 2022 Dr. Tantillo and Michelle Morales (WNYCCED Parent Peer Mentor) presented “Screening, Referral and Management of Eating Disorders,” Strong Ties, University of Rochester Medical Center, Rochester, NY (1 hour didactic instruction, clinical vignettes and Q&A).
- March 9, 2022: Dr. Tantillo and Michelle Morales presented regarding the continuum and levels of care for individuals with eating disorders and their families. We also discussed Family-based Treatment. 8S Nursing Council meeting, Golisano Children’s Hospital, University of Rochester Medical Center, Rochester, NY, March 9, 2022.
- February 9, 2022: “A Relational/Motivational Approach to Assessment, Referral and Management of Eating Disorders” [1-hr didactic and large group discussion]. Mobile Crisis Team, University of Rochester Department of Psychiatry, University of Rochester Medical Center, Rochester, NY.
- February 24, 2021: “Conducting Adolescent Groups Part 2,” [1]hours didactic, large group discussion], Adolescent Medicine Education Series, Dept of Pediatrics, Golisano Children’s Hospital, University of Rochester Medical Center, Rochester, NY
- February 10, 2021: “Conducting Adolescent Groups Part 1,” [1] hours didactic, large group discussion], Adolescent Medicine Education Series, Dept of Pediatrics, Golisano Children’s Hospital, University of Rochester Medical Center, Rochester, NY.
- February 9, 2021: “Family Based Treatment Principles Part 2,” [1 ¼ hours didactic, large group discussion], Adolescent Medicine Education Series, Dept of Pediatrics, Golisano Children’s Hospital, University of Rochester Medical Center, Rochester, NY.
- January 12, 2021: “Family Based Treatment Principles Part 1,” [1 ¼ hours didactic, large group discussion], Adolescent Medicine Education Series, Dept of Pediatrics, Golisano Children’s Hospital, University of Rochester Medical Center, Rochester, NY.
- September 4, 2019: “Reviewing State and Local Resources and Levels of Care for Adolescents with Eating Disorders and Their Families, [1 hour clinical vignettes, large group discussion and didactic]” 8South Nursing Unit Council meeting, Golisano Children’s Hospital, University of Rochester Medical Center, Rochester, NY.
- August 26, 2019: “Eating Disorder Seminar Series” provided for staff at The Healing Connection, Inc. [One-hour weekly series including etiology, APA Practice Guidelines, Evidence-Based Treatment, Family-based treatment, and relational/motivational approach to engage patients and families in treatment. Additional emphasis on interdisciplinary team functioning and interprofessional education. Involvement of parent peer mentor, clinical vignettes, didactic instruction, and large group exercises and discussion.
- December 19, 2018: “Eating Disorders: Assessment, Etiology and Engagement..” [one-hour presentation including didactic, Q&A, and clinical vignettes.] Center for Employee Wellness, University of Rochester School of Nursing, Rochester, NY 14642.
- October 31, 2018: “Understanding Eating Disorders.” [one-hour presentation including didactic, Q&A, and clinical vignettes.] Center for Employee Wellness, University of Rochester School of Nursing, Rochester, NY 14642.
- June 5, 2018: “Understanding eating disorders and providing meal time support.” [With Dr. Starr, Michelle Morales, Amy Realbuto NP, and Rebecca Fuller RN), Child and Adolescent Inpatient Unit, Strong Behavioral Health, University of Rochester Medical Center, Rochester, NY {1-hour didactic, clinical vignettes, Q & A, and emphasis meal time support).
- June 26 & July 10, 2015: “The Relational/Motivational Model for Understanding Etiology and Treatment of Eating Disorders: The Therapeutic Stance with Patients and Families, Medicine in Psychiatry Service, Strong Behavioral Health, University of Rochester Medical Center, Rochester, NY [Each session was 1 hour didactic, clinical vignettes and emphasis on team building and interprofessional education and collaboration with Q & A.].
- June 16, 2015: “The etiology of eating disorders, their early identification, referral and WNYCCED resources.” Presentation to the University of Rochester Center for Employee Wellness, University of Rochester School of Nursing, Rochester, NY, [one-hour didactic].

- April 4, 2014: “The critical role of the care manager in the early identification, referral and management of eating disorders in primary care.” Strong Memorial Hospital Care Management meeting, University of Rochester Medical Center, Rochester, NY.
- August 19 and 26, 2014: “The critical role of the care manager in the early identification, referral and management of eating disorders in primary care.” Unity Hospital Care Management meeting, Unity Hospital, Rochester, NY.
- September 30, 2014: The critical role of the care manager in the early identification, referral and management of eating disorders in primary care. (Health Homes of Upstate NY) HHUNY. Coordinated Care Service, Inc., Rochester, NY.
- September 27, 2013: “Using an Integrated Relational/Motivational Approach in the Evaluation and Treatment of Eating Disorders” [90-minute WNYCCED webinar for NY State OMH and OASAS providers with didactic instruction, clinical vignettes and large group Q & A.]” University of Rochester School of Nursing, Rochester, NY, September 27, 2013.
- June 6, 2013 and September 11, 2013: “A Relational-Motivational Approach to Understanding the Etiology, Evaluation and Treatment of Eating Disorders” [1 hour didactic, clinical vignettes, and large group discussion]. Child and Adolescent Psychiatry Outpatient Clinic, Strong Behavioral Health, University of Rochester Medical Center, Rochester, NY.
- January, 2010 – present: “Evaluation and Treatment of Eating Disorders,” Eating Disorders Partial Hospitalization Teaching Rounds (Monthly staff inservice sessions - 1 hour of combination of didactic instruction, case presentation, clinical vignettes, small group discussion and role play related to patient assessment and various treatment approaches and modalities), The Healing Connection, LLC, Fairport, NY.
- March 21, 2007, “Eating Disorders: A Relational-Cultural Theory Approach to Group Therapy,” Unity/St. Mary’s Outpatient Mental Health Clinic, Unity Health System, [60 minute didactic instruction with clinical vignettes and large group discussion], Rochester, NY.
- March 12, 2007, “Eating Disorders: Effective Evaluation, Referral and Management.” Emergency Department Staff Meeting, Unity Hospital, [30 minute didactic instruction with case vignettes and large group discussion],
- February, 28, 2007, “Eating Disorders: Effective Evaluation, Referral and Management.” Obstetrics/Gynecology and Pediatrics Grand Rounds, Unity Hospital, [one-hour didactic instruction with case vignettes and large group discussion].
- January, 23, 2007, “Eating Disorders and Substance Abuse in Adolescents,” Unity Chemical Dependency, Rochester, NY [one-hour- didactic discussion, large group discussion]. .
- April 27, 2006: “Evaluating and Treating Eating Disorders and Substance Use Disorders,” Unity Health System, Chemical Dependency and Eating Disorders Program Staff, [2 hours - didactic instruction, case vignettes and large group discussion], Evelyn Brandon Health Center, Rochester, NY..
- March 15, 2006: “Assessment, Treatment and Management of Eating Disorders on the Inpatient Medical Unit,” Albany Medical Center, inpatient staff from adult inpatient medical units, Albany, NY.
- January 17, 24, 31, February 7, 14, 2006: “Assessment and Treatment of Eating Disorders in the Partial Hospitalization Setting, 1 ½ hour trainings [included didactic instruction, case vignettes, videotape of family parents, & large group discussion re: assessment of adults and adolescents, group therapy with adults and adolescents, relational reframing of illness and treatment, Maudsley approach to treatment of anorexia nervosa, family therapy and empowerment of parents, meal time assistance, and management strategies], Unity Health System, cross-training for General Partial Hospitalization Program staff
- October 12, 2004: “Eating Disorders and Patient Management.” Independent Living Center, Unity Health System, Genesee Street Campus, (1 hour – case presentation, didactic instruction, and discussion), Rochester, NY.
- September 30, 2004: “Anorexia Nervosa: A Relational Understanding of Family Relationships and Family Therapy,” United Health Services Hospitals, Wilson Family Practice Residency, Family Practice Residency teaching rounds, (45 minutes – case presentation, review of patient journals, didactic instruction and discussion), Johnson City Family Care Center, Johnson City, NY.

- September 23, 2004: "Eating Disorders: Collaboration in the Face of Disconnection." (Joint Medicine and Psychiatry teaching rounds – 1 ¼ hours of didactic instruction, case review, and discussion related biopsychosocial basis for disconnections in eating disorders and their impact on team functioning. Emphasis on collaboration to decrease splitting and improve patient/family care), Unity Health System, Park Ridge Hospital, 2300 inpatient staff, Psychiatric Consultation and Liaison Staff, and Eating Disorders Program staff, Rochester, NY.
- March, 2003-August, 2003: "Inpatient Management of Eating Disorders." (Monthly sessions – 60-75 minutes combined didactic instruction, case presentation, clinical vignettes, role play, and discussion related to evaluation, patient management, and collaboration between medicine and psychiatry related to care of eating disordered patients), Unity Health System, Park Ridge Hospital, 2300/ICU/Psychiatric Consultation and Liaison staff, Rochester, NY.
- June, 2002 – 2007: "Evaluation and Treatment of Eating Disorders," Eating Disorders Partial Hospitalization Teaching Rounds (Weekly sessions - 1 –1/2 hours of combination of didactic instruction, case presentation, clinical vignettes, small group discussion and role play related to patient assessment and various treatment approaches and modalities), Unity Health System, Department of Psychiatry and Behavioral Health, Genesee Street Campus, Eating Disorders Partial Hospitalization Program, Rochester, NY.
- June, 13, 2002: "Eating Disorders: Inpatient Management," Unity Health System, Department of Psychiatry and Behavioral Health, Inpatient Unit – 4000, Genesee Street Campus, Rochester, NY.
- February, 2002: "Therapeutic Meals: Moving from theory to action." Unity Health System, Department of Psychiatry and Behavioral Health, Partial Hospitalization Program, Genesee Street Campus, Rochester, NY (3-part Educational Series – weekly).
- October and November, 2001: "Psychoeducational Principles and Treatment for Eating Disorders." Unity Health System, Department of Psychiatry and Behavioral Health, Partial Hospitalization Program, Genesee Street Campus, Rochester, NY (Educational Series – (weekly).
- June-present, 2001: "Etiology and Treatment of Eating Disorders." Unity Health System, Department of Psychiatry, Adult Ambulatory Clinic, Genesee Street Campus, Rochester, NY (Educational Series – 1-2x/month).
- February 6, - March 6, 2001: "Eating Disorders: A Relational and Motivational Understanding of evaluation and treatment." Unity Health System, Department of Psychiatry and Behavioral Health, Partial Hospitalization Program, [4-Part Series of 1 ½ hours inservice training for General and MICA Partial Hospitalization Program staff: didactic, case review, and small group discussion).
- April 25, 2001: "The Neurobiology of Eating Disorders." [For 3rd year undergraduate psychology students]. University of Rochester, Department of Psychology.
- January 26 – March 29, 2000: "Eating Disorders: Moving from Accurate Evaluation to Effective Intervention with Partial Hospitalization Program Patients," Department of Psychiatry 5-Part Series (1 hour inservice training for General, MICA, and Eating Disorder Partial Hospitalization staff; patient interviews, didactic instruction, and discussion).
- October 12, 1999: "Diagnosis and Evaluation of Eating Disorders." (1½ hours - inservice training for Partial Hospitalization Program therapists), Department of Psychiatry.
- October 6, 1999: "Overview of Eating Disorders -- Etiological Treatment." (1 hour - inservice training for Partial Hospitalization Program staff), Department of Psychiatry.
- June 8, 1999: "Evaluating Readiness for Change in Eating-Disordered Patients: Prochaska Stages of Change Model." (2 hours – inservice training for inpatient staff on 4-9000), Department of Psychiatry.
- December 2, 1998: "A Relational Reframing of Treatment for Eating Disorders, Eating Disorders Treatment Service, Department of Psychiatry, Educational Series (1 hour – discussion of relational therapy with case discussion).
- November 12, 1998: "Relational Therapy for Eating-Disordered Patients: Applying Theory in Practice." Eating Disorders

Treatment Service, Department of Psychiatry, Educational Series (2 hours – discussion of relational theory and therapy with case discussion).

August 5, 1998: "Evaluating and Enhancing Readiness for Change in Eating-Disordered Patients: Prochaska's Stages of Change Model." Eating Disorders Treatment Service, Department of Psychiatry, Educational Series (2 hours – discussion of Prochaska's change model and its application in patient evaluation and treatment).

June 24, 1998: "The Eating Disorder Treatment Service: A Stepped Care Approach to Treatment." Patient Care Review, Department of Psychiatry.

May 13, 1998: "Eating Disorders: Managing the Difficult Patient." At Ventures. Session included lecture and case discussion.

April 27, 1998: Facilitator at the Intensive Day Treatment Program case conference, "Eating Disorders: A Relational Therapy Approach." Session included lecture and review of clinical cases.

February 1998 - 2000: Provide monthly group supervision to pediatric nurse practitioner (Theresa Litteer) in regard to her leadership of the Outpatient Adolescent Medicine Eating Disorders Group.

October 20 and 24, 1997: Facilitator at the Adult Ambulatory Short-Term Psychotherapy Conference and Follow-Up Case Conference. Sessions included lecture, discussion, and videotaped interview. Emphasis on building a model for short-term treatment in Adult Ambulatory Services.

November 13, 1996: Facilitator at the Adult Ambulatory Group Psychotherapy Case Conference "Translating Symptoms Into an Interpersonal Context." Session included lecture, review of videotaped patient interview, and discussion.

9. INVITED PRESENTATIONS:

"A New Framework for Understanding Eating Disorders: Diseases of Disconnection," [40 minutes didactic and 10 minutes Large Group Discussion], Alaska Eating Disorders Alliance ECHO Series, Anchorage Alaska, (Zoom), 9/7/22.

"Podcast #109 Reconnecting with Yourself with Mary Tantillo." The Eating Disorder Trap Podcast, 8/29/22, <https://theeatingdisordertrap.com/109-reconnecting-with-yourself-with-mary-tantillo>

"Picking Up the Pieces: Employing Family Resources in Multifamily Therapy Group" [30 minutes]. KBM for Answers Eating Disorders Conference 2022. St. John Fisher College, Rochester, NY, March 10, 2022.

"A Relational/Motivational Approach to Eating Disorders Assessment, Referral and Management [2 hours didactic, clinical vignettes, large group discussion]." The Villa of Hope, Rochester, NY. Via Zoom. January 24, 2022.

"Eating Disorders – Diseases of Disease," VoiceAmerica – Recovery: The Hero's Journey (1-hour internet radio podcast), July 13, 2021. <https://www.voiceamerica.com/episode/131919/eating-disordersdiseases-of-disconnection>

"Multifamily Therapy Group for Young Adults with Anorexia Nervosa: Reconnecting for Recovery, World Eating Disorders Action Day Book Launch, University of Rochester School of Nursing, Zoom presentation, (55 minutes didactic, clinical vignettes, 20 minutes panel presentation with Amy O'Sullivan [previous WNYCCED Peer Mentor], Michelle Morales [WNYCCED Parent Peer Mentor] and Alyssa Morales [in recovery], and 15 minutes Q &A), Rochester, NY, June 2, 2021.

"Multifamily Therapy Group for Young Adults with Anorexia Nervosa: Reconnecting for Recovery." Family Roundtable [1 hour didactic/large group discussion], Institute for the Family, Department of Psychiatry, University of Rochester Medical Center, April 6, 2021.

"Building a Bridge: From Disconnection to Connection in Recovery from an Eating Disorder," a 3-part National Eating Disorders Awareness Week Event. Includes Session 1: Understanding and Repairing Disconnections-February 22, 2021 7-8 p.m.; Session 2: Promoting Team and Community Connections, February 23, 2021, 7-8 p.m.; and Session 3: Biases: Missed Opportunity for Connection, February 25, 2021, 7-8:30 p.m. (Presenter for Sessions 1 and 2 and Moderator for Session 3).

Virtual presentation. University of Rochester School of Nursing, Western NY Comprehensive Care Center for Eating Disorders, February 22, 23 and 25, 2021.

- “Moving from Disconnection to Reconnection: Eating Disorders and Substance Use Disorders.” National Council on Alcoholism and Drug Dependence, (Zoom presentation), Rochester, NY, December 16, 2020 [3 hours didactic, case vignettes, large group discussion].
- “Eating Disorders in Young Adults: Developmental, Clinical and Relational Challenges [30 minutes, didactic and case examples with Michelle Morales (WNYCCCED Parent Peer Mentor and Alyssa Morales (Person in Recovery).” NY State Comprehensive Care Centers for Eating Disorders 2020 Annual Conference (via Zoom), University of Rochester School of Nursing, Rochester, NY, December 4, 2020 [3 hours].
- “Intersections between Eating Disorders and Substance Use Disorders,” Project ECHO WNY Collaborative ECHO for Chronic Pain, Opioid Prescription, Medication Assisted Treatment and Substance Use Disorder,” Huther Doyle, Rochester, NY, August 25, 2020.
- “Moving from Disconnection to Better Connection: Assessment, Referral and Management of Eating Disorders [2-hour didactic, case Review, clinical vignettes, question and answer].” Catholic Family Center, Behavioral Health and Restart programs, Rochester, NY, June 25, 2019
- “The Providers,” Moderator for film with panel/audience discussion, The Little Theater, Rochester, NY, March 11, 2019.
- “Eating Disorders in Children and Adolescents: Prevention, Identification and Treatment,” [2 hours of didactic instruction, Clinical vignettes, and Q&A. Project ECHO also described. Jim Witmer co-presenter], Western NY Chapter of the NY State School Social Workers Association, Eagle House Restaurant, Williamsville, NY, January 25, 2019
- “Eating Disorders: The Critical Role of the Coaching Staff in Early Identification, Referral and Management.” [90 minutes Didactic Instruction and Q & A], Rochester Institute of Technology, Rochester, NY, November 7, 2018.
- “Eating Disorders in Children and Adolescents: Prevention, Identification and Treatment,” [2 hours of didactic instruction, clinical vignettes, and Q&A. Project ECHO also described; Jim Witmer co-presenter.], NY State School Social Workers Association. Crown Plaza Hotel, Syracuse, NY, November 1, 2018.
- “Promoting Mental Wellness and Self-Care [1 hour didactic, experiential, and large group Q&A],” LIFT, University of Rochester School of Nursing, Rochester, NY, May 31, 2018.
- “What School Personnel Need to Know About Eating Disorders” [90 minutes – didactic instruction and large group discussion],”Genesee Valley BOCES, Leroy, NY (via Zoom), March 27, 2018.
- “What School Personnel Need to Know About Eating Disorders [60 minutes – didactic instruction and large group discussion],”Spencerport Central School District, Spencerport High School, Rochester, NY January 23, 2018.
- “Dealing with Challenging Student Behaviors: Moving from Disconnections to New and Better Connections” [1 3/4-hour retreat – didactic, experiential and large group discussion],” University of Rochester School of Nursing, Rochester, NY, APNN Retreat, January 11, 2018.
- “What School Personnel Need to Know About Eating Disorders [70 minutes – didactic instruction and large group discussion],”Allendale Columbia School, Rochester, NY January 10, 2018.
- “School-based Project ECHO Eating Disorders,” [90 minutes], BOCES I, Fairport, NY, November 28, 2017.
- “School-based Project ECHO Eating Disorders,” [60 minute on line Zoom webinar – University of Rochester School of Nursing], North Country Family Health Center, Watertown, NY, November 17, 2017.
- “Are We Really Delivering the Goods? The Healing Connection Partial Hospitalization Outcome Study – Five Year Follow-up 2010 – 2015” (Tantillo, M., Anson, E., & Lavigne, H.), University of Rochester School of Nursing, Clinical and Research Grand Rounds [1 hour], Rochester, NY, November 15, 2017.

- “School-based Project ECHO Eating Disorders,” [30 minutes], Our Lady of Mercy Counseling Staff Meeting, Rochester, NY, November 14, 2017.
- “Early Identification, Referral and Management of Eating Disorders: A Relational/Motivational Approach,” [3 hours of didactic, clinical vignettes and large group discussion], Transitional Living Services of Northern NY, Watertown, NY, October 30, 2017.
- “The Critical Role of the Care Manager in Early Identification, Referral and Management of Eating Disorders,” [3 hours of didactic, clinical vignettes and large group discussion], Family Services of Chemung County, Elmira Psychiatric Center, Elmira, NY, October 18, 2017.
- “School-based Project ECHO Eating Disorders,” [1hour] Director of Student Services Meeting, Pittsford Central School District, Barker Road School, Pittsford, NY, September 29, 2017
- “Identifying and Managing Athletes with Eating Disorders,”[1 hour didactic and large group discussion] for athletic trainers and physical therapy staff in Monroe County from University of Rochester Medicine – Sports Medicine- Sports and Spine Rehabilitation., Rochester, NY, June 16, 2017.
- “Eating Disorder Symposium (with Nicole Watson, recovered athlete) “Identifying and Managing Athletes with Eating Disorders,”[1 hour didactic and large group discussion] for coaches, Leroy Junior/Senior High School, Leroy, NY, 6/20/17.
- “Feeling Good About Our Bodies and Ourselves,” [didactic instruction and large group Q&A] at SUNY Geneseo, 7:30 – 8:15 p.m., Sponsored by Royal Lady Knights, Geneseo, NY, March 27, 2017.
- “The Important Role of College Personnel in the Identification and Management of Eating Disorders [90 minutes of didactic, case examples and large group discussion], Rochester Institute of Technology, College Counseling and Health Services, Rochester, NY, March 1, 2017, 11 a.m. -12:30 p.m..
- “Project ECHO Eating Disorders Initiative: Connecting Primary Care and Behavioral Health Providers to Eliminate Eating Disorders.” [90 minutes didactic instruction and large group discussion]. Buffalo Pediatric Society, Russell’s, Williamsville, January 25, 2017.
- “Dealing with Challenging Student Behaviors: How to Move from Disconnections to New and Better Connections [3-hour retreat – didactic, experiential and large group discussion],” University of Rochester School of Nursing, Rochester, NY, APNN Retreat, January 13, 2017.
- “Eating Disorders: Assessment, Referral, and Management.” [Psychiatric Residents Seminar, 90-minute didactic and clinical vignettes, and large group Q&A]. St. Joseph’s Hospital, Elmira, NY, December 8, 2016.
- “Eating Disorders: Assessment, Referral, and Management in the General Psychiatric Clinic.” [Best Practice Seminar Series: Unity Behavioral Health, 90-minute didactic and clinical vignettes, and large group Q&A]. Rochester Regional Health, Unity Hospital, Rochester, NY, November 17, 2016.
- “Project ECHO Eating Disorders Initiative: Connecting Primary Care and Behavioral Health Providers to Eliminate Eating Disorders.” [90 minutes didactic instruction and large group discussion]. Ithaca Medical Society, Ithaca Country Club, Ithaca, NY, November 15, 2016.
- “Project ECHO Eating Disorders Initiative: Connecting Primary Care and Behavioral Health Providers to Eliminate Eating Disorders.” [90 minutes didactic instruction and large group discussion]. Coordinated Care Services, Inc., Rochester, NY, November 4, 2016.
- “Athletes and Eating Disorders,” at St. John Fisher College, [60 minutes group discussion and didactic instruction with Nicole Watson, WNYCCED Community Advisory Board member and recovered athlete] for athlete peer mentors and coaches, St. John Fisher College, Rochester, NY, November 3, 2016.
- “Project ECHO Eating Disorders Initiative: Connecting Primary Care and Behavioral Health Providers to Eliminate Eating

Disorders.” [90 minutes didactic instruction and large group discussion]. Arnot Ogden Medical Center, Elmira, NY, September 22, 2016.

“Project ECHO Eating Disorders Initiative: Connecting Primary Care and Behavioral Health Providers to Eliminate Eating Disorders.” [90 minutes didactic instruction and large group discussion]. Ophelia’s Place, Liverpool, NY, October 14, 2016.

“The Critical Role of the Care Manager in Early Identification, Referral and Management of Eating Disorders. Health Homes of Upstate NY. [60 minutes didactic, clinical vignettes, large group Q&A]. CCSI, Rochester, NY, May 20, 2016.

“Feeling Good About Our Bodies and Ourselves: Promoting Wellness and Preventing Eating Disorders and Disordered Eating in Youth. Guidance Direct Webinar [90 minutes didactic instruction, case vignettes and Q&A]. NY State School Counselors, Centris Group, Rockville Centre, NY, May 20, 2016.

“Eating Disorders: Through a Relational/Motivational Lens.” [30 minutes didactic]. Genesee Valley Psychological Association Educational Meeting, Daisy Flour Mill, Rochester, NY, May 18, 2016.

“A Cracked Mirror: Media & Other Influences on College Student Body Image.” National Eating Disorders Awareness Week College Event [30 minutes], Nazareth College of Rochester, Rochester, NY, February 26, 2016.

“Everything You Wanted to Know about Eating Disorders but Were Afraid to Ask,” [1 hour didactic and large group discussion], St. John Fisher College, Student Athletes Meeting, Rochester, NY, February 11, 2016.

“Eating Disorders: Assessment, Diagnosis, Referral and Management on the College Campus,” [1 ½ hours didactic, clinical vignettes and large group discussion], Roberts Wesleyan College, Rochester, NY, February 10, 2016.

“Feeling Good about our Bodies and Ourselves: Promoting Wellness and Preventing Eating Disorders in Youth,” [1 hour didactic and large group discussion], Western NY Counseling Consortium Annual Conference, Rochester Institute of Technology Conference Center, Rochester, NY, February 4, 2016

“Dealing with Challenging Students: How to Move from Disconnections to New and Better Connection.” [1 ½ hours didactic, vignettes, large group discussion and experiential exercise], APNN Faculty Retreat, University of Rochester School of Nursing, Rochester, NY, January 8, 2016.

“Everything you wanted to know about eating disorders but were afraid to ask.” [1 ½ hours didactic, case review, Q&A]. St. John Fisher College (Counseling, Medical and Athletic Staff) [Included eating disorder assessment, early identification and intervention, referral and student management.]. St. John Fisher College, Rochester, NY, January 5, 2016.

“Promoting Wellness and Preventing Eating Disorders in Youth,” [2 ½ hours didactic, clinical/student vignettes, experiential learning, and large group discussion], Superintendent’s Day, Rush Henrietta Central School District, Rochester, NY, November, 23, 2015.

“Feeling Good About Our Bodies and Ourselves,” [90 minute didactic instruction, experiential learning, and large group discussion]. Brighton Central School District PTSA meeting, Rochester, NY, November 2, 2015.

“Everything You Wanted to Know about Eating Disorders but Were Afraid to Ask.” SUNY Brockport, Brockport, NY.. [90 minutes didactic instruction, clinical vignettes and large group discussion – Brown Bag Series for College Personnel], October 22, 2015.

“A Relational/Motivational Approach to Understanding Eating Disorders Etiology, Assessment and Treatment.” [90 minute presentation including didactic, clinical vignette and large group discussion.]. University of Rochester Counseling Center (trainees and staff), Rochester, NY. October 12, 2015.

“Eating Disorders and Substance Use Disorders as Diseases of Disconnection: Best Practices and Management Strategies,” [1-hour didactic, clinical vignettes, large group discussion] Evelyn Brandon Chemical Dependency Program, Rochester Regional Health System, Rochester, NY, March 11, 2015.

- “Feeling Good About Our Bodies and Ourselves: Mindful Eating, Body-Esteem, and Self-Care for School Personnel.” [two one-hour workshops including didactic instruction and experiential learning for middle and high school personnel], Honeoye Central School District, Honeoye, NY, December 9, 2014.
- “Recognizing, Treating and Collaborating in the Treatment of Eating Disorders.” [4-hour workshop: Assessment, etiology and treatment of eating disorders with emphasis on a relational/motivational approach to patients and families. Attendees included 26 mental health clinic therapists from various clinics in Monroe County]. CCSI Board Room, 3rd floor, Building J, Jay Street, Rochester, NY, September 22, 2014.
- “Eating Disorders and Obesity: Targeting Two Birds with One Prevention Stone.” Pediatric Grand Rounds, Buffalo Women’s and Children’s Hospital, Buffalo, NY, September 19, 2014.
- “A Cracked Mirror: Media & Other Influences on College Student Body Image.” [1-hour didactic with experiential component and Q&A as part of Body Image Offering sponsored by Royal Lady Knights Sorority]. SUNY at Geneseo, Geneseo, NY, March 9, 2014.
- “Eating Disorders: Effective Evaluation, Treatment, and Management.” Hospital Grand Rounds: Cayuga Medical Center, Ithaca, NY, December 6, 2013 [1 1/4 hours didactic, case vignettes and large group discussion].
- “The Importance of Body Esteem in Promoting Wellness and Preventing Eating Disorders in Youth,” Rush Henrietta School District Superintendent Day, Rush Henrietta 9th Grade Academy, Rochester, NY, November 26, 2013.
- “Partnering with Patients and Families to Develop and Innovative Multifamily Therapy Group Treatment for Adults with Anorexia Nervosa,” Research Hour, University of Rochester School of Nursing, Rochester, NY, November 20, 2013.
- “The Critical Role of the Dental Hygienist in the Assessment of Eating Disorders and its Relation to the Oral Cavity” [90-minute didactic instruction, clinical vignettes and large group discussion]. Dental Hygienist’s Association of the State of NY, Monroe Community College, Rochester, NY, 9/19/13.
- “Eating Disorders in Women with Addictions: Signs, Symptoms and Moving ahead in recovery,” [2-hour didactic and Large group question and answer], Hannick Hall Chemical Dependency Residential Treatment Center, Newark, NY, 7/23/13.
- “Promoting Body Esteem and Self-Esteem and Preventing Eating Disorders,” Wayne School District (high school) with 9th and 10th grade girls, Ontario Center, NY, 1/16/13.
- “Using an Integrated Relational/Motivational Approach in Evaluation and Treatment of Eating Disorders,” [2-hour didactic, clinical vignettes and large group discussion], St. John Fisher College, Mental Health Counseling Speaker Series 2012-2013, Rochester, NY, October 19, 2012.
- “Feeling Good About Our Bodies and Ourselves: The Importance of Connection, Critical Thinking, and Counter-Cultural behaviors in promoting body esteem and wellness in youth, parents, and school personnel” [2 ½ hours didactic, experiential and large group discussion]. Gates Chili Central School District, Gates Chili High School, Superintendent’s Day, October 7, 2011.
- “Feeling Good About Our Bodies and Ourselves: The Importance of Body Image in Promoting Wellness in Youth,” Pittsford Central School District PTSA meeting, Pittsford Mendon High School, Pittsford, NY, February 29, 2012.
- “Eating Disorders Are Not Just About Eating: Understanding Risk Factors, Prevention, and Effective Treatment,” (1-hour didactic presentation), Paychex, Penfield, NY, April 12, 2011.
- “Effective Relational-Cultural Approach to the Treatment of Eating Disorders,” [2-hour didactic presentation, case vignettes and Q & A], Behavioral Health Department, Clifton Springs Hospital, Clifton Springs, NY, January 19, 2011.
- “Promoting Healing Connections for Eating Disorder Recovery Among Patients, Family Members, Providers and Insurers,” [didactic and small group discussion for 1 hour], Excellus Blue Cross Blue Shield, Rochester, NY, January 5, 2010.

“Eating Disorders, Obesity, and Body Image: Prevention of Problems and Promotion of Possibilities [2-hour workshop with didactic, case vignettes, and experiential and large group discussion],” 4th Annual Monroe 2 Orleans BOCES Regional School-Based Mental Health Conference, BOCES, Spencerport, NY, November, 20, 2009.

“The Importance of Body Image in Promoting Wellness in Middle School Students,” Barker Road Middle School, Pittsford, NY, December 1, 2009.

“The Importance of Body Image in Promoting Wellness in Middle School Students,” Calkins Road Middle School, Pittsford, NY, November 3, 2009.

“Connections and Disconnections: How the Brain and Relationships Need Each Other to Grow,” ENCOMPASS TRAINING, Norman Howard School, Rochester, NY, September 22, 2009.

“Eating Competence and Wellness for the Adolescent Years: A Group for Parents and School Personnel,” (6-week group cycle targeting parents of middle school students and middle school personnel but also accepting parents and school personnel from all grade levels.) Each 1 ¼ hour group included didactic instruction, power point, case vignettes, small group and large group discussion. Dr. Tantillo and Glenda McPherson, WNYCCED RD, co-taught the didactic piece and collaborated with other WNYCCED personnel and graduate/doctoral level trainees (including WNYCCED research assistant, and two Family/Marriage trained therapist trainees) to facilitate small group work. Small group discussion promoted dialogue among parents and school personnel from various grade levels, i.e., from elementary, middle and high school. 2/9 – 3/23/09

“The Power of Partnering for Advances in Eating Disorders Treatment and Prevention: The NY State Comprehensive Care Centers for Eating Disorders and Beyond,” *NY Breaks the Silence Conference*, sponsored by National Eating Disorders and Rockland County, NY March 27, 2009.

“Eating Disorders and Substance Use Disorders as Diseases of Disconnection: Intersections and Implications for Assessment, Referral, Motivation for Treatment, and Treatment Delivery,” NY State Office of Alcoholism and Substance Abuse Services, Learning Thursdays (webinar), 90 minutes, [didactic instruction, clinical vignettes, large group Q & A, March 5, 2009.

“How Our Culture Breeds Discontent and Disconnection from Our Bodies and Ourselves,” Panel Presentation, Newhouse 3, Syracuse University, Syracuse, NY, February 26, 2009

“A Cracked Mirror: Media & Other Influences on Body Image,” National Eating Disorders Awareness Week Presentation, University of Rochester, Hoyt Auditorium, Rochester, NY, February 17, 2009.

“Finding the Middle Ground in Middle School: How School Personnel and Students Can Work Together to Care for Their Bodies and Themselves (2.5 hours Professional Development Day Training for Pittsford School Personnel), Barker Road Middle School, Pittsford, NY, February 5 and 12, 2009

“Family and Relationally-Based Treatment for Eating Disorders.” Albion Outpatient Clinic, Albion, NY, January 20 and February 3, 2009.

“Eating Disorders and Substance Abuse: Intersections and Implications for Parents and School Personnel,” Fairport-Perinton Chemical Prevention Advisory Council, Fairport High School, Fairport, NY, November 18, 2008.

“Feeling Good about Our Bodies and Ourselves: In Middle School Students,” [part of panel presentation – “Moving from Disconnection to New Connections: Partnership between Eating Disorder and Obesity Researchers to Advance Treatment and Prevention,”] Research Hour, University of Rochester School of Nursing, Rochester, NY, October 8th, 2008.

“Moving from Disconnection to Reconnection: A Relational/Motivational Approach for Understanding Etiology and and increasing motivation for change in Individuals with Eating Disorders and Substance Use Disorders [3-hour workshop including didactic instruction, clinical vignettes and large group discussion],” DePaul

National Council on Alcoholism and Drug Dependence, Rochester, NY, September 26, 2008.

“Finding the Middle Ground in Middle School: How School Personnel and Students Can Work Together to Care for Their Bodies and Themselves (5 hour Professional Development Day Training for Pittsford and Fairport School Personnel), Fairport High School, Fairport, NY, August 6, 2008.

“Athletes and Eating Disorders: Identifying High Risk Youth and Helping Them Finish First,” 20th Annual Central NY Prevention Conference, [2-hour didactic, clinical vignettes, large group discussion], Holiday Inn, Liverpool, NY, May 2, 2008.

“Eating Disorders: Effective Assessment, Referral, and Management.” Fairport Central School District, [1 ½ hours of didactic instruction, clinical vignettes and large group discussion], Fairport Central School District Administration Building, Fairport, NY, May 1, 2008.

“Healing Connections: Engaging Families in the Treatment of Eating Disorders,” Four Winds Hospital Grand Rounds, [2-hour didactic, experiential, case vignette, and large group discussion], Saratoga Springs, NY, 4/25/08

“Health, Art, and Life: Breaking the Silence of Eating Disorders, Panel Presentation [1 ½ hours] during National Eating Disorders Awareness Week, University of Rochester, Hoyt Auditorium, February 26, 2008.”

“The Critical Role of Athletic Training Directors and Coaches in the Identification of Eating Disorders,” Nazareth College of Rochester, Eating Disorders Recovery Center of Western NY presentation [1 hour didactic and 1 hour panel discussion with recovered athlete, athletic trainer and coach] , Rochester, NY, November 2, 2007.

“Eating Disorders on Campus: Part II: Working Together to Promote Effective Evaluation, Referral, Management, and Student Motivation for Change [1 ¼ hours, didactic instruction, clinical vignettes, large group discussion], New York State College Health Association/New England College Health Association 2007 Annual Meeting, Saratoga Hotel and Conference Center, Saratoga, NY, October 11, 2007.

“Using a Multifamily Therapy Group to Engage Patients, Families and Providers in the Treatment of Eating Disorders,”[3-hour workshop: didactic, clinical vignettes, audio-tape segments, experiential work and large group discussion], Eating Disorders Recovery Center of Western NY Family-Based Treatment Conference, Syracuse University, Syracuse, NY, October 5, 2007.

“Eating Disorders: Effective Self-Help and Support Group Facilitator Skills and Interventions,” [1 ½ hours didactic instruction, clinical vignettes and large group discussion], Mental Health Coalition, Rochester, NY, September 12, 2007

“Assessment, Etiology and Treatment of Eating Disorders,” Psychopathology Seminar [1 1.2 hrs], Advanced Social Work Seminar, Brockport College, Metro Center, Rochester, NY, July 16, 2007

“Eating Disorders on Campus: Effective Identification, Referral, and Motivation of Students for Treatment,” [1 ¾ hours didactic with clinical vignettes and large group discussion], College Health Teaching Day, SUNY Brockport, May 23, 2007.

“Eating Disorders: Screening, Referral and Motivating Individuals for Treatment,” (1 ½ hour presentation to Counseling and Health Services staff), Nazareth College of Rochester, Rochester, NY, 4/4/07.

“The Critical Role of Primary Care Providers in the Evaluation, Referral and Management of Eating Disorders,” [1 ½ hours didactic instruction, role play, clinical vignettes and large group discussion], Tasting Restaurant, Rochester, NY, February 26, 2007.

“Be Comfortable in Your Genes: Wear Jeans that Fit the Real You,” National Eating Disorders Awareness Week Lecture, [1 ½ hour didactic/large group discussion], University of Rochester, Rochester, New York, March 1, 2007.

“Charting a Course for Connection in a Sea of Disconnections: Using a Relational-Motivational Approach in the Treatment of

Eating Disorders,” Clinical Aspects of Eating Disorders Conference, St. Bonaventure University, Bonaventure, NY, March 15, 2007.

- “Eating Disorders: Screening, referring, and motivating Individuals for Treatment,” Greater Rochester Employee Assistance Professionals Association, (one hour presentation), Locust Hill Country Club, Rochester, NY, March 16, 2007.
- “Enhancing Readiness for Eating Disorders Treatment: A Relational/Motivational Approach for Change,” Grand Rounds and follow-up case conference at Four Winds Hospital, Saratoga Springs, NY, October 13, 2006.
- “Prevention and Early Intervention with Eating Disorders: Helping Our Children Not Weigh Their Self-Esteem,” National Council on Alcoholism, John L. Norris Treatment Clinic, Rochester, NY, September 20, 2006.
- “Diseases of Disconnection: Eating Disorders and Substance Use Disorders,” Restart @ Catholic Family Center, Rochester, NY, September 6, 2006.
- “The Western New York Comprehensive Care Center for Eating Disorders: Etiology and Characteristics of Eating Disorders and the Importance of Prevention and Early Intervention,” (didactic instruction, case vignettes, and large group discussion), 2-hour session, Lifeline staff, Alternatives for the Blind and Visually Impaired, Rochester, NY, August 10, 2006.
- “Eating Disorders: Their Identification, Management and Referral in the School Setting.” [didactic instruction, case vignettes and large group discussion], St. Joseph’s Villa, Rochester, NY, April, 7, 2006.
- “Evaluation and Treatment of Eating Disorders,” Internal Medicine Grand Rounds, Unity Health System, Park Ridge Hospital, Rochester, NY, February 21, 2006.
- “Understanding Eating Disorders: Improving Skills Related to Their Identification, Management and Referral in the School Setting.” [didactic instruction, case vignettes and large group discussion], BOCES II, Spencerport, NY, March, 7, 2006.
- “Getting a Handle on Eating Disorders: Being Comfortable in Your Genes,” Unity Health System, Park Ridge Hospital, [National Eating Disorders Awareness Week] Rochester, NY, February 28th, 2006.
- “Evaluation and Management of Eating Disorders in Adolescent Residential Treatment,” St. Joseph’s Villa, 3300 Dewey Avenue, Rochester, NY, February 17th and 24th, 2006 [2-hour trainings including didactic instruction, clinical vignettes, large group discussion],
- “Eating Disorders and Substance Use Disorders: Understanding Etiology, Evaluating Symptoms and Enhancing Motivation for Treatment,” DePaul Addictions Services/National Council on Alcoholism and Drug Dependence – Rochester Area, John L. Norris Clinic ATC, Rochester, NY, October 11, 2005, [3 hour workshop including didactic, case vignettes, and large group discussion].
- “Recognizing and Helping Students with Eating Disorders,” (A workshop for Jefferson County and Lewis County School Health Professionals), Jefferson County BOCES Boardroom, Watertown, NY, October 11, 2005 [6 hour conference with five hours didactic instruction, small group work, and large group work.]
- “From Understanding to Action: The Use of Motivational and Relational Approaches in the Treatment of Eating Disorders,” (1 ½ hour workshop – Part II), 1st New York State Conference on Eating Disorders: A Multidisciplinary Approach to Awareness, Education, and Treatment, Syracuse, NY, February 25, 2005.
- “Collaborating in the Prevention and Intervention of Eating Disorders,” 14th Annual Renewal and Reflection for Counseling Professionals, sponsored by Warner Center for Professional Development and Education Reform, University of Rochester, Airport Holiday Inn, Rochester, NY, January 26, 2005.
- “Parents as Leaders: Helping Our Children not Weigh Their Self-Esteem,” Penfield Parent University Day, Penfield Central School District, Bay Trail School, Penfield, NY, October 16, 2004.
- “Etiology and Treatment of Anorexia Nervosa: Moving from Understanding to Action,” Family Practice Grand

Rounds, United Health Services Hospitals, Wilson Family Practice Residency, Johnson City Family Care Center, Johnson City, NY, September 30, 2004.

“Development and Validation of the Connection-Disconnection Scale to Measure Perceived Mutuality in Clinical Samples of Women,” (Poster Presentation), JBMTI Research Forum 2004 – Mutuality: The Interface Between Relationship and Culture, Wellesley College, Wellesley, MA., June 12, 2004.

“To Speak or Not to Speak? – That is the Question: Therapist’s Self-Disclosure in Eating Disorder Treatment,” Academy for Eating Disorders: 2004 International Conference on Eating Disorders, Orlando, Florida, May 1, 2004.

“Helping Girls Value Themselves from the Inside Out.” Girl Scouts of Genesee Valley, Webster Public Library, Webster, NY, January 17, 2004.

“The Relationship Between Perceived Mutuality and Eating Disorder Symptoms For Women Beginning Outpatient Treatment,” (Poster Presentation) Eating Disorders Research Society Annual Meeting, Ravello, Italy, October 2, 2003.

“Development and Testing of a Relational/Motivational Group Approach for Eating Disorders: Bridging Research and Practice,” (keynote) Jean Baker Miller Training Institute Research Forum 2003, Wellesley College, Wellesley, MA, June 20, 2003.

“A Model for Partnership between Managed Care and Providers: Excellus Health Care Multi-Site Centers of Excellence for Eating Disorders,” May 30, 2003, Academy for Eating Disorders 2003 International Conference on Eating Disorders, The Omni Interlocken Resort, Denver CO.

“Anxiety: Evaluation and Treatment with Emphasis on Eating Disorders,” The Nurse Practitioner Association New York State, Greater Rochester Chapter, Daisy Flour Mill, Rochester, NY, March 19, 2003.

“Community-Based Program Planning for Eating Disorders,” Presented at the the conference, “Treating Eating Disorders: Making the Best Care More Available,” United Behavioral Health, Crowne Plaza Hotel, Albany, NY, February 28, 2003.

“Teaching Our Children Not to Weigh Their Self-Esteem,” Penfield School District/PTA Parent Workshop, Penfield High School, Rochester, NY, January 22, 2003.

“The Measurement of Perceived Mutuality in Clinical Samples,” Jean Baker Miller Training Institute Research Network – Annual Preinstitute Research Forum,” Stone Center, Wellesley College, Wellesley MA, June 18, 2002.

“Eating Disorders in Children and Adolescents.” Unity Health System, Department of Psychiatry and Behavioral Health, St. Mary’s Hospital, Rochester, NY, May 10, 2002.

“Enhancing Readiness for Eating Disorders Treatment: A Relational/Motivational Group Model for Change.” 2002 International Conference on Eating Disorders, Academy for Eating Disorders, Boston Park Plaza Hotel and Towers, Boston, MA, April 27, 2002.

“Perceived Mutuality as a Measure of Relational Functioning in Women with Eating Disorders.” 2002 International Conference on Eating Disorders, Academy for Eating Disorders, Scientific Paper Presentation, Boston Park Plaza Hotel and Towers, Boston, MA, April 28, 2002.

“Understanding Eating Disorders: Enhancing Readiness for Treatment.” Rochester Area Group Psychotherapy Society, Brighton Memorial Library, Rochester, NY, March 8, 2002.

“Caring for Individuals with Eating Disorders.” International Nurses Society on Addictions (IntNSA), Pre-Conference Workshop, Niagara Falls, Ontario, Canada, Hilton Hotel, September, 2001.

“A Relational/Motivational Approach to Treating Eating Disorders.” Paper presented at the Jean Baker Miller Training Institute Research Network – Annual Pre-Institute Research Forum, Stone Center, Wellesley College, Wellesley, MA, June 19, 2001.

- "Eating Disorders in the Dually Diagnosed Patient : Evaluating Symptoms and Enhancing Motivation for Change." Mainquest Treatment Center, Rochester, New York, April 30, 2001.
- "A Relational Understanding of the Etiology and Treatment of Eating Disorders." Kinections – Wellness Retreat Center. Rochester, New York, March 25, 2001.
- "A Non-Dieting Approach to Weight Management." Corporate Communications Lecture Series. Unity Health System, Park Ridge Hospital, Rochester, New York, February, 28, 2001.
- "Recovery through Relationships – Accepting the Gift of Health." 5th Annual Eating Disorders Symposium, The Eating Disorders Network, School of Nursing, University of Rochester Medical Center, Rochester, New York, October 17, 2000.
- "Eating Disorders: Understanding Etiology and Readiness for Change." Elmira Psychiatric Center Grand Rounds, Elmira, New York, October 5, 2000.
- "Identification and Management of Women with Anorexia and Bulimia Nervosa." The Genesee Hospital, Department of Obstetrics and Gynecology Grand Rounds, Rochester, New York, September 28, 2000.
- "Enhancing Readiness for Eating Disorder Treatment: A Relational/Motivational Approach for Change." Unity Health System, St. Mary's Hospital, Grand Rounds, Rochester, New York, July 6, 2000.
- "Eating Disorders: Readiness for Treatment and Effective Treatment Strategies." [2-hour workshop] Hobart and William Smith Colleges, Geneva, New York, May 22, 2000.
- "Mutuality in the Doctor-Patient Relationship." [4-hour workshop (including didactic presentation, discussion, case presentation, and videotaped segments of clinical work)] American Psychiatric Association Annual Meeting, Chicago, Illinois, May 15, 2000.
- "The Relationship Between Perceived Mutuality and Eating Disorder Symptomatology, Depression, and Therapeutic Change in Group." A research paper presented at the Scientific Session of the Ninth International Conference on Eating Disorders, Academy for Eating Disorders, New York, New York, May 7, 2000.
- "Bulimia Nervosa: A Feminist Relational Group Therapy Approach." [1½ hour workshop (including didactic presentation, discussion, and videotaped segments of group therapy)] Ninth International Conference on Eating Disorders, Academy for Eating Disorders, New York, New York, May 5, 2000.
- National Eating Disorders Screening Day. [Presentation (didactic instruction and group discussion, including etiology, epidemiology, signs/symptoms, medical/psychological sequelae, comorbidity and treatment)] Strong Behavioral Health, February 17, 2000.
- "A Relational Therapy Group Approach for Women with Bulimia Nervosa." Grand Rounds, Department of Psychiatry, February 23, 2000.
- "Eating Disorders." [Televised Show "Many Voices, Many Visions" (a multicultural public affairs program exploring our community's diversity in terms of race, ethnicity, creed, age, gender, and ability). WOKR channel 13, Rochester, New York, February 13, 2000.
- "Eating Disorders: Understanding Etiology and Treatment." [Workshop (1½ hours, for special education teachers, guidance counselors, and psychologists)] BOCES, Foreman Center, Fairport, New York, January 19, 2000.
- Fourth Annual Symposium, Eating Disorder Network. [Panel Discussion (eating disorders, body image, and influence of gender and history on the development of eating disorders)] Rochester, New York, October 23, 1999.
- "What is Relational Research?" [Research Panel Presentation (regarding hermeneutic and empirical research approaches to studying connections between mutual relationships and eating disorder symptoms)] Jean Baker Miller Training Institute Research Network, Jean Baker Miller Training Institute, Advanced Summer Session, Wellesley College, Wellesley, Massachusetts, June 24, 1999.
- "A Relational Approach to Group Therapy for Women With Bulimia Nervosa: Integrating Theory and Practice. Parts I and II." Sexual Abuse Treatment Providers Network, Baptist Temple, Rochester, New York, April 13 and May 11, 1999.

- "Eating Disorders." [Workshop for school nurses, psychologists, and guidance counselors (1½ hours)] Brighton School District, Brighton Middle School, Rochester, New York, April 28, 1999.
- "Mind, Body, and Soul: The Interface Between Spirituality and Mental Health." [Panel Discussion (presentation on the connection between lack of mutuality in relationships and psychological difficulties)] Hope Deliverance Temple, Rochester, New York, April 23, 1999.
- "Eating Disorders." [Panel Discussion] Women's Caucus, University of Rochester, Wilson Commons, River Campus, April 22, 1999.
- "Bulimia Nervosa: A Feminist Relational Group Approach." [Workshop (3 hours)] American Group Psychotherapy Association Annual Institute and Conference, The Westin Galleria and Oaks Hotel, Houston, Texas, February 26, 1999.
- "Countertransference Challenges: Opportunities for Mutual Psychological Growth." [Open Session] American Group Psychotherapy Association Annual Institute and Conference, The Westin Galleria and Oaks Hotel, Houston, Texas, February 25, 1999.
- "Countertransference Challenges: Opportunities for Mutual Psychological Growth." Rochester Area Group Psychotherapy Society, Strathallen Hotel, Rochester, New York, December 11, 1998.
- "A Relational Reframing of Treatment for Dually Diagnosed Patients." Unity Health System, Park Ridge Hospital Educational Center, Rochester, New York, December 3, 1998.
- "Relationships: Food, Family, and Friends." Third Annual Eating Disorder Symposium, Eating Disorder Network, Rochester, New York, October 24, 1998.
- "Perceived Mutuality for Women with Bulimia Nervosa: Its Relationship to Eating Disorder Symptomatology, Depression, and Therapeutic Change in Group." [Poster Presentation] Northwestern New York Chapter of the American Psychiatric Nurses Association and the University of Rochester School of Nursing Annual Meeting, Fairport, New York, October 2, 1998.
- "Eating Disorders: Comprehensive Evaluation and Treatment." Wayne County Behavioral Health, Lyons, New York, August 20, 1998.
- "Perceived Mutuality for Women with Bulimia Nervosa: Its Relationship to Eating Disorder Symptomatology, Depression, and Therapeutic Change in Group." [Poster Presentation] Relational/Cultural Research Network Annual Meeting. The Jean Baker Miller Advanced Training Institute, The Stone Center, Wellesley College, Wellesley, Massachusetts, June 19, 1998.
- "The Effectiveness of Group Treatment in Promoting Recovery." Recent Developments in the Research and Treatment of Eating Disorders: A Consumer and Family Perspective, School of the Arts, The Arts Center, Rochester, New York, February 24, 1998.
- "Challenges to the Group Leader: A Comparison of Three Theoretical Models." Open session, American Group Psychotherapy Association Annual Institute and Conference, Sheraton Hotel and Towers, Chicago, Illinois, February 21, 1998.
- "Bulimia Nervosa: A Feminist Relational Group Approach." Workshop (3 hours). American Group Psychotherapy Association Annual Institute and Conference, Sheraton Hotel and Towers, Chicago, Illinois, February 19, 1998.
- "Moving from Understanding to Action: Connecting Feminist Relational Theory with Practice in the Group Treatment of Bulimia Nervosa." The Eighth Annual International Critical and Feminist Perspectives in Nursing Conference, Whistler, British Columbia, Canada, June 13, 1997.
- "Challenges to the Group Leader: A Comparison of Three Theoretical Models." Open session, American Group Psychotherapy Association Annual Institute and Conference, Waldorf-Astoria, New York City, February 22, 1997.

B. PROFESSIONAL SERVICE ASSIGNMENTS AND RESPONSIBILITIES OF LAST FIVE YEARS

(November, 2017) Reviewer ECRI Institute's Evidence Report, titled "*Bulimia Nervosa: Comparative Efficacy of Available Psychological and Pharmacologic Treatments.*"

(2014-present) *Healthy Weight Research Subcommittee- Children and Families*. This subcommittee is comprised of investigators from The fields of obesity, eating disorders and related fields from a number of departments/divisions at the University of Rochester Medical Center. Their aim is to strengthen interdisciplinary collaboration in research efforts and identify research questions they can collaborate on with regard to design of new studies and grant submission.

(2014-2015) *Fingerlakes Regional Commission on Community Health Improvement (RCCHI) Public Health/Prevention Work Group*. This regional work group collaborates across the Finger Lakes region and creates future opportunities to improve quality of life of our neighborhoods and communities through health promotion, prevention, and treatment of disease and other physical and mental health conditions with the ultimate goal of improving population health. Work group stakeholders provide advice and recommendations to the RCCHI on actionable priorities that address the region's population health needs including a focus on improving the experience of care and reducing per capita costs of health care; collect and review data that helps identify individuals at risk for poor health and quality of life; review evidence-base and current experiences with existing measures to develop and monitor structural aspects, processes, and intermediate and long-term outcomes of implemented programs and services to improve population health; strengthen collaborations to decrease health disparities with sustainable approaches to address social determinants of health and place-based initiatives; and ensure consumer voice is heard and shapes development and implementation of programs and services.

(November, 2010) Reviewer ECRI Institute's Evidence Report, titled "*Bulimia Nervosa: Comparative Efficacy of Available Psychological and Pharmacologic Treatments.*"

(2008 – 2010). *Eating Disorders Supervisor for Lehana Doctor LCSW in Gollano Children's Hospital (4-1400)*. Provided consultation to enhance learning re group and family work with patients with eating disorders and their families.

(2008 – present). *Eating Disorders Psychotherapist and Consultant in private practice* in Fairport, NY. I offer outpatient individual, family and group therapy, with special interest in group therapy, especially Multifamily Group Therapy. The private practice also includes collaboration and consultation with practice partners including a psychiatric nurse practitioner, social work therapists, and dietitians.

(1990-2000). *Psychiatric Mental Health Nurse Clinical Specialist*, University of Rochester Medical Center, Department of Psychiatry Ambulatory Services. I have spent a great deal of my time on the development of the outpatient eating disorders group and an outpatient women's group. I mainly practice outpatient group psychotherapy and see a few individual patients (who usually have eating disorders). The focus of my clinical work has been the care of eating-disordered patients and their families. My broader clinical interests involve women's psychological development, women's mental health, the provision of women's mental health services, outpatient group psychotherapy, and stress management.

(1996-2000) *Consultant to Weight Management Center*, University of Rochester Medical Center. I have remained available to the Director of the Weight Management Center, to provide psychiatric evaluations for patients who enter the center. These evaluations help rule out eating disorders, which would exclude patients from the weight loss program. I also evaluate for other psychiatric illness so that the patient and the weight management team are aware of how such issues as eating behavior, weight, body image, and attempts at weight loss may relate to other co-existing mental health problems. Patients are seen through our ambulatory clinic.

C. PROFESSIONAL ADMINISTRATIVE ASSIGNMENTS AND RESPONSIBILITIES OF LAST FIVE YEARS

- (4/2011 – present), Team Leader, Center for Academic and Professional Success (CAPS), University of Rochester School of Nursing. Facilitated development of CAPS (centralized network of faculty providing additional academic and clinical support services, as well as career development services to students) in consultation with the Senior Associate Dean for Academic Studies, (now Dean) of the University of Rochester School of Nursing. Continue in team leader role with at least monthly meetings as well as provider of CAPS wellness services for students.
- (9/2005 – present) *Director*, Western New York Comprehensive Care Center for Eating Disorders, Department of Health, New York State. Provides overall direction to assure that comprehensive, coordinated, and integrated services are available throughout the WNYCCCED service region. Works collaboratively in this regard with the WNYCCCED Medical Director (also based in Rochester), as well as the Directors of each of the affiliate sites in Binghamton, Buffalo, Syracuse and Watertown. Oversees program development, staff training, and execution of eating disorders treatment across the continuum of care. Identifies service needs across this continuum, working intra- and inter-departmentally, and with community partners, to sponsor the Western NY Comprehensive Care Center for Eating Disorders.
- (9/2002 – 2007) *Director*, Eating Disorders Program. Department of Psychiatry and Behavioral Health, Unity Health System. [Oversees the management and quality of care provided by those members of the faculty and staff and trainees who treat eating-disordered patients across the continuum of care in the department. Identifies service needs across the continuum and develops clinical services to meet those needs. In collaboration with the Coordinator of the Partial Hospitalization Program, provides clinical supervision of the multidisciplinary professional staff, faculty, and trainees in the Partial Hospitalization Eating Disorders Program. Develops and implements a research plan to advance the understanding of eating disorders and their treatment across the continuum of care. Collaborates with the Director of the Adolescent Medicine Eating Disorder Program (University of Rochester Medical Center) to ensure an integrated, comprehensive and continuous health care delivery system for eating-disordered patients and their families.
- (2000-8/2002) *Coordinator*, Eating Disorders Program, Unity Health System, Department of Psychiatry and Behavioral Health. Oversees the management and quality of care provided by those members of the faculty and staff and trainees who treat eating-disordered patients across the continuum of care in the department. Identifies service needs across the continuum and develops clinical services to meet those needs. In collaboration with the Coordinator of the Partial Hospitalization Program, provides clinical supervision of the multidisciplinary professional staff, faculty, and trainees in the Eating Disorder Program. Develops and implements a research plan to advance the understanding of eating disorders and their treatment across the continuum of care. Collaborates with the Director of the Adolescent Medicine Eating Disorder Program (University of Rochester Medical Center) to ensure an integrated, comprehensive, and continuous health care delivery system for eating-disordered patients and their families.
- (1998-2000) *Director*, Eating Disorders Treatment Service, Strong Behavioral Health, University of Rochester Medical Center. Oversees the management and quality of care provided by those members of the faculty and staff and trainees who treat eating-disordered patients across the continuum of care in the General Adult Psychiatry Service. Identifies service needs across the continuum and develops clinical services to meet those needs. In collaboration with the Coordinator of the Eating Disorder Partial Hospitalization Program, provides clinical supervision of the multidisciplinary professional staff, faculty, and trainees in the Eating Disorder Treatment Service. Develops and implements a research plan to advance the understanding of eating disorders and their treatment across the continuum of care. Collaborates with the Director of the Adolescent Medicine Eating Disorder Program to ensure an integrated, comprehensive, and continuous health care delivery system for eating-disordered patients and their families.
- (1998-2000) *Chairperson*, *Eating Disorders Task Force*. Acts as a facilitator to provide a forum in which task force members are able to identify and address both administrative and clinical systems issues affecting the care of eating-disordered patients and their families; helps facilitate communication and develop referral/treatment protocols that ensure continuity of care with the Eating Disorders Treatment Service and between programs and departments; discusses reimbursement proposals for services rendered.
- (1994-1998) *Administrative Director*, *Ambulatory Services*, Department of Psychiatry, University of Rochester Medical Center. In cooperation with the medical director of Ambulatory Services, oversees the management and quality of care provided by those faculty and staff members who treat outpatients through assessment and short- and long-term psychiatric treatments in Ambulatory Services, Department of Psychiatry, Strong Memorial Hospital. Identifies service needs for evaluation and short-term treatment, as well as long-term and group treatment. Develops clinical services to meet those needs. Supervises the case management staff and plans for case management needs of the patient population. Additionally, collaborates with program administrators/directors and discipline chiefs to identify service needs for the department. Provides clinical supervision of the multidisciplinary professional staff, faculty, and trainees in the Evaluation and Short-Term Treatment Clinic. Fulfills the role, if indicated, of clinical team leader. Develops and implements, in collaboration with the medical director of Ambulatory Services and other associate directors of Ambulatory Services, a comprehensive training and educational program for the faculty, staff, and trainees.
- (1993-1994) *Chairperson*, *General Ambulatory Services (GAS) Committee*. Acted as a facilitator to provide a forum in which committee members were able to identify and address systems issues which cross all ambulatory programs. These issues included, but were not limited to, administration of ambulatory programs, program planning, policy setting, quality improvement/utilization review (QI/UR), registration, billing, collections, regulations, compliance, and certification/site visits. Recommendations of the GAS Committee are reviewed by the Clinical Programs Committee when appropriate. Otherwise, recommendations are shared and implemented by each ambulatory program. Membership of the GAS Committee comprises clinical and/or administrative representatives from each ambulatory program and other key administrative representatives.

(1990-1996) *Chairperson, Ambulatory Services Team Leader Meetings.* Acts as facilitator to provide a forum in which members identify and address systems issues which affect the delivery of care within Adult Ambulatory Services and between Adult Ambulatory Services and other programs and services within the department. These issues mainly involve direct patient care, referral between service components, and patient flow. Recommendations of the Team Leader Meeting are reviewed by the Director of Clinical Operations and/or the Clinical Programs Committee when appropriate. Otherwise, recommendations are shared and implemented within Adult Ambulatory Services and between Adult Ambulatory Services and other programs and services within the department. The membership of the Team Leader Meetings is composed of clinical and some administrative representatives from adult ambulatory and other programs and/or services in the department.

(1992-1995) *Chairperson, Eating Disorders Task Force.* Acts as a facilitator to provide a forum in which task force members are able to identify and address both administrative and clinical systems issues affecting the care of eating-disordered patients and their families; help facilitate continuity of care across programs and design treatment packages to move patients and families effectively from one component to the next within the department; develop a plan for eating disorder service within the department; and propose mechanisms for financial reimbursement of services attractive to HMO third-party payors.

Department of Psychiatry, University of Rochester Medical Center

(1999-2000) *Partial Hospitalization Program Reorganization Task Force.*

(1997-2000) *Psychotherapy Executive Committee.*

(1996-2000) *Eating Disorder Coordinating Group.*

(1996-2000) *Member, General Adult Services Committee.*

(1990-1999) *Member, General Ambulatory Services Committee.*

(1995-1996) *Member, Outpatient Reorganization Task Force.*

(1995-1996) *Member, Addiction Psychiatry Care Track Redesign Team.*

(1994-1996) *Member, Program Management Committee.*

(1990-1996) *Member, Clinical Programs Committee.*

(1990-1996) *Member, Inpatient Committee.*

Department of Psychiatry and Behavioral Health, Unity Health System

(2001-2007) *Member, Clinical Management Meeting*

Park Ridge Hospital, Unity Health System

(2005-2007) *Nutrition Support Committee*

D. RESEARCH ACTIVITIES OF LAST FIVE YEARS

1. RESEARCH PROJECTS IN PROGRESS

Principal Investigator (10/9/14-present): Hilda and Preston Davis Foundation Grant (Total Cost = \$70,000) awarded 10/9/14 for research project, "Reconnecting for Recovery: A Relational/Motivational Multifamily Therapy Group for Young Adults with Anorexia Nervosa." Study ongoing.

Principal Investigator (1/11-11/12): "Multifamily Therapy Group Treatment for Young Adults with Anorexia Nervosa,"

Principal Investigator (1/08 – 10/10): "Outpatient Eating Disorders Multifamily Therapy Group Outcome Study."

Co-Principal Investigator (2/06-5/09): "Psychometric Testing of the Connection Disconnection Scale." Study completed 5/09.

Principal Investigator (3/03 – 6/06): "Validation of a Scale to Measure Perceived Mutuality." Study completed 6/1/06.

Principal Investigator (6/02 – 2004) at Unity Health System; Ongoing at The Healing Connection, LLC): "Eating Disorders

Outcome

Study: Eating Disorders Partial Hospitalization Program.”

Principal Investigator (3/00 – 6/03): “The Impact of a Relational/Motivational Group Approach for Eating Disorders on Patient Stage of Change.” Study completed 6/1/03.

2. RESEARCH GRANTS/CONTRACTS

Principal Investigator (6/2008 – 2009). Total NY State DOH contract = \$500,000 with part of the contract devoted to research. ,” funded by the NY State Department of Health, Western NY Comprehensive Care Center for Eating Disorders (based on University of Rochester School of Nursing). Qualitative prevention study “Feeling Good about Our Bodies and Ourselves: A Participatory, Ecologically-Informed Qualitative Approach to Understanding Factors that Promote Positive and Negative Body Image in Middle School Students. Phase I of Study Completed with preliminary data analysis 9/09.

Principal Investigator (6/2006 – 8/2009): Total NY State DOH contract = \$500,000 with part of the contract devoted to research. ,” funded by the NY State Department of Health, Western NY Comprehensive Care Center for Eating Disorders (based initially at Unity Health System then transferred to University of Rochester School of Nursing). “The Impact of a Combined Supported Housing and Eating Disorders Partial Hospitalization Treatment Approach versus an Eating Disorders Partial Hospitalization Treatment Approach on Eating Disorder Symptoms, Perceived Health Status, Social Adjustment, and Quality of Life.” Study completed 8/09.

Principal Investigator (1/05 – 11/ 2007): Total NY State DOH contract = \$500,000 with part of the contract devoted to research. (funded by the NY State Department of Health, Western NY Comprehensive Care Center for Eating Disorders (based at Unity Health System). “Eating Disorders Outcome Study: Eating Disorders Partial Hospitalization Program.” Study completed 11/07.

Principal Investigator (4/1996 – 5/2000): Gottschalk Mental Health Research Grant, Mental Health Association (\$3000), awarded in April 1996, and Sigma Theta Tau International, Inc., Epsilon Xi Chapter, Research Award (\$1250), received in April 1996, for research project "The Relationship Between Perceived Mutuality and Eating Disorder Symptomatology, Depression, and Therapeutic Change in Group." Study completed in 5/2000.

Investigator: National Institute of Mental Health Grant #MH55149 (Total Cost = \$78,927 / Total Direct Cost: \$49,954), awarded 8/1/96 – 7/31/97, for research project "Emotion in Depression: An Experience Sampling Study (principal investigator, Larry Seidlitz PhD)."

3. Contracts

Excellus Center for Excellence in the Treatment of Eating Disorders – Designated Unity Health System Eating Disorders Program a center of excellence in 2002-present (ongoing).

Western New York Comprehensive Care Center for Eating Disorders (2005-2012), Department of Health, RFA# 0411161050; (2005) \$500,000, (2006) \$500,000; (2007), Initially \$700,000, then \$533,333 (2008-2009) reduced to \$469,796 (2009-2010) then \$83,333 (2010-2011), then \$41,600 (2011-2012, 2012-2013); \$79,333 (2013-2014); \$150,000 (2015-2016). \$400,000 (2016-2017); \$392,000 (2017-2022)

4. Grant Monies for Selected Projects

Sage House – Supported Housing for Women with Eating Disorders, 6-05 to 6-06, secured \$22,5000 from Wegmans and Daisy Marquis Jones Foundation for start-up funds; secured \$15,000 for scholarship funds for women patients who experience financial need; secured in-kind donations from Wegmans for one year of meals and start-up furnishings for the home

Sage House – Supported Housing for Women with Eating Disorders, 6-06 to 6-07, secured \$30,000 scholarship funds from Daisy Marquis Jones Foundation for women patients who experience financial need;

Sage House – Supported Housing for Women with Eating Disorders, 10/06-10/07, secured \$10,000 for scholarship funds from anonymous donor in Buffalo, NY (Family Foundation)) for women patients who experience financial need.

5. Unfunded Research

- 8/06 Primary Investigator , Klarman Family Foundation Grant: *Funds for Development of an Accreditation Body and Credentialing Process for Eating Disorders Residential Treatment Centers.*
- 10/10 Primary Investigator, PAR-09-173 “Pilot Intervention and Services Research Grant (R34), NIMH *Multifamily Therapy Group Treatment for Young Adults with Anorexia Nervosa.* Co-investigators included: Daniel Le Grange PhD, James Mitchell MD, and Ross Crosby PhD.
- 11/11 Clinical and Translational Science Institute, University of Rochester Medical Center, Mentored Career Development Program (KL2) in Clinical and Translational Research. Mentoring Team: Emily Hauenstein PhD LCP, RN, Karen Stein, and PhD, and Daniel Le Grange PhD
- 2/12 Individual Career Development Award (K01), NIMH. Mentoring Team: (Primary Mentor - Emily Hauenstein PhD LCP RN; (Co-mentors- Daniel Le Grange PhD and Karen Stein PhD; Internal consultants – Dena Swanson PhD; External Consultants – Guido Frank MD and Joanna Steinglass MD and Ross Crosby PhD)
- 6/13 National Eating Disorders Association Feed the Hope Research Grant; A Relational/Motivational Multifamily Therapy Group for Adults with Anorexia Nervosa. Research Team: Mary Tantillo PhD, PMHCNS-BC, PI; Emily Hauenstein PhD LCP RN, Co-Investigator; Daniel Le Grange PhD, Consultant; and Richard Kreipe MD, Study physician).

E. PRESENTATIONS AT MAJOR PROFESSIONAL MEETINGS OF LAST FIVE YEARS

- “School-Based Project ECHO Eating Disorders: A Telementoring Interprofessional Learning Model Promoting Prevention, Early Identification and Intervention,” [75 minutes didactic, simulated ECHO session, case review]. International Congress of Psychosomatic Medicine 26th World Congress, University of Rochester Medical Center, Department of Psychiatry, Rochester Convention Center, Rochester, NY, 9/9/22.
- “Reconnecting for Recovery: Leveraging the Power of Families Through Multifamily Therapy Group for Young Adults with Anorexia Nervosa, [30 minutes didactic and videotaped group segment). International Congress of Psychosomatic Medicine 26th World Congress, University of Rochester Medical Center, Department of Psychiatry, Rochester Convention Center, Rochester, NY, 9/7/22.
- “Leveraging the Power of Families for Recovery: Multifamily Therapy Group.” [90 minutes] 31st Annual Renfrew Center Foundation Virtual Conference for Professionals: 2021 Perspectives on Feminism, Eating Disorders and Beyond. 11/10/21.
- “Treating Eating Disorders at Midlife and Beyond: Forging Relational Hope” [2-hour didactic, case review and large Group Q&A], Airport Marriott, Philadelphia, PA, November 9, 2019.
- “Motivation and Mutuality: The Therapeutic Stance with Eating Disorders [45 minutes of didactic, clinical vignettes and large group Q&A],” NY State Comprehensive Care Centers for Eating Disorders First Statewide Conference 2019, Drumlins Country Club, Syracuse, NY, October 4, 2019 [5.5 hours}.
- “Project ECHO® *Eating Disorders Clinic*: Connecting Primary Care & Behavioral Health Providers to Eliminate Eating Disorders,” [1/1/4 hours didactic and large group discussion with Richard Kreipe MD], Society for Adolescent Health and Medicine, Washington Marriott Wardman Park Hotel, Washington, D. C., March 8, 2019.
- “Understanding Teen Eating Disorders: Meeting New Demands for Multifaceted Treatment,” [Haltom, C., & Tantillo, M-3-hour workshop including didactic, clinical vignettes, role play & large group Q&A], Feminist Relational Perspectives and Beyond: Cultivating Hope in an Age of Disconnection,” 28th Annual Renfrew Foundation Conference, Philadelphia Airport Marriott, November 9, 2018.
- “Project ECHO Eating Disorders: Connecting Primary Care, College Health, and Behavioral Health Providers To Eliminate Eating Disorders.” [Tantillo, M., Kreipe R., & Starr, T.], International Conference on Eating Disorders, Chicago Marriott Magnificent Mile, Chicago, IL, April 20, 2018.
- “Disordered Eating and Body Image in Middle-Aged and Older Women: Research-and Evidence-Based Approaches to Treatment.” [Piran, N., Maine, M., & Tantillo, M.], International Conference on Eating Disorders, Chicago Marriott Magnificent Mile, Chicago, IL, April 19, 2018.
- “Disordered Eating and Weight Control Behaviors and Weight Perception in African-American Adolescents,” [Kueppers, J., Tantillo, M., & Holland, M. (2017). Poster Presentation at The Obesity Society Conference, Washington, DC, November 2, 2017.
- “Building the “WE” from the Beginning: An Inter-Professional Eating Disorder Training Model for Psychiatry Residents and Graduate Students Across Multiple Disciplines,” Building Resilient Communities through Collaboration: Binge Eating Disorders/National Eating Disorders Association Annual National Conference,” Brooklyn Marriott, Brooklyn, NY, 11/4//17.
- “Anorexia Nervosa: Who Dies?” [2-hour workshop including didactic instruction, experiential learning and clinical vignettes], Feminist Relational Perspectives and Beyond. Renfrew Center Foundation Annual Conference, Philadelphia Airport Marriott, Philadelphia, PA, November 12, 2016.
- “Cognitive Remediation Therapy for Eating Disorders: Moving from Neurocognitive Disconnections to New and Better Connections.” [didactic, experiential, and large group discussion- 1/1/4 hours]. New York State College Health Association, Sheraton Syracuse University Hotel and Conference Center, Syracuse, NY, October 20, 2016.

- “Invisible Women: Treating Eating Disorders at Midlife and Beyond.” International Association of Eating Disorders Professionals Annual Meeting 2016 [90 minutes panel presentation], Amelia Island Plantation Resort, Amelia Island, Florida, 2/19/16.
- “Eating Disorders in Adult Women: Relational Cultural Reframing of the Biopsychosocial, Developmental, and Clinical Considerations,” [2-hour workshop including didactic instruction, experiential learning and clinical vignettes], Feminist Perspectives and Beyond: Honoring the Past, Embracing the Future- 25 Years Later, Renfrew Center Foundation Annual Conference, Philadelphia Airport Marriott, Philadelphia, PA, November 13, 2015.
- “Walking the Talk: Relational Practices and the C.A.R.E. Assessment to Strengthen Effective Organizational Team Functioning.” Jean Baker Miller Training Institute , Intensive Training Institute, [2-hour didactic, experiential clinical vignette, video-tape segment, and large group discussion], Wellesley College, Wellesley, MA, June 19, 2015.
- “The Role of the Therapeutic Relationship in the Treatment of Eating Disorders,” Psychotherapy SIG Workshop and Panel. International Conference on Eating Disorders, Boston Marriott Copley Place, Boston, MA, April 23, 2015.
- “Eating Disorder Attitudes and Behaviors and BMI in High-Risk, Pre-Adolescent Females.” [Research Poster Presentation – Dayton Walsh Richards MA, Mary Tantillo PhD PMHCNS-BC FAED, Laura Wray-Lake PhD, & Mandi L. Burnette PhD] International Conference on Eating Disorders, Boston Marriott Copley Place, Boston, MA, April 23, 2015.
- “Wakling the Talk: Relational Practices to Strengthen Effective Interdisciplinary Treatment Team Functioning, [2-hour workshop including didactic instruction, experiential learning, vignettes, video-tape segment and group discussion], The 24th Annual Renfrew Foundation Center Conference. Philadelphia, PA, .November 15, 2014.
- “Promoting Mutuality and Motivation: How Relational-Cultural Theory Helps Adult Women with Eating Disorders Reclaim Self, Relationships and Recovery,” Renfrew Foundation Conference 2013, Philadelphia Airport Marriott Hotel, Philadelphia, PA, November 9, 2013.
- “Partnering with Patients and Families to Develop an Innovative Multifamily Therapy Group Treatment for Adults with Anorexia Nervosa,” [Research Poster Presentation] International Conference on Eating Disorders, Hilton Montreal Bonaventure, Montreal, CA, May 3, 2013.
- “Engaging the Whole Team to Treat the Whole Patient: Bridging Across Boundaries to Establish a Model of Effective Interdisciplinary Treatment Team Functioning and Planning,”[1 ½ hours workshop] International Conference on Eating Disorders, Hilton Montreal Bonaventure, Montreal, CA, May 3, 2013
- “Promoting Connection and Communication to Identify and Manage Eating Disorders on Campus: Part I [1 ¼ hours didactic, clinical vignettes, and large group discussion],” NY State College Health Association, Syracuse University Sheraton Hotel and Conference Center, Syracuse, NY, October 24, 2012.
- “Enhancing Connections with Adolescents and Families through Therapeutic Mutual Relationships.” [1.5 hours workshop] International Conference on Eating Disorders, Austin Hilton, Austin, Texas, May 7, 2012.
- “Bridging the Research-Practice Gap in the Treatment of Eating Disorders,” Renfrew Foundation Conference 2011, Feminist Relational Perspectives and Beyond, Philadelphia Airport Marriott, Philadelphia, PA, November 12, 2011, [3-hour workshop with Margo Maine PhD and Doug Bunnell PhD including didactic instruction, experiential exercise, small and large group discussion].
- “Creating Connection in a Sea of Disconnection: Research Informed Clinical Practice.” Jean Baker Miller Training Institute, Advanced Summer Institute, [2 hour didactic and question/answer], June 24, 2011, Wellesley MA.
- “Creating and Maintaining Good Connection in the Face of Disconnection: Helping Patients and Families Engage and Remain in Group Treatment for Eating Disorders,” [1 1/2 hrs didactic, clinical vignettes, audiotape segment, demonstration group],

Renfrew Center Foundation 20th Year Anniversary Conference, Philadelphia Airport Marriott, Philadelphia, PA, November 14, 2010.

- "Teaching the 3 R's While Engaging in the Three C's: The Importance of Connection, Critical Thinking, and Counter-Cultural Behavior in Promoting Body Esteem and Wellness in Youth, Parents and School Personnel," NY State Association for Health, Physical Education, Recreation, and Dance Annual Meeting, Turning Stone Resort and Convention Center, Verona, New York, November 19, 2010.
- "What Kind of Difference Do We Want to Make? Incorporating the Patient Experience to Improve Eating Disorders Treatment and Research" [1 ½ hours didactic, clinical vignettes and large group discussion], 2010 International Conference on Eating Disorders, The Salzburg Sheraton, Salzburg, Austria, June 10, 2010.
- "Finding the Middle Ground in Middle School: How students, school personnel and parents can create a learning environment that promotes body esteem and wellness," [1 ½ hour didactic presentation with large group discussion], International Alliance for Invitational Education World Conference, Woodcliff, Rochester, NY, October 2, 2009.
- "Feeling Good about Our Bodies and Ourselves: A Participatory, Ecologically-Informed Qualitative Approach to Understanding Factors that Promote Positive and Negative Body Image in Middle School Students," Poster session presented at the 15th Annual Eating Disorders Research Society Conference, September 25, 2009, NY Marriott at the Brooklyn Bridge, New York, New York.
- "An Integrated Approach to Parenting Education Group: Learning how to move from disconnection to Better Connection the Treatment of Eating Disorders in Adolescents,[2-hour presentation with didactic instruction, clinical vignettes, audio-taped group segments, and large group discussion]" The 18th Annual Renfrew Center Foundation Conference, Philadelphia Airport Marriott, Philadelphia, PA, Oct 15, 2008.
- "Bridging Connections: How Relational-Cultural Research and Clinical Practice Can Build New Practices – Opening Session," Jean Baker Miller Training Institute Research Forum, Wellesley College, Wellesley, MA, June 20, 2008.
- "Correspondence between patients' and parents views of mutuality over the course of a partial hospitalization stay for women with eating disorders (A Preliminary Study)." Poster session presented at the annual meeting of the International Conference on Eating Disorders, Seattle, Washington, May 15, 2008.
- "Quest for Quality: The Academy for Eating Disorders Credentialing Task Force Update regarding Proposed Inpatient/Residential Standards of Care and Implementation of Accreditation for Inpatient/ Residential Programs." [Panel presentation for 1 ¼ hours]. Seattle, Washington, May 15, 2008.
- "Changes in patient perception of mutuality with parents and eating disorder symptoms from admission to discharge in a Relational-Cultural theoretically-based Partial Hospitalization Program for Eating Disorders." Poster session presented at Eating Disorders Research Society Annual Meeting, October 26, 2007, Sheraton Station Square Hotel, Pittsburgh, PA.
- "Eating Disorders on Campus: Part II: Working Together to Promote Effective Evaluation, Referral, Management, and Student Motivation for Change [1 ¼ hours, didactic instruction, clinical vignettes, large group discussion], New York State College Health Association/New England College Health Association 2007 Annual Meeting, Saratoga Hotel and Conference Center, Saratoga, NY, October 11, 2007.
- "Evidence-Based Criteria for Eating Disorders Treatment: A Collaboration Effort between the Academy for Eating Disorders and the Behavioral Health Workgroup," [1 ¼ hours didactic and large group discussion], The Distinctively Blue Conference," The Peabody Hotel, Orlando, Florida, September 18, 2007.
- "Seeing and Naming the Problem: Helping Parents Become Effective Change Agents in the Prevention and Treatment of Eating Disorders," Parent Empowerment Workshop Track at the First Annual NYSCCED Conference on Eating Disorders, Eating Disorders: Creating a Community for Change, Albany Marriott, Albany, NY, June 15, 2007.
- "Moving from Disconnection to Better Connection: Creating a Community for Change in the Treatment of Eating

Disorders,” Closing Session at the First Annual NYSCCED Conference on Eating Disorders, Eating Disorders: Creating a Community for Change, Albany Marriott, Albany, NY, June 15, 2007

“Gender Differences in How Mutuality with Important Others Relates to the Development of Connected and Separate Selves,” [poster presentation], Jean Baker Miller Training Institute Research Forum 2007: Relational –Cultural Research: Exploring the Science of Connection, Wellesley College, Wellesley MA, June, 22, 2007.

“Connections and Disconnections: Applications of Neurobiology to the Clinical Treatment of Eating Disorders, [1 ½ hour workshop with didactic instruction, case vignettes, audiotape segment and large group discussion], International Conference on Eating Disorders, Academy for Eating Disorders Annual Meeting, May 3, 2007, Baltimore, Maryland. International Conference on Eating Disorders, Academy for Eating Disorders Annual Meeting, May 4, 2007, Baltimore, Maryland.

“Integrating Interpersonal and Neurobiological Processes in the Treatment of Eating Disorders,” [Special Interest Group Discussion Panel – 1 ½ hours with didactic instruction, clinical vignettes, transcript, and large group discussion], International Conference on Eating Disorders, Academy for Eating Disorders Annual Meeting, May 4, 2007, Baltimore, Maryland. International Conference on Eating Disorders, Academy for Eating Disorders Annual Meeting, May 4, 2007, Baltimore, Maryland.

“Staying Afloat in a Sea of Disconnections: Using a Multifamily Therapy Group to Engage Patients, Families, and Providers in the Treatment of Eating Disorders, (3-hour workshop), 2006 Renfrew Center Foundation Conference, Philadelphia, NY, Philadelphia Airport Marriott, November 11, 2006.

“The Association between Mutuality as Assessed by the MPDQ and RHI Scales and Other Relational Measures,” (poster presentation), Jean Baker Miller Training Institute Research Forum 2006, Wellesley College, Wellesley MA, June 23, 2006.

“Eating Disorders: Diseases of Disconnection in a Toxic Culture,” Jean Baker Miller Training Institute, Summer Institute 2006, Wellesley College, Wellesley, MA, June 23, 2006,

“Connecting with Adolescents and Parents with Eating Disorders: It’s All About Mutual Relationships,” International Conference on Eating Disorders 2006, (scientific paper session), the Annual Meeting of the Academy for Eating Disorders, Barcelona Spain, Hotel Fira Palace, June 10, 2006.

“The Impact of Disconnections for Individuals with Eating Disorders: Evaluating the Level of Perceived Mutuality in Relationships. Using the Connection-Disconnection Scale, International Conference on Eating Disorders 2006 (scientific paper session), the Annual Meeting of the Academy for Eating Disorders, Barcelona Spain, Hotel Fira Palace, Friday, June 9, 2006.

“Charting a Course for Connection in a Sea of Disconnections: Using a Relational-Motivational Approach to Engage Patients, Families, and Providers in the Treatment of Eating Disorders,” [key note address], Capital Region Association For Eating Disorders Annual Meeting, Siena College, Loudonville, NY, March 15, 2006.

“Eating Disorders and Substance Use Disorders: Understanding Etiology, Evaluating Symptoms, and Enhancing Motivation for Treatment,” Alcoholism and Substance Abuse Providers of New York State, 9th Annual Conference, Sheraton New York Hotel and Towers, New York, NY, Monday, January 30, 2006.

“Perceptions of Mutuality between College Women and their Parents,” Jean Baker Miller Training Institute Research Network Annual Research Forum,” Science Center, Wellesley College, Wellesley, MA, June 24, 2005.

“The Marriage of Psychiatry and Medicine in Integrated Treatment for Anorexia Nervosa,” American Psychiatric Association, Georgia World Congress Center, Atlanta, Georgia, May 26, 2005.

“Models for Integrated Treatment: Combining Psychodynamic Psychotherapy and CBT Into An Effective Approach To Eating Disorder Treatment,” Academy for Eating Disorders Annual Meeting, International Conference on Eating Disorders, Hilton Montreal Bonaventure, Montreal, Canada, April, 28, 2005.

- “Eating Disorders Multifamily Therapy Group: The Power of Diversity in Connection,” Academy for Eating Disorders Annual Meeting, International Conference on Eating Disorders, Hilton Montreal Bonaventure, Montreal, Canada, April, 28, 2005.
- “Development and Validation of the Connection-Disconnection Scale to Measure Perceived Mutuality in Clinical Samples of Women,” (Poster Presentation), JBMTI Research Forum 2004 – Mutuality: The Interface Between Relationship and Culture, Wellesley College, Wellesley, MA., June 12, 2004.
- “To Speak or Not to Speak? – That is the Question: Therapist’s Self-Disclosure in Eating Disorder Treatment,” Academy for Eating Disorders: 2004 International Conference on Eating Disorders, Orlando, Florida, May 1, 2004.
- “The Relationship Between Perceived Mutuality and Eating Disorder Symptoms For Women Beginning Outpatient Treatment,” (Poster Presentation) Eating Disorders Research Society Annual Meeting, Ravello, Italy, October 2, 2003.
- “The Measurement of Perceived Mutuality in Clinical Samples,” Jean Baker Miller Training Institute Research Network – Annual Preinstitute Research Forum,” Stone Center, Wellesley College, Wellesley MA, June 18, 2002.
- “Enhancing Readiness for Eating Disorders Treatment: A Relational/Motivational Group Model for Change.” 2002 International Conference on Eating Disorders, Academy for Eating Disorders, Boston Park Plaza Hotel and Towers, Boston, MA, April 27, 2002.
- “Perceived Mutuality as a Measure of Relational Functioning in Women with Eating Disorders.” 2002 International Conference on Eating Disorders, Academy for Eating Disorders, Scientific Paper Presentation, Boston Park Plaza Hotel and Towers, Boston, MA, April 28, 2002.
- “Caring for Individuals with Eating Disorders.” International Nurses Society on Addictions (IntNSA), Pre-Conference Workshop, Niagara Falls, Ontario, Canada, Hilton Hotel, September, 2001.
- “A Relational/Motivational Approach to Treating Eating Disorders.” Paper presented at the Jean Baker Miller Training Institute Research Network – Annual Pre-Institute Research Forum, Stone Center, Wellesley College, Wellesley, MA, June 19, 2001.
- “Supervisory Blindspots: The Use of Peer Group Supervision to Integrate Diversity.” American Group Psychotherapy Association, Annual Meeting, The Westin Copley Place Hotel, Boston, Massachusetts, February, 17, 2001.
- “The Relationship Between Perceived Mutuality and Eating Disorder Symptomatology, Depression, and Therapeutic Change in Group.” [Research Presentation] Jean Baker Miller Training Institute, Advanced Summer Institute Research Day, Wellesley College, Wellesley, Massachusetts, June 13, 2000.
- “Mutuality in the Doctor-Patient Relationship.” [4-hour workshop (including didactic presentation, discussion, case presentation, and videotaped segments of clinical work)] American Psychiatric Association Annual Meeting, Chicago, Illinois, May 15, 2000.
- “The Relationship Between Perceived Mutuality and Eating Disorder Symptomatology, Depression, and Therapeutic Change in Group.” A research paper presented at the Scientific Session of the Ninth International Conference on Eating Disorders, Academy for Eating Disorders, New York, New York, May 7, 2000.
- “Bulimia Nervosa: A Feminist Relational Group Therapy Approach.” [1½ hour workshop (including didactic presentation, discussion, and videotaped segments of group therapy)] Ninth International Conference on Eating Disorders, Academy for Eating Disorders, New York, New York, May 5, 2000.
- “What is Relational Research?” [Research Panel Presentation (regarding hermeneutic and empirical research approaches to studying connections between mutual relationships and eating disorder symptoms)] Jean Baker Miller Training Institute Research Network, Jean Baker Miller Training Institute, Advanced Summer Session, Wellesley College, Wellesley, Massachusetts, June 24, 1999.
- “Bulimia Nervosa: A Feminist Relational Group Approach.” [Workshop (3 hours)] American Group Psychotherapy Association Annual Institute and Conference, The Westin Galleria and Oaks Hotel, Houston, Texas, February 26, 1999.

- "Countertransferential Challenges: Opportunities for Mutual Psychological Growth." [Open Session] American Group Psychotherapy Association Annual Institute and Conference, The Westin Galleria and Oaks Hotel, Houston, Texas, February 25, 1999.
- "Perceived Mutuality for Women with Bulimia Nervosa: Its Relationship to Eating Disorder Symptomatology, Depression, and Therapeutic Change in Group." [Poster Presentation] Relational/Cultural Research Network Annual Meeting. The Jean Baker Miller Advanced Training Institute, The Stone Center, Wellesley College, Wellesley, Massachusetts, June 19, 1998.
- "Challenges to the Group Leader: A Comparison of Three Theoretical Models." Open session, American Group Psychotherapy Association Annual Institute and Conference, Sheraton Hotel and Towers, Chicago, Illinois, February 21, 1998.
- "Bulimia Nervosa: A Feminist Relational Group Approach." Workshop (3 hours). American Group Psychotherapy Association Annual Institute and Conference, Sheraton Hotel and Towers, Chicago, Illinois, February 19, 1998.
- "Moving from Understanding to Action: Connecting Feminist Relational Theory with Practice in the Group Treatment of Bulimia Nervosa." The Eighth Annual International Critical and Feminist Perspectives in Nursing Conference, Whistler, British Columbia, Canada, June 13, 1997.
- "Challenges to the Group Leader: A Comparison of Three Theoretical Models." Open session, American Group Psychotherapy Association Annual Institute and Conference, Waldorf-Astoria, New York City, February 22, 1997.

F. EDITORIAL ASSIGNMENTS IN PROFESSIONAL ORGANIZATIONS/MEETINGS

October, 2017 - Reviewer for preliminary draft of ECRI Institute Evidence Report – *Bulimia Nervosa: Comparative Efficacy of Available Psychological and Pharmacologic Treatments*.

February, 2004 – present, Reviewer: *Families, Systems & Health: The Journal of Collaborative Family and HealthCare*.

G. MEMBERSHIP AND PARTICIPATION IN NATIONAL AND STATE ADVISORY AND HEALTH COUNCILS AND RESEARCH REVIEW COMMITTEES

April, 2014-2016: Member of Public Health/Prevention subcommittee of the Regional Commission on Community Health Improvement, Fingerlakes Health Systems Agency, Rochester, NY.

December 2008-2010: Representing the Western NY Comprehensive Care Center for Eating Disorders on the Child Performer Advisory Board of the NY Department of Labor.

H. CONSULTATION TO UNIVERSITIES AND HEALTH AND SCIENCE AGENCIES OF LAST FIVE YEARS

(1996 - present). I have provided consultation to the faculty of the Jean Baker Miller Training Institute (JBMTI) at the Stone Center, Wellesley College, Wellesley, Massachusetts, regarding the development and maintenance of a research infrastructure within the institute. I generated a research proposal and have worked closely with Jean Baker Miller, M.D., Nancy Genero PhD, and others to implement the proposal. I helped in the development of a vision statement, a work plan, and priorities for the Network in the future. I am presently coordinating the JBMTI Research Network, which includes individuals from various university faculties and professional agencies across the country and outside the USA.

(11/30/07 – present). Consultant for Northeast Comprehensive Care Center for Eating Disorders based in Albany, NY. I provide consultation on program planning, clinical care, and research.

(2011- present) Advisor, Residential Eating Disorders Consortium. I have served as liaison and consultant in regards to Academy for Eating Disorders Clinical Practice Recommendations for Inpatient and Residential Eating Disorders Programs. I have reviewed the proposed recommendations and obtained feedback in order to encourage program accreditation. I continue to provide feedback in regards to this and other QI issues related to residential treatment.

I. PUBLICATIONS

Original (scientific) articles:

- Howard, M. E., Cross, W. F., Halewski, P. G., Quallo, H., Smith, P., Smith, S., Sullivan, M., & Tantillo, M. (2003). Primary process and peer consultation: An experiential model to work through countertransference. *International Journal of Group Psychotherapy*, *53*(1), 19-37.
- Maine, M., Samuels, K., & Tantillo, M. (2015). Eating disorders in adult women: Biopsychosocial, developmental, and clinical considerations. *Advances in eating disorders: Theory, research and practice*. DOI: 10.1080/21662630.2014.999103.
- Samuels, K., L., Maine, M., & Tantillo, M. (2019). Disordered eating, eating disorders, and body image in midlife and older women. *Current Psychiatry Reports*, *21*(70). <https://doi.org/10.1007/s11920-019-1057-5>
- Sanftner, J. L., Cameron, R. P., Tantillo, M., Heigel, C. P., Martin, D. M., Sippel-Silowash, J. A., & Taggart, J. M. (2006). Mutuality as an aspect of family functioning in predicting eating disorder symptoms in college women. *Journal of College Student Psychotherapy*, *21*(2), 41-66.
- Sanftner, J. L., & Tantillo, M. (2010). Measuring Perceived Mutuality in Women: Further Validation of the Connection-Disconnection Scale. *Journal of Creativity in Mental Health*, Volume 5(4), 344-357.
- Sanftner, J., Tantillo, M., & Seidlitz, L. (2004). A pilot investigation of the relation of perceived mutuality to eating disorders in women, *Women & Health*, *39*(1), 85-100.
- Tantillo, M. D. (1998). A relational approach to group therapy for women with bulimia nervosa: Moving from understanding to action. *International Journal of Group Psychotherapy*, *48*(4), 477-498.
- Tantillo, M. D. (2000). Short-term relational therapy for women with bulimia nervosa. *Eating Disorders: The Journal of Treatment and Prevention*, *8*(2), 99-122.
- Tantillo, M. D. (2004). The therapist's use of self-disclosure in a Relational Therapy approach for eating disorders. *Eating Disorders: Journal of Treatment and Prevention*, *12*:51-73.
- Tantillo, M. (2006). A Relational Approach to Eating Disorders Multifamily Therapy Group: Moving from Difference and Disconnection to Mutual Connection. *Families, Systems, & Health*, *24*(1), 82-102.
- Tantillo, M., Anson, E., Lavigne, H., & Wilkosz, A. (2018). The Effectiveness of a Relational/Motivational Partial Hospitalization Program for Eating Disorders: An Analysis of Treatment Outcomes. Manuscript submitted for publication.
- Tantillo, M., & Kreipe, R. E. (2006). The impact of gender socialization on group treatment of eating disorders. *Group: The Journal of the Eastern Group Psychotherapy Society*, *30*.4, 281-306.
- Tantillo, M., Marconi, M. A., Rideout, K., Anson, E. A., & Reifstein, K. A. (2017). Creating a Nursing Student Center for Academic and Professional Success. *Journal of Nursing Education*, *56*(4), 235-239.
- Tantillo, M., McDowell, S., Anson, E., Taillie, E., & Cole, R. (2009). Combining supported housing and partial hospitalization to improve eating disorder symptoms, perceived health status, and health related quality of life for women with eating disorders. *Eating Disorders: Journal of Treatment and Prevention*, *17*(5), 385-399.
- Tantillo, M., McGraw, J. S., Hauenstein, E. J. & Groth, S. W. (2015). Partnering with patients and families to develop an innovative Multifamily Therapy Group treatment for adults with Anorexia Nervosa. *Advances in Eating Disorders: Theory, Research and Practice*, *3*(3), 269-287.
DOI: 10.1080/21662630.2015.1048478

- Tantillo, M., McGraw, J. S., Lavigne, H. M., Brasch, J., & Le Grange, D. (2019). A pilot study of multifamily therapy group for young adults with anorexia nervosa: Reconnecting for Recovery. *International Journal of Eating Disorders*, 52(8), 950-955. <https://doi.org/10.1002/eat.23097>
- Tantillo, M., Nappa Bitter, C., Adams, B. (2001). Enhancing readiness for eating disorder treatment: A relational/motivational group model for change. *Eating Disorders: The Journal of Treatment and Prevention*, 9, 203-216.
- Tantillo, M. & Sanftner, J. (2003). The Relationship between Perceived Mutuality and Bulimic Symptoms, Depression, and Therapeutic Change in Group. *Eating Behavior*, 3(4), 349-364.
- Tantillo, M., & Sanftner, J. (2010). Measuring Perceived Mutuality in Women with Eating Disorders: The Development of the Connection-Disconnection Scale. *Journal of Nursing Measurement*, 18(2), 100-119.
- Tantillo, M., Sanftner, J., & Hauenstein, E. (2013). Restoring connection in the face of disconnection: An integrative approach to understanding and treating Anorexia Nervosa. *Advances in Eating Disorders: Theory, Research and Practice*, Vol. 1, No. 1, 21–38. <http://dx.doi.org/10.1080/21662630.2013.742980>
- Tantillo, M., Starr, T., & Kreipe, R.E. (2019). Recruitment and Acceptability of a Project ECHO® Eating Disorders Clinic: A Pilot Study of Telementoring for Primary Medical and Behavioral Health Care Practitioners. *Eating Disorders: The Journal of Treatment and Prevention*. 28(3), 230-255. <https://www.tandfonline.com/doi/abs/10.1080/10640266.2019.1580125?journalCode=uedi20>

Books, monographs, book chapters, and review articles:

- Haltom, C., Simpson, C., & Tantillo, M. (2018). *Understanding Teen Eating Disorders: Warning Signs, Treatment Options, and Stories of Courage*. New York, NY: Routledge.
- Sanftner, J. L., & Tantillo, M. (2011). Body image and eating disorders: A compelling source of shame for women. In R. Dearing & J. P. Tangney (Eds.), *Shame in the therapy hour*. Washington, D.C.: American Psychological Association.
- Tantillo, M. D. (1994). Ricoeurian hermeneutics: Its application in developing a contextual understanding of human experience. In P. L. Chinn (Ed.), *Advances in methods of inquiry for nursing*. Gaithersburg, MD: Aspen Publishers, Inc.
- Tantillo MD. (2007). Eating Disorders. In: Sahler OJZ & Carr JE (eds.) *The behavioral sciences and health care* (2nd edition) (pp. 314-319). Cambridge, MA.: Hogrefe & Huber Publishers
- Tantillo, M. (2011). A friend in deed: Building health relationships. In A. Liu (Ed.), *Restoring our bodies-Reclaiming our lives: Guidance and reflections on recovery from eating disorders* (pp. 129-130). Boston, MA: Trumpeter.
- Tantillo, M. (2011). The Patient-Family-Clinician-Researcher Quest for Quality. In J. Alexander & J. Treasure (Eds.), *A collaborative approach to eating disorders* (pp. 485-496). Hove and New York: Routledge.
- Tantillo, M., McGraw, J. S., & Le Grange, D. (2021). *Multifamily therapy for young adults with anorexia nervosa: Reconnecting for Recovery*. New York, NY: Routledge.
- Tantillo, M. D., & Houghtalen, R. P. (2003). Eating Disorders. In O. J. Z. Sahler & J. E. Carr (Eds.), The behavioral sciences and health care (pp. 245-251). Cambridge, MA: Hogrefe & Huber Publishers
- Tantillo, M., & Kreipe, R. E. (2011). Improving Connections for Adolescents Across High-Intensity Settings for the Treatment of Eating Disorders. In D. Le Grange & James Lock (Eds.), *Handbook of assessment and treatment for children and adolescents with eating disorders*. NY (pp. 199-219): The Guilford Press.

Tantillo, M., & Sanftner, J. L. (2010). Mutuality and Motivation: Connecting with Patients and Families for Change in the Treatment of Eating Disorders. In M. Maine & D. Bunnell, & B. McGilley (Eds.), *Treatment of Eating Disorders: Bridging the Gap Between Research and Practice*. (319-334). London, UK: Elsevier. .

Abstracts:

Tantillo, Mary. D. (1992). An interpretive study of the bulimic woman's experience of relationships. *Dissertation Abstracts International*, 53(4), 1779-B.

Tantillo, M. (1992). *An Interpretive Study of the Bulimic Woman's Experience of Relationships*. Virginia Henderson Global Nursing e-Repository. Retrieved from <http://hdl.handle.net/10755/17311>

Letters, editorials, short articles, and other contributions:

Alger, S., Anderson, D., Attia, E., Greenbaum, R., Kreipe, R., & Tantillo, M. (December, 2005, volume 13, No. 3), *Three Comprehensive Care Center for Eating Disorders Grants Awarded in New York State*, In The AED Forum, Academy for Eating Disorders newsletter.

F.E.A.S.T. (2014). Down the rabbit hole: A F.E.A.S.T. guide for coming to terms with a loved one's eating disorder. Milwaukee, WI: F.E.A.S.T (assisted with editing of the guide).

F.E.A.S.T. (2014). Port in a storm: How to choose a treatment team for a loved one with an eating disorder in the U.S. Milwaukee, WI: F.E.A.S.T (assisted with editing of the guide).

Kreipe, R. E., & Tantillo, M. (March 2nd, 2006). *Cutting eating disorders down to size*, in "Speaking Out," Rochester Democrat and Chronicle.

Kreipe, R. E., & Tantillo, M. (November, 21, 2006). Help, hope are on hand for eating disorders" in "Speaking Out," *Rochester Democrat and Chronicle*.

Russ, A., Tantillo, M., & Wilkosz, W. (February 25, 2017). Goals of National Eating Disorder Awareness Week remain relevant In "Speaking Out," *Rochester Democrat and Chronicle*.

Sanftner, J., & Tantillo, M. (March, 2010). The development of the Connection-Disconnection Scale. E-Connections Newsletter, JBM TI Research Network, Jean Baker Miller Training Institute, Wellesley Centers for Women, Wellesley, MA.

Tantillo, M. (2020, November 24). The promise of multifamily therapy group: Moving from disconnection to better connections for lasting recovery. F.E.A.S.T. <https://www.feast-ed.org/the-promise-of-multifamily-therapy-group-moving-from-disconnection-to-better-connections-for-lasting-recovery/>

Tantillo, M. (2017). Reconnecting for Recovery Multifamily Therapy Group: Capitalizing on connection and community in the Treatment of adults with Anorexia Nervosa. Gurze/Salcore Eating Disorders Resource Catalogue. pp. 8-9 and remainder of article on line at <http://www.edcatalogue.com/reconnecting-recovery-multifamily-therapy-group-capitalizing-connection-community-treatment-adults-anorexia-nervosa/#more-3896>.

Tantillo, M. (Summer 2016). We are all one: Sacred moments in therapy. *Perspectives: A Professional Journal of the Renfrew Center Foundation.*, pp.2,4-5.

Tantillo, M. (2016). Patients and families as co-scientists: Capitalizing on Connection and Co-constructing Answers [Web log post]. Retrieved from <http://www.worldeatingdisordersday.org/patients-and-families-as-co-scientists-capitalizing-on-connection-and-co-constructing-answers/> (<http://www.worldeatingdisordersday.org/#!blog/xcj8j>).

Tantillo, M. (2016, February 24). Five signs someone has an eating disorder. *Rochester Democrat and Chronicle*, p. 3C.

- Tantillo, M. (2014). *Between the Scylla and Charybdis: Navigating the rough waters when looking for eating disorder inpatient and residential programs*. Eating Disorders Hope website. <http://www.eatingdisorderhope.com> .
- Tantillo, M. (2012). The Physician's Role in Managing Eating Disorders in Males. *The Bulletin: Journal of the Monroe County Medical Society*. (April/May). 16-17, 31-32
- Tantillo, M. (2012, May). Feeling Good About Our Bodies and Ourselves in Middle School. *Rochester Woman Magazine*, .62-63
- Tantillo, M. (2009, April, vol 17, Issue 1). *AED Credentialing Task Force Update*, In The AED Forum, Academy for Eating Disorders newsletter.
- Tantillo, M. (2008, April, vol 16, Issue 1). The Quest for Quality: *AED Credentialing Task Force Update*, In The AED Forum, Academy for Eating Disorders newsletter.
- Tantillo, M. (September, 2005, vol 13, No. 2). *Sage House Opens*, In The AED Forum, Academy for Eating Disorders newsletter. .
- Tantillo, M. (2003, Fall). Eating Disorders Multifamily Therapy Group: Capitalizing on the healing power of relationships. *Eating Disorders Today*, 2(1), 1, 12-13.
- Tantillo, M. (1998, July 15). Eating disorders can be treated. In Rx for Good Health [special supplement], pp. 7-8, *The Perinton-Fairport Post* and other area newspapers. Rochester, NY: Messenger-Wolfe Publications .
- Tantillo, M. D. (1997). Moving from understanding to action: Connecting feminist relational theory with practice in the group treatment of bulimia nervosa. In L. Rodrigues-Fisher (Ed.), *Proceedings of the eighth annual international critical and feminist perspectives In nursing conference* (pp. 106-120). Whistler, BC: Grand Valley State University.
- Tantillo, M. & Conde, G. (September 14, 2005). Craving *Accurate Information "Starved" Lacks*, In "Speaking Out," Rochester Democrat and Chronicle.
- Tantillo, M. & Kreipe, R., (March 9, 2004). *Our health – Eating Disorders: U.S. medical system scrimps on the treatment for eating disorders*, In "Speaking Out," Rochester Democrat and Chronicle