

STEPHANIE M. RICHARDS

Objective

To secure a professional Teaching position, within my scope of interests, where I may utilize, improve, and advance my skillsets and strengths in Nursing Education while assuming roles in, but not limited to: leadership, Education, team building, organization, research and policy formation/implementation, and patient advocacy.

To maintain credentialing and remain up-to-date in trauma-informed patient-centered nursing care, I will continue working in patient care settings that specialize in areas of acute, crisis, and emergency medical and psychiatric interventions that address both the medical and psychiatric components. This will also help to ensure that I appropriately assess current educational supports/interventions and need for additional educational models to address the following: support student nurses, university curriculum, and nursing staff in their educational platforms to meet University, unit, department and hospital policies and objectives; to design and implement educational modules which assist in providing the highest level of pedagogy to create an engaging, constructive learning environment which advocates safe patient care for stabilization of the patient with appropriate treatment follow-up.

Skills Summary

Excellent oral and written communication skills. Highly motivated team leader and player that thrives on all challenges. Flexible under a variety of circumstances to ensure student and patient outcomes and experiences are of the highest priority. Proficiency in EPIC E-Record Software, MSE, Word, Excel, Black Board with working knowledge of educational learning tools integrated into Black Board to support on-line and hybrid teaching environments.

Licensure R.N. NYS Licensure (Successful NCLEX completion 2/2014) ANCC Psychiatric Mental Health Certification 10/22/2018.

Employment Experience

Faculty Position full-time University of Rochester ABSN Program (May 10, 2022 – current)

- **NUR365 Population and Community Health, NUR375 Psychiatric Nursing**
- Assist in course design and instruction which includes, but is not limited to:
 - Course design in such a way that course learning modules support course SLO's which align with Institutional PLO's
 - Structure, design and implementation of instructional materials to facilitate an enriched, engaging learning environment which develops higher levels of thinking as outlined by the Program's Learning Objectives
 - Institute appropriate student assessments designed to assess instructional skills, course materials and student understanding of course content by determining level of student connection of theoretical knowledge as applied in the clinical setting
 - Revise Learning modules and course content to maintain the most accurate, up-to-date, evidenced-based practices and research studies that support current nursing practices

UofR SON Faculty Student Advisor (current) Provide assigned students with support and structure to assist them in achieving a high level of academic success required to graduate from the UofR ABSN Program.

Adjunct Professor-Psychiatric Clinical Instructor SJFC and MCC Nursing Programs (Jan 2019-Current)

- Orient nursing students to assigned hospital psychiatric unit
- Supervise all clinical activities and working of student nurses while administering and presenting all content in alignment with formal classroom education to ensure compliance to all lesson plans.
- Assist all student nurses to adjust to the clinical environment and patient interactions to ensure optimal levels of safe, therapeutic patient care.
- Train all students to identify signs of patient decompensation, gain insight into the meaning of such symptoms and how this correlate to ongoing nursing and treatment team interventions as well as disposition planning.
- Provide prompt feedback to all nursing students to ensure and maintain a healthy, positive and constructive learning environment for all involved.
- Assist all nurse managers and academic staff to analyze all student requirements and ensure appropriate resources in the facility.
- Help to Organize various group conferences to assist all students and staff to share clinical experiences
- Develop and maintain positive professional relations with students, collegiate employees, and Clinical nursing staff and treatment team members
- Collaborate with academic programmers to facilitate all post conferences on clinical training.

RN Level IV UPMC Strong Memorial Hospital Rochester, NY (December 2017 – May 10, 2022)

- ***Assistant Nurse Manager of CPEP: Primary Responsibilities*** is to expand current educational programs while designing and implementing learning modules, which support current staff needs and responsibilities, while on boarding new nursing staff (Nurses and psych techs).
- Onboarding of all new staff which includes but is not limited too: development and implementation of nursing staff training; assessments of clinical skills; final leadership approval to work independently within hired scope of practice
- Performance evaluations of all current employees
- Assist in scheduling needs of the unit.
- Attending management meetings to maintain policy updates and compliance within the unit
- To assist in interdisciplinary teamwork

***RN Level II-III* UPMC Strong Memorial Hospital Rochester, NY (March 1, 2014 – December 2017)**

- ***Comprehensive Psychiatric Emergency Program*** – Shift rotations into the roles of Charge RN, Triage and Evaluation. Responsibilities include, but are not limited to: delegating tasks and patient assignment, organizing care of patients, and handling crucial staff and patient/family interactions; managing the milieu of the department; administering standing medications including insulin, emergency medications, intramuscular injections; providing therapeutic communication and patient education.
- Providing care to patients with the following disorders: psychosis, anxiety, affective, personality, eating , oppositional defiant, ADD/ADHD, PDD, dementia/Alzheimer's

- Medically Assessing and Providing care to patients with: suicidal ideation, homicidal ideation, self-injurious behaviors, aggressive-violent behaviors and those in active ETOH or Drug withdrawal
- Assessing lethality to self and/or others; effective use of de-escalation techniques, recognizing the need for medical and/or physical restraints, proper placement of physical restraints, care for an adult patient in physical restraints, care for adolescent and child patient in restraints
- Conducting primary evaluations on patients with the above mentioned disorders and behaviors, reporting patient's case to attending psychiatrist, working with patient's treatment team to formulate appropriate plan for safe discharge or admission
- Conducting nurse to nurse report within, as well as between, departments
- Educating patient about community resources, referring patients to said resources
- Use of interpreter services for Foreign language and ASL patients, proper use of the cryacom phone.
- *Unit Preceptor to Nursing Students and New Nurses:* completing their Senior Year Capstone in CPEP
 - Assigning and teaching of clinical duties while present through the CPEP rotation
 - Mentoring and evaluating clinical performance

Current Committees Strong Memorial Hospital

- **LPN/RN Scope of Practice Committee**
- **Joint Commission Preparation Committee**
- **ALL Service Operations Committee**
- **Psych Department Mandatory Educations and Safety Training**

Experiences through Educational Clinical Rotations:

Graduate: TA for the UofR SON Genetics class: grading online assignments through use of Assignment Rubric while providing positive constructive feedback, answering student questions r/t to course assignment and readings, problem solving use of course technology, working collaboratively with the Course Professor to help students achieve course objectives and learning outcomes.

Graduate: Student preceptor for UofR SON APNN NURS 365: assisting in the formatting, delivering and observing of student learning modules, provision of student learning assessments in the form of feedback given through quizzes and grading of written assignments. Attendance of relevant course design and program meetings.

Undergraduate: administration of O2 via nasal cannula, operation of Hoyer lift and other assistive devices; giving PO, IM and IV, subcutaneous and PEG tube (including TPN) medications, programmed IV Alaris pump; management and removal of peripheral IV lines, care of colostomy/ileostomy bags; insertions and removal of straight and Foley catheters, performance of sterile techniques and maintenance of sterile fields.

BayCreek Paddling Center, Rochester, NY (June 2012 – September 2013)

SUP Fitness Instructor, SUP beginner – advanced lessons, General Sales
Design and implementation of Fitness programs for the general public and special
needs/physically challenged clientele

Forsythe Jewelers, Pittsford, NY (September 1999 – Present Part-time and Full-time)
Customer Service, Assistant Manager, General Sales Associate, jewelry design and repair, inventory
tracking

Mercy/St. Luke's Hospitals, Cedar Rapids, IA (July 1996-September 1999)

Certified Radiographer (General, Fluoroscopy, C-Arm, CT, Surgery and ED) (July 2008
September 2009) Student Radiographer in all above areas (July 2006-July 2008)

- Responsible for patient transport, patient care needs and documentation of all procedures while in my care.
- Responsible for med administration, as prescribed by the procedure, maintaining a thorough background and health assessment, and close observation for signs and symptoms of abnormal-adverse reactions throughout
- Complete patient follow through before, during and after the procedure with all medical parties involved: nursing staff, attending PCPs, and Radiologists reading the diagnostic studies

Mercy & St. Lukes Hospitals, Cedar Rapids, IA (July 1997- September 1999)

Certified Radiographer Specialized in multiple modalities of radiographic imaging and pt care:
General x-ray, Fluoroscopy, CT in ambulatory, Emergency, and inpatient units with all age
demographics and areas of patient care.

**Natural Resource Conservation Service, Mason City, IA US Government Agency (June 1995-July
1997)** Wildlife Biologist Specializing in Watershed mapping, Control of Water Lake and Stream
pollution, Wetland Mitigation and Wetland Habitat Restoration)

- Assisted in design and implementation of water & soil quality management practices
- Coordinated efforts between the public and NRCS to educate, involve and motivate public awareness to with regards to local environmental concerns
- Thorough documentation and follow-through to evaluate effectiveness of said interventions/projects; assisting in redesign of programs to increase favorable outcomes of desired objectives & goals.

Educational Experience

**TUBERCULOSIS CLINIC (Infectious Disease Control), Monroe Community Hospital, County of
Monroe, Rochester, NY (September 2013-October 2013)**

Clinical Community Health Preceptorship as Nursing Student, SJFC

**Clinical Preceptorship Stroke – Cardiac Stepdown – Infectious Disease Control Thompson
Health, Canandaigua, NY (December 2012)**

SENIOR CAPSTONE/Preceptorship

Peru: Community Health Education and Administration of General Health Care Nursing Practices to high altitude Andean communities throughout the Sacred Valley region of Peru (November 24 – December 12, 2013)

CLINICAL ROTATIONS as a Nursing Student, SJFC

- NEUROLOGY-UROLOGY, Rochester General 4-300, Rochester, NY (January 2013 – April 2013)
- ADOLESCENT-CHILD Psychiatric Unit 4-900 (January – April 2013)
- PSYCHIATRIC INTENSIVE Care 2-9200 (April 2013)
- GERO Psychology 3-9200
- BURN-TRAUMA, Strong Memorial Hospital 6-3600
- STROKE-NEUROLOGY Unit, Thompson Health Hospital, Canandaigua, NY (December, 2012) 2 week clinical rotation
- GYNECOLOGIC ONCOLOGY Unit W5, Highland Hospital, Rochester, NY (February 2012-April 2012)

CLINICAL OBSERVATIONS-PRECEPTORSHIPS as a Nursing Student, SJFC

- SURGERY, Strong Memorial Hospital, Rochester, NY (November 2013)
- OBSTETRICS: LABOR & DELIVERY, Special Care Nursery, OB surgery, Rochester General Hospital (October 2013)
- PEDIATRIC SURGICAL SUITE, Preoperative and PACU, Strong Memorial Hospital, Rochester, NY (September 2013)
- Partial Inpatient Adolescent Mental Health Services, Strong Memorial Hospital (April 2013)
- SURGERY, Rochester General Hospital, (April 2013)
- EMERGENCY DEPARTMENT, Strong Memorial Hospital, Rochester, NY (March 2013)

EDUCATION

University of Rochester, Rochester, NY MNE May 2022

SJFC, Pittsford, NY BSN December 2013

FLCC, Canandaigua 2010-2011 Undergraduate Science/Biology

Mercy/St. Luke's School of Radiography, Cedar Rapids, IA 1998

ISU, Ames Iowa BS Wildlife Biology, with Minors in Environmental Studies and Religion 1995

University of Otago, Dunedin, NZ Post Graduate Diploma Marine Science 1994

NIACC, Mason City, IA AS Science/Biology

Community Involvement

Town of Victor Conservation Board

Elected Board Member and Elected Board Chair (2 years) (February 2009 to December 2013)

Education and Professional Achievements

Bronze Strong Star Recipient

Member of the Honor Society of Nursing Sigma Theta Tau International

Member of the National Collegiate Honor Society & Who's Who

Academic Dean's List UofR, SJFC, FLCC and ISU

Abstract Submission and Acceptance to present at the APNA Fall 2022 Conference

Computer Experience

Microsoft Windows Applications (Excel, Power Point, Word)

EPIC Software

STRYKER Defib Training Superuser

RQI AHA Training Superuser

References Available Upon Request