

Sandhya Seshadri, PhD, MA, MS

University of Rochester  
School of Nursing  
601 Elmwood Avenue, Box SON  
Rochester, New York 14642-8404

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## **EDUCATION**

- Doctor of Philosophy, University of Rochester, Rochester School of Nursing, Rochester, NY (**Health Practice Research**)
- Master of Science, Purdue University, West Lafayette, IN (**Speech-Language Pathology**)
- Master of Arts, Tata Institute of Social Sciences, India (**Personnel Management and Industrial Relations**)
- Bachelor of Arts, Madras University, India (**Sociology**)

## **HONORS & AWARDS**

- MARC - mentee in ASHA's Mentoring-Academic Research Careers program (2012)
- Phi Kappa Phi (1997)
- American Speech-Language and Hearing Foundation Graduate Student Scholarship for academic excellence (1996)

## **PROFESSIONAL MEMBERSHIPS**

- State Society on Aging, NY (2016-2017)
- National Foundation of Swallowing Disorders (2014-present)
- ASHA - American Speech Language and Hearing Association (1998-present)

## **LICENCES & CERTIFICATION**

- Certified ATLAS.ti. Professional Trainer-Junior, ATLAS.ti, Qualitative Analysis Software (2015-present)
- Speech Language Pathology License, State of New York (1999-present)
- Certificate of Clinical Competence in Speech Language Pathology (CCC-SLP), ASHA - American Speech Language-Hearing Association (1998-present)

## **EXPERIENCE**

- **ACADEMIC**
  - Assistant Professor of Clinical Nursing, University of Rochester School of Nursing (2017-present)
  - Assistant Professor of Clinical Neurology, Department of Neurology/Center for Health & Technology, University of Rochester (2020-present)
  - Adjunct Faculty, Communication Sciences & Disorders Department, Nazareth College of Rochester (2003-2019)

- **CLINICAL**
  - Speech Language Pathologist- per-diem, University of Rochester Medical Center Rochester, NY (2011 present)
  - Speech Language Pathologist- per-diem, University of Rochester Medical Center Rochester, NY (2000-2006)
  - Speech Language Pathologist, University of Rochester, Rochester, NY (2010-2011)
  - Speech Language Pathologist, University of Rochester, Rochester, NY (1999-2000)
  - Speech Language Pathologist, Rochester Hearing and Speech Center, NY (1999)
  - Speech Language Pathologist, Indiana University Medical Center, Indianapolis, IN (1998-1999)
  - Clinical Fellow, Speech Language Pathology, Indiana University Medical Center, Indianapolis, IN (1997-1998)
  
- **PROFESSIONAL**
  - Manager, Human Resources Management, Organizational Behavior, Organizational Development, and Executive Training at several multi-national corporations including Unilever Inc., India
  
- **RESEARCH**
  - Implementing a Team-based Outpatient Palliative Care in Parkinson's Foundation Centers of Excellence. PI: Benzi Kluger, MD, MS, University of Rochester, and Co-Investigators: Nicole Yarab, RN, Parkinson's Foundation, Sally Norton, PhD, RN, University of Rochester School of Nursing, Thomas Carroll, MD, PhD, Department of Medicine, University of Rochester, Sandhya Seshadri, PhD, MA, MS, University of Rochester, & Jodi Holtrop, PhD, MCHES, Department of Family Medicine, University of Colorado. Funded by Patient-Centered Outcomes Research Institute (PCORI) D & I Award (#DI-2019C2-17499). Role: Co-Investigator & Project Manager (2019-present)
  - EIP Tracking of SARS-CoV2 Infections among Healthcare Personnel, a project of the Centers for Disease Control (CDC) and CDC's Emerging Infections Programs (EIP). New York EIP PI: Ghinwa Dumyati, MD, URM Center for Community Health and Prevention Emerging Infection Program. Role: Study Team Member (April to July, 2020)
  - Antibiotic Stewardship: Understanding the Perceptions and Experiences of Nursing Home Staff (APEX) A sub-study of a larger study, Antimicrobial Stewardship in Long Term Care to Prevent Clostridium difficile Infections. PI: Ghinwa Dumyati: MD, Project Manager: Christina Felsen URM Center for Community Health and Prevention Emerging Infection Program, Co-Investigator: Sandhya Seshadri, PhD. Role: Co-investigator (2018-2020)
  - Engaging Older Adult Learners as Health Researchers (ENGOAL). PI: Silvia Sørensen, PhD, and Co-Investigators: Joyce Duckles, PhD, Warner School of Education and Human Development, Craig Sellers, PhD, and Sandhya Seshadri, PhD, School of Nursing; Community Partners: George Moses, Doreen Young, and Phyllis Jackson. Funded by Eugene Washington Engagement Awards Program from the Patient-Centered Outcomes Research Institute (PCORI) University of Rochester #4408. \$250,000. Role: Co-Investigator and Project Director. (2017-2019)
  - Research on the ENGOAL (Engaging Older Adult Learners as Health Researchers) Program (REAP). PI: Joyce Duckles, PhD, Warner School of Education and Human Development.

Research component of the ENGOAL program. Role: Co-Investigator and Project Coordinator. (2017-2019)

- Community-dwelling Older Adults' Transition Experiences from the ED to Home. PI: Dr. Manish Shah, University of Rochester. Funded in part by Provost's Inter-professional Award, University of Rochester, Rochester, NY Role: Research Assistant & Project Coordinator, (2013-2015)
- Research Assistant, Center for Life-long Learning (Director: Donald R. Brown, PhD), Purdue University (1994-1996)

## • **TEACHING**

- Medical Evidence & Inquiry, Co-Instructor for problem-based learning activities and instructor for lecture on Qualitative Research Methods, University of Rochester School of Medicine
- Writing Workshop, Core graduate course on scholarly writing; Co-instructor, University of Rochester School of Nursing
- Qualitative Research Methods, Core graduate course, Co-Instructor, Department of Public Health, University of Rochester
- Motor Speech Disorders, Core graduate course, Instructor, Communication Sciences and Disorders Department, Nazareth College of Rochester
- Advanced Clinical Techniques Clinical Practicum; Core graduate course, Clinical Instructor, Communication Sciences & Disorders Department, Nazareth College of Rochester

## **SERVICE**

### • **COMMUNITY**

- Coordinator, Community-Service Project for High-School Students in Rochester, NY in collaboration with EPICS (Engineering Projects in Community Service), Purdue University, IN (2016)
- Member, NICU Parent Advisory Council, Strong Memorial Hospital (2015-2016)
- Volunteer, Cuddler Program, NICU, Strong Memorial Hospital (2000-2001)
- Trainer and Member of the Board for Common Ground, a Greater Lafayette Chamber of Commerce, IN, initiative to promote cross-cultural communication in the community and businesses (1992-1997)

### • **ACADEMIC**

- Member, Curriculum Committee, University of Rochester, School of Nursing (2013-2014)
- Vice-President, Doctoral Forum, University of Rochester, School of Nursing (2012-2013)

## **PUBLICATIONS**

### • **PEER-REVIEWED JOURNAL ARTICLES**

- **Seshadri, S.,** Felsen, C., Sellers, C.R., & Dumyati, G. (2020). "There is no one to pick up the pieces": Sustainability of antibiotic stewardship programs in nursing homes. *Infection Control & Hospital Epidemiology*, 1-8. doi: 10.1017/ice.2020.1217
- **Seshadri, S.,** Concannon, C., Woods, J.A., McCullough, K.M., & Dumyati, G. K. (2020). "It's like fighting a war with rocks": Nursing home healthcare workers' experiences during the COVID-19 pandemic [Letter to the Editor]. *Infection Control & Hospital Epidemiology*, 1-2. doi: 10.1017/ice.2020.393

- Werner, N.E., Rutkowski, R.A., Graskie, A., Finta, M.K., **Seshadri, S.**, Sellers, C.R., Shah, M.N. (2020). Exploring SEIPS 2.0 as a Model for Analyzing Care Transitions Across Work Systems. *Applied Ergonomics*, 88. doi: <https://doi.org/10.1016/j.apergo.2020.103141>
- **Seshadri, S.**, Sellers, C. R., & Kearney, M. H. (2018). Balancing eating with breathing: Community-dwelling older adults' experiences of dysphagia and texture-modified diets. *The Gerontologist*, 58(4), 749-758. doi:10.1093/geront/gnw203. PMID: 28082276. WOS: 000439063500026
- Finta MK, Borkenhagen A, Werner NE, Duckles J, Sellers CR, **Seshadri S**, Lampo D, Shah MN. (2017). Patient perspectives on accessing acute illness care. *Western Journal of Emergency Medicine*. DOI: 10.5811/westjem.2017.3.33289.
- **BOOK CHAPTERS**
  - **Seshadri, S.** (2017). Assessment, Management, and Rehabilitation of Dysphagia in Older Adults. In K.R. Poduri (Ed.) *Geriatric Rehabilitation: Bedside to Curbside*. (1st Edition, Ch. 15). Boca Raton, FL: CRC Press
- **PUBLISHED ABSTRACTS (Peer-Reviewed)**
  - Sorensen, S., **Seshadri, S.**, & Duckles, J. (2019). Engaging Older Adult Learners as Health Researchers- Program Overview. *Innovation in Aging*, 3, Supplement 1, page S404. doi: <https://doi.org/10.1093/geroni/igz038.1501>
  - Kondolf, K., Duckles, J., **Seshadri, S.**, Jackson, P., Sellers, C.R., Young, D., Moses, G., & Sorensen, S. (2019). "Evaluating the Engaging Older Adult Learners as Health Researchers Project I." *Innovation in Aging*, 3, Supplement 1, page S405. doi: <https://doi.org/10.1093/geroni/igz038.1503>
  - Otieno, D., Kondolf, K., Jackson, P., Duckles, J., & **Seshadri, S.** (2019). "Evaluating the Engaging Older Adult Learners as Health Researchers Project II" *Innovation in Aging*, 3, Supplement 1, page S405. doi: <https://doi.org/10.1093/geroni/igz038.1504>
  - **Seshadri, S.**, Sellers, C. R., & Kearney, M. H. (2016). "My choice was breathe or eat": Understanding the choices made by community-dwelling older adults with dysphagia [Abstract]. *International Journal of Qualitative Methods*, 2016, 51. doi:10.1177/1609406915625569.
  - **Seshadri, S.**, Duckles, J. M., & Sellers, C. R. (2016). "It's three steps forward, two steps back": A case-comparison of community-dwelling older adults balancing tensions of health and ageing in everyday life [Abstract]. *International Journal of Qualitative Methods*, 2016, 51-52. doi:10.1177/1609406915625569.
  - Duckles, J., **Seshadri, S.**, Lampo, D., Sellers, C. R., & Shah, M. N. (2014). "It's a balancing act": Understanding relational strategies of community-dwelling older adults navigating post-emergency care and health in the context of everyday life. [Abstract - Oral]. IJQM: *International Journal of Qualitative Methods*, 13, 506-507. <https://ejournals.library.ualberta.ca/index.php/IJQM/article/view/23889/17800>
  - Sellers, C. R., Duckles, J. M., Shah, M. N., **Seshadri, S.**, Salerno, S., Eliot, A., & Christianson, T. (2013). What makes for 'successful' transitions from the Emergency Department to home and community among older adults? [Abstract - Oral]. IJQM: *International Journal of Qualitative Methods*, 12, 815-816. <http://ejournals.library.ualberta.ca/index.php/IJQM/article/view/21211/16060>

## ● PRESENTATIONS

- **Seshadri, S.**, Felsen, C., Sellers, C.R., & Dumyati, G. (2020). Sustainability of Antibiotic Stewardship Programs: Perceptions and Experiences of Nursing Home Staff. Poster presentation at IDWeek: Chasing the Sun virtual conference. Annual meeting of the Infectious Diseases Society of America & the Society for Healthcare Epidemiology of America.
- Sorensen, S., **Seshadri, S.**, & Duckles, J. (2019). Engaging Older Adult Learners as Health Researchers- Program Overview. Symposium presentation at the Gerontological Society of America Annual Scientific Meeting, Austin, Texas.
- Kondolf, K., Duckles, J., **Seshadri, S.**, Jackson, P., Sellers, C.R., Young, D., Moses, G., & Sorensen, S. (2019). "Evaluating the Engaging Older Adult Learners as Health Researchers Project I." Symposium presentation at the Gerontological Society of America Annual Scientific Meeting, Austin, Texas.
- Otieno, D., Kondolf, K., Jackson, P., Duckles, J., & **Seshadri, S.** (2019). "Evaluating the Engaging Older Adult Learners as Health Researchers Project II." Symposium presentation at the Gerontological Society of America Annual Scientific Meeting, Austin, Texas.
- Duckles, J., Jackson, P., Moses, G., Sellers, C. R., & **Seshadri, S.** (2018, October 26). "Journeys through Community-based Participatory Research: Working the Boundaries." Workshop presented at the 20th Annual International Qualitative Health Research Conference; Halifax, Nova Scotia, Canada.
- **Seshadri, S.**, Sellers, C. R., & Sorensen, S. (2018, October 27). "How Can Older Adults Inform Health Care Research? The Qualitative Analysis of an Engagement Project?" Paper presented at the 20th Annual International Qualitative Health Research Conference; Halifax, Nova Scotia, Canada.
- Duckles, J., Sorensen, S., **Seshadri, S.**, Sellers, C. R., Jackson, P., Moses, G., & Young, D. (2018, October 12). "Doing ENGOAL: Insights from Engaging Older Adult Learners as Health Researchers." Public Health Grand Rounds, University of Rochester, NY.
- Finta, M.K, Borkenhagen, A., Werner, N., Duckles, J., Sellers, C.R., **Seshadri, S.**, Lampo, D., & Shah, M.N. (2017). Older Adults' Perspectives on Accessing Acute Illness Care. Presented at the Society of Academic Emergency Medicine Annual Meeting, May 19th, 2017, Orlando, Florida
- Finta, M.K, Borkenhagen, A., Werner, N., Duckles, J., Sellers, C.R., **Seshadri, S.**, Lampo, D., & Shah, M.N. (2017). Patient Perspectives on Accessing Acute Illness Care. Presented at the Medical College of Wisconsin's Emergency Medicine Research Forum. April 6th, 2017. Milwaukee, WI.
- Werner, N. E., Borkenhagen, A., Finta, M.K., Duckles, J., Sellers, C.R., **Seshadri, S.**, Lampo, D., & Shah, M.N. (2017). Exploring Interactions Across Sociotechnical System Boundaries: Barriers, Facilitators, and Consequences to Patient Care. Presented at the Symposium on Human Factors and Ergonomics in Healthcare. March 5-8, 2017, New Orleans
- **Seshadri, S.** & Sellers, C.R. (2016). "What am I going to eat?" Understanding How Community-dwelling Older Adults Live with Dysphagia. Podium presentation at the 44th Annual Conference of the State Society on Aging of New York, Ithaca, NY.
- Duckles, J. M., Sellers, C. R., & **Seshadri, S.** (2016, October 27). It's a Balancing Act: A Model of Community-Dwelling Older Adults Navigating Health and Aging in Everyday Life. Presented at the 44th Annual Conference of the State Society on Aging of New York; Ithaca, NY.

- **Seshadri, S.** & Sellers, C.R. (2016). “Whom do you abide by?” How Community-dwelling Older Adults Balance Fragmented Care with a Texture-Modified Diet. Podium presentation at the Innovations in Inter-professional Collaborations: Individual, Community, and Global Engagement Conference at Nazareth College, Rochester, NY
- Brown, B, Coles, H., & **Seshadri, S.** (2016). The Greenhouse Effect: Collaborations between Aphasia Therapy and Horticultural Therapy. Podium presentation at the Innovations in Inter-professional Collaborations: Individual, Community, and Global Engagement Conference at Nazareth College, Rochester, NY
- **Seshadri, S.** & Sellers, C.R. (2015). Testing the Limits: Community-dwelling Older Adults’ Experiences with a Texture-modified Diet. Poster presented at the Annual Convention of the American Speech, Language, & Hearing Association (ASHA), Denver, Co.
- **Seshadri, S.**, Sellers, C.R., Kearney, M. H., & Szekeres, S. (2015). “My Choice was Breathe or Eat”: Understanding the Choices made by Community-dwelling Older Adults with Dysphagia. Podium presentation at the 21st International Qualitative Health Research Conference. Toronto, ON, Canada
- Duckles, J., **Seshadri, S.**, Sellers, C.R., Lampo, D., & Shah, M.N. (2015). “It’s Three Steps Forward, Two Steps Back”: A Case-Comparison of Community-dwelling Older Adults Balancing Tensions of Health and Aging in Everyday Life. Podium presentation at the 21st International Qualitative Health Research Conference. Toronto, ON, Canada
- Sellers, C. R., Duckles, J. M., Shah, M. N., **Seshadri, S.**, & Lampo, D. (2014). It’s Balancing Act: Understanding Relational Strategies of Community-Dwelling Older Adults In Navigating Post-Emergency Care & Health in the Context of Everyday Life. Podium presentation at the 20th International Qualitative Health Research Conference. Victoria, British Columbia, Canada
- **Seshadri, S.**, Eichinger, K, & Flannery, M. (2014). Designing a Fidelity Measurement for a Pilot RCT. Poster presented at the 2014 ENRS conference, Philadelphia, PA
- Sellers, C. R., Duckles, J. M., Shah, M. N., **Seshadri, S.**, Salerno, S., Elliot, A., Christensen, T., & Lampo, D. (2013). "What Makes for “Successful” Transitions from the Emergency Department to Home among Community-dwelling Older Adults? Podium presentation at the 19th International Qualitative Health Research Conference: Navigating the Diversity of Qualitative Research. Halifax, Nova Scotia, Canada
- Brown, B., Callari, S., Durant-Jones, L, Hyland, M., **Seshadri, S.**, & Zumbo, J. (2010). Aphasia Therapy in the Greenhouse: A Life Participation Approach. Poster presented at the New York State Speech, Language, & Hearing Association Conference, Saratoga, NY
- Chirico, J., Durant-Jones, L., Orcutt, K., & **Seshadri, S.** (2008). “It’s Never Too Late”: An Application of the Life Participation Approach to Aphasia Therapy. Poster presented at the New York State Speech, Language, & Hearing Association Conference, NY