

# **Curriculum Vitae**

## **Tina M. Lambert MS, RN, CMSRN, CCRN, CNEcl**

University of Rochester School of Nursing  
Instructor of Clinical Nursing  
University of Rochester Strong Memorial Hospital  
Registered Nurse Medical Intensive Care Unit  
Tina\_lambert@urmc.rochester.edu  
443-800-1492

### **EDUCATION**

**MS** Master of Science in Nursing Education  
University of Rochester School of Nursing, Rochester, NY  
May 2022: GPA 4.0

Master's in Health Services Leadership & Management, Focus in Education  
GPA: 4.0, 9 credits completed, transfer to URSON  
University of Maryland School of Nursing, Baltimore, MD

**BS** Bachelor of Science in Nursing  
York College of Pennsylvania, York, PA  
May 2013

### **HONORS & AWARDS**

2021-2022 Dr. Robert A. Scala and Mrs. Janet C. Scala '55 Nursing Scholarship, University of Rochester School of Nursing  
2020-2021 McLouth Scholarship, University of Rochester School of Nursing  
2020 Silver IICARE Star, Employee Recognition  
2020 "The First Responder" on MICU 7  
Quickest and most likely to respond to a patient, family, or staff member in need  
2018-2019 Charge Nurse of the Year, Unit-based Award  
2018 Best in a Code, Unit-based Award  
2017 Nominee for Nurse's Week Award  
Nursing Excellence Award for "Precepting, Mentoring, and Education"  
2015 Manager's Pet: Awarded to a nurse who the manager was able to rely on for tasks that were important and needed to be completed in a timely, organized manner, Nurse Manager is able to call on this nurse for help with various projects occurring on the unit at any given time

### **EXPERIENCE**

#### Academic Service

University of Rochester School of Nursing  
Programs of Instruction

- Instructor for Clinical Nursing in Accelerated Bachelor's in Nursing Program
- Preceptor for Master's in Nursing Education Program

Spring 2025 [Currently planning for next semester]

Advisor

- First Semester ABSN students

Clinical Instructor

- Advanced Medical-Surgical Final Semester Students [NUR 377]
- Beginning Medical-Surgical First Semester Students [NUR372]
- Location: University of Rochester Strong Memorial Hospital, Medical-Surgical Unit

Lab Coordinator & Instructor

- Beginning Medical-Surgical Students in the 24-month Online Program [NUR 372]

Didactic Instructor

- Beginning Medical-Surgical Students in the 24-month Online Program [NUR 372]

Fall 2024

Advisor

- First Semester ABSN students

Clinical Instructor

- Advanced Medical-Surgical First Semester Students [NUR 377]
- Location: University of Rochester Strong Memorial Hospital, Medical-Surgical Unit

Lab Instructor

- Beginning Medical-Surgical Students [NUR 372]

Spring 2024

Advisor

- First Semester ABSN students

Didactic Instructor

- Beginning Medical-Surgical Nursing [NUR372]

Clinical Instructor

- Advanced Medical-Surgical First Semester Students [NUR 377]
- Location: University of Rochester Strong Memorial Hospital, Medical-Surgical Unit

Teaching Assistant

- Foundations of Nursing Practice [NUR 373]

Fall 2023

Advisor

- Final Semester ABSN Students

Didactic Instructor

- Beginning Medical-Surgical Students [NUR 372]

Clinical Instructor

- Beginning Medical-Surgical First Semester Students [NUR 372]
- Location: University of Rochester Strong Memorial Hospital, Medical-Surgical Unit

Clinical Coordinator

- Beginning Medical-Surgical First Semester Students [NUR 372]

Lab Instructor

- Intermediate Medical-Surgical Students [NUR 376]

Teaching Assistant

- Foundations of Nursing Practice [NUR 373]

Spring 2023

Advisor

- First Semester ABSN Students

Didactic Instructor

- Beginning Medical-Surgical Students [NUR 372]

Clinical Instructor

- Beginning Medical-Surgical First Semester Students [NUR 372]
- Location: University of Rochester - Highland Hospital, Medical-Surgical Unit

MNE Preceptor

Fall 2022

Clinical Instructor

- Advanced Medical-Surgical Final Semester Students [NUR 377]
- Location: University of Rochester Strong Memorial Hospital, Medical-Surgical Unit

Didactic Instructor

- Beginning Medical-Surgical Students [NUR 372]

MNE Preceptor

Summer 2022

Clinical Instructor

- Advanced Medical-Surgical Final Semester Students [NUR 377]
- Location: University of Rochester Strong Memorial Hospital, Medical-Surgical Unit

Lab Instructor

- Beginning Medical-Surgical Students [NUR 372]
- Intermediate Medical-Surgical Students [NUR 376]

Didactic Instructor

- Beginning Medical-Surgical Students [NUR 372]

### Hospital Service

University of Rochester Strong Memorial Hospital

July 2019-Present

Medical Intensive Care Unit

Level II RN: July 2019-July 2020, Per Diem September 2022 - Present

Level IV RN Assistant Nurse Manager: July 2020-September 2022

Assistant Nurse Manager- Level IV RN

July 2020-September 2022

- Unit Educator
- Orientation Coordinator
- JCAHO, Magnet, CMS Leader
- RL Solutions Unit Leader

Highly Infectious Disease Unit (HIDU) RN & Prone Team Member

March 2020-December 2020

- Volunteered to participate and coordinate patient care of highly infectious disease patients

Charge Nurse  
November 2019-Present

RN, LPN, & Charge Nurse Preceptor  
November 2019-Present

University of Maryland Medical Center  
July 2013-June 2019  
Surgical Acute Care

Senior Clinical Nurse I  
July 2016-June 2019

- Unit Scheduler
- Unit Educator
- JCHAO, Magnet, CMS Unit Leader
- Unit Super-User for New Equipment
- EPIC Super-User

Nurse Scheduling Coordinator  
November 2014 - June 2019

- Prepare monthly RN schedules based off unit needs and employee's preferences
- Coordinate and balance weekend and holiday schedule for all nurses

Charge Nurse  
December 2015 -June 2019

Resource Nurse Role  
November 2014-June 2019

RN and Charge Nurse Preceptor  
July 2014 - June 2019

Department Educator for General and Bariatric Minimally Invasive Surgeries  
August 2016 - June 2019

- Meet with Attending Surgeons and Physicians monthly or quarterly to discuss and plan education, address issues, evaluate pathways of care, create EBP/PI projects, evaluate program and prepare for re-certification

### **Professional Certification**

Certified Academic Clinical Nurse Educator: February 2023 – September 2028  
Certified Critical Care Registered Nurse: October 2020 - September 2026  
Micro-credential: COVID-19 Pulmonary and Ventilator Care: March 2021  
Certified Bariatric Nurse: July 2018-July 2022  
Certified Medical Surgical Registered Nurse: September 2016- August 2026  
NIH Stroke Scale Certification: 2018-2019; 2022-2023

### **Professional Organizations**

Sigma Theta Tau 132 Epsilon Xi Chapter: November 2021 – October 2022

The Greater Rochester Area Finger Lakes Chapter of AACN: October 2019 - Present  
American Association of Critical Care Nurses: July 2019 - Present  
Association for Nursing Professional Development: September 2020 – September 2021  
American Society for Metabolic and Bariatric Surgery: March 2018 - July 2021  
Academy of Medical-Surgical Nurses: October 2015 - September 2019  
American Nurses Association: August 2014 - October 2015  
Maryland Nurses Association: August 2014 - October 2015

### **EBP & PI PROJECTS**

#### University of Rochester Strong Memorial Hospital

##### LPN Orientation in Critical Care

- Project during MNE Capstone Course to implement an LPN Orientation Program to support LPN success in Critical Care

##### Rapid Sequence Induction PI Project

- A need was identified to improve safety and efficiency of rapid sequence induction prior to intubation in the ICU. I worked with our unit dedicated pharmacist to create and disseminate education on RSI medications, safety, and management. Unit education was provided to all staff and posted in the medication room for quick reference

##### Portfolio Education Project on MICU 7

- Identified need for education on advancement, portfolios, CVs, and resume development. PowerPoint, tip sheets, and in-person classes held for staff to support individual development

#### University of Maryland Medical Center

##### Improvement of Pain and Nausea in Post-Op Weight Loss Surgery Patients through Patient Involvement December 2017- June 2019

###### Lead- PI Project PDSA

- PI project evaluating pain and nausea scores in post-op weight loss surgery patient population
- Created and implemented a patient engagement tool for the patient to track nausea scores, pain scores, activity, and intake of fluids, piloting in Bariatric patient population, to be expanded to minimally invasive surgeries if effective
- Created an “MIS/Bariatric N/V” flowsheet that was integrated into EPIC Portfolio to record RN compliance with Nausea Score Protocol, used to evaluate current medication regimen for Bariatric Surgery

##### Improving Understanding of Discharge Medication: Pharmacy and Nursing Collaboration

###### Facilitator

###### PI, PDSA, June 2019

- Unit-based PI project guided by the Patient Experience Committee, utilizing Press Ganey data results we noticed an area of improvement for understanding discharge medications, researched articles relating to pharmacy involvement in discharge medication education, collaborated with pharmacy to have inpatient pharmacists go to the bedside and discuss medications with the patient, implemented December 2018

##### Bariatric Immunizations Needle Length

Co- Lead

EBP-JHNEBP, Fall 2015-Fall 2017

- Led team in researching evidence based articles that related to appropriate needle length sizes for the bariatric population, coordinated weekly meetings, created agendas and time tables to determine length of each stage of the process, developed education materials including charts and handouts to present to RNs about the correct needle sizes, gathered and measured data

Charge Capture

Co-Lead

PI-PDSA Model, Spring 2016

- Attended Charge Reconciliation education session, gathered information from EPIC Portfolio and educational articles in order to educate unit staff on how to appropriately charge patients, educated staff on charge capture items that were pertinent to the unit, formulated, distributed, and analyzed pre and post surveys to determine effectiveness of education, developed an internal publication “cheat sheet” about charge capture

Subcutaneous Heparin Administration Needle Size and Syringe

EBP-JHNEBP, Fall 2015

- Distribute and analyze post survey and questionnaires regarding the correct needle size and length for administering heparin subcutaneously

Post-operative Management of Ileus in Surgical Patients from the Nursing Perspective

Co-Lead

EBP-JHNEBP, Fall 2014-Nurse Residency Program

- Organizational and unit-based project with incorporation of research into unit nursing practice, re-educated staff about prevention of post-operative ileus spring 2016

## **TEACHING**

University of Rochester Strong Memorial Hospital

Formal Unit Education, Bedside Education, Informal Unit Training

2019-Present

- Telemetry, EKG, Blanketrol device, handoff compliance, tracheostomy education board, level 1/MTP, COVID education, CRRT, Swan catheters, CAUTI/CLABSI education, HAC prevention, JCAHO Preparedness, Magnet Education, Safety and Quality Compliance, RSI Education
- Basic Care Concepts for New Graduate Nurses: 2 – 8-hour education days spent with new graduate nurses developing confidence, safety, and competence in basic skills including: lines, medication administration, safety, arterial lines, telemetry, monitors, alarms, intubations, extubations, policy review

Thoracic Pigtailed and Nephrostomy Tube Flushing Super User, Restraints Super User

2019-Present

NOVA Glucometer Super User

2019 - 2022

Phlebotomy Super User  
2020 - 2023

Evaluation and Portfolio Education  
2020 – 2022

University of Maryland Medical Center

Fundamentals of Early Resuscitation Leader: Surgery Division  
August 2018- June 2019

- Surgery division leader, Leads 4 units: Surgical Acute Care, Surgical Intermediate Care, Transplant Surgery, and Thoracic Surgery, organizes unit meetings with Unit Trainers and Managers, monitor and ensures all staff attend class
- Created scenarios for education, in conjunction with other division leaders, designed overall course
- Lead Trainer for all classes for Surgery Division including didactic, simulation, debriefing

Bariatric Surgery Quarterly Education  
Lead-June 2019

- Assess unit educational needs regarding the Bariatric and Weight-loss Surgery patient populations, collaborate with outpatient staff for continuation of patient education while inpatient and post-op
- Create and present education to staff quarterly with objectives and evaluation of information

MASTRI Center Simulation Confederate Champion  
December 2018

- Course taken to be a confederate/educator in simulation style education and training, taken through MASRTI center with use of SimMan

Surgical Acute Care Unit Marathon  
Co-Lead

April 2018-October 2018

- Developed evidence-based education for surgical acute care staff based on high risk, low volume skills and modules pertinent to unit needs
- Skills and topics included: Tracheostomy Care and Management, Bariatric Surgery Pathway, Ostomy Care and Management, HIPEC (Hyperthermic Intraperitoneal Chemotherapy) Patient Pathway, Nasogastric Tube Insertion and Management

Tuesday Education Instructor

Bariatric Education and updates-March-April 2018, June 2018

-Bariatric surgery education updates around plan of care, fluid challenge, nausea regimen

Quiet Hour & Call Bell Initiative- January 9, 2018

PCT Assignment Initiative- January 2, 2018

Medication Reconciliation- September 20<sup>th</sup>, 2016

-Educate staff on importance of medication reconciliation documentation on admission and transfer

Straight Catheterization Documentation- August 9<sup>th</sup>, 2016

- Educate staff on how to document straight catheterization using visual aids and handouts  
Definity/Perflutren-January 5<sup>th</sup>, 2016
- Educate staff on indication/use/side effects/administration of perflutren for bedside echos  
EPIC Portfolio/Practice Guidelines-October 6<sup>th</sup>, 2015
- Educate staff on newly developed practice guidelines and documentation in EPIC portfolio  
Restraints-August 25<sup>th</sup>, 2015
- Refresher on restraint application and documentation  
Documentation Bingo-July 28<sup>th</sup>, 2015
- Lead game with clues and definitions describing documentation  
Document your Communication-May 19<sup>th</sup>, 2015

#### EPIC Portfolio Education on Weinberg 5

Formal Teaching: Co-Lead with Nurse Manager

November 2015- June 2019

- Along with manager, analyzed and audited charts and determined inconsistencies in documentation in new computerized charting, developed education material to re-educate unit on certain noted deficiencies in charting, lead education sessions in small groups with hands on education to help improve charting, specific audit tool created, post survey on effectiveness of education completed by all participants and analyzed after all educational sessions completed, done for all RNs and PCTs

#### Restraints Trainer

2018, 2017, 2016, 2015, 2014

#### ACCUCHEK Trainer

2018, 2017, 2016, 2015

#### Pulsatile Flushing Unit Champion and Trainer

2018, 2019

#### Ultrasound Guided IV Unit Champion

2018, 2019

#### Shift Change Handoff Champion

2017, 2018, 2019

#### Bard SureStep Best Practice Unit Lead Trainer

2016, 2017, 2018, 2019

#### EPIC Portfolio Documentation Standards Class for Acute and Telemetry Units

Formal Teaching: Unit Educator

Informal Teaching: Hospital Nurses, Co-Educator for Mandatory Classes

December 2016- January 2017

- Mandatory education for all RNs, education included documentation standards and updates for EPIC Portfolio for the acute care and telemetry care units, participant in a small committee to help create and write practice guidelines and protocol for the basic standards of documentation

#### Med/Surg Divisional Marathon

Formal Teaching-Spring 2015- Wound Care and Documentation

Tina Lambert MS, RN, CMSRN, CCRN, CNEcl



- Participant in divisional marathon teaching wound care management, pressure sore prevention methods and equipment, and how to properly document use and initiation of those methods and equipment

Expert User Coach for EPIC Portfolio Go-Live  
November 2015

- Attend advanced training for EPIC Portfolio Computer system, serve as a resource during EPIC Go-Live on Weinberg 5, attend meetings and classes related to EPIC Portfolio, develop and teach continuing education for Portfolio on Weinberg 5, Create a resource binder for RN, PCT, and US

Unit Marathon  
November 2016, October 2014

- Instruction Topics: Plan of Care, Patient Education, Patient Identification, Wound Care, Tracheostomy Care

Super User Coach for Suture-Less PICC  
July 2014

## **PUBLICATIONS & PRESENTATIONS**

University of Rochester School of Nursing

LPN Orientation & Education in Critical Care  
Masters Capstone Presentation  
Spring 2022

- Final capstone presentation for education and orientation structure that was created for LPN orientation to critical care

University of Rochester Strong Memorial Hospital

MICU 7 New Hire Padlet  
Spring 2022

- Padlet was created to ensure easy transition to ICU unit. Topics include: Unit specifics, Hospital Maps, ICU policies, Unit specific policies, Where to go in Rochester, Pictures of the Unit

MICU 7 Orientation Packet  
Spring 2022

- Electronic Orientation Packet was created for new hires to MICU 7 outlining: unit expectations, vacation policies, sick call, unit phone numbers, documentation standards, time guide tools, how to give a safe handoff

LPN Orientation in Critical Care  
Spring 2022

- Education created for LPNs in the ICU. Education comprises of online independent modules and in-person skills classes

GRAFL Panelist for “ICU Design, Renovation and Building for the Future” Presentation  
October 20, 2020

- Served as a panelist, answered questions from peers in the community relating to the opening of the new Medical Intensive Care Unit

Blanketrol Tip Sheet  
July 2020

Beginner’s Guide to Making a Portfolio  
January 2020

- Educate staff about the URMC Yearly Evaluation Process requirements for evaluations and portfolios

Charge Nurse Daily Checklist  
November 2019

- Created a daily worksheet to aid in the organization of the CN’s day.

University of Maryland Medical Center

“Bariatric/MIS N/V” Flowsheet in EPIC Portfolio

Author, collaboration with Bariatric Surgery Team and EPIC Informatics Team  
Created & Published: Spring 2018

“Bariatric Surgery Patient Engagement”  
April 2017, March 2018

“Drains”, Just In Time Training  
July 2017- June 2019

EPIC Portfolio: Standardized Lists  
April 2018, December 2015

-Created standardized unit lists for Epic Portfolio that are unit and patient population specific, created a floor nurse standardized list, charge nurse report and standardized list, patient safety net, Discharge List, Family Care Liaison List

Bariatric PowerPoint, “Navigating through WLS”  
April 2017

Charge Nurse Checklist  
December 2016, February 2018

Surgical Acute Care Unit Practice Guidelines  
Co-Author with Nurse Manager  
Spring 2017, Fall/Winter 2015

Charge Capture Sheet  
Co-Author  
January 2016

RN and PCT Documentation Review for Epic Portfolio Review Course  
Co-Author Nurse Manager  
January 2016

### **PROFESSIONAL SERVICE**

#### University of Rochester Strong Memorial Hospital

Masters Prepared Registered Nurse [MPRN] Committee  
Member, Spring 2022

Wound & Skin Care Team  
Member, Summer 2021-Present

- Participate in weekly rounds and education on the unit

MICU 7 Unit Council Chair  
December 2019-July 2020

- Chair of unit council, created agendas, planned meeting locations, addressed unit issues and concerns, met with leadership to create projects, started Beacon application. Stepped down upon advancement to Assistant Nurse Manager

Professional Nurses Council Member  
January 2020-September 2022

Journal Club Member  
January 2020-December 2020

#### University of Maryland Medical Center

Fundamentals of Early Resuscitation  
Surgery Division Leader  
August 2018- June 2019

- Represent Surgery Division including units: Surgical Acute Care, Surgical Intermediate Care, Transplant Surgery, Thoracic Surgery
- Tasked with coordinating, tracking attendance, lead all classes and simulations with debriefing

Safe Patient Handling & Mobility Taskforce Member: Multi-Disciplinary Hospital Based Committee  
June 2018- June 2019

Clinical Education/Professional Development Practice Council  
Co-Facilitator: January 2017- June 2019  
Co-Chair: October 2015-January 2017  
Member: May 2015-October 2015

Staff Satisfaction Committee  
Facilitator: August 2016- June 2019  
Chair: May 2016-August 2016  
Co-Chair: April 2015-May 2016  
Member: April 2014-April 2015

Shift Change Handoff Committee Member: Hospital Based Committee  
2017- June 2019

Clinical Informatics Council Member: Hospital Based Committee Meeting  
2016- June 2019

Bariatric Surgery Committee  
Surgical Inpatient Post-Op Representative: Multi-Disciplinary Hospital Based Committee  
January 2017- June 2019

Patient Experience Facilitator: Unit Based Committee  
November 2017- June 2019

Divisional Education Committee Member: Multi-Disciplinary Hospital Based Committee  
June 2016-May 2018

Pain Committee Task Force Member: Multi-Disciplinary Hospital Based Committee  
August 2015-May 2016

Strategic Planning Council Member  
June 2014-November 2015

Skin Audit Committee & Pressure Ulcer Quarterly Report Team Member  
May 2014-May 2015

## **COMMUNITY SERVICE**

Stop the Bleed  
2017- June 2019

-Initiative from the American College of Surgeons and The Committee on Trauma to educate medical staff and the community on life-saving equipment and emergency responses to shootings or casualties, educate end users about how to correctly apply C-A-T tourniquet and use QuikClot Bleeding Control Dressing to potentially save someone's life during an emergency

University of Maryland Community Health Fair at Lexington Market  
2015: Coordinator

-Coordinated with Bariatric surgery liaison to develop a presentation and table to educate community about BMI, weight management, and bariatric surgery options (this was later canceled in April 2015 related to community safety issues)

2014: Participant

-BMI, height, weight education for participants including category tier under BMI, prevention strategies, management strategies, weight loss information, weight loss surgery information