

Sandhya Seshadri, PhD, MA, MS, CCC-SLP

University of Rochester
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EDUCATION

- 2016 **Doctor of Philosophy**, University of Rochester, Rochester School of Nursing, Rochester, NY.
Dissertation: "Understanding Community-Dwelling Older Adults' Experiences of Dysphagia and a Texture-modified Diet." Advisor: Craig R. Sellers, PhD, RN, AGPCNP-BC, FAANP.
- 1997 **Master of Science**, Purdue University, West Lafayette, IN.
Major: Speech-Language Pathology
- 1986 **Master of Arts**, Tata Institute of Social Sciences, India.
Major: Personnel Management and Industrial Relations
- 1983 **Bachelor of Arts**, Madras University, India.
Major: Sociology

ACTIVE RESEARCH & FUNDED PROJECTS

- 2018-2019 **Antibiotic Stewardship: Understanding the Perceptions and Experiences of Nursing Home Staff (APEX) A sub-study of a larger study, Antimicrobial Stewardship in Long Term Care to Prevent *Clostridium difficile* Infections.** PI-Ghinwa Dumyati, MD, URM Center for Community Health and Prevention Emerging Infection Program, Co-I-Sandhya Seshadri, PhD, School of Nursing, and Christina Felsen, Project Manager, URM Center for Community Health and Prevention Emerging Infection Program. (Submitted for RSRB approval and currently under review). Effort: 50%
- 2017-2019 **Engaging Older Adult Learners as Health Researchers (ENGOAL).** PI-Silvia Sørensen, PhD, and Co-Is-Joyce Duckles, PhD, Warner School of Education and Human Development, Craig Sellers, PhD, and Sandhya Seshadri, PhD, School of Nursing; and community partners: George Moses (Executive Director, North East Area Development, Inc.), Doreen Young (Beechwood Neighborhood Coalition), and Phyllis Jackson (Interdenominational Health Ministry Coalition). Funded by Eugene Washington Engagement Awards Program from the Patient-Centered Outcomes Research Institute (**PCORI**) University of Rochester #4408. \$250,000. Role: Co-Investigator and Project Director. Effort: 50%

RESEARCH EXPERIENCE

- 9/2018-Present Co-Investigator, **Antibiotic Stewardship: Understanding the Perceptions and Experiences of Nursing Home Staff (APEX) A sub-study of a larger study, Antimicrobial Stewardship in Long Term Care to Prevent *Clostridium difficile* Infections**
- 6/2017-Present Assistant Professor of Clinical Nursing, School of Nursing, Rochester, NY
- 6/2017- Present Project Director, **Engaging Older Adult Learners as Health Researchers (ENGOAL).** Funded by **Patient-Centered Outcomes Research Institute (PCORI) Eugene Washington Engagement Award #4408**
- 9/2017-Present Co-Investigator and Project Coordinator, *Research on the ENGOAL Program (REAP)* study.
- 10/2016-5/2017 Adjunct Assistant Professor, School of Nursing, Rochester, NY
- 2013-2015 Research Assistant & Project Coordinator. *Community-dwelling Older Adults' Transition Experiences from the ED to Home.* PI: Dr. Manish Shah, University of Rochester. Funded in part by **Provost's Inter-professional Award, University of Rochester, Rochester, NY**

- 2011-2013 Research Assistant, School of Nursing, University of Rochester. Designed a fidelity measurement for a pilot RCT. PI: Dr. Marie Flannery, University of Rochester School of Nursing.
1994-1996 Research Assistant Purdue University

TEACHING EXPERIENCE

- PM 458 Qualitative Research Methods, a core graduate course MPH (Summer, 2018), University of Rochester
CSD 590 Motor Speech Disorders, a core graduate course MA, Nazareth College of Rochester
CSD 516 Advanced Clinical Techniques in Speech Language Pathology for graduate students, Nazareth College of Rochester

PROFESSIONAL EXPERIENCE

- 1991-1992 Head, Human Resources, Pond's India Ltd., (a Unilever company)
1989-1991 Executive, Training & Development, Ashok Leyland Ltd.
1986-1989 Executive, Recruitment, Training & Development, Indian Organic Chemicals Ltd.

CLINICAL PRACTICE

- 2011-Present Speech Language Pathologist- *per-diem*, University of Rochester Medical Center Rochester, NY
2000-2006 Speech Language Pathologist- *per-diem*, University of Rochester Medical Center Rochester, NY
2010-2011 Speech Language Pathologist, University of Rochester, Rochester, NY
1999-2000 Speech Language Pathologist, University of Rochester, Rochester, NY
1999 Speech Language Pathologist, Rochester Hearing and Speech Center, NY
1998-1999 Speech Language Pathologist, Indiana University Medical Center, Indianapolis, IN
1997-1998 Clinical Fellow, Speech Language Pathology, Indiana University Medical Center, Indianapolis, IN

COMMUNITY SERVICE

- 2016 Coordinator, Community-Service Project for High-School Students in Rochester, NY in collaboration with EPICS (Engineering Projects in Community Service), Purdue University, IN
2015-2016 Member, NICU Parent Advisory Council, Strong Memorial Hospital
2000-2001 Volunteer, Cuddler Program, NICU, Strong Memorial Hospital
1992-1997 Trainer and Member of the Board for Common Ground, a Greater Lafayette Chamber of Commerce, IN, initiative to promote cross-cultural communication in the community and businesses

ACADEMIC SERVICE

- 2013-2014 Member, Curriculum Committee, University of Rochester, School of Nursing
2012-2013 Vice-President, Doctoral Forum, University of Rochester, School of Nursing

PUBLICATIONS

PEER-REVIEWED JOURNAL ARTICLES

- Seshadri, S.**, Sellers, C. R., & Kearney, M. H. (2018). Balancing eating with breathing: Community-dwelling older adults' experiences of dysphagia and texture-modified diets. *The Gerontologist*, 58(4), 749-758.
doi:[10.1093/geront/gnw203](https://doi.org/10.1093/geront/gnw203). PMID: [28082276](https://pubmed.ncbi.nlm.nih.gov/28082276/). WOS: [000439063500026](https://www.wikidata.org/wiki/000439063500026)
- Seshadri, S.**, Sellers, C.R., & Kearney, M. H. (2017). Balancing Eating with Breathing: Community- Dwelling Older Adults' Experiences of Dysphagia and Texture-Modified Diets. *The Gerontologist*. DOI: 10.1093/geront/gnw203
- Finta MK, Borkenhagen A, Werner NE, Duckles J, Sellers CR, **Seshadri S**, Lampo D, Shah MN. (2017). Patient perspectives on accessing acute illness care. *Western Journal of Emergency Medicine*. DOI: 10.5811/westjem.2017.3.33289.

MANUSCRIPTS IN PREPARATION/UNDER REVIEW

Duckles, J., Sellers, C. R., **Seshadri, S.**, Lampo, D., & Shah, M. N. Navigating tensions of health in everyday contexts: Dialectic processes and relational strategies.

Werner, N. E., Borkenhagen, A., Finta, M. K., Duckles, J. M., Sellers, C. R., **Seshadri, S.**, Lampo, D., & Shah, M. N. Exploring interactions across sociotechnical system boundaries: Barriers, facilitators, and consequences to patient care. *Ergonomics*. [Submitted and Under Review].

BOOK CHAPTERS

Seshadri, S. (2017). Assessment, Management, and Rehabilitation of Dysphagia in Older Adults. In K.R. Poduri (Ed.) *Geriatric Rehabilitation: Bedside to Curbside*. (1st Edition, Ch. 15). Boca Raton, FL: CRC Press

PUBLISHED ABSTRACTS (Peer-Reviewed)

Seshadri, S., Sellers, C. R., & Kearney, M. H. (2016). “My choice was breathe or eat”: Understanding the choices made by community-dwelling older adults with dysphagia [Abstract]. *International Journal of Qualitative Methods*, 2016, 51. doi:10.1177/1609406915625569.

Seshadri, S., Duckles, J. M., & Sellers, C. R. (2016). “It’s three steps forward, two steps back”: A case-comparison of community-dwelling older adults balancing tensions of health and ageing in everyday life [Abstract]. *International Journal of Qualitative Methods*, 2016, 51-52. doi:10.1177/1609406915625569.

Duckles, J., **Seshadri, S.**, Lampo, D., Sellers, C. R., & Shah, M. N. (2014). “It’s a balancing act”: Understanding relational strategies of community-dwelling older adults navigating post-emergency care and health in the context of everyday life. [Abstract - Oral]. IJQM: *International Journal of Qualitative Methods*, 13, 506-507. <https://ejournals.library.ualberta.ca/index.php/IJQM/article/view/23889/17800>

Sellers, C. R., Duckles, J. M., Shah, M. N., **Seshadri, S.**, Salerno, S., Eliot, A., & Christianson, T. (2013). What makes for 'successful' transitions from the Emergency Department to home and community among older adults? [Abstract - Oral]. IJQM: *International Journal of Qualitative Methods*, 12, 815-816. <http://ejournals.library.ualberta.ca/index.php/IJQM/article/view/21211/16060>

PRESENTATIONS

Duckles, J., Jackson, P., Moses, G., Sellers, C. R., & **Seshadri, S.** (2018, October 26). “Journeys through Community-based Participatory Research: Working the Boundaries.” Workshop presented at the 20th Annual International Qualitative Health Research Conference; Halifax, Nova Scotia, Canada.

Seshadri, S., Sellers, C. R., & Sörensen, S. (2018, October 27). “How Can Older Adults Inform Health Care Research? The Qualitative Analysis of an Engagement Project?” Paper presented at the 20th Annual International Qualitative Health Research Conference; Halifax, Nova Scotia, Canada.

Duckles, J., Sörensen, S., **Seshadri, S.**, Sellers, C. R., Jackson, P., Moses, G., & Young, D. (2018, October 12). “Doing ENGOAL: Insights from Engaging Older Adult Learners as Health Researchers.” Public Health Grand Rounds, University of Rochester, NY.

Finta, M.K, Borkenhagen,A., Werner, N., Duckles, J., Sellers, C.R., **Seshadri, S.**, Lampo, D., & Shah, M.N. (2017). *Older Adults' Perspectives on Accessing Acute Illness Care*. Presented at the Society of Academic Emergency Medicine Annual Meeting. May 19th, 2017, Orlando, Florida

Finta, M.K, Borkenhagen,A., Werner, N., Duckles, J., Sellers, C.R., **Seshadri, S.**, Lampo, D., & Shah, M.N. (2017). *Patient Perspectives on Accessing Acute Illness Care*. Presented at the Medical College of Wisconsin's Emergency Medicine Research Forum. April 6th, 2017. Milwaukee, WI.

- Werner, N. E., Borkenhagen, A., Finta, M.K., Duckles, J., Sellers, C.R., **Seshadri, S.**, Campo, D., & Shah, M.N. (2017). *Exploring Interactions Across Sociotechnical System Boundaries: Barriers, Facilitators, and Consequences to Patient Care*. Presented at the Symposium on Human Factors and Ergonomics in Healthcare. March 5-8, 2017, New Orleans
- Seshadri, S.** & Sellers, C.R. (2016). *“What am I going to eat?” Understanding How Community-dwelling Older Adults Live With Dysphagia*. Podium presentation at the 44th Annual Conference of the State Society on Aging of New York, Ithaca, NY.
- Duckles, J. M., Sellers, C. R., & **Seshadri, S.** (2016, October 27). *It’s a Balancing Act: A Model of Community-Dwelling Older Adults Navigating Health and Aging in Everyday Life*. Presented at the 44th Annual Conference of the State Society on Aging of New York; Ithaca, NY.
- Seshadri, S.** & Sellers, C.R. (2016). *“Whom do you abide by?” How Community-dwelling Older Adults Balance Fragmented Care with a Texture-Modified Diet*. Podium presentation at the Innovations in Inter-professional Collaborations: Individual, Community, and Global Engagement Conference at Nazareth College, Rochester, NY
- Brown, B, Coles, H., & **Seshadri, S.** (2016). *The Greenhouse Effect: Collaborations between Aphasia Therapy and Horticultural Therapy*. Podium presentation at the Innovations in Inter-professional Collaborations: Individual, Community, and Global Engagement Conference at Nazareth College, Rochester, NY
- Seshadri, S.** & Sellers, C.R. (2015). *Testing the Limits: Community-dwelling Older Adults’ Experiences with a Texture-modified Diet*. Poster presented at the Annual Convention of the American Speech, Language, & Hearing Association (ASHA), Denver, Co.
- Seshadri, S.**, Sellers, C.R., Kearney, M. H., & Szekeres, S. (2015). *“My Choice was Breathe or Eat”: Understanding the Choices made by Community-dwelling Older Adults with Dysphagia*. Podium presentation at the 21st International Qualitative Health Research Conference. Toronto, ON, Canada
- Duckles, J., **Seshadri, S.**, Sellers, C.R., Lampo, D., & Shah, M.N. (2015). *“It’s Three Steps Forward, Two Steps Back”: A Case-Comparison of Community-dwelling Older Adults Balancing Tensions of Health and Aging in Everyday Life*. Podium presentation at the 21st International Qualitative Health Research Conference. Toronto, ON, Canada
- Sellers, C. R., Duckles, J. M., Shah, M. N., **Seshadri, S.**, & Lampo, D. (2014). *It’s Balancing Act: Understanding Relational Strategies of Community-Dwelling Older Adults In Navigating Post-Emergency Care & Health in the Context of Everyday Life*. Podium presentation at the 20th International Qualitative Health Research Conference. Victoria, British Columbia, Canada
- Seshadri, S.**, Eichinger, K, & Flannery, M. (2014). *Designing a Fidelity Measurement for a Pilot RCT*. Poster presented at the 2014 ENRS conference, Philadelphia, PA
- Sellers, C. R., Duckles, J. M., Shah, M. N., **Seshadri, S.**, Salerno, S., Elliot, A., Christensen, T., & Lampo, D. (2013). *“What Makes for “Successful” Transitions from the Emergency Department to Home among Community-dwelling Older Adults?* Podium presentation at the 19th International Qualitative Health Research Conference: Navigating the Diversity of Qualitative Research. Halifax, Nova Scotia, Canada
- Brown, B., Callari, S., Durant-Jones, L, Hyland, M., **Seshadri, S.** & Zumbo, J. (2010). *Aphasia Therapy in the Greenhouse: A Life Participation Approach*. Poster presented at the New York State Speech, Language, & Hearing Association Conference, Saratoga, NY
- Chirico, J., Durant-Jones, L., Orcutt, K., & **Seshadri, S.** (2008). *“It’s Never Too Late”: An Application of the Life Participation Approach to Aphasia Therapy*. Poster presented at the New York State Speech, Language, & Hearing Association Conference, NY

LICENCES & CERTIFICATION

2015 Certified ATLAS.ti. Professional Trainer-Junior, ATLAS.ti, Qualitative Analysis Software
 1999-Present Speech Language Pathology License, State of New York

1998-Present Certificate of Clinical Competence in Speech Language Pathology (CCC-SLP), ASHA - American Speech Language-Hearing Association

HONORS & AWARDS

2012 MARC - mentee in ASHA's Mentoring-Academic Research Careers program
1997 Phi Kappa Phi
1996 American Speech-Language and Hearing Foundation Graduate Student Scholarship for academic achievement and promise
1986 National Institute of Labor Management Award for Academic Excellence
1983 SM College Award for Academic Excellence

PROFESSIONAL MEMBERSHIPS

2016-2017 State Society on Aging, NY
2014-Present National Foundation of Swallowing Disorders
1998-Present ASHA - American Speech Language and Hearing Association